

Wydarzenie: PIENINY ULTRA-TRAIL®
Organizator: Fundacja Strefa Przygód
Data: 2024-04-20
Miejsce: Szczawnica
Dystans: 20.6 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką 12.4km	20.2km	Czas netto 20.6km	Czas brutto 20.6km	Różn	Tempo min/km	Tempo km/h
1	TABOR Dominik	563	HOKA GARMIN TEAM/SBG SALCO	M20	1	MP	00:54:13	01:24:32	01:25:17.75	01:25:19.15		4:08	14.5 (100%)
2	LEPIARZ Sylwester	4040	LKB RUDNIK	M30	1	MP	00:56:30	01:28:22	01:29:02.25	01:29:03.80	+00:03:44 (4.2%)	4:19	13.9 (95.9%)
3	GORZELAŃCZYK Jakub	986	MKS SIECHNICE	M30	2	MP	00:57:06	01:28:30	01:29:07.55	01:29:09.75	+00:03:50 (4.3%)	4:19	13.9 (95.9%)
4	KUROPATWA Gabriel	1200	SBG SALCO	M20	2	MP	00:57:09	01:28:38	01:29:17.60	01:29:19.20	+00:04:00 (4.5%)	4:20	13.8 (95.2%)
5	KACZOR Jan	1194	SALOMON TEAM	M20	3	MP	00:58:09	01:30:15	01:30:56.60	01:30:57.90	+00:05:38 (6.2%)	4:24	13.6 (93.8%)
6	KLIMCZAK Mikołaj	1141	PRZEDWOJEWSKI TEAM	M30	3	MP	00:58:51	01:32:27	01:33:06.75	01:33:08.80	+00:07:49 (8.4%)	4:31	13.3 (91.7%)
7	DUDCZAK Michał	1222	KS VERTICAL RYTRO	M20	4	MP	00:59:52	01:32:48	01:33:34.60	01:33:36.00	+00:08:16 (8.8%)	4:32	13.2 (91.0%)
8	PAWLIK Paweł	1066	ALPIN SPORT TEAM	M30	4		00:59:35	01:33:09	01:33:51.90	01:33:54.50	+00:08:35 (9.1%)	4:33	13.2 (91.0%)
9	DULSKI Daniel	1250	STAŃCZAK TEAM	M30	5	MP	00:59:35	01:33:16	01:33:54.95	01:33:56.50	+00:08:37 (9.2%)	4:33	13.2 (91.0%)
10	JAŚTAŁ Piotr	1232	LKB RUDNIK/NON STOP TRAIL	M30	6	MP	01:00:51	01:35:43	01:36:27.25	01:36:29.00	+00:11:09 (11.6%)	4:40	12.8 (88.3%)
11	SYROWY Janusz	994		M30	7		01:01:52	01:36:45	01:37:32.50	01:37:35.40	+00:12:16 (12.6%)	4:44	12.7 (87.6%)
12	GABRYŚ Rafał	591	STAŃCZAK TEAM	M30	8		01:02:04	01:36:52	01:37:41.00	01:37:43.85	+00:12:24 (12.7%)	4:44	12.7 (87.6%)
13	KUNZ Marcin	650	.	M20	5	MP	01:02:46	01:37:18	01:38:04.40	01:38:06.70	+00:12:47 (13.0%)	4:45	12.6 (86.9%)
14	BŁAŻ Mateusz	957	PRZEMYSKI KLUB BIEGACZA	M30	9		01:03:18	01:38:04	01:38:50.75	01:38:53.55	+00:13:34 (13.7%)	4:47	12.5 (86.2%)
15	GOŁĘBIEWSKI Michał	1046	DREAM-BIKE BIELAWA	M40	1		01:03:21	01:38:26	01:39:15.95	01:39:17.95	+00:13:58 (14.1%)	4:49	12.5 (86.2%)
16	KUBASZCZYK Kamil	609		M20	6	MP	01:03:18	01:38:48	01:39:36.50	01:39:38.40	+00:14:19 (14.4%)	4:50	12.4 (85.5%)
17	BIEL Szymon	648	MKS ŻYWIEC	M30	10	MP	01:03:15	01:39:09	01:40:01.50	01:40:04.40	+00:14:45 (14.7%)	4:51	12.4 (85.5%)
18	WOJSŁAW Bartłomiej	1098		M40	2	MP	01:03:22	01:39:55	01:40:50.00	01:40:52.45	+00:15:33 (15.4%)	4:53	12.3 (84.8%)
19	DUDA Sebastian	601		M20	7		01:04:25	01:40:34	01:41:15.35	01:41:18.10	+00:15:58 (15.8%)	4:54	12.2 (84.1%)
20	JACHYMIAK Robert	1131	SPECJALISTYCZNY GABINET REHABILITACJI DZIECI	M40	3		01:04:58	01:41:14	01:41:55.85	01:41:57.40	+00:16:38 (16.3%)	4:56	12.1 (83.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto		Czas brutto		Tempo min/km	Tempo km/h
							12.4km	20.2km	20.6km	20.6km	Różn			
21	GRUDZIEŃ Kamil	1103	BANDA GRUDNIA	M40	4		01:05:55	01:41:26	01:42:12.55	01:42:15.00	+00:16:55 (16.6%)	4:57	12.1 (83.4%)	
22	STANEK Patrycja	637		K20	1	MP	01:05:45	01:41:25	01:42:12.35	01:42:15.25	+00:16:56 (16.6%)	4:57	12.1 (83.4%)	
23	KNAPIK Sebastian	1142	BUTYJANA.PL	M30	11		01:06:52	01:42:37	01:43:27.35	01:43:29.35	+00:18:10 (17.6%)	5:01	11.9 (82.1%)	
24	PACHUT Jerzy	645	ASICS FRONTRUNNER / SERCE BESKIDU	M20	8	MP	01:05:34	01:43:14	01:44:02.55	01:44:05.30	+00:18:46 (18.0%)	5:03	11.9 (82.1%)	
25	ŚWIRGOŃ Adam	643	TRENERBIEGANIA.PL	M30	12	MP	01:04:11	01:44:09	01:44:51.55	01:44:52.95	+00:19:33 (18.7%)	5:05	11.8 (81.4%)	
26	WOJNICKI Kamil	988	POWER CANVAS	M30	13		01:05:42	01:44:09	01:44:58.95	01:44:58.95	+00:19:39 (18.7%)	5:05	11.8 (81.4%)	
27	BULANDA Damian	1185		M30	14	MP	01:07:57	01:45:06	01:45:54.85	01:45:57.35	+00:20:38 (19.5%)	5:08	11.7 (80.7%)	
28	PAJĄK Bartłomiej	519	MARKOWI BIEGACZE	M30	15		01:07:26	01:45:18	01:45:57.65	01:45:59.70	+00:20:40 (19.5%)	5:08	11.7 (80.7%)	
