



BIEGI W SZCZAWNICY

CHYŻA DURBASZKA - 20 KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: Biegi w Szczawnicy
Organizator: Fundacja Strefa Przygód
Data: 2022-04-23
Miejsce: Szczawnica
Dystans: 19.3 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 11.5km	Czas netto 19.3km	Czas brutto 19.3km	Różn	Tempo min/km	Tempo km/h
1	KNUTELSKI Błażej	704	PODHALAŃSKIE DZIKI	M20	1	00:59:22	01:31:32.45	01:31:34.90		4:44	12.7 (100%)
2	KUBIAK Tomasz	764	WWW.LARYZEBATKA.COM	M40	1	00:59:19	01:31:40.35	01:31:43.80	+00:00:08 (0.2%)	4:44	12.6 (99.2%)
3	SICIAK Damian	766		M30	1	00:59:26	01:33:04.15	01:33:07.85	+00:01:32 (1.7%)	4:49	12.4 (97.6%)
4	DZIERWA Marcin	355	NOWA HUTA TEAM	M30	2	00:59:55	01:34:05.00	01:34:08.20	+00:02:33 (2.7%)	4:52	12.3 (96.9%)
5	DUDZIK Łukasz	624	GÓRAL BIEGA	M30	3	01:01:11	01:34:43.95	01:34:46.70	+00:03:11 (3.4%)	4:54	12.2 (96.1%)
6	ZAMIELSKI Paweł	670	PRZEDWOJEWSKI TEAM	M20	2	01:02:36	01:38:46.15	01:38:49.35	+00:07:14 (7.3%)	5:07	11.7 (92.1%)
7	KOZIOŁ Kamil	635	G.O.A.T. TEAM MICHAŁOWICE	M30	4	01:04:34	01:39:59.60	01:40:02.80	+00:08:27 (8.5%)	5:10	11.6 (91.3%)
8	KOZIK Adam	591		M20	3	01:03:44	01:40:30.15	01:40:32.75	+00:08:57 (8.9%)	5:12	11.5 (90.6%)
9	POCZĄTKO Łukasz	538	HIGHLANDERS	M30	5	01:04:34	01:42:04.70	01:42:06.85	+00:10:31 (10.3%)	5:17	11.3 (89.0%)
10	KLONOWSKI Jacek	408		M40	2	01:06:44	01:43:52.20	01:43:54.15	+00:12:19 (11.9%)	5:22	11.1 (87.4%)
11	ŻURAWSKI Kamil	374	WARSZAWSKI ULTRAS	M20	4	01:07:13	01:43:52.15	01:43:54.60	+00:12:19 (11.9%)	5:22	11.1 (87.4%)
12	BUCZYŃSKI Adam	476	NON STOP TRAIL	M40	3	01:06:19	01:44:34.10	01:44:37.25	+00:13:02 (12.5%)	5:25	11.1 (87.4%)
13	CZERWIAK Mateusz	647	KW KRAKÓW	M30	6	01:06:15	01:44:44.65	01:44:48.10	+00:13:13 (12.6%)	5:25	11.1 (87.4%)
14	GRUCEL Sławomir	468	-	M40	4	01:08:29	01:48:00.05	01:48:04.30	+00:16:29 (15.3%)	5:35	10.7 (84.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 11.5km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 19.3km	brutto 19.3km			
15	JURA Maciej	552	ITMBW KRAKÓW	M30	7	01:09:42	01:48:11.70	01:48:15.40	+00:16:40 (15.4%)	5:36	10.7 (84.3%)
16	SKIBA Maciej	697	GOR3CA TEAM	M30	8	01:09:32	01:48:23.45	01:48:35.20	+00:17:00 (15.7%)	5:36	10.7 (84.3%)
17	BANASZEK Adam	2158	BIEGUSIEM.PL	M40	5	01:10:28	01:48:52.30	01:48:52.30	+00:17:17 (15.9%)	5:38	10.6 (83.5%)
18	DYDA Michał	469	FLISACY PIENIŃSCY	M20	5	01:09:41	01:49:52.55	01:49:55.10	+00:18:20 (16.7%)	5:41	10.5 (82.7%)
19	BAZUŁKA Aleksandra	432	HOKA GARMIN TEAM	K20	1	01:11:03	01:50:23.55	01:50:26.55	+00:18:51 (17.1%)	5:43	10.5 (82.7%)
20	SZUKAŁA Michał	642	HIT THE TRAIL	M30	9	01:10:33	01:50:38.75	01:50:42.55	+00:19:07 (17.3%)	5:43	10.5 (82.7%)
21	DUDEK Monika	508	BIEGOWY DZIK	K30	1	01:11:04	01:50:57.30	01:51:00.40	+00:19:25 (17.5%)	5:44	10.4 (81.9%)
22	NOWORYTA Radosław	614	ULTRA DIABŁA TEAM LUBRZA	M40	6	01:11:00	01:51:08.05	01:51:12.00	+00:19:37 (17.6%)	5:45	10.4 (81.9%)
23	LUBIENIECKI Kamil	505	PAN JAGODA TEAM	M30	10	01:13:05	01:52:45.55	01:52:49.55	+00:21:14 (18.8%)	5:50	10.3 (81.1%)
24	BŁASZYK Mateusz	713	BETONOWY WOJTEK	M30	11	01:13:14	01:52:56.45	01:53:01.80	+00:21:26 (19.0%)	5:51	10.3 (81.1%)
25	KUNZ Marcin	773	LACHO TEAM	M20	6	01:13:28	01:53:34.30	01:53:37.30	+00:22:02 (19.4%)	5:53	10.2 (80.3%)
26	URBAŃSKI Leszek	679	POCO LOCO ADVENTURE TEAM	M30	12	01:13:28	01:54:56.25	01:55:01.00	+00:23:26 (20.4%)	5:57	10.1 (79.5%)
27	SKARŻYŃSKI Łukasz	452		M20	7	01:14:58	01:55:38.30	01:55:43.75	+00:24:08 (20.9%)	5:59	10 (78.7%)
28	BANASIUK Maciej	539	BIEGACZ Z MARSA	M50	1	01:15:14	01:55:45.30	01:55:50.15	+00:24:15 (20.9%)	5:59	10 (78.7%)
29	PYTLOS Marcin	402		M40	7	01:13:19	01:55:57.10	01:56:01.65	+00:24:26 (21.1%)	6:00	10 (78.7%)
30	LEWANDOWSKA Magdalena	333		K20	2	01:14:59	01:56:01.30	01:56:04.50	+00:24:29 (21.1%)	6:00	10 (78.7%)
31	ŚWIERK Przemek	763	ULTRA DIABŁY TEAM	M40	8	01:14:56	01:56:10.80	01:56:14.75	+00:24:39 (21.2%)	6:01	10 (78.7%)
32	ŻMIJEWSKI Tomasz	630		M30	13	01:14:55	01:56:41.75	01:56:45.65	+00:25:10 (21.6%)	6:02	9.9 (78.0%)
33	BOCHENEK Magdalena	666	G.O.A.T. TEAM MICHAŁOWICE	K30	2	01:15:10	01:57:40.30	01:57:42.45	+00:26:07 (22.2%)	6:05	9.8 (77.2%)
34	GÓRALIK Sylwia	685	TKKF UKLEJNA	K40	1	01:17:25	01:59:03.20	01:59:05.15	+00:27:30 (23.1%)	6:10	9.7 (76.4%)
35	CHYCZEWSKI Robert	472		M40	9	01:17:36	01:59:56.65	02:00:14.20	+00:28:39 (23.8%)	6:12	9.7 (76.4%)
36	PIĘKNIK Patryk	798	TRAIL IS OUR WAY	M30	14	01:15:30	02:00:10.80	02:00:14.25	+00:28:39 (23.8%)	6:13	9.6 (75.6%)
37	NOWIK Kamil	796	ULTRA DIABŁY TEAM LUBRZA	M40	10	01:17:40	02:00:39.00	02:00:43.25	+00:29:08 (24.1%)	6:15	9.6 (75.6%)

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							netto 19.3km	brutto 19.3km			
38	HUDASZEK Magda	627		K30	3	01:17:44	02:00:44.10	02:00:46.20	+00:29:11 (24.2%)	6:15	9.6 (75.6%)
39	FLORYS Jakub	599	MORSKI KOŃ	M30	15	01:17:56	02:00:43.10	02:00:48.35	+00:29:13 (24.2%)	6:15	9.6 (75.6%)
40	PACHURA Kinga	339	ULTRA BABIA	K40	2	01:17:22	02:00:55.05	02:00:57.75	+00:29:22 (24.3%)	6:15	9.6 (75.6%)
41	ALTEWĘGIER Jarosław	475		M40	11	01:17:14	02:00:56.15	02:01:08.95	+00:29:34 (24.4%)	6:15	9.6 (75.6%)
42	SŁOWIŃSKI Marcin	506	JELENI SUS	M40	12	01:15:10	02:01:05.95	02:01:12.95	+00:29:38 (24.4%)	6:16	9.6 (75.6%)
43	ZĄBKIEWICZ Szymon	608		M30	16	01:17:35	02:01:31.00	02:01:36.75	+00:30:01 (24.7%)	6:17	9.5 (74.8%)
44	KOZAK Michał	744	BIEGNIJSERCEM.PL	M30	17	01:19:41	02:02:26.50	02:03:01.25	+00:31:26 (25.6%)	6:20	9.5 (74.8%)
45	PIETRAS Ryszard	572	BIEGAM Z ABS	M50	2	01:17:25	02:03:03.00	02:03:09.75	+00:31:34 (25.6%)	6:22	9.4 (74.0%)
46	KRUK Emilia	797	RYKOWISKO TEAM	K20	3	01:20:18	02:04:06.70	02:04:11.85	+00:32:36 (26.3%)	6:25	9.3 (73.2%)
47	SIMKA Kamil	725	FORREST GUMP TEAM	M40	13	01:20:39	02:04:01.60	02:04:13.05	+00:32:38 (26.3%)	6:25	9.3 (73.2%)
48	RADKOWSKA Małgorzata	430	TEAM PARSZCZYŃSKICH	K30	4	01:21:22	02:04:06.80	02:04:16.15	+00:32:41 (26.3%)	6:25	9.3 (73.2%)
49	KABAŁA Bartosz	378	#BIEGIEMWLAS	M20	8	01:17:27	02:04:16.05	02:04:29.50	+00:32:54 (26.4%)	6:26	9.3 (73.2%)
50	KOZA Janusz	2780		M30	18	01:19:20	02:04:00.70	02:04:40.95	+00:33:06 (26.5%)	6:25	9.3 (73.2%)
51	GAWRON Przemysław	721	SŁOŃCA JURY	M40	14	01:19:29	02:05:42.15	02:05:47.20	+00:34:12 (27.2%)	6:30	9.2 (72.4%)
51	SOBIERAJSKI Marcin	1912		M40	14	01:19:36	02:05:40.95	02:05:47.20	+00:34:12 (27.2%)	6:30	9.2 (72.4%)
53	KORZONEK Karol	609	SPRINT GORZYCE	M30	19	01:19:44	02:05:58.85	02:06:06.15	+00:34:31 (27.4%)	6:31	9.2 (72.4%)
54	ZABOROWSKI Łukasz	791	ULTRASZSZCZAWNICY	M30	20	01:19:24	02:05:52.40	02:06:13.35	+00:34:38 (27.4%)	6:31	9.2 (72.4%)