29	BOCZAR Bartłomiej	949	KWK BUDRYK	M20	9		01:08:30	01:46:25	01:47:09.15	01:47:13.35	+00:21:54 (20.4%)	5:12	11.5 (79.3%)	
30	JANUSZ Jakub	1067		M30	16		01:09:42	01:46:33	01:47:22.70	01:47:26.10	+00:22:06 (20.6%)	5:12	11.5 (79.3%)	
31	KOWAL Amadeusz	510	NAPRZÓD MŁOCINY	M30	17		01:09:32	01:46:38	01:47:29.00	01:47:34.05	+00:22:14 (20.7%)	5:13	11.5 (79.3%)	
32	BAZUŁKA Aleksandra	1233	HOKA GARMIN TEAM	K20	2	MP	01:09:32	01:47:29	01:48:15.50	01:48:18.75	+00:22:59 (21.2%)	5:15	11.4 (78.6%)	
33	GRAJ Arkadiusz	971	BANDA GRUDNIA	M30	18		01:09:33	01:47:57	01:48:53.05	01:48:55.55	+00:23:36 (21.7%)	5:17	11.4 (78.6%)	
34	SZKOŁA Wojciech	548	NATURAL BORN RUNNERS	M30	19		01:08:38	01:48:22	01:49:11.90	01:49:15.65	+00:23:56 (21.9%)	5:18	11.3 (77.9%)	
35	CZAJKA Krzysiek	955	EAZYMUT.PL	M30	20		01:09:26	01:49:07	01:49:56.10	01:50:01.15	+00:24:42 (22.5%)	5:20	11.2 (77.2%)	
36	TYNUS Grzegorz	555	ELTYN	M40	5		01:10:45	01:49:43	01:50:28.70	01:50:33.35	+00:25:14 (22.8%)	5:21	11.2 (77.2%)	
37	FIRLEJ Marek	732	POWOLI DO CELU	M30	21		01:08:50	01:49:41	01:50:35.00	01:50:40.65	+00:25:21 (22.9%)	5:22	11.2 (77.2%)	
38	KOMINKO Maciej	1207		M30	22		01:09:34	01:49:44	01:50:39.40	01:50:42.80	+00:25:23 (22.9%)	5:22	11.2 (77.2%)	
39	DUL Karolina	1020	SBG SALCO	K20	3	MP	01:11:05	01:49:56	01:50:41.20	01:50:44.75	+00:25:25 (23.0%)	5:22	11.2 (77.2%)	
40	CHROBACZYŃSKI Rafał	602		M30	23		01:10:54	01:49:50	01:50:40.55	01:50:49.25	+00:25:30 (23.0%)	5:22	11.2 (77.2%)	
41	KIEŁBOŃ Michał	1007	PRZEWORSKA GRUPA BIEGOWA	M30	24		01:10:25	01:50:26	01:51:08.40	01:51:08.40	+00:25:49 (23.2%)	5:23	11.1 (76.6%)	
42	ZAJĄC Marcin	917	MOUNTAIN RUNNING GUIDES	M30	25		01:10:14	01:50:21	01:51:13.60	01:51:18.40	+00:25:59 (23.3%)	5:23	11.1 (76.6%)	
43	KUPIJAJ Marcin	589	SOCIOS SILESIA	M30	26		01:11:56	01:51:16	01:52:03.45	01:52:12.20	+00:26:53 (24.0%)	5:26	11 (75.9%)	
44	CZARNOTA Dariusz	1000		M30	27		01:10:17	01:51:43	01:52:33.20	01:52:36.35	+00:27:17 (24.2%)	5:27	11 (75.9%)	
45	KIEŁT Andrzej	607	#ADAMCZERWIŃSKITEAM	M40	6		01:12:19	01:51:43	01:52:30.60	01:52:41.00	+00:27:21 (24.3%)	5:27	11 (75.9%)	
46	MASTERNAK Mariusz	766	ANNA HALSKA COACHING	M30	28		01:12:35	01:52:52	01:53:37.25	01:53:37.25	+00:28:18 (24.9%)	5:30	10.9 (75.2%)	
47	CZYŻKOWSKI Rafał	716	CHŁOPAKI Z NIZIN	M40	7		01:11:55	01:52:53	01:53:41.60	01:53:45.25	+00:28:26 (25.0%)	5:31	10.9 (75.2%)	
48	MARCHUK Wioletta	1209	SBG SALCO NIEPOŁOMICE	K30	1	MP	01:13:54	01:53:02	01:53:48.60	01:53:53.80	+00:28:34 (25.1%)	5:31	10.9 (75.2%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto 20.6km	Czas brutto 20.6km	Tempo min/km	Tempo km/h	
							12.4km	20.2km					Różn
49	TOMASIAK Natalia	4041	SALOMON SUUNTO TEAM	K30	2		01:12:40	01:53:02	01:53:55.40	01:54:00.60	+00:28:41 (25.2%)	5:31	10.9 (75.2%)
50	NOWAKOWSKA Anna	4100		K30	3		01:12:40	01:53:53	01:54:43.90	01:54:47.90	+00:29:28 (25.7%)	5:34	10.8 (74.5%)
51	KRASZPULSKA Magdalena	819	KS PREFBET SONALOR	K30	4	MP	01:13:57	01:54:18	01:55:07.05	01:55:12.85	+00:29:53 (25.9%)	5:35	10.7 (73.8%)
52	PAŁKA Mariusz	841	KB PARANTELA	M40	8		01:13:27	01:54:35	01:55:21.75	01:55:24.95	+00:30:05 (26.1%)	5:35	10.7 (73.8%)
53	BUCZYŃSKI Adam	795	NON STOP TRAIL	M40	9		01:12:30	01:54:37	01:55:37.35	01:55:46.05	+00:30:26 (26.3%)	5:36	10.7 (73.8%)
54	SEDIVY Martin	573	RUNNING A FITNESS PIENINY	M40	10		01:14:00	01:54:57	01:55:45.90	01:55:49.40	+00:30:30 (26.3%)	5:37	10.7 (73.8%)
55	GRODZKI Sebastian	877		M40	11		01:14:27	01:55:16	01:56:09.15	01:56:13.05	+00:30:53 (26.6%)	5:38	10.6 (73.1%)
56	BŁASZYK Mateusz	1097	BETONOWY WOJTEK	M30	29		01:14:58	01:55:29	01:56:20.70	01:56:23.90	+00:31:04 (26.7%)	5:38	10.6 (73.1%)
57	KOCOŃ Justyna	579	TRAIL IS OUR WAY	K20	4	MP	01:14:43	01:56:15	01:57:06.45	01:57:12.35	+00:31:53 (27.2%)	5:41	10.6 (73.1%)
58	PACIA Szymon	564	ZATYRANI GRATISOWNIA.PL GMINA PILCHOWICE	M30	30		01:14:42	01:56:40	01:57:25.20	01:57:31.20	+00:32:12 (27.4%)	5:41	10.5 (72.4%)
59	KORZONEK Marcin	1051	SPRINT GORZYCE	M40	12		01:14:08	01:56:51	01:57:41.20	01:57:45.50	+00:32:26 (27.5%)	5:42	10.5 (72.4%)
60	PIETRZAK Jacek	1015		M30	31		01:17:07	01:57:42	01:58:31.70	01:58:40.70	+00:33:21 (28.1%)	5:45	10.4 (71.7%)
61	NYKIEL Mariusz	736	SOCIOS SILESIA	M30	32		01:17:44	01:58:21	01:59:08.95	01:59:17.85	+00:33:58 (28.5%)	5:46	10.4 (71.7%)
62	TRAWKA Bartłomiej	1057	DELOITTE ADVENTURE TEAM	M30	33		01:16:33	01:58:50	01:59:34.20	01:59:44.75	+00:34:25 (28.7%)	5:48	10.3 (71.0%)
63	PĘKALA Michał	561	MOUNTAIN RUNNING GUIDES / PĘKAŁÓWKA	M30	34		01:16:04	01:58:52	01:59:40.55	01:59:46.85	+00:34:27 (28.8%)	5:48	10.3 (71.0%)
64	GOLA Magda	585	TRAIL IS OUR WAY	K30	5	MP	01:16:32	01:59:08	01:59:59.85	01:59:59.85	+00:34:40 (28.9%)	5:49	10.3 (71.0%)
65	NOWAK Filip	1154	HIGHALTITUDECOUPLE	M30	35		01:16:41	01:59:09	01:59:59.85	02:00:02.60	+00:34:43 (28.9%)	5:49	10.3 (71.0%)
66	URBAŃSKI Leszek	605	POCO LOCO ADVENTURE TEAM	M30	36		01:15:59	01:59:11	02:00:03.00	02:00:09.95	+00:34:50 (29.0%)	5:49	10.3 (71.0%)
67	SZATANIK Zbigniew	1168		M50	1		01:14:45	01:59:15	02:00:18.20	02:00:18.20	+00:34:59 (29.1%)	5:50	10.3 (71.0%)
68	BOCHENEK Magdalena	1032	G.O.A.T. TEAM MICHAŁOWICE	K30	6		01:17:44	01:59:50	02:00:45.45	02:00:48.95	+00:35:29 (29.4%)	5:51	10.2 (70.3%)
69	ALTEWĘGIER Jarosław	512	AW - SZYBCIEJ - TEAM	M40	13		01:17:48	02:00:04	02:00:58.40	02:01:04.65	+00:35:45 (29.5%)	5:52	10.2 (70.3%)
70	STYPKA Amadeusz	1048		M30	37		01:15:24	02:01:01	02:01:52.55	02:01:56.90	+00:36:37 (30.0%)	5:54	10.1 (69.7%)
71	MAZAN Beata	995	FINISZ RYMANÓW	K30	7	MP	01:16:18	02:01:01	02:01:56.20	02:01:59.70	+00:36:40 (30.1%)	5:55	10.1 (69.7%)
72	MAZGAJSKI Michał	872		M40	14		01:18:27	02:01:19	02:02:03.25	02:02:17.75	+00:36:58 (30.2%)	5:55	10.1 (69.7%)
73	DU CZMAL Dominika	572	AW-SZYBCIEJ-TEAM	K20	5		01:19:22	02:01:26	02:02:14.65	02:02:20.80	+00:37:01 (30.3%)	5:56	10.1 (69.7%)
74	GAIK Natalia	1002		K20	6	MP	01:18:10	02:01:58	02:02:55.00	02:02:59.60	+00:37:40 (30.6%)	5:58	10.1 (69.7%)
75	KUCHTA Maria	1134	STAJNIAK TEAM	K20	7	MP	01:18:35	02:02:13	02:03:02.35	02:03:06.35	+00:37:47 (30.7%)	5:58	10 (69.0%)
76	KOWALSKI Łukasz	836	ECO ENERGY POLAND	M20	10		01:18:06	02:02:15	02:03:10.70	02:03:17.00	+00:37:57 (30.8%)	5:58	10 (69.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto 20.6km	Czas brutto 20.6km	Różn	Tempo min/km	Tempo km/h
							12.4km	20.2km					
77	BANASIUK Maciej	1125	BIEGACZ Z MARSA	M50	2		01:18:35	02:02:42	02:03:32.45	02:03:36.55	+00:38:17 (31.0%)	5:59	10 (69.0%)
78	BOSAK Dominik	576	GÓRKA TEAM	M30	38		01:17:53	02:02:44	02:03:35.00	02:03:43.35	+00:38:24 (31.0%)	5:59	10 (69.0%)
79	KUCHARSKI Robert	1096	BIEGAM NA STABŁOWICACH	M40	15		01:19:17	02:02:46	02:03:36.20	02:03:47.25	+00:38:28 (31.1%)	6:00	10 (69.0%)
80	GÓRALIK Sylwia	1171	KS DOLIN MYŚLENICE	K40	1		01:19:33	02:02:52	02:03:45.95	02:03:48.85	+00:38:29 (31.1%)	6:00	10 (69.0%)
81	ORĘZIAK Tomasz	717		M20	11		01:19:44	02:02:54	02:03:44.90	02:03:51.70	+00:38:32 (31.1%)	6:00	10 (69.0%)
82	PAJAŁK Alan	1076	ZIELONA MANUFAKTURA TEAM	M30	39		01:17:27	02:03:32	02:04:20.30	02:04:24.05	+00:39:04 (31.4%)	6:02	9.9 (68.3%)
83	FIRLEJ Krzysztof	665	SKAZANI NA ZWYCIĘSTWO	M40	16		01:18:20	02:03:41	02:04:32.85	02:04:37.75	+00:39:18 (31.5%)	6:02	9.9 (68.3%)
84	GRABKA Rafał	983		M40	17		01:18:57	02:03:30	02:04:26.15	02:04:57.05	+00:39:37 (31.7%)	6:02	9.9 (68.3%)
85	PELA Dariusz	1166	PURGA	M40	18		01:20:12	02:04:10	02:05:04.40	02:05:21.40	+00:40:02 (31.9%)	6:04	9.9 (68.3%)
86	LEMISIEWICZ Tomasz	893		M40	19		01:21:31	02:05:19	02:06:08.70	02:06:23.45	+00:41:04 (32.5%)	6:07	9.8 (67.6%)
87	POWROŹNIK Grzegorz	610	KW KRAKÓW	M30	40		01:19:12	02:05:39	02:06:32.55	02:06:36.85	+00:41:17 (32.6%)	6:08	9.8 (67.6%)