55	WGRZYNIAK Sabina	755		K30	5	01:19:54	02:06:18.00	02:06:36.90	+00:35:02 (27.7%)	6:32	9.2 (72.4%)
56	POSTUPALSKI Michał	671	RUN-PASSION.PL TEAM	M40	16	01:21:26	02:06:43.15	02:06:50.75	+00:35:15 (27.8%)	6:33	9.1 (71.7%)
57	BEŚKA Michał	657	SPRINT GORZYCE	M30	21	01:21:45	02:07:27.40	02:07:35.75	+00:36:00 (28.2%)	6:36	9.1 (71.7%)
58	PODKUL Konrad	719		M30	22	01:19:54	02:07:20.20	02:07:56.85	+00:36:21 (28.4%)	6:35	9.1 (71.7%)
59	PYTKA Konrad	349	NAPRZÓD MŁOCINY	M40	17	01:23:33	02:08:11.10	02:08:18.10	+00:36:43 (28.6%)	6:38	9 (70.9%)
60	PIERZAK-WYPYCH Olga	2392		K20	4	01:23:07	02:08:34.60	02:08:39.15	+00:37:04 (28.8%)	6:39	9 (70.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Durbaszką 11.5km	19.3km	19.3km			
61	NOSAL Kamila	645		K30	6	01:23:52	02:08:44.35	02:08:49.65	+00:37:14 (28.9%)	6:40	9 (70.9%)
62	GONDOR Jarosław	484	UKS LIDER	M40	18	01:23:40	02:09:31.70	02:09:42.25	+00:38:07 (29.4%)	6:42	8.9 (70.1%)
63	HACZ Paweł	422		M40	19	01:23:32	02:10:18.90	02:10:24.50	+00:38:49 (29.8%)	6:45	8.9 (70.1%)
64	SZTORC Joanna	302		K30	7	01:24:02	02:10:13.20	02:10:27.00	+00:38:52 (29.8%)	6:44	8.9 (70.1%)
65	PAJĄK Andrzej	413	BIEGAM Z ABS	M40	20	01:24:26	02:10:33.50	02:10:39.90	+00:39:05 (29.9%)	6:45	8.9 (70.1%)
66	KWIECIŃSKI Piotr	710		M20	9	01:24:11	02:10:08.55	02:10:40.95	+00:39:06 (29.9%)	6:44	8.9 (70.1%)
67	MAKÓWKA Justyna	749		K20	5	01:24:06	02:10:41.10	02:10:48.75	+00:39:13 (30.0%)	6:46	8.9 (70.1%)
68	KONIK Diana	654		K20	6	01:25:54	02:12:27.35	02:12:35.75	+00:41:00 (30.9%)	6:51	8.7 (68.5%)
69	DESKA Michał	622	DESAK TEAM	M30	23	01:23:30	02:12:46.50	02:12:57.05	+00:41:22 (31.1%)	6:52	8.7 (68.5%)
70	RAJSKI Rafał	439	WARTKIE KIYPCE	M30	24	01:26:06	02:13:37.35	02:13:45.65	+00:42:10 (31.5%)	6:55	8.7 (68.5%)
71	KRUK Magdalena	789		K30	8	01:24:20	02:13:57.85	02:14:01.75	+00:42:26 (31.7%)	6:56	8.6 (67.7%)
72	DZIOREK Tomasz	776	SPRINT GORZYCE	M30	25	01:26:50	02:14:20.90	02:14:28.35	+00:42:53 (31.9%)	6:57	8.6 (67.7%)
73	JACNIAK Ewa	603	EWA JACNIAK NOLIMITS	K30	9	01:26:53	02:14:23.60	02:14:28.75	+00:42:53 (31.9%)	6:57	8.6 (67.7%)
74	IZDEBSKI Tomek	427		M40	21	01:25:22	02:14:34.40	02:14:54.05	+00:43:19 (32.1%)	6:58	8.6 (67.7%)
75	STANGIEWICZ Bartosz	621		M20	10	01:26:46	02:14:38.80	02:15:19.45	+00:43:44 (32.3%)	6:58	8.6 (67.7%)
76	SZNAJDER Joanna	398	G.O.A.T. TEAM MICHAŁOWICE	K40	3	01:25:40	02:15:38.10	02:15:46.80	+00:44:11 (32.6%)	7:01	8.5 (66.9%)
77	KOWALCZYK Artur	433	BH TEAM	M30	26	01:29:15	02:15:51.30	02:16:27.35	+00:44:52 (32.9%)	7:02	8.5 (66.9%)
78	SOBSTEL Przemek	467	ACTIVE JURA	M40	22	01:26:05	02:16:49.75	02:17:08.70	+00:45:33 (33.2%)	7:05	8.5 (66.9%)
79	NOWAK Filip	795		M30	27		02:17:16.00	02:17:16.00	+00:45:41 (33.3%)	7:06	8.4 (66.1%)
80	DZIEDZIC Grzegorz	311		M40	23	01:28:05	02:17:02.50	02:17:22.05	+00:45:47 (33.3%)	7:06	8.5 (66.9%)
81	STEUER Jan	497		M30	28	01:26:44	02:16:38.15	02:17:38.55	+00:46:03 (33.5%)	7:04	8.5 (66.9%)
82	SATAŁA Michał	397	SIMPLYRUNNER	M30	29	01:28:12	02:17:41.30	02:17:47.85	+00:46:12 (33.5%)	7:08	8.4 (66.1%)
83	GRZEGRZÓŁKA Adam	619		M20	11	01:26:05	02:17:45.65	02:18:25.50	+00:46:50 (33.8%)	7:08	8.4 (66.1%)

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84	SZULC Robert	501	CITYTRAIL TEAM	M30	30	01:26:51	02:18:18.40	02:18:28.35	+00:46:53 (33.9%)	7:09	8.4 (66.1%)
85	SARNA Tomasz	429		M40	24	01:27:16	02:18:27.60	02:18:33.55	+00:46:58 (33.9%)	7:10	8.4 (66.1%)
86	LEJA Michał	625		M30	31	01:24:33	02:18:39.50	02:18:54.20	+00:47:19 (34.1%)	7:11	8.4 (66.1%)
87	SZNAJDER Rafał	715	G.O.A.T. TEAM MICHAŁOWICE	M40	25	01:25:50	02:18:49.75	02:18:59.10	+00:47:24 (34.1%)	7:11	8.3 (65.4%)
88	BREMER Bronisław	567		M20	12	01:29:33	02:18:18.55	02:19:10.10	+00:47:35 (34.2%)	7:09	8.4 (66.1%)
89	JANDURA Norbert	648		M20	13	01:27:22	02:19:12.10	02:19:15.40	+00:47:40 (34.2%)	7:12	8.3 (65.4%)
90	TAJAK Bartłomiej	792		M30	32	01:28:06	02:20:17.45	02:20:31.30	+00:48:56 (34.8%)	7:16	8.3 (65.4%)
91	FABISIAK Andrzej	380	ROZBIEGANY SULEJÓWEK	M50	3	01:27:08	02:20:48.90	02:20:57.55	+00:49:22 (35.0%)	7:17	8.2 (64.6%)
92	WEGNER Patrycja	709		K30	10	01:30:48	02:21:33.95	02:21:46.15	+00:50:11 (35.4%)	7:20	8.2 (64.6%)
93	SZYMALA Dariusz	641	BIEGAM ŻEBY ŻREĆ WIĘCEJ CIASTKÓW	M20	14	01:31:42	02:21:56.25	02:22:01.00	+00:50:26 (35.5%)	7:21	8.2 (64.6%)
94	STASZCZAK Małgorzata	534	TRI TEAM LUBAŃ	K30	11	01:31:22	02:22:05.65	02:22:23.35	+00:50:48 (35.7%)	7:21	8.2 (64.6%)
95	GROMALA Danuta	595	KW KRAKÓW	K20	7	01:31:34	02:22:21.65	02:22:24.35	+00:50:49 (35.7%)	7:22	8.1 (63.8%)
96	STACHOWIAK Kamil	523	SPORT GENERATION	M30	33	01:31:16	02:22:25.05	02:22:43.50	+00:51:08 (35.8%)	7:22	8.1 (63.8%)
97	SITKO Krzysztof	323	SKPB KATOWICE	M30	34	01:30:30	02:21:55.15	02:22:55.45	+00:51:20 (35.9%)	7:21	8.2 (64.6%)
98	KAWECKI Marek	423	SŁOŃCA JURY	M40	26	01:32:35	02:22:58.95	02:23:03.50	+00:51:28 (36.0%)	7:24	8.1 (63.8%)
99	CIERPIAŁ Adriana	332	STOWARZYSZENIE SPORTOWE SŁOŃCA JURY	K30	12	01:32:20	02:23:09.15	02:23:09.15	+00:51:34 (36.0%)	7:25	8.1 (63.8%)
100	KOWALSKA Agnieszka	651		K20	8	01:30:46	02:23:04.45	02:23:18.55	+00:51:43 (36.1%)	7:24	8.1 (63.8%)
101	TOMECKA Aleksandra	2787	LPP TEAM	K30	13	01:31:25	02:23:21.20	02:23:28.65	+00:51:53 (36.2%)	7:25	8.1 (63.8%)
102	KOWAL Paweł	668		M30	35	01:30:09	02:23:23.45	02:23:29.35	+00:51:54 (36.2%)	7:25	8.1 (63.8%)
103	GINALSKI Grzegorz	743		M30	36	01:31:03	02:23:35.15	02:24:03.55	+00:52:28 (36.4%)	7:26	8.1 (63.8%)
104	URBANEK Krzysztof	768	SPORT GENERATION	M40	27	01:31:24	02:23:50.10	02:24:10.45	+00:52:35 (36.5%)	7:27	8.1 (63.8%)
105	DUBILIS Mateusz	677		M20	15	01:31:16	02:24:24.95	02:24:41.85	+00:53:06 (36.7%)	7:28	8 (63.0%)
106	KOZERA Bartłomiej	724		M30	37	01:30:24	02:24:22.20	02:24:51.20	+00:53:16 (36.8%)	7:28	8 (63.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						Durbaszką 11.5km	19.3km	19.3km			
107	TRZCINSKI Maciej	502		M40	28	01:33:49	02:25:07.95	02:25:27.50	+00:53:52 (37.0%)	7:31	8 (63.0%)
108	FLEJSZAR Marcin	456		M30	38	01:34:05	02:25:27.90	02:26:15.90	+00:54:41 (37.4%)	7:32	8 (63.0%)
109	JUSZCZAK Zbigniew	739	PKB KMP KALISZ	M30	39	01:32:45	02:26:03.30	02:26:23.25	+00:54:48 (37.4%)	7:34	7.9 (62.2%)
110	GÓRNY Dariusz	441	SŁOŃCA JURY	M40	29	01:32:14	02:26:29.65	02:26:36.35	+00:55:01 (37.5%)	7:35	7.9 (62.2%)
111	DASZKOWSKA Olga	564	BŁĘKITNA XVII-TKA	K40	4	01:32:37	02:26:22.25	02:26:42.15	+00:55:07 (37.6%)	7:35	7.9 (62.2%)
112	HRYCIUK Robert	314	RACE FIGHTER	M50	4	01:32:37	02:26:16.90	02:27:11.30	+00:55:36 (37.8%)	7:34	7.9 (62.2%)
113	WŁODARZ Wojciech	694		M30	40	01:31:19	02:27:17.45	02:27:32.70	+00:55:57 (37.9%)	7:37	7.9 (62.2%)
114	BEREZOWSKI Marcin	678		M40	30	01:34:40	02:26:40.30	02:27:34.10	+00:55:59 (37.9%)	7:35	7.9 (62.2%)
115	SOŁTYSIAK Marta	596		K30	14	01:33:58	02:27:29.50	02:27:44.15	+00:56:09 (38.0%)	7:38	7.9 (62.2%)
116	SYNOWIEC Michał	777		M30	41	01:38:49	02:27:45.60	02:28:42.35	+00:57:07 (38.4%)	7:39	7.8 (61.4%)
117	WERLE Michał	762		M30	42	01:32:14	02:28:19.30	02:28:42.80	+00:57:07 (38.4%)	7:41	7.8 (61.4%)
118	ORZECZOWSKI Robert	784	ARKADIUSZ GARDZIELEWSKI RUNNING TEAM	M40	31	01:33:49	02:28:28.85	02:28:45.95	+00:57:11 (38.4%)	7:41	7.8 (61.4%)
119	MICHAŁOWSKI Piotr	369		M30	43	01:35:28	02:28:47.45	02:29:05.50	+00:57:30 (38.6%)	7:42	7.8 (61.4%)
120	KSIĄŻKIEWICZ Jacek	320	CITY TRAIL TEAM	M40	32	01:34:27	02:28:47.10	02:29:09.40	+00:57:34 (38.6%)	7:42	7.8 (61.4%)
121	TOPORKIEWICZ Bartosz	479	TRAIL IS OUR WAY	M40	33	01:36:46	02:29:39.55	02:29:45.80	+00:58:10 (38.8%)	7:45	7.7 (60.6%)
122	SIEJEK Błażej	366	OK BOOMERS	M30	44	01:34:36	02:29:24.25	02:29:46.40	+00:58:11 (38.9%)	7:44	7.8 (61.4%)
123	ZYŚK Adrian	742	PZU SPORT TEAM	M30	45	01:34:30	02:30:12.90	02:30:43.05	+00:59:08 (39.2%)	7:46	7.7 (60.6%)
124	KOŁODZIEJ Marcin	327	KRULOWIE ZYCIA	M30	46	01:36:38	02:30:56.65	02:31:41.45	+01:00:06 (39.6%)	7:49	7.7 (60.6%)
125	HURAS Monika	750		K30	15	01:37:14	02:31:59.55	02:32:07.65	+01:00:32 (39.8%)	7:52	7.6 (59.8%)
126	NAWALANY Marcel	522		M30	47	01:39:33	02:31:43.55	02:32:22.35	+01:00:47 (39.9%)	7:51	7.6 (59.8%)
127	KOWALCZYK Monika	570	LIDER UKS	K40	5	01:37:12	02:32:51.10	02:33:00.30	+01:01:25 (40.1%)	7:55	7.6 (59.8%)
128	KAMOLA Sławomir	582	ABBA1	M50	5	01:37:24	02:33:02.35	02:33:02.35	+01:01:27 (40.2%)	7:55	7.6 (59.8%)
129	GRASELA Ernest	779	JASIELSKIE PIORUNY	M40	34	01:39:42	02:33:05.50	02:33:20.15	+01:01:45 (40.3%)	7:55	7.6 (59.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 11.5km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 19.3km	brutto 19.3km			
130	BIELICKI Filip	434	KW KRAKÓW	M30	48	01:38:14	02:34:26.10	02:34:26.10	+01:02:51 (40.7%)	8:00	7.5 (59.1%)
131	BERNAKIEWICZ Aleksandra	682		K30	16	01:40:55	02:35:28.45	02:35:56.05	+01:04:21 (41.3%)	8:03	7.4 (58.3%)
132	MARCINIAK Edyta	756	PKB KMP KALISZ	K40	6	01:40:35	02:35:57.00	02:36:15.90	+01:04:41 (41.4%)	8:04	7.4 (58.3%)
133	NOWAK Marcin	683	PAFARO	M40	35		02:36:22.90	02:36:22.90	+01:04:48 (41.4%)	8:06	7.4 (58.3%)
134	ŁUGOWSKA Aleksandra	602		K30	17	01:40:29	02:35:50.35	02:36:23.05	+01:04:48 (41.4%)	8:04	7.4 (58.3%)
135	BUDZIASZEK Agnieszka	646	EFFI RUN TEAM	K20	9	01:40:42	02:37:36.90	02:37:50.45	+01:06:15 (42.0%)	8:09	7.3 (57.5%)
136	TIĆINOVIĆ Daniel	532	BŁĘKITNA XVII-TKA	M30	49	01:43:00	02:37:37.50	02:37:57.65	+01:06:22 (42.0%)	8:10	7.3 (57.5%)
137	WĘGLARZ Piotr	2394		M30	50	01:42:16	02:37:20.95	02:38:02.90	+01:06:28 (42.1%)	8:09	7.4 (58.3%)
138	MRÓWKA Małgorzata	828		K30	18	01:40:51	02:37:58.90	02:38:07.55	+01:06:32 (42.1%)	8:11	7.3 (57.5%)
139	KURAS Olga	325	NUNEK SPITFIRE	K30	19	01:37:35	02:38:06.10	02:38:16.75	+01:06:41 (42.1%)	8:11	7.3 (57.5%)
140	RAKOWSKA Agnieszka	675		K30	20	01:38:48	02:37:35.65	02:38:19.20	+01:06:44 (42.2%)	8:09	7.3 (57.5%)
141	KLIMA Rafał	488		M20	16	01:41:42	02:37:42.30	02:38:23.65	+01:06:48 (42.2%)	8:10	7.3 (57.5%)
142	JELEŃ Bartłomiej	542	SAMOTNY ROGACZ	M30	51	01:38:22	02:39:23.00	02:39:55.15	+01:08:20 (42.7%)	8:15	7.3 (57.5%)
143	KUCIA Łukasz	2393		M30	52	01:38:22	02:39:13.50	02:39:56.65	+01:08:21 (42.7%)	8:14	7.3 (57.5%)
144	KUKLA Łukasz	751	AKWEDUKT KIELCE	M40	36	01:40:20	02:39:37.25	02:40:19.25	+01:08:44 (42.9%)	8:16	7.3 (57.5%)
145	ROGOWSKI Sławomir	418	KOŁO BIEGA	M40	37	01:39:28	02:39:57.35	02:40:19.35	+01:08:44 (42.9%)	8:17	7.2 (56.7%)
145	WĄTROBA Dariusz	752		M50	6	01:40:07	02:39:37.00	02:40:19.35	+01:08:44 (42.9%)	8:16	7.3 (57.5%)
147	PIEJKO Joanna	464	BŁĘKITNA XVII-TKA	K30	21	01:42:34	02:39:59.20	02:40:19.65	+01:08:44 (42.9%)	8:17	7.2 (56.7%)
148	KRÓL Arkadiusz	693	SPORT GENERATION	M40	38	01:44:13	02:40:01.70	02:40:20.20	+01:08:45 (42.9%)	8:17	7.2 (56.7%)
149	JABŁOŃSKI Wojciech	575		M50	7	01:35:36	02:40:26.15	02:40:41.85	+01:09:06 (43.0%)	8:18	7.2 (56.7%)
150	CHOŁODY Łukasz	772	SPRINT GORZYCE	M30	53	01:38:43	02:40:19.70	02:40:43.65	+01:09:08 (43.0%)	8:18	7.2 (56.7%)
151	TARNAWSKA Anna	407	UKS LIDER SIERCZA	K30	22	01:42:21	02:40:34.80	02:40:47.75	+01:09:12 (43.0%)	8:19	7.2 (56.7%)
152	OLZACKI Piotr	774		M30	54	01:44:10	02:40:12.35	02:40:57.80	+01:09:22 (43.1%)	8:18	7.2 (56.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 11.5km	Czas netto 19.3km	Czas brutto 19.3km	Różn	Tempo min/km	Tempo km/h
153	BADOWSKI Robert	388	PELORUNNERTEAM	M40	39	01:39:33	02:40:38.65	02:41:01.55	+01:09:26 (43.1%)	8:19	7.2 (56.7%)
154	NOWAK Ewelina	639	SPARTAN TRAINING GROUP TARNÓW	K30	23	01:44:05	02:40:57.35	02:41:07.20	+01:09:32 (43.2%)	8:20	7.2 (56.7%)
155	BERNÍK Peter	354	POPRAD	M40	40	01:42:40	02:40:17.75	02:41:10.95	+01:09:36 (43.2%)	8:18	7.2 (56.7%)
156	KUKUŁKA Hanna	348	HUCISKO FERAL CATS	K20	10	01:44:09	02:40:38.75	02:41:13.15	+01:09:38 (43.2%)	8:19	7.2 (56.7%)
157	MICHNO Agata	650		K30	24	01:40:56	02:40:24.00	02:41:14.75	+01:09:39 (43.2%)	8:18	7.2 (56.7%)
158	KARWACZ Dominik	741		M30	55	01:40:49	02:41:01.05	02:41:27.75	+01:09:52 (43.3%)	8:20	7.2 (56.7%)
159	ALEKSA Irena	503		K30	25	01:46:44	02:42:09.95	02:42:20.30	+01:10:45 (43.6%)	8:24	7.1 (55.9%)
160	WICINSKA-REUS Dominika	714	RYSIOTEAM	K40	7	01:43:46	02:42:18.85	02:42:23.40	+01:10:48 (43.6%)	8:24	7.1 (55.9%)
161	SZCZEPANIAK Michał	301	RAZEM TRENUJEMY SPORT	M40	41	01:43:49	02:42:19.95	02:42:28.65	+01:10:53 (43.6%)	8:24	7.1 (55.9%)
162	TADROWSKI Tomasz	318		M40	42	01:43:58	02:41:38.55	02:42:32.55	+01:10:57 (43.7%)	8:22	7.2 (56.7%)
163	RADŁOWSKA Mariola	586	#PROSECCOTEAM	K30	26	01:43:13	02:42:32.15	02:42:55.95	+01:11:21 (43.8%)	8:25	7.1 (55.9%)
164	UCHEREK Kazimierz	417	KAZIMIERZ UCHEREK	M50	8	01:43:24	02:42:53.50	02:43:01.40	+01:11:26 (43.8%)	8:26	7.1 (55.9%)
165	KANIA Rafał	604	MIG ŚLIMAKI	M40	43	01:42:13	02:43:23.70	02:43:53.10	+01:12:18 (44.1%)	8:27	7.1 (55.9%)
166	KĘPSKI Grzegorz	780	1984	M30	56	01:44:46	02:43:24.35	02:43:57.10	+01:12:22 (44.1%)	8:27	7.1 (55.9%)
167	ŻAKOWSKI Bartek	351	SAMOTNY WILK MCQUADE	M40	44	01:44:48	02:43:41.45	02:44:12.50	+01:12:37 (44.2%)	8:28	7.1 (55.9%)
168	KURKOWSKI Krzysztof	681	NAVA RUNNING TEAM	M40	45	01:43:38	02:44:32.75	02:44:50.30	+01:13:15 (44.4%)	8:31	7 (55.1%)
169	MACIASZ Sylwia	717		K30	27	01:44:43	02:44:32.60	02:45:03.85	+01:13:28 (44.5%)	8:31	7 (55.1%)
170	KOŁODZIEJ Justyna	377		K30	28	01:45:20	02:44:51.30	02:45:04.60	+01:13:29 (44.5%)	8:32	7 (55.1%)