88	POSPISZYL Jakub	754	DOBRA PALARNIA KAWY	M30	41		01:21:35	02:05:59	02:06:41.70	02:06:48.30	+00:41:29 (32.7%)	6:08	9.8 (67.6%)
89	CZELEŃ Mateusz	1021	ZAMIELSKI TEAM	M30	42		01:19:42	02:05:54	02:06:39.45	02:06:50.65	+00:41:31 (32.7%)	6:08	9.8 (67.6%)
90	SZMIGIEL Klaudia	4082	UMKS NADIR JĘDRZEJÓW	K20	8	MP	01:21:33	02:06:16	02:07:03.55	02:07:07.75	+00:41:48 (32.9%)	6:10	9.7 (66.9%)
91	SKRZYPEK Krzysztof	1039	RUN 4 FUN	M30	43		01:22:35	02:06:26	02:07:16.75	02:07:36.40	+00:42:17 (33.1%)	6:10	9.7 (66.9%)
92	SIMKA Kamil	553	FORREST GUMP TEAM	M40	20		01:22:11	02:06:38	02:07:33.60	02:07:47.50	+00:42:28 (33.2%)	6:11	9.7 (66.9%)
93	ZIELIŃSKI Piotr	1086	SII RUNNING TEAM	M30	44		01:21:52	02:07:16	02:08:05.05	02:08:12.85	+00:42:53 (33.5%)	6:13	9.6 (66.2%)
94	SZCZEPAŃSKI Bartosz	690	REBELS RUNNING TEAM	M30	45		01:16:08	02:07:24	02:08:17.95	02:08:17.95	+00:42:58 (33.5%)	6:13	9.6 (66.2%)
95	CIERPIAŁEK Jakub	635	#ADAMCZERWIŃSKITEAM	M30	46		01:21:38	02:07:22	02:08:13.35	02:08:18.65	+00:42:59 (33.5%)	6:13	9.6 (66.2%)
96	KOZIOŁ Weronika	1041	N/A	K30	8		01:22:40	02:07:22	02:08:16.60	02:08:20.60	+00:43:01 (33.5%)	6:13	9.6 (66.2%)
97	GRZANKA Martyna	678	RUNPROGRESS.PL TEAM	K40	2	MP	01:20:21	02:07:20	02:08:19.65	02:08:26.60	+00:43:07 (33.6%)	6:13	9.6 (66.2%)
98	BRZOZOWSKI Jan	513		M20	12		01:20:32	02:07:30	02:08:23.75	02:08:32.40	+00:43:13 (33.6%)	6:13	9.6 (66.2%)
99	WOLNA Natalia	1090	RUNPROGRESS	K20	9	MP	01:22:57	02:08:04	02:08:48.90	02:08:55.65	+00:43:36 (33.8%)	6:15	9.6 (66.2%)
100	GAJECKI Kacper	788		M20	13		01:22:21	02:08:14	02:09:05.85	02:09:21.00	+00:44:01 (34.0%)	6:15	9.6 (66.2%)
101	JAMA Damian	1150		M30	47		01:21:26	02:08:12	02:09:05.70	02:09:29.30	+00:44:10 (34.1%)	6:15	9.6 (66.2%)
102	KLONOWICZ Patrycja	1152		K20	10		01:22:56	02:08:33	02:09:25.50	02:09:34.15	+00:44:15 (34.2%)	6:16	9.6 (66.2%)
103	MRÓWKA Michał	1064	OBOZY GÓRSKIE	M30	48		01:20:46	02:08:32	02:09:33.75	02:09:37.80	+00:44:18 (34.2%)	6:17	9.5 (65.5%)
104	WĘGIEL Marcin	1105	PKO BANK POLSKI	M30	49		01:23:02	02:08:39	02:09:52.60	02:09:56.50	+00:44:37 (34.3%)	6:18	9.5 (65.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto 20.6km	Czas brutto 20.6km	Tempo min/km	Tempo km/h	
							12.4km	20.2km					Różn
105	LUTY LEGUTKO Anka	1156	#ADAMCZERWIŃSKITEAM	K40	3		01:22:21	02:09:05	02:09:58.50	02:10:04.20	+00:44:45 (34.4%)	6:18	9.5 (65.5%)
106	POLTORAK Sylwester	946	EVIL TEAM	M40	21		01:17:06	02:09:10	02:10:03.00	02:10:06.55	+00:44:47 (34.4%)	6:18	9.5 (65.5%)
107	CHEŁMIŃSKA Katarzyna	693	UKS TECHNIK AUGUSTÓW	K20	11	MP	01:20:32	02:08:59	02:10:00.15	02:10:07.85	+00:44:48 (34.4%)	6:18	9.5 (65.5%)
108	DŁUGOSZ-STĘPNIAK Agnieszka	1136		K30	9	MP	01:23:05	02:09:09	02:10:08.00	02:10:13.30	+00:44:54 (34.5%)	6:19	9.5 (65.5%)
109	GRZYBEK Antoni	954		M50	3		01:22:57	02:09:19	02:10:19.00	02:10:25.90	+00:45:06 (34.6%)	6:19	9.5 (65.5%)
110	STAWICKI Jacek	854	ŁÓDŹ KOCHA SPORT	M40	22		01:22:34	02:09:06	02:09:55.15	02:10:27.65	+00:45:08 (34.6%)	6:18	9.5 (65.5%)
111	ŚPIEWAK Radosław	700	MŁYNARCZYK ENDURANCE TEAM	M40	23		01:24:07	02:09:22	02:10:16.95	02:10:30.20	+00:45:11 (34.6%)	6:19	9.5 (65.5%)
112	WIEJAK Marlena	669	KOBIETY BIEGAJĄ LUBLIN	K30	10		01:22:15	02:09:32	02:10:27.10	02:10:35.15	+00:45:16 (34.7%)	6:19	9.5 (65.5%)
113	MIĄSIK Tomasz	592	NONAME	M40	24		01:24:58	02:10:16	02:11:07.20	02:11:17.75	+00:45:58 (35.0%)	6:21	9.4 (64.8%)
114	KONIK Diana	1031		K30	11		01:24:37	02:10:34	02:11:28.35	02:11:39.55	+00:46:20 (35.2%)	6:22	9.4 (64.8%)
115	PIETRUCHA Łukasz	539	42K PRO TEAM	M30	50		01:23:59	02:10:45	02:11:38.25	02:11:45.65	+00:46:26 (35.2%)	6:23	9.4 (64.8%)
116	WYSOCKI Marcin	1013	POLPLAST BIEGA	M50	4		01:23:21	02:11:07	02:12:06.05	02:12:10.35	+00:46:51 (35.4%)	6:24	9.4 (64.8%)
117	RAKOCZY Krzysztof	944		M30	51		01:23:13	02:11:15	02:12:10.40	02:12:18.50	+00:46:59 (35.5%)	6:24	9.4 (64.8%)
118	IWASZCZYSHYN Tomasz	683		M30	52		01:24:32	02:11:39	02:12:37.65	02:12:48.70	+00:47:29 (35.8%)	6:26	9.3 (64.1%)