170	LEWANDOWSKI Marcin	652	SPRINT GORZYCE	M30	57	01:45:01	02:44:39.45	02:45:04.60	+01:13:29 (44.5%)	8:31	7 (55.1%)
172	BANDOSZ Tamara	419	BIESIADNICZO BIEGOWY KS WILANÓW	K40	8	01:45:04	02:44:52.95	02:45:14.15	+01:13:39 (44.6%)	8:32	7 (55.1%)
173	KLUBA Magdalena	720	FALSTART RUDNIKI	K20	11	01:44:46	02:44:58.35	02:45:25.55	+01:13:50 (44.6%)	8:32	7 (55.1%)
174	NOWORYTA Eliza	615	ULTRA DIABŁY TEAM LUBRZA	K40	9	01:47:17	02:45:14.45	02:45:37.25	+01:14:02 (44.7%)	8:33	7 (55.1%)
175	STEBEL Piotr	495	PRZEWODNIK	M50	9	01:43:42	02:45:32.05	02:45:42.50	+01:14:07 (44.7%)	8:34	7 (55.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 11.5km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 19.3km	brutto 19.3km			
176	KULA Damian	321	SKPB KATOWICE	M20	17	01:39:35	02:44:42.70	02:45:43.10	+01:14:08 (44.7%)	8:32	7 (55.1%)
177	MAJCHRZAK Agnieszka	415	NESSI TEAM	K40	10	01:46:43	02:45:07.85	02:45:45.15	+01:14:10 (44.7%)	8:33	7 (55.1%)
178	CIESLAK Krzysztof	436	FAJNIE CZASEM BIEGAĆ	M40	46	01:51:15	02:45:45.45	02:46:11.70	+01:14:36 (44.9%)	8:35	7 (55.1%)
179	SYKUŁA Marcin	686	OSHEE WORLD	M30	58	01:45:25	02:45:34.40	02:46:21.80	+01:14:46 (45.0%)	8:34	7 (55.1%)
180	ALEKSANDRAVICIUS Erikas	703		M20	18	01:49:06	02:46:53.35	02:46:53.35	+01:15:18 (45.1%)	8:38	6.9 (54.3%)
181	MROZIŃSKI Marcin	303		M40	47	01:45:19	02:46:45.50	02:47:05.05	+01:15:30 (45.2%)	8:38	6.9 (54.3%)
182	BASTER Krzysztof	371	MATNER RUNNING TEAM	M30	59	01:46:29	02:46:59.60	02:47:37.70	+01:16:02 (45.4%)	8:39	6.9 (54.3%)
183	ZIELIŃSKI Radosław	375	BASSET ROLLING TEAM	M40	48	01:47:16	02:47:16.30	02:47:44.40	+01:16:09 (45.4%)	8:40	6.9 (54.3%)
184	GODEK Piotr	500		M50	10	01:47:22	02:47:39.05	02:47:46.70	+01:16:11 (45.4%)	8:41	6.9 (54.3%)
185	CZARNECKI Krzysztof	778		M40	49	01:44:57	02:47:09.55	02:47:47.00	+01:16:12 (45.4%)	8:39	6.9 (54.3%)
186	NOWAK Krzysztof	640	SPARTAN TRAINING GROUP TARNÓW	M40	50	01:47:13	02:47:42.30	02:47:51.45	+01:16:16 (45.4%)	8:41	6.9 (54.3%)
187	BURNUS Beata	449	PANI	K30	29	01:49:56	02:48:02.20	02:48:27.45	+01:16:52 (45.6%)	8:42	6.9 (54.3%)
188	RACZYŃSKA Gosia	313	COCA-COLA RUNNERS	K40	11	01:47:34	02:48:02.05	02:48:37.25	+01:17:02 (45.7%)	8:42	6.9 (54.3%)
189	SŁABY Piotr	708		M30	60	01:49:47	02:47:59.20	02:48:46.10	+01:17:11 (45.7%)	8:42	6.9 (54.3%)
190	ŁUCZAK Michał	731	RAK'N'ROLL	M40	51	01:47:25	02:48:52.75	02:49:27.35	+01:17:52 (46.0%)	8:44	6.9 (54.3%)
191	WIAZNIOWSKI Marek	660		M40	52	01:48:50	02:48:56.85	02:49:32.75	+01:17:57 (46.0%)	8:45	6.9 (54.3%)
192	PENCONEK Agata	536		K30	30	01:46:51	02:49:11.70	02:49:47.45	+01:18:12 (46.1%)	8:45	6.8 (53.5%)
193	NIEMASZ Aleksandra	711	100LEJKA	K20	12	01:50:40	02:49:44.50	02:50:05.10	+01:18:30 (46.2%)	8:47	6.8 (53.5%)
194	ZEJDLER Aleksandra	340	MATNER RUNNING TEAM	K20	13	01:53:06	02:49:30.45	02:50:09.25	+01:18:34 (46.2%)	8:46	6.8 (53.5%)
195	MUSIAŁEK Karol	793	NIEPOŁOMICE BIEGAJĄ	M30	61	01:46:01	02:50:04.25	02:50:10.65	+01:18:35 (46.2%)	8:48	6.8 (53.5%)
196	CIBOROWSKA Małgorzata Ciborowska	563	STARE BABICE BIEGAJĄ	K40	12	01:50:41	02:49:42.30	02:50:16.60	+01:18:41 (46.2%)	8:47	6.8 (53.5%)
197	SOCHA Dagmara Socha	601		K40	13	01:50:41	02:50:10.40	02:50:44.00	+01:19:09 (46.4%)	8:49	6.8 (53.5%)
198	MURAT Krzysztof	712		M30	62	01:50:15	02:50:33.20	02:51:23.35	+01:19:48 (46.6%)	8:50	6.8 (53.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 11.5km	Czas netto 19.3km	Czas brutto 19.3km	Różn	Tempo min/km	Tempo km/h
199	NOWAK Wiktor	480	GRUNWALD TEAM POZNAN	M30	63	01:50:09	02:51:13.25	02:51:31.55	+01:19:56 (46.6%)	8:52	6.8 (53.5%)
200	KORNET Grzegorz	600	#NOLIMITS	M40	53	01:50:44	02:51:01.70	02:51:35.20	+01:20:00 (46.6%)	8:51	6.8 (53.5%)
201	PIÓRKOWSKA Jolanta	1239	KOŁO BIEGA	K40	14	01:49:04	02:51:10.70	02:51:36.65	+01:20:01 (46.6%)	8:52	6.8 (53.5%)
202	PIÓRKOWSKI Jarosław	1328	KOŁO BIEGA	M40	54	01:49:05	02:51:12.10	02:51:36.85	+01:20:01 (46.6%)	8:52	6.8 (53.5%)
203	GAWEŁ Sebastian	587	SPARTA LUBLIN	M40	55	01:52:30	02:51:28.00	02:51:59.30	+01:20:24 (46.8%)	8:53	6.8 (53.5%)
204	PASTERSKI Sebastian	2215		M40	56	01:46:49	02:51:25.85	02:52:22.20	+01:20:47 (46.9%)	8:52	6.8 (53.5%)
205	MICHALCZYK Anna	473	NAPRZÓD MŁOCINY	K40	15	01:51:58	02:51:50.30	02:52:30.35	+01:20:55 (46.9%)	8:54	6.7 (52.8%)
206	FIGIEL Michał	533	AHOJ PRZYGODO LUBLIN	M30	64	01:54:22	02:53:32.10	02:54:10.60	+01:22:35 (47.4%)	8:59	6.7 (52.8%)
207	FEDOREK Wojtech	754		M50	11	01:48:42	02:54:22.95	02:54:22.95	+01:22:48 (47.5%)	9:02	6.6 (52.0%)
208	STANEK Tomasz	521		M40	57	01:47:41	02:54:03.50	02:54:26.10	+01:22:51 (47.5%)	9:01	6.7 (52.8%)
209	KRALIK Sylwia	426		K40	16	01:52:04	02:54:26.75	02:54:37.40	+01:23:02 (47.6%)	9:02	6.6 (52.0%)
210	MATUSZCZYK Wojciech	585		M50	12	01:50:03	02:54:28.45	02:54:58.10	+01:23:23 (47.7%)	9:02	6.6 (52.0%)
211	MATUSZCZYK Paweł	584		M40	58	01:50:37	02:54:26.75	02:54:58.40	+01:23:23 (47.7%)	9:02	6.6 (52.0%)
212	GASIŃSKI Maciej	722	HUMAN&HUNTER RUNNERS TEAM	M40	59	01:54:28	02:55:04.35	02:55:30.60	+01:23:55 (47.8%)	9:04	6.6 (52.0%)
213	STOLARZ Marta	782	NIEPOŁOMICE BIEGAJĄ	K40	17	01:51:17	02:55:09.95	02:55:31.20	+01:23:56 (47.8%)	9:04	6.6 (52.0%)
214	MILCZAREK Dominik	1642		M40	60	01:48:12	02:54:59.30	02:55:43.35	+01:24:08 (47.9%)	9:03	6.6 (52.0%)
215	KOWALSKI Krzysztof	322	2K	M40	61	01:50:26	02:55:28.25	02:55:44.30	+01:24:09 (47.9%)	9:05	6.6 (52.0%)
216	GOŁDYN Katarzyna	588		K40	18	01:54:42	02:55:40.95	02:55:53.35	+01:24:18 (47.9%)	9:06	6.6 (52.0%)
217	KROSZKA Krzysztof	510	?	M50	13	01:50:29	02:55:23.25	02:55:57.60	+01:24:22 (48.0%)	9:05	6.6 (52.0%)
218	PNIEWSKA Anna	736	RAK'N'ROLL	K40	19	01:53:53	02:56:13.10	02:56:23.45	+01:24:48 (48.1%)	9:07	6.6 (52.0%)
219	KARCZMARCZYK Mirosław	576		M30	65	01:50:59	02:55:45.45	02:56:29.30	+01:24:54 (48.1%)	9:06	6.6 (52.0%)
220	KOZIARA Patryk	555	DZIKIE MUSTANGI	M30	66	01:53:28	02:56:19.75	02:56:35.95	+01:25:01 (48.1%)	9:08	6.6 (52.0%)
221	CHMIEL Bożena	365	DZIKIE MUSTANGI	K40	20	01:53:32	02:56:37.95	02:56:54.50	+01:25:19 (48.2%)	9:09	6.6 (52.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 11.5km	Czas netto 19.3km	Czas brutto 19.3km	Różn	Tempo min/km	Tempo km/h
222	TOKARZ Adrian	324	DZIKIE MUSTANGI	M40	62	01:53:31	02:56:36.95	02:56:54.65	+01:25:19 (48.2%)	9:09	6.6 (52.0%)
223	KARAŚ Agnieszka	669	STARE BABICE BIEGAJĄ	K40	21	01:54:54	02:56:31.40	02:57:05.80	+01:25:30 (48.3%)	9:08	6.6 (52.0%)
224	TAMBORSKI Tomasz	676	HTF LUDWIK SIKORSKI	M40	63	01:58:21	02:57:05.70	02:57:22.50	+01:25:47 (48.4%)	9:10	6.5 (51.2%)
225	ŻERKO Marcin	746		M40	64	01:53:12	02:56:54.75	02:57:42.60	+01:26:07 (48.5%)	9:09	6.5 (51.2%)
226	WITEK Grzegorz	759		M30	67	01:52:48	02:57:20.50	02:57:46.30	+01:26:11 (48.5%)	9:11	6.5 (51.2%)