119	HURAS Monika	521	MŁYNARCZYK ENDURANCE TEAM	K30	12		01:24:27	02:11:43	02:12:41.25	02:12:49.50	+00:47:30 (35.8%)	6:26	9.3 (64.1%)
120	KUBALA Łukasz	722	ORT	M40	25		01:25:32	02:12:00	02:12:47.40	02:13:05.65	+00:47:46 (35.9%)	6:26	9.3 (64.1%)
121	OLEJARNIK Łukasz	1158	ITMBW KRAKÓW	M30	53		01:24:13	02:12:00	02:12:50.50	02:13:14.05	+00:47:54 (36.0%)	6:26	9.3 (64.1%)
122	ZASINA Sebastian	925	RUBEZAHN TEAM	M40	26		01:25:00	02:12:33	02:13:23.05	02:13:30.70	+00:48:11 (36.1%)	6:28	9.3 (64.1%)
123	LUDYNIA Łukasz	1210	STG WARSZAWA	M20	14		01:26:25	02:12:46	02:13:36.65	02:13:47.85	+00:48:28 (36.2%)	6:29	9.3 (64.1%)
124	SZCZĘSNA Edyta	1003		K30	13		01:25:31	02:13:01	02:13:52.10	02:13:58.25	+00:48:39 (36.3%)	6:29	9.2 (63.4%)
125	SKALSKA Anna	590	ALPIN SPORT TEAM	K40	4	MP	01:23:53	02:12:55	02:13:56.70	02:14:02.50	+00:48:43 (36.3%)	6:30	9.2 (63.4%)
126	GOŁAWSKI Łukasz	846		M30	54		01:25:04	02:12:44	02:13:40.35	02:14:05.60	+00:48:46 (36.4%)	6:29	9.2 (63.4%)
127	GRZEGOREK Paweł	599	PIESKOMANDOS	M40	27		01:25:11	02:13:08	02:13:59.90	02:14:05.70	+00:48:46 (36.4%)	6:30	9.2 (63.4%)
128	SUCHWAŁKO Adam	1075	TRENINGDLABIEGACZY	M30	55		01:23:56	02:13:32	02:14:32.75	02:14:36.80	+00:49:17 (36.6%)	6:31	9.2 (63.4%)
129	OKUPNIAK Martyna	670	KOBIETY BIEGAJĄ LUBLIN	K20	12		01:25:32	02:14:23	02:15:14.80	02:15:14.80	+00:49:55 (36.9%)	6:33	9.1 (62.8%)
130	KOPEĆ Paweł	566	CZARNECKI RUN TEAM	M40	28		01:24:44	02:14:14	02:15:11.00	02:15:17.30	+00:49:58 (36.9%)	6:33	9.1 (62.8%)
131	GÓRKA Sebastian	1079	NONAME	M40	29		01:26:15	02:15:11	02:16:15.30	02:16:25.90	+00:51:06 (37.5%)	6:36	9.1 (62.8%)
132	CIĄGAŁA Wojciech	1084		M30	56		01:26:28	02:15:53	02:16:44.00	02:16:56.10	+00:51:36 (37.7%)	6:38	9 (62.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto 20.6km	Czas brutto 20.6km	Tempo min/km	Tempo km/h
							12.4km	20.2km				
133	LATOSZEK Gabriela	702		K20	13		01:26:23	02:16:15	02:17:07.10	02:17:16.30	+00:51:57 (37.8%)	6:39 9 (62.1%)
134	KOLANO Agnieszka	530	BPOT	K40	5		01:28:37	02:16:24	02:17:19.20	02:17:26.15	+00:52:07 (37.9%)	6:39 9 (62.1%)
135	ŚWIERCZEK Paweł	712	RAFA WINO	M30	57		01:27:13	02:16:04	02:16:53.90	02:17:28.50	+00:52:09 (37.9%)	6:38 9 (62.1%)
136	WITEK Tomasz	1037		M30	58		01:28:24	02:16:25	02:17:16.75	02:17:35.75	+00:52:16 (38.0%)	6:39 9 (62.1%)
137	KRUKAR Tomasz	806	FINISZ RYMANÓW	M20	15		01:27:31	02:17:04	02:17:48.50	02:18:08.10	+00:52:48 (38.2%)	6:41 9 (62.1%)
138	GARLICKI Marek	1116	STG WARSZAWA	M30	59		01:27:08	02:17:13	02:18:04.55	02:18:16.00	+00:52:56 (38.3%)	6:42 9 (62.1%)
139	WALERJAN-RUSEK Agnieszka	574	AZS AWF KRAKÓW MASTERS	K40	6		01:29:28	02:18:03	02:18:43.00	02:18:43.00	+00:53:23 (38.5%)	6:44 8.9 (61.4%)
140	KRUKAR Adam	807	FINISZ RYMANÓW	M50	5		01:28:14	02:17:28	02:18:30.70	02:18:49.60	+00:53:30 (38.5%)	6:43 8.9 (61.4%)
141	JAKUBIK Kamil	751		M30	60		01:30:37	02:18:14	02:19:02.65	02:19:09.75	+00:53:50 (38.7%)	6:44 8.9 (61.4%)
142	FLOREK Marcin	1220	MĘŻCZYŹNI ŚW. JÓZEFA	M50	6		01:29:54	02:18:22	02:19:23.15	02:19:26.40	+00:54:07 (38.8%)	6:45 8.9 (61.4%)
143	KLAWIŃSKA Bernadeta	518	MATNER RUNNING TEAM	K40	7		01:29:02	02:18:06	02:19:02.65	02:19:38.90	+00:54:19 (38.9%)	6:44 8.9 (61.4%)
144	RÓŻYCKI Dawid	1077		M30	61		01:30:04	02:18:41	02:19:31.00	02:19:40.40	+00:54:21 (38.9%)	6:46 8.9 (61.4%)
145	PODKUL Konrad	1029		M30	62		01:26:48	02:18:26	02:19:30.30	02:19:43.45	+00:54:24 (38.9%)	6:46 8.9 (61.4%)
146	MŁODAWSKI Maciej	1217		M30	63		01:29:22	02:18:23	02:19:14.40	02:19:45.80	+00:54:26 (39.0%)	6:45 8.9 (61.4%)
147	KOWALCZYK Artur	545	BH TEAM	M30	64		01:28:36	02:18:10	02:19:04.40	02:20:16.95	+00:54:57 (39.2%)	6:45 8.9 (61.4%)
148	PŁACZEK Miron	975	NIYWYSPORTOWANI	M30	65		01:27:27	02:19:05	02:20:10.10	02:20:18.45	+00:54:59 (39.2%)	6:48 8.8 (60.7%)
149	FIRLEJ Grzegorz	701	SKAZANI NA ZWYCIĘSTWO	M30	66		01:25:22	02:19:09	02:20:17.40	02:20:23.05	+00:55:03 (39.2%)	6:48 8.8 (60.7%)
150	PACIA Sebastian	1008		M40	30		01:29:50	02:19:17	02:20:16.85	02:20:24.85	+00:55:05 (39.2%)	6:48 8.8 (60.7%)
151	ZEMLEDUCH Tomasz	691	ZEMLEDUCHY	M30	67		01:26:47	02:19:18	02:20:12.25	02:20:26.40	+00:55:07 (39.2%)	6:48 8.8 (60.7%)
152	RZEPKA Maria	526		K30	14		01:29:42	02:19:11	02:20:04.65	02:20:29.90	+00:55:10 (39.3%)	6:47 8.8 (60.7%)
153	OLEŚKIEWICZ Angelika	810	PTG SOKÓŁ ŚWIAT PRACY TARNÓW	K40	8		01:29:59	02:19:25	02:20:24.45	02:20:49.15	+00:55:30 (39.4%)	6:48 8.8 (60.7%)
154	SEPIOŁ Piotr	544	-	M30	68		01:30:26	02:19:16	02:20:15.30	02:21:05.85	+00:55:46 (39.5%)	6:48 8.8 (60.7%)
155	MENDYK Maciej	1218		M40	31		01:28:08	02:19:49	02:20:59.75	02:21:13.90	+00:55:54 (39.6%)	6:50 8.8 (60.7%)
156	MISIŃSKI Paweł	865		M40	32		01:30:10	02:20:52	02:21:53.70	02:22:19.20	+00:57:00 (40.1%)	6:53 8.7 (60.0%)
157	RACHWAŁSKA Oliwia	945		K30	15		01:32:21	02:21:10	02:22:10.20	02:22:20.70	+00:57:01 (40.1%)	6:54 8.7 (60.0%)
158	BIENIEK Kewin	802		M30	69		01:29:41	02:20:53	02:21:56.20	02:22:34.00	+00:57:14 (40.2%)	6:53 8.7 (60.0%)
159	KLIMCZAK Bogdan	1205	FUNDACJA SPORTU WYCZYNOWEGO	M30	70		01:28:11	02:21:32	02:22:39.80	02:22:49.50	+00:57:30 (40.3%)	6:55 8.7 (60.0%)
160	DZIEDZIC Grzegorz	570	STAJNIAK TEAM	M40	33		01:30:48	02:21:19	02:22:16.90	02:22:50.65	+00:57:31 (40.3%)	6:54 8.7 (60.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto 20.6km	Czas brutto 20.6km	Tempo min/km	Tempo km/h
							12.4km	20.2km				
161	SKORUPKA Leszek	1030	GRUPA BIEGACZY SKÓRZEC BIEGA	M40	34		01:30:48	02:21:26	02:22:31.45	02:23:09.40	+00:57:50 (40.4%)	6:55 (60.0%)
162	PILCH Wojciech	1155	#ADAMCZERWIŃSKITEAM	M40	35		01:31:16	02:22:12	02:23:02.75	02:23:11.45	+00:57:52 (40.4%)	6:56 (59.3%)
163	GAIK Andrzej	864	BRAK	M40	36		01:30:22	02:21:57	02:23:00.10	02:23:27.25	+00:58:08 (40.5%)	6:56 (59.3%)
164	NASTAŁA Lucjan	918	AKTYWNI KOCIEWIACY SKÓRCZ	M50	7		01:29:43	02:22:32	02:23:26.65	02:23:31.65	+00:58:12 (40.6%)	6:57 (59.3%)
165	RYBKOWSKI Hubert	779	KTÓRĘDYNADMORSKIEOKO	M40	37		01:34:32	02:23:50	02:24:42.75	02:24:50.25	+00:59:31 (41.1%)	7:01 (58.6%)
166	PYTEL Waldek	1073	YULO RUN TEAM SIEDLCE	M60	1		01:31:34	02:23:57	02:24:49.35	02:24:59.25	+00:59:40 (41.2%)	7:01 (58.6%)
167	BOŻEK Wojciech	1139	NIEPOŁOMICE BIEGAJĄ	M40	38		01:30:28	02:23:56	02:24:54.40	02:25:09.00	+00:59:49 (41.2%)	7:02 (58.6%)
168	KACZMAREK Tomasz	556	PIEROGI ATAKKE	M20	16		01:35:08	02:23:44	02:24:38.80	02:25:11.45	+00:59:52 (41.2%)	7:01 (58.6%)
169	POTASIEWICZ Daniel	1198	GOSIR RYMANÓW	M50	8		01:30:52	02:24:00	02:24:58.50	02:25:13.50	+00:59:54 (41.3%)	7:02 (58.6%)
170	KIEŁBOŃ Ewelina	1101	PRZEWORSKA GRUPA BIEGOWA	K30	16		01:32:23	02:24:03	02:25:08.20	02:25:17.45	+00:59:58 (41.3%)	7:02 (58.6%)
171	GRZĄDKOWSKA Maria	1234		K20	14		01:36:07	02:23:50	02:24:41.55	02:25:39.15	+01:00:20 (41.4%)	7:01 (58.6%)
172	JASIURKOWSKI Daniel	1204	FUNDACJA SPORTU WYCZYNOWEGO	M40	39		01:33:00	02:24:52	02:25:54.40	02:26:04.95	+01:00:45 (41.6%)	7:04 (58.6%)
173	KUBIAK Robert	1040		M30	71		01:33:54	02:25:13	02:26:06.45	02:26:17.00	+01:00:57 (41.7%)	7:05 (58.6%)
174	PRASOŁ Sylwia	1047	SBG SALCO/MŁYNARCZYK ENDURANCE TEAM	K20	15	MP	01:32:24	02:25:16	02:26:10.65	02:26:19.00	+01:00:59 (41.7%)	7:05 (58.6%)
175	OBRZUT Tomasz	1050		M30	72		01:34:02	02:25:29	02:26:28.45	02:26:44.80	+01:01:25 (41.9%)	7:06 (57.9%)
176	ZAGÓRSKI Marcin	655		M30	73		01:33:30	02:25:10	02:26:02.30	02:26:46.65	+01:01:27 (41.9%)	7:05 (58.6%)
177	PĄCZEK Zenon	858		M50	9		01:31:45	02:25:47	02:26:41.75	02:26:53.50	+01:01:34 (41.9%)	7:07 (57.9%)
178	MAJEWSKI Grzegorz	559	CIESZANÓW RUNNERS	M30	74		01:31:51	02:26:12	02:27:04.45	02:27:17.95	+01:01:58 (42.1%)	7:08 (57.9%)
179	ŻÓŁKOŚ Bronisław	783	JEDLICKIE STOWARZYSZENIE SPORTOWO TURYSTYCZNE WOJTEK MTB	M40	40		01:31:47	02:26:13	02:27:10.90	02:27:26.95	+01:02:07 (42.1%)	7:08 (57.9%)