227	CZAPIEWSKI Maciej	445		M30	68	01:52:48	02:57:21.45	02:57:46.55	+01:26:11 (48.5%)	9:11	6.5 (51.2%)
228	GARCZYK Przemysław	363	KB GALOPUJĄCE ŚLIMAKI	M30	69	01:52:46	02:57:14.65	02:57:50.85	+01:26:15 (48.5%)	9:10	6.5 (51.2%)
229	FRAŃCZEK Marcin	490	IGT	M40	65	01:54:55	02:57:44.55	02:57:52.45	+01:26:17 (48.5%)	9:12	6.5 (51.2%)
230	KROSZKA Beata	509	KS STASZEWCY	K50	1	01:54:18	02:57:46.05	02:58:19.25	+01:26:44 (48.6%)	9:12	6.5 (51.2%)
231	KARBOWNICZEK Maciej	558		M30	70	01:54:30	02:57:51.90	02:58:32.45	+01:26:57 (48.7%)	9:12	6.5 (51.2%)
232	GRABOWSKI Krzysztof	1913		M30	71	01:57:12	02:58:06.85	02:58:34.55	+01:26:59 (48.7%)	9:13	6.5 (51.2%)
233	GODEK Tomasz	491		M50	14	01:55:16	02:58:41.30	02:58:48.65	+01:27:13 (48.8%)	9:15	6.5 (51.2%)
234	SOJKA Anna	341		K30	31	01:52:01	02:59:06.60	02:59:37.85	+01:28:02 (49.0%)	9:16	6.5 (51.2%)
235	STAŃCZYK Łukasz	442		M40	66	01:52:59	02:59:16.15	02:59:38.20	+01:28:03 (49.0%)	9:17	6.5 (51.2%)
236	KACZOR Łukasz	453		M30	72	01:53:44	02:59:54.35	03:00:20.15	+01:28:45 (49.2%)	9:19	6.4 (50.4%)
237	GÓRECKA Katarzyna	376	LESZNOTEAM	K40	22	01:54:41	02:59:49.75	03:00:23.20	+01:28:48 (49.2%)	9:19	6.4 (50.4%)
238	GAJEWSKI - GAJEK Marcin	589	GVENTTEAM	M30	73	01:49:50	03:00:04.85	03:00:31.80	+01:28:56 (49.3%)	9:19	6.4 (50.4%)
239	RATUŚNIAK Eliza	729	SEAFORD STRIDERS	K40	23	01:54:34	03:01:13.75	03:01:23.60	+01:29:48 (49.5%)	9:23	6.4 (50.4%)
240	SAINTEMARIE Agnieszka	345		K30	32	01:56:38	03:02:04.00	03:02:34.70	+01:30:59 (49.8%)	9:26	6.4 (50.4%)
241	OLEKSIEWICZ Beata	659	SZAKALE BAŁUT ŁÓDŹ	K40	24	01:56:05	03:02:30.15	03:02:59.45	+01:31:24 (50.0%)	9:27	6.3 (49.6%)
242	JÓZEF Marek	553		M40	67	01:52:08	03:02:19.90	03:03:08.50	+01:31:33 (50.0%)	9:26	6.4 (50.4%)
243	DUDEK Michał	594		M40	68	01:57:00	03:02:50.15	03:03:22.55	+01:31:47 (50.1%)	9:28	6.3 (49.6%)
244	JAGIEŁŁO Beata	696	PLANETA NISKO	K50	2	01:57:59	03:02:54.80	03:03:27.00	+01:31:52 (50.1%)	9:28	6.3 (49.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 11.5km	Czas netto 19.3km	Czas brutto 19.3km	Różn	Tempo min/km	Tempo km/h
245	JAGIEŁŁO Grzegorz	695	PLANETA NISKO	M50	15	01:58:01	03:02:58.60	03:03:29.05	+01:31:54 (50.1%)	9:28	6.3 (49.6%)
246	WABNO Wojciech	607		M20	19	01:54:28	03:03:07.50	03:03:42.45	+01:32:07 (50.1%)	9:29	6.3 (49.6%)
247	MICHALAK Jacek	663	JOHN MARTEN'S CREW	M40	69	01:51:15	03:03:22.80	03:03:49.85	+01:32:14 (50.2%)	9:30	6.3 (49.6%)
248	KUBIAK Marta	494		K30	33	01:55:12	03:03:03.90	03:03:58.05	+01:32:23 (50.2%)	9:29	6.3 (49.6%)
249	ZYCHOWICZ Tomasz	444		M40	70	01:54:03	03:03:42.40	03:04:11.45	+01:32:36 (50.3%)	9:31	6.3 (49.6%)
250	TALAROWSKA Agnieszka	493		K40	25	01:57:22	03:03:57.20	03:04:13.50	+01:32:38 (50.3%)	9:31	6.3 (49.6%)
251	TALAROWSKI Paweł	492		M40	71	01:57:21	03:03:56.95	03:04:13.80	+01:32:38 (50.3%)	9:31	6.3 (49.6%)
252	GRZESZCZYK Michał	727	EKOBIEGI	M40	72	01:56:12	03:04:21.45	03:04:53.95	+01:33:19 (50.5%)	9:33	6.3 (49.6%)
253	FABISIAK Ewa	387	ROZBIEGANY SULEJÓWEK	K50	3	01:57:37	03:05:02.35	03:05:11.40	+01:33:36 (50.5%)	9:35	6.3 (49.6%)
254	ZASKORSKA Monika	454		K40	26	01:55:32	03:04:50.80	03:05:14.65	+01:33:39 (50.6%)	9:34	6.3 (49.6%)
255	ZASKÓRSKI Maciej	2391		M40	73	01:56:47	03:04:50.50	03:05:14.75	+01:33:39 (50.6%)	9:34	6.3 (49.6%)
256	GECOW Marcin	403		M30	74	01:54:47	03:05:05.75	03:05:33.85	+01:33:58 (50.6%)	9:35	6.3 (49.6%)
257	RELIGA Marcin	368		M40	74	01:59:40	03:05:34.85	03:05:46.60	+01:34:11 (50.7%)	9:36	6.2 (48.8%)
258	SUCHORA Jerzy	412		M50	16	01:59:53	03:06:03.35	03:06:29.60	+01:34:54 (50.9%)	9:38	6.2 (48.8%)
259	SUCHORA Anna	411		K50	4	01:59:53	03:06:03.90	03:06:29.95	+01:34:55 (50.9%)	9:38	6.2 (48.8%)
260	SIKORA Agnieszka	304	MATNER RUNNING TEAM	K50	5	02:02:31	03:06:03.15	03:06:42.35	+01:35:07 (50.9%)	9:38	6.2 (48.8%)
261	WINIARZ Ola	474		K40	27	01:57:52	03:07:05.00	03:07:18.60	+01:35:43 (51.1%)	9:41	6.2 (48.8%)
262	WINCZURA Joanna	477		K40	28	01:55:16	03:07:05.80	03:07:18.95	+01:35:44 (51.1%)	9:41	6.2 (48.8%)
263	BĘCEK Jakub	410	BBKS ŁAWECZKA WILANÓW	M40	75	01:57:06	03:07:00.10	03:07:21.65	+01:35:46 (51.1%)	9:41	6.2 (48.8%)
264	SZLENDAK BECEK Izabela	414	BBKS ŁAWECZKA WILANÓW	K40	29	01:57:06	03:07:01.65	03:07:21.80	+01:35:46 (51.1%)	9:41	6.2 (48.8%)
265	PIOTROWSKA Anna	785		K40	30	02:00:36	03:07:27.85	03:07:27.85	+01:35:52 (51.1%)	9:42	6.2 (48.8%)
266	KOSIŃSKI Rafał	440	BIEGNIJ Z PROSERVICE	M30	75	01:59:21	03:07:47.70	03:08:23.45	+01:36:48 (51.4%)	9:43	6.2 (48.8%)
267	OLECH Witold	644		M50	17	01:58:52	03:08:32.25	03:08:38.80	+01:37:03 (51.5%)	9:46	6.1 (48.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 11.5km	Czas netto 19.3km	Czas brutto 19.3km	Różn	Tempo min/km	Tempo km/h
268	ŁOŚ Krzysztof	458	SBRT/BIEGUNI2022	M60	1	02:00:12	03:08:29.25	03:08:50.65	+01:37:15 (51.5%)	9:45	6.1 (48.0%)
269	GAŁUS Angelika	718	NOVEMBEREER RUNNING TEAM	K30	34	01:58:50	03:08:10.45	03:08:51.00	+01:37:16 (51.5%)	9:44	6.2 (48.8%)
270	ZALESKA Maja	688	STARE BABICE BIEGAJĄ	K50	6	01:57:11	03:08:51.05	03:09:04.05	+01:37:29 (51.6%)	9:47	6.1 (48.0%)
271	WOŁYNIEC Paweł	400	BIEGACZE SPECJALNEJ TROSKI	M40	76	01:56:23	03:09:25.80	03:09:59.10	+01:38:24 (51.8%)	9:48	6.1 (48.0%)
272	WALENTA Hanna	716	DREAM RUN	K40	31	02:03:31	03:09:25.30	03:10:16.80	+01:38:41 (51.9%)	9:48	6.1 (48.0%)
273	GRABARCZYK Dorian	544	MAŁPY SILNE RAZEM	M20	20	02:00:58	03:09:47.75	03:10:26.75	+01:38:51 (51.9%)	9:50	6.1 (48.0%)
274	PIWOWARSKA Kinga	543	MAŁPY SILNE RAZEM	K20	14	02:00:59	03:09:49.20	03:10:26.95	+01:38:52 (51.9%)	9:50	6.1 (48.0%)
275	CYBULSKI Jakub	393		M20	21	02:02:18	03:09:47.30	03:10:31.70	+01:38:56 (51.9%)	9:50	6.1 (48.0%)
276	KEMPISTY Anna	512	12TRI.PL	K50	7	01:58:11	03:10:17.95	03:10:41.65	+01:39:06 (52.0%)	9:51	6.1 (48.0%)
277	STACHURSKI Paweł	305	KRÓLOWIE ŻYCIA	M30	76	02:04:14	03:10:10.90	03:10:56.85	+01:39:21 (52.0%)	9:51	6.1 (48.0%)
278	BIENIAS Rafał	745		M40	77	02:04:09	03:10:53.80	03:11:10.00	+01:39:35 (52.1%)	9:53	6.1 (48.0%)
279	BIELAK Sebastian	514		M40	78	01:56:54	03:10:34.40	03:11:15.75	+01:39:40 (52.1%)	9:52	6.1 (48.0%)
280	DARŁAK Joanna	450	NAPRZÓD MŁOCINY	K30	35	02:02:42	03:10:55.90	03:11:38.15	+01:40:03 (52.2%)	9:53	6.1 (48.0%)
281	KOWAL Amadeusz	707	NAPRZÓD MŁOCINY	M30	77	02:02:43	03:10:56.95	03:11:38.20	+01:40:03 (52.2%)	9:53	6.1 (48.0%)
282	DZIKOWSKA Aleksandra	573	ŻÓRAWSKI TEAM	K20	15	02:05:59	03:10:58.50	03:11:48.85	+01:40:13 (52.3%)	9:53	6.1 (48.0%)
283	SIKORSKA Izabela	336	MIĘDZYRZECKIE GAZELE	K40	32	02:06:09	03:11:45.55	03:12:00.70	+01:40:25 (52.3%)	9:56	6 (47.2%)