180	RZESZOTARSKI Tomasz	860	KTÓRĘDYNADMORSKIEOKO	M40	41		01:34:40	02:26:49	02:27:37.95	02:27:45.45	+01:02:26 (42.3%)	7:09 (57.9%)
181	RATKA Artur	815	ORLETA CZĘSTOCHOWA	M50	10		01:30:48	02:25:52	02:26:51.20	02:27:46.90	+01:02:27 (42.3%)	7:07 (57.9%)
182	SZYMASZEK Monika	543		K40	9		01:34:29	02:26:20	02:27:14.40	02:27:53.90	+01:02:34 (42.3%)	7:08 (57.9%)
183	STEFANIUK Roman	725	GRUPA. BIEGACZY SKÓRZEC BIEGA	M60	2		01:34:58	02:27:04	02:28:01.70	02:28:37.90	+01:03:18 (42.6%)	7:11 (57.9%)
184	FRYDRYCH Paweł	1014		M20	17		01:34:27	02:27:16	02:28:15.00	02:28:43.60	+01:03:24 (42.6%)	7:11 (57.2%)
185	BUŁA Adam	1110		M30	75		01:34:48	02:27:22	02:28:16.70	02:28:48.25	+01:03:29 (42.7%)	7:11 (57.2%)
186	SOBIERAJSKA Karolina	1111		K30	17		01:34:52	02:27:25	02:28:24.40	02:28:56.25	+01:03:37 (42.7%)	7:12 (57.2%)
187	OSIAL Mariusz	886	#SOBASTEAM	M40	42		01:33:56	02:27:01	02:27:56.50	02:28:56.55	+01:03:37 (42.7%)	7:10 (57.9%)
188	PIECUCH Leszek	1060	AZS AWF KRAKÓW MASTERS	M40	43		01:34:26	02:27:39	02:28:31.95	02:29:00.10	+01:03:40 (42.7%)	7:12 (57.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto 20.6km	Czas brutto 20.6km	Różn	Tempo min/km	Tempo km/h
							12.4km	20.2km					
189	KUCHARÍK Peter	673		M40	44		01:32:10		02:29:10.50	02:29:10.50	+01:03:51 (42.8%)	7:14	8.3 (57.2%)
190	NOWOGRODZKI Mateusz	1117	PORUNNE FURGANIE	M40	45		01:34:01	02:28:00	02:29:00.05	02:29:12.30	+01:03:53 (42.8%)	7:13	8.3 (57.2%)
191	BEŁCZAŃSKI Jakub	776		M30	76		01:35:21	02:27:29	02:28:24.35	02:29:32.10	+01:04:12 (42.9%)	7:12	8.3 (57.2%)
192	SYLWESTROWICZ Wojciech	703	ŁÓDŹ KOCHA SPORT	M40	46		01:32:11	02:28:15	02:29:12.65	02:29:46.20	+01:04:27 (43.0%)	7:14	8.3 (57.2%)
193	SZYMACHA Paweł	686		M30	77		01:35:14	02:28:40	02:29:27.65	02:30:12.95	+01:04:53 (43.2%)	7:15	8.3 (57.2%)
194	ŚLUSAREK Katarzyna	1120	SIEMIESZ-TEAM	K20	16		01:35:50	02:29:05	02:30:04.90	02:30:32.80	+01:05:13 (43.3%)	7:17	8.2 (56.6%)
195	SIEROCIUK Adrian	638		M30	78		01:34:35	02:29:16	02:30:22.85	02:30:39.90	+01:05:20 (43.4%)	7:17	8.2 (56.6%)
196	WARCHULSKI Paweł	1036		M30	79		01:36:03	02:29:09	02:30:01.25	02:30:45.85	+01:05:26 (43.4%)	7:16	8.2 (56.6%)
197	MOSKOWICZ Stefan	1160	PKB I PGR	M60	3		01:36:15	02:29:30	02:30:25.45	02:30:49.15	+01:05:30 (43.4%)	7:18	8.2 (56.6%)
198	MAŁEK Paweł	1123		M40	47		01:31:28	02:29:24	02:30:36.00	02:30:54.35	+01:05:35 (43.5%)	7:18	8.2 (56.6%)
199	KURDZIEL Robert	755		M50	11		01:38:45	02:29:12	02:30:04.70	02:31:05.10	+01:05:45 (43.5%)	7:17	8.2 (56.6%)
200	PILIPEIKA Maksim	587	CROSSFIT MOKOTÓW	M30	80		01:39:27	02:29:12	02:29:56.40	02:31:09.55	+01:05:50 (43.6%)	7:16	8.2 (56.6%)
201	DARŁAK Marek	534		M30	81		01:39:08	02:28:55	02:29:52.70	02:31:10.50	+01:05:51 (43.6%)	7:16	8.2 (56.6%)
202	PIETRZYK Tomasz	653	LANIE NA ŚLĘŻY	M40	48		01:35:27	02:30:15	02:31:16.30	02:31:16.30	+01:05:57 (43.6%)	7:20	8.2 (56.6%)
203	POLAK Szymon	586	ZIELONEBIEGANIE.PL	M20	18		01:36:06	02:29:49	02:30:44.35	02:31:22.45	+01:06:03 (43.6%)	7:19	8.2 (56.6%)
204	OCHAŁEK Wojciech	567		M30	82		01:36:59	02:30:11	02:31:11.60	02:31:25.15	+01:06:06 (43.7%)	7:20	8.2 (56.6%)
205	SZCZEPANIAK Wojciech	1095		M40	49		01:35:15	02:29:22	02:30:22.35	02:31:26.30	+01:06:07 (43.7%)	7:17	8.2 (56.6%)
206	NIEMASZ Aleksandra	647	100LEJKA	K30	18		01:36:58	02:30:32	02:31:30.40	02:31:30.40	+01:06:11 (43.7%)	7:21	8.2 (56.6%)
207	CYRAN Wojtek	547		M30	83		01:34:57	02:29:12	02:30:23.50	02:31:35.80	+01:06:16 (43.7%)	7:18	8.2 (56.6%)
208	NYC-ZIMNY Małgorzata	1063	4TRITEAM	K40	10		01:36:58	02:30:35	02:31:35.35	02:31:45.15	+01:06:26 (43.8%)	7:21	8.2 (56.6%)
209	LUDYNIA Aleksandra	827	STG WARSZAWA	K40	11		01:36:55	02:30:47	02:31:39.90	02:31:53.80	+01:06:34 (43.8%)	7:21	8.2 (56.6%)
210	TOKARZ Mateusz	835		M20	19		01:35:56	02:30:02	02:31:05.35	02:31:56.75	+01:06:37 (43.8%)	7:20	8.2 (56.6%)