284	STANOSZEK Robert	338	COCA-COLA RUNNERS	M50	18	02:09:09	03:11:50.75	03:12:27.90	+01:40:53 (52.4%)	9:56	6 (47.2%)
285	LARA Natalia	643	WARRIORS ŁÓDŹ	K30	36	02:05:30	03:12:11.90	03:12:43.50	+01:41:08 (52.5%)	9:57	6 (47.2%)
286	SUDER Grzegorz	690		M30	78	02:06:49	03:12:01.10	03:12:58.90	+01:41:24 (52.5%)	9:56	6 (47.2%)
287	CIEŚLAK Aleksandra	337	SKPG KRAKÓW	K20	16	02:05:30	03:12:27.60	03:13:18.65	+01:41:43 (52.6%)	9:58	6 (47.2%)
288	BREMER Helena	478		K30	37	02:05:31	03:12:37.75	03:13:29.25	+01:41:54 (52.7%)	9:58	6 (47.2%)
289	ROŻEK Janusz	531	KB WARTKO	M60	2	02:04:42	03:13:31.90	03:14:10.60	+01:42:35 (52.8%)	10:01	6 (47.2%)
290	ZUWAŁA Anna	331	RAGNAR TEAM	K40	33	02:04:54	03:13:59.80	03:14:17.25	+01:42:42 (52.9%)	10:03	6 (47.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 11.5km	Czas netto 19.3km	Czas brutto 19.3km	Różn	Tempo min/km	Tempo km/h
291	ZUWAŁA Robert	306	RAGNAR TEAM	M40	79	02:04:32	03:14:00.00	03:14:17.40	+01:42:42 (52.9%)	10:03	6 (47.2%)
292	AUGUSTYŃSKA Kinga	757	BŁĘKITNA XVII-TKA	K40	34	02:00:02	03:14:08.20	03:14:29.05	+01:42:54 (52.9%)	10:03	6 (47.2%)
293	BRZESKA Agata	728	ŁOMIANKOWSKA GRUPA BIEGOWA	K40	35	02:05:28	03:14:11.35	03:14:37.00	+01:43:02 (52.9%)	10:03	6 (47.2%)
294	BRZESKA Edyta	483	ŁOMIANKOWSKA GRUPA BIEGOWA	K20	17	02:05:54	03:14:37.30	03:14:37.30	+01:43:02 (52.9%)	10:05	6 (47.2%)
295	ZAWADZKI Piotr	535		M30	79	02:04:59	03:14:05.80	03:14:42.80	+01:43:07 (53.0%)	10:03	6 (47.2%)
296	POLSKA Martyna	471		K20	18	02:08:27	03:15:01.20	03:15:41.75	+01:44:06 (53.2%)	10:06	5.9 (46.5%)
297	CIEPLIŃSKA Wioletta	574	NAPRZÓD MŁOCINY	K40	36	02:07:18	03:15:21.55	03:16:01.90	+01:44:27 (53.3%)	10:07	5.9 (46.5%)
298	TOCZEK Hana	583		K30	38	02:06:36	03:15:16.50	03:16:08.65	+01:44:33 (53.3%)	10:07	5.9 (46.5%)
299	WRONA Kamila	541		K20	19	02:09:02	03:15:52.55	03:16:22.90	+01:44:48 (53.4%)	10:08	5.9 (46.5%)
300	NIEDZIELA Andrzej	330		M20	22	02:05:42	03:15:37.75	03:16:28.85	+01:44:53 (53.4%)	10:08	5.9 (46.5%)
301	SIKORSKI Ludwik	673	HTF LUDWIK SIKORSKI	M40	80	02:05:02	03:16:19.25	03:16:35.75	+01:45:00 (53.4%)	10:10	5.9 (46.5%)
302	ŻURAWIK Jarosław	437	KOŁO BIEGA	M40	81	02:07:26	03:16:11.40	03:16:39.95	+01:45:05 (53.4%)	10:09	5.9 (46.5%)
303	WOJAS Marcin	617	ITMBW KRAKÓW	M40	82	02:09:17	03:17:13.15	03:17:19.65	+01:45:44 (53.6%)	10:13	5.9 (46.5%)
304	CZAJKA Agata	499		K30	39	02:07:45	03:17:04.10	03:17:56.05	+01:46:21 (53.7%)	10:12	5.9 (46.5%)
305	WOJAS Halina	618		K40	37	02:09:18	03:17:53.00	03:17:58.75	+01:46:23 (53.7%)	10:15	5.9 (46.5%)
306	NIESZKOWIECKI Dominik	425		M20	23	02:04:22	03:17:53.00	03:18:04.05	+01:46:29 (53.8%)	10:15	5.9 (46.5%)
307	KAMINSKA Joanna	362	TECHNIKAM/UKS LIDER	K40	38	02:04:21	03:17:52.55	03:18:04.20	+01:46:29 (53.8%)	10:15	5.9 (46.5%)
308	ZIARKO Agnieszka	634	CZARNA TĘCZA	K40	39	02:01:50	03:18:18.60	03:18:26.25	+01:46:51 (53.8%)	10:16	5.8 (45.7%)
309	ZARĘBA Jarosław	316		M50	19	02:05:32	03:18:00.90	03:18:43.55	+01:47:08 (53.9%)	10:15	5.8 (45.7%)
310	SPRINGER Marta	689	NIGHT RUNNERS	K30	40	02:10:12	03:18:22.85	03:18:48.00	+01:47:13 (53.9%)	10:16	5.8 (45.7%)
311	KAIM Antoni	451		M60	3	02:07:48	03:18:47.65	03:19:13.40	+01:47:38 (54.0%)	10:17	5.8 (45.7%)
312	SAMBORSKA Aneta	347		K30	41	02:07:27	03:18:30.95	03:19:21.05	+01:47:46 (54.1%)	10:17	5.8 (45.7%)
313	SAMBORSKI Marcin	356		M40	83	02:07:33	03:18:30.80	03:19:21.55	+01:47:46 (54.1%)	10:17	5.8 (45.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 11.5km	Czas netto 19.3km	Czas brutto 19.3km	Różn	Tempo min/km	Tempo km/h
314	MILCZAREK Marta	528		K30	42	02:05:49	03:19:20.25	03:20:13.20	+01:48:38 (54.3%)	10:19	5.8 (45.7%)
315	ŚLĘCZKA Anna	359		K40	40	02:05:32	03:19:44.55	03:20:28.30	+01:48:53 (54.3%)	10:20	5.8 (45.7%)
316	WĄSIK Adam	691		M30	80	02:09:57	03:20:58.60	03:21:36.85	+01:50:01 (54.6%)	10:24	5.8 (45.7%)
317	WĄSIK Patrycja	489	OSTROBIEC	K30	43	02:09:57	03:21:02.55	03:21:38.60	+01:50:03 (54.6%)	10:24	5.8 (45.7%)
318	BISKUPSKI Tomasz	370	OSTROBIEC	M40	84	02:09:57	03:21:09.10	03:21:46.25	+01:50:11 (54.6%)	10:25	5.8 (45.7%)
319	MAJCHRZYK Aleksandra	672	JB WARSAW	K30	44	02:07:43	03:22:02.20	03:22:08.65	+01:50:33 (54.7%)	10:28	5.7 (44.9%)
320	ROMANOWSKA Ewa	664	JB WARSAW	K30	45	02:04:50	03:22:02.35	03:22:09.05	+01:50:34 (54.7%)	10:28	5.7 (44.9%)
321	CHORZĘPA Wojciech	701		M30	81	02:07:44	03:21:23.65	03:22:15.30	+01:50:40 (54.7%)	10:26	5.8 (45.7%)
322	NAWROCKA Natalia	498		K30	46	02:11:10	03:21:48.60	03:22:29.85	+01:50:54 (54.8%)	10:27	5.7 (44.9%)
323	KOJDER-MALICKA Olga	504	OSTROBIEC	K40	41	02:09:15	03:22:39.10	03:23:15.45	+01:51:40 (54.9%)	10:30	5.7 (44.9%)
324	WIECZOREK Monika	392		K40	42	02:09:40	03:23:15.45	03:23:26.55	+01:51:51 (55.0%)	10:31	5.7 (44.9%)
325	WIECZOREK Wioleta	373	ZABIEGANE STARACHOWICE	K30	47	02:09:39	03:23:15.65	03:23:26.60	+01:51:51 (55.0%)	10:31	5.7 (44.9%)
326	KOMISARCZUK Arkadiusz	481		M30	82	02:03:54	03:23:35.90	03:24:25.55	+01:52:50 (55.2%)	10:32	5.7 (44.9%)
327	POKROP Agnieszka	317	NATALIA TOMASIAK GÓRSKI STYL TEAM	K30	48	02:10:27	03:24:21.30	03:24:40.85	+01:53:05 (55.3%)	10:35	5.7 (44.9%)
328	KRAWCZYK Marcin	319		M30	83	02:10:32	03:24:20.85	03:24:40.90	+01:53:06 (55.3%)	10:35	5.7 (44.9%)
329	DĄBROWSKA Monika	730	RAK'N'ROLL	K40	43	02:15:10	03:24:01.10	03:24:46.55	+01:53:11 (55.3%)	10:34	5.7 (44.9%)
330	PERLAK Magdalena	399		K30	49	02:11:38	03:24:39.60	03:25:11.75	+01:53:36 (55.4%)	10:36	5.7 (44.9%)
331	KIJANKA Stanisław	579		M50	20	02:02:53	03:25:14.10	03:25:27.95	+01:53:53 (55.4%)	10:38	5.6 (44.1%)
332	CZECHOWSKA Magda	546		K40	44	02:15:00	03:25:16.05	03:25:28.40	+01:53:53 (55.4%)	10:38	5.6 (44.1%)
333	SŁOTWIŃSKA Sylwia	547	WYDOLNOSC.PL	K40	45	02:14:07	03:25:15.80	03:25:28.45	+01:53:53 (55.4%)	10:38	5.6 (44.1%)
334	MIROWSKA Agnieszka	734	FUNDACJA RAK'N'ROLL	K20	20	02:15:23	03:25:00.55	03:25:34.25	+01:53:59 (55.5%)	10:37	5.6 (44.1%)
335	TOMASZEWSKA Kasia	431	NAPRZÓD MŁOCINY	K40	46	02:11:56	03:25:25.65	03:25:35.60	+01:54:00 (55.5%)	10:38	5.6 (44.1%)
336	TOMASZEWSKI Daniel	438	NAPRZÓD MŁOCINY	M40	85	02:12:31	03:25:33.75	03:25:45.10	+01:54:10 (55.5%)	10:39	5.6 (44.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 11.5km	Czas netto 19.3km	Czas brutto 19.3km	Różn	Tempo min/km	Tempo km/h
337	GRZYB Beata	264	KOBIETY BIEGAJĄ	K40	47	02:16:51	03:25:24.30	03:25:50.40	+01:54:15 (55.5%)	10:38	5.6 (44.1%)
338	KULAWIŃSKI Marek	554		M50	21	02:16:16	03:25:12.35	03:26:07.70	+01:54:32 (55.6%)	10:37	5.6 (44.1%)
339	MENZEL Zofia	566	ULTRA DIABŁY TEAM LUBRZA	K60	1	02:09:25	03:25:49.50	03:26:13.15	+01:54:38 (55.6%)	10:39	5.6 (44.1%)
340	WISZNIOWSKA Małgorzata	738		K40	48	02:15:22	03:26:22.75	03:26:58.00	+01:55:23 (55.8%)	10:41	5.6 (44.1%)
341	RZĘDZIAN Marcin	391		M30	84	02:15:04	03:27:41.05	03:28:26.80	+01:56:51 (56.1%)	10:45	5.6 (44.1%)
342	RZĘDZIAN Beata	390	ŁĘCZNA BIEGA	K30	50	02:15:05	03:27:42.45	03:28:27.05	+01:56:52 (56.1%)	10:45	5.6 (44.1%)
343	MAKOWSKI Janusz	616	NIGHT RUNNERS	M60	4	02:11:18	03:28:15.80	03:28:41.90	+01:57:07 (56.1%)	10:47	5.6 (44.1%)
344	OCHREMIAK Aleksandra	381	MOKOBIEGACZE	K30	51	02:12:32	03:28:09.55	03:28:56.60	+01:57:21 (56.2%)	10:47	5.6 (44.1%)
345	WAŚOWSKA Jagoda	770	KS PEGAZ PIASECZNO	K50	8	02:17:41	03:28:35.45	03:29:24.55	+01:57:49 (56.3%)	10:48	5.6 (44.1%)
346	KSIĄŻEK Tomasz	527		M40	86	02:17:43	03:29:31.40	03:30:08.70	+01:58:33 (56.4%)	10:51	5.5 (43.3%)
347	KSIĄŻEK Danuta	526		K40	49	02:17:45	03:29:32.90	03:30:09.05	+01:58:34 (56.4%)	10:51	5.5 (43.3%)
348	PERLAN Robert	326	LESZNO TEAM	M40	87	02:15:18	03:30:09.05	03:30:36.85	+01:59:01 (56.5%)	10:53	5.5 (43.3%)
349	STANOSZEK Agnieszka	346	COCA-COLA RUNNERS	K50	9	02:14:06	03:30:46.00	03:31:21.25	+01:59:46 (56.7%)	10:55	5.5 (43.3%)
350	SIWEK Ola	315		K40	50	02:14:05	03:30:45.10	03:31:21.35	+01:59:46 (56.7%)	10:55	5.5 (43.3%)
351	ŁECHTAŃSKA Grażyna	520	KB WARTKO	K50	10	02:12:40	03:30:44.30	03:31:23.10	+01:59:48 (56.7%)	10:55	5.5 (43.3%)
352	JĘDRAS Łukasz	529		M40	88	02:11:34	03:31:03.85	03:31:33.45	+01:59:58 (56.7%)	10:56	5.5 (43.3%)
353	RADOMSKI Jakub	674	PRZEGLĄD SPORTOWY	M30	85	02:15:58	03:31:36.45	03:32:25.40	+02:00:50 (56.9%)	10:57	5.5 (43.3%)
354	OSTASZEWSKA Karolina	598		K30	52	02:16:01	03:31:52.35	03:32:40.20	+02:01:05 (56.9%)	10:58	5.5 (43.3%)
355	WRÓBLEWSKI Borys	571		M30	86	02:13:13	03:34:35.90	03:35:14.40	+02:03:39 (57.5%)	11:07	5.4 (42.5%)
356	WIŚNIEWSKA Anna	463	STREFA FIT	K30	53	02:18:24	03:34:30.50	03:35:23.75	+02:03:48 (57.5%)	11:06	5.4 (42.5%)
356	WARACHOWSKI Stefan	559	PELO RUNNER TEAM	M40	89	02:18:26	03:34:31.40	03:35:23.75	+02:03:48 (57.5%)	11:06	5.4 (42.5%)
358	KLAJA Agnieszka	700		K30	54	02:18:16	03:35:16.50	03:35:31.25	+02:03:56 (57.5%)	11:09	5.4 (42.5%)
359	KRYJAK Tomasz	551		M30	87	02:16:38	03:35:23.35	03:36:15.15	+02:04:40 (57.7%)	11:09	5.4 (42.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 11.5km	Czas netto 19.3km	Czas brutto 19.3km	Różn	Tempo min/km	Tempo km/h
360	PAWLAK Ewa	788	EWARMED	K40	51	02:19:40	03:35:25.75	03:36:20.90	+02:04:46 (57.7%)	11:09	5.4 (42.5%)
361	ZWIERZCHOWSKA Katarzyna	783		K40	52	02:19:19	03:36:22.30	03:36:49.65	+02:05:14 (57.8%)	11:12	5.4 (42.5%)
362	ZWIERZCHOWSKI Maciej	781	KUŹNIA TRIATHLONU	M40	90	02:19:20	03:36:22.65	03:36:49.85	+02:05:14 (57.8%)	11:12	5.4 (42.5%)
363	KURILEC Krzysztof	379	MATNER RUNNING TEAM	M50	22	02:23:00	03:36:13.20	03:36:52.95	+02:05:18 (57.8%)	11:12	5.4 (42.5%)
364	MALUHA Anna	684	JZDL	K40	53	02:21:56	03:36:48.90	03:37:15.95	+02:05:41 (57.8%)	11:13	5.3 (41.7%)
365	MAŁGORZATA Zdunek Małgorzata	446		K40	54	02:20:52	03:37:12.00	03:37:27.75	+02:05:52 (57.9%)	11:15	5.3 (41.7%)
366	TOMEČKO Jozef	550	NW - RUNING PREŠOV	M60	5	02:16:00	03:40:31.25	03:41:14.35	+02:09:39 (58.6%)	11:25	5.3 (41.7%)
367	MANIAKOWSKA Agnieszka	581	WYBIEGAJ SIEBIE	K40	55	02:34:23	03:41:14.15	03:41:27.75	+02:09:52 (58.6%)	11:27	5.2 (40.9%)
368	SZELAĞIEWICZ Magdalena	334		K30	55	02:30:07	03:40:40.40	03:41:30.55	+02:09:55 (58.7%)	11:26	5.2 (40.9%)
369	PECYNA Katarzyna	857		K40	56	02:23:35	03:41:00.55	03:41:45.25	+02:10:10 (58.7%)	11:27	5.2 (40.9%)
370	RÓŻAŃSKA Renata	409		K40	57	02:33:50	03:41:42.55	03:41:54.55	+02:10:19 (58.7%)	11:29	5.2 (40.9%)
371	MICHOŃ Artur	460	JESTEM W RUCHU	M50	23	02:21:01	03:41:49.45	03:42:01.65	+02:10:26 (58.8%)	11:29	5.2 (40.9%)
372	FRAIS-LIGAJ Agnieszka	606	NOLIMITS	K50	11	02:20:53	03:42:20.30	03:42:34.40	+02:10:59 (58.9%)	11:31	5.2 (40.9%)
373	MADEJ Katarzyna	626		K40	58	02:22:28	03:42:15.50	03:42:40.25	+02:11:05 (58.9%)	11:30	5.2 (40.9%)
374	KSIĄŻEK-WOŁYNIEC Magdalena	525		K40	59	02:24:32	03:42:11.80	03:42:45.45	+02:11:10 (58.9%)	11:30	5.2 (40.9%)
375	MALMON Agnieszka	733		K40	60	02:18:02	03:42:35.15	03:43:06.80	+02:11:31 (59.0%)	11:31	5.2 (40.9%)
376	ŚWIERAD-NOWAK Karolina	486		K30	56		03:43:16.00	03:43:16.00	+02:11:41 (59.0%)	11:34	5.2 (40.9%)
377	DROZDOWSKA Aneta	485		K40	61	02:21:35	03:42:46.70	03:43:16.15	+02:11:41 (59.0%)	11:32	5.2 (40.9%)
378	JARKIEWICZ-JANIK Małgorzata	653	WKURW_TEAM	K40	62	02:25:34	03:43:19.80	03:43:42.55	+02:12:07 (59.1%)	11:34	5.2 (40.9%)
379	BIELIK Radek	638		M40	91	02:25:34	03:43:19.80	03:43:42.85	+02:12:07 (59.1%)	11:34	5.2 (40.9%)
380	BEREDA Robert	771	WARSZAWA	M40	92	02:15:13	03:42:59.35	03:43:47.20	+02:12:12 (59.1%)	11:33	5.2 (40.9%)
381	GANDECKA Beata	459	MIĘDZYRZECKIE GAZELE	K40	63	02:29:11	03:43:38.90	03:43:54.45	+02:12:19 (59.1%)	11:35	5.2 (40.9%)
382	JOŃCZYK Emilia	637		K50	12	02:26:16	03:44:02.75	03:44:12.55	+02:12:37 (59.2%)	11:36	5.2 (40.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 11.5km	Czas netto 19.3km	Czas brutto 19.3km	Różn	Tempo min/km	Tempo km/h
383	ZABORSKA-JÓZEFIK Izabela	611		K50	13	02:26:12	03:44:03.45	03:44:12.65	+02:12:37 (59.2%)	11:36	5.2 (40.9%)
384	NOWAK Paulina	350	EPIC TEAM	K30	57	02:21:46	03:44:10.40	03:44:19.85	+02:12:44 (59.2%)	11:36	5.2 (40.9%)
385	HEJMEJ Kamila	308		K40	64	02:21:46	03:44:10.90	03:44:20.05	+02:12:45 (59.2%)	11:36	5.2 (40.9%)
386	SIPIERA Tomasz	633	GRUPALUKTRANS.PL	M50	24	02:23:01	03:44:36.25	03:44:50.80	+02:13:15 (59.3%)	11:38	5.2 (40.9%)
387	SZELAĞ Iwona	698		K30	58	02:23:01	03:44:37.85	03:44:50.85	+02:13:15 (59.3%)	11:38	5.2 (40.9%)
388	SZULENCKA Aleksandra	516	ZABIEGANI PO USZY	K30	59	02:25:10	03:44:54.30	03:45:12.30	+02:13:37 (59.3%)	11:39	5.1 (40.2%)
389	SADLOWSKA Magda	511	BIEGACZE SPECJALNEJ TROSKI	K40	65	02:24:32	03:44:39.35	03:45:13.00	+02:13:38 (59.3%)	11:38	5.2 (40.9%)
390	LEWANDOWSKA Monika	406		K40	66	02:33:47	03:47:38.25	03:47:51.70	+02:16:16 (59.8%)	11:47	5.1 (40.2%)
391	DUDA Justyna	383		K30	60	02:39:42	03:48:22.85	03:48:22.85	+02:16:47 (59.9%)	11:49	5.1 (40.2%)
392	TWARDOWSKI Wojciech	524	RUN BYDGOSZCZ	M50	25	02:24:24	03:48:07.85	03:48:58.90	+02:17:24 (60.0%)	11:49	5.1 (40.2%)
393	WŁODARCZYK Anna	769	SPARTA LUBLIN	K30	61	02:21:52	03:48:54.60	03:49:25.35	+02:17:50 (60.1%)	11:51	5.1 (40.2%)
394	KACPRZAK Kamil	699	GBY	M30	88	02:31:13	03:49:19.95	03:50:15.45	+02:18:40 (60.2%)	11:52	5 (39.4%)
395	ŁUSZCZYŃSKI Michał	389	SŁOŃCA JURY	M30	89	02:21:23	03:51:50.10	03:52:13.70	+02:20:38 (60.6%)	12:00	5 (39.4%)
396	KASZTELAN Artur	405	SŁOŃCA JURY	M40	93	02:21:23	03:51:53.85	03:52:18.35	+02:20:43 (60.6%)	12:00	5 (39.4%)
397	MICHALIK Jacek	361	SŁOŃCA JURY	M40	94	02:21:06	03:51:57.65	03:52:20.70	+02:20:45 (60.6%)	12:01	5 (39.4%)
398	BIENIEWSKA Agnieszka	401	WYBIEGAJ SIEBIE	K40	67	02:34:24	03:54:02.00	03:54:13.65	+02:22:38 (60.9%)	12:07	4.9 (38.6%)
399	CIBIOR Ewelina	421		K30	62	02:33:09	03:54:17.20	03:54:45.30	+02:23:10 (61.0%)	12:08	4.9 (38.6%)
400	TYLMAN Radosław	372		M30	90	02:32:14	03:53:59.65	03:54:45.90	+02:23:11 (61.0%)	12:07	4.9 (38.6%)
401	HAWROT Jakub	357	PROMATBUD	M30	91	02:27:01	03:55:30.60	03:56:10.55	+02:24:35 (61.2%)	12:12	4.9 (38.6%)
402	POŹNIAK-STYCZYŃSKA Maja	706	DDC	K30	63	02:24:19	03:55:45.80	03:56:18.20	+02:24:43 (61.2%)	12:12	4.9 (38.6%)
403	MARYNIAK Katarzyna	758	WYBIEGAJ SIEBIE	K40	68	02:34:46	03:56:17.20	03:56:31.05	+02:24:56 (61.3%)	12:14	4.9 (38.6%)
404	CHOLEWA Adam	620		M50	26	02:30:30	03:55:50.30	03:56:38.40	+02:25:03 (61.3%)	12:13	4.9 (38.6%)
405	FLOREK Paweł	597		M50	27	02:30:29	03:55:50.10	03:56:38.45	+02:25:03 (61.3%)	12:13	4.9 (38.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 11.5km	Czas netto 19.3km	Czas brutto 19.3km	Różn	Tempo min/km	Tempo km/h
406	SZELAĞIEWICZ Małgorzata	352		K40	69	02:30:06	03:55:56.50	03:56:46.95	+02:25:12 (61.3%)	12:13	4.9 (38.6%)
407	CZARNECKA Ilona	443	ŁOMIANKOWSKA GRUPA BIEGOWA	K40	70	02:36:38	03:59:10.00	03:59:38.25	+02:28:03 (61.8%)	12:23	4.8 (37.8%)
408	JAWORSKA Agnieszka	748		K40	71	02:38:37	03:59:46.35	03:59:58.35	+02:28:23 (61.8%)	12:25	4.8 (37.8%)
409	GASIK Wiola	395	STOWARZYSZENIE SPORTOWE SŁOŃCA JURY	K40	72	02:28:41	04:01:12.15	04:01:36.80	+02:30:01 (62.1%)	12:29	4.8 (37.8%)
410	LESIAKOWSKI Paweł	312	KRÓLOWIE ŻYCIA	M30	92	02:32:16	04:03:18.80	04:04:02.55	+02:32:27 (62.5%)	12:36	4.8 (37.8%)
411	WŁOSZCZYK-ŁOMIAK Magdalena	896		K50	14	02:34:33	04:04:13.90	04:04:56.50	+02:33:21 (62.6%)	12:39	4.7 (37.0%)
411	ŁOMIAK Piotr	899		M50	28	02:34:34	04:04:13.85	04:04:56.50	+02:33:21 (62.6%)	12:39	4.7 (37.0%)
413	JUSZKO Monika	580		K40	73	02:36:11	04:05:51.30	04:06:40.70	+02:35:05 (62.9%)	12:44	4.7 (37.0%)
414	JUSZKO Aleksandra	549		K20	21	02:36:23	04:06:32.60	04:07:21.65	+02:35:46 (63.0%)	12:46	4.7 (37.0%)
415	KAPAŁKA Bożena	545	GROMNIK RUN TEAM	K50	15	02:38:34	04:07:28.65	04:07:46.70	+02:36:11 (63.0%)	12:49	4.7 (37.0%)
416	BARRON Anna Lea	658		K30	64	02:34:22	04:07:44.60	04:08:06.90	+02:36:32 (63.1%)	12:50	4.7 (37.0%)
417	WIŚNIEWSKI Piotr	632	GBY	M30	93	02:31:12	04:07:59.55	04:08:54.95	+02:37:20 (63.2%)	12:50	4.7 (37.0%)
418	KOZŁOWSKI Bartłomiej	740	KKL KIELCE	M50	29	02:20:21	04:10:20.95	04:11:21.00	+02:39:46 (63.6%)	12:58	4.6 (36.2%)
419	MYSZYWODA Monika	726		K30	65	02:38:55	04:11:54.25	04:12:32.45	+02:40:57 (63.7%)	13:03	4.6 (36.2%)
420	RÓŻAŃSKA Katarzyna	462		K40	74	02:45:09	04:14:01.05	04:14:56.15	+02:43:21 (64.1%)	13:09	4.6 (36.2%)
421	BRZOSTOWSKA Jolanta	705		K50	16	02:45:10	04:14:01.35	04:14:56.25	+02:43:21 (64.1%)	13:09	4.6 (36.2%)
422	MANILA Antonio Ceasar	656		M30	94	02:44:20	04:14:49.05	04:15:10.25	+02:43:35 (64.1%)	13:12	4.5 (35.4%)
423	KASPRZAK Iwona	893	BIEGAJĄCY ŚWIDNIK	K30	66	02:38:17	04:15:06.90	04:15:47.95	+02:44:13 (64.2%)	13:13	4.5 (35.4%)
424	RUTKOWSKI Grzegorz	629	KLUB MATIEGO JEŻOWE	M50	30	02:39:10	04:20:12.20	04:20:43.05	+02:49:08 (64.9%)	13:28	4.5 (35.4%)
425	SKARBOWSKA Izabela	737	RAK'N'ROLL TEAM	K40	75	02:47:15	04:20:17.60	04:20:50.05	+02:49:15 (64.9%)	13:29	4.4 (34.6%)
426	WARDA Agnieszka	680	SPARTA LUBLIN	K40	76	02:57:26	04:21:09.50	04:21:40.65	+02:50:05 (65.0%)	13:31	4.4 (34.6%)
427	MALEC Basia	515	SPARTA LUBLIN	K50	17	02:57:27	04:21:11.50	04:21:41.45	+02:50:06 (65.0%)	13:31	4.4 (34.6%)
428	SZMIGIELSKI Maciej	461		M40	95	02:43:56	04:21:34.40	04:22:27.00	+02:50:52 (65.1%)	13:33	4.4 (34.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 11.5km	Czas netto 19.3km	Czas brutto 19.3km	Różn	Tempo min/km	Tempo km/h
429	DROSIO Katarzyna	358		K40	77	02:43:58	04:21:35.00	04:22:27.10	+02:50:52 (65.1%)	13:33	4.4 (34.6%)
430	MICHALCZEWSKA Weronika	794		K30	67	02:44:37	04:22:28.60	04:22:39.10	+02:51:04 (65.1%)	13:35	4.4 (34.6%)
431	RAGAN Damian	623		M50	31	02:44:44	04:22:28.15	04:22:39.45	+02:51:04 (65.1%)	13:35	4.4 (34.6%)
432	BIJAK Agnieszka	787		K40	78	02:47:16	04:23:00.15	04:23:30.40	+02:51:55 (65.2%)	13:37	4.4 (34.6%)
433	OLCZYK Anna	329		K50	18	02:50:10	04:23:22.20	04:23:42.95	+02:52:08 (65.3%)	13:38	4.4 (34.6%)
434	DĄBROWSKA Daria	519	NEW4YOU TEAM	K30	68	02:48:23	04:27:52.80	04:28:20.50	+02:56:45 (65.9%)	13:52	4.3 (33.9%)
435	JANKOWSKA Magdalena	753	KOŁO BIEGA	K30	69	02:48:20	04:27:52.55	04:28:20.85	+02:56:45 (65.9%)	13:52	4.3 (33.9%)
436	FABIAŃSKI Czesław	342	SUPERMARATON KALISZ	M60	6	02:55:11	04:28:09.55	04:28:33.15	+02:56:58 (65.9%)	13:53	4.3 (33.9%)
437	KOBYŁKA Małgorzata	487	SUPERMARATON KALISZ	K50	19	02:55:12	04:28:11.35	04:28:33.35	+02:56:58 (65.9%)	13:53	4.3 (33.9%)
438	KUNA Aleksandra	1888		K30	70	02:50:42	04:29:03.40	04:29:48.70	+02:58:13 (66.1%)	13:56	4.3 (33.9%)
439	MYŚLIŃSKA Olga	735	RAK'N'ROLL	K40	79	02:50:37	04:29:03.95	04:29:50.10	+02:58:15 (66.1%)	13:56	4.3 (33.9%)
440	MACIEJEWSKI Jacek	732	RAK'N'ROLL	M50	32	02:50:41	04:29:05.45	04:29:52.00	+02:58:17 (66.1%)	13:56	4.3 (33.9%)
441	BALLEK Vladimír	548	NW PREŠOV - SKALITE	M60	7	02:50:07	04:32:49.80	04:33:36.15	+03:02:01 (66.5%)	14:08	4.2 (33.1%)
442	KULLA Milan	384	LK METROPOL KOŠICE	M60	8	02:50:50	04:33:33.40	04:33:36.30	+03:02:01 (66.5%)	14:10	4.2 (33.1%)
443	WOLNIEWICZ Joanna	404	BRODEX TEAM SWARZĘDZ / MORSY SWARZĘDZ	K50	20	02:53:53	04:34:34.20	04:35:20.75	+03:03:45 (66.7%)	14:13	4.2 (33.1%)
444	SKUBISZA Andrzej	382		M50	33	02:53:54	04:34:34.65	04:35:20.90	+03:03:46 (66.7%)	14:13	4.2 (33.1%)
445	KOWALIK Grzegorz	561	RUNOWO RANGERS	M50	34	02:49:33	04:37:07.90	04:37:38.15	+03:06:03 (67.0%)	14:21	4.2 (33.1%)
446	DRATWICKA Agnieszka	560	12TRI.PL	K50	21	02:49:34	04:37:09.25	04:37:39.20	+03:06:04 (67.0%)	14:21	4.2 (33.1%)
447	KARASIŃSKA Elżbieta	328	WYBIEGAJ SIEBIE	K50	22	03:00:02	04:39:34.40	04:39:48.50	+03:08:13 (67.3%)	14:29	4.1 (32.3%)
448	CIEŚLIKOWSKA Barbara	665	WYBIEGAJ SIEBIE	K40	80	02:59:53	04:41:08.35	04:41:20.10	+03:09:45 (67.4%)	14:33	4.1 (32.3%)
449	GNIADEK Elżbieta	455	WYBIEGAJ SIEBIE	K30	71	02:59:51	04:41:33.55	04:41:44.05	+03:10:09 (67.5%)	14:35	4.1 (32.3%)
	GAJDA Błażej	661		M30		01:40:36 DNF	DNF	DNF	-	-	(0.0%)
	NABIALEK Michał	394	SŁOŃCA JURY	M30		02:14:15 DNF	DNF	DNF	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 11.5km	Czas netto 19.3km	Czas brutto 19.3km	Różn	Tempo min/km	Tempo km/h
	WALASEK Przemysław	590		M30		02:20:59 DNF	DNF	DNF		-	- (0.0%)
	PACHUT Jerzy	610	BUTYJANA.PL	M20		DNF	DNF	DNF		-	- (0.0%)

Znaleziono 453 wynik(ów)