211	CZARNECKA Katarzyna	782		K30	19		01:37:43	02:30:46	02:31:49.15	02:31:58.55	+01:06:39 (43.9%)	7:22	8.1 (55.9%)
212	WYSPIAŃSKI Tomasz	1102	KOSTERA TEAM	M40	50		01:36:39	02:29:50	02:30:48.90	02:32:10.00	+01:06:50 (43.9%)	7:19	8.2 (56.6%)
213	RACUŁT Paweł	541		M40	51		01:40:35	02:30:28	02:31:22.50	02:32:32.40	+01:07:13 (44.1%)	7:20	8.2 (56.6%)
214	JARACZ Marcin	923	DOMOWAENERGIA.COM.PL	M40	52		01:34:58	02:30:17	02:31:17.70	02:32:37.55	+01:07:18 (44.1%)	7:20	8.2 (56.6%)
215	ADAMSKA Zofia	636	POCO LOCO ADVENTURE TEAM	K30	20		01:38:02	02:31:34	02:32:32.60	02:32:39.85	+01:07:20 (44.1%)	7:24	8.1 (55.9%)
216	ZIELIŃSKA Monika	503		K30	21		01:37:46	02:30:40	02:31:31.85	02:32:39.95	+01:07:20 (44.1%)	7:21	8.2 (56.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto 20.6km	Czas brutto 20.6km	Różn	Tempo min/km	Tempo km/h
							12.4km	20.2km					
217	SOLIŃSKI Krzysztof	1228		M20	20		01:37:57	02:30:47	02:31:46.55	02:32:44.15	+01:07:25 (44.1%)	7:22	8.1 (55.9%)
218	CZERNAK Piotr	832		M30	84		01:36:34	02:30:46	02:31:46.15	02:32:46.45	+01:07:27 (44.2%)	7:22	8.1 (55.9%)
219	CASTELEIN Astrid	575	N/A	K40	12		01:36:10	02:31:38	02:32:45.60	02:32:50.50	+01:07:31 (44.2%)	7:24	8.1 (55.9%)
220	ANDRZEJEWSKI Martin	987		M30	85		01:41:00	02:31:22	02:32:10.45	02:32:59.70	+01:07:40 (44.2%)	7:23	8.1 (55.9%)
221	NOWAKOWSKI Jerzy	922	AKTYWNI KOCIEWIACY SKÓRCZ	M50	12		01:36:23	02:32:04	02:32:54.65	02:33:00.60	+01:07:41 (44.2%)	7:25	8.1 (55.9%)
222	GOŁDYN Michał	1033	PROJEKT1000UP	M20	21		01:36:15	02:31:50	02:32:56.00	02:33:00.75	+01:07:41 (44.2%)	7:25	8.1 (55.9%)
223	PACHOŁ Michał	1006	NOWA HUTA TEAM	M20	22		01:39:48	02:31:10	02:32:03.50	02:33:06.75	+01:07:47 (44.3%)	7:22	8.1 (55.9%)
224	MACHNICKA Wiktoria	569		K20	17		01:36:58	02:32:04	02:33:01.55	02:33:09.40	+01:07:50 (44.3%)	7:25	8.1 (55.9%)
225	HAIDA Marcin	704		M40	53		01:35:19	02:31:51	02:32:58.00	02:33:15.15	+01:07:56 (44.3%)	7:25	8.1 (55.9%)
226	WALASIK Michał	707		M40	54		01:35:45	02:32:01	02:32:58.70	02:33:29.20	+01:08:10 (44.4%)	7:25	8.1 (55.9%)
227	TOMASZEWSKI Tymon	1053	TRAPOSFERA 2K24	M20	23		01:36:15	02:32:15	02:33:09.00	02:33:29.50	+01:08:10 (44.4%)	7:26	8.1 (55.9%)
228	BURNÓG Michał	972		M20	24		01:34:43	02:33:32	02:34:23.90	02:34:40.20	+01:09:21 (44.8%)	7:29	8 (55.2%)
229	LEWCZUK Norbert	1072	BIEGACZE POMAGACZE/EDYTA LEWANDOWSKA TEAM	M40	55		01:35:58	02:33:18	02:34:33.55	02:34:53.85	+01:09:34 (44.9%)	7:30	8 (55.2%)
230	BOJANOWSKI Piotr	894	FERAL CATS HUCISKO TEAM	M30	86		01:39:34	02:33:12	02:34:12.80	02:34:55.40	+01:09:36 (44.9%)	7:29	8 (55.2%)
231	KLONOWICZ Stanisław	780	HUNTERS	M50	13		01:37:11	02:33:58	02:34:54.95	02:35:05.15	+01:09:46 (45.0%)	7:31	8 (55.2%)
232	CIEPŁY Patryk	967	RESHAPE RUNNERS	M30	87		01:36:55	02:33:55	02:35:02.95	02:35:07.15	+01:09:48 (45.0%)	7:31	8 (55.2%)
233	WYGONOWSKI Jacek	823	DZIKUR CREW	M50	14		01:35:34	02:33:24	02:34:30.50	02:35:17.10	+01:09:57 (45.1%)	7:29	8 (55.2%)
234	SADŁOŃ Narcyz	1069	KIRY ŚWIRY	M40	56		01:34:18	02:34:00	02:35:18.65	02:35:24.15	+01:10:05 (45.1%)	7:32	8 (55.2%)
235	BODO Konrad	577		M30	88		01:39:07	02:33:55	02:34:41.90	02:35:25.70	+01:10:06 (45.1%)	7:30	8 (55.2%)
236	BROŻEK Jakub	695		M40	57		01:37:43	02:33:38	02:34:33.30	02:35:33.90	+01:10:14 (45.2%)	7:30	8 (55.2%)
237	MADEJ Anna	857		K40	13		01:38:11	02:34:20	02:35:23.25	02:35:47.85	+01:10:28 (45.2%)	7:32	8 (55.2%)
238	WOŹNIAK Janusz	674	USŁUGOWY ZAKŁAD INSTALATORSTWA ELEKTRYCZNEGO "PORMAT" JEDLICZE UL. TOPOŁOWA 28	M60	4		01:35:54	02:34:24	02:35:40.90	02:35:55.00	+01:10:35 (45.3%)	7:33	7.9 (54.5%)
239	WESOŁOWSKI Maciej	953	COKE RUNNERS	M30	89		01:39:32	02:33:59	02:35:02.05	02:35:56.35	+01:10:37 (45.3%)	7:31	8 (55.2%)
240	STACHURA Karol	1027		M20	25		01:36:48	02:34:40	02:35:41.95	02:35:57.95	+01:10:38 (45.3%)	7:33	7.9 (54.5%)
241	PACIOREK Ewa	565	KOBIETA BIEGA	K40	14	MP	01:39:32	02:34:59	02:35:59.40	02:36:06.60	+01:10:47 (45.3%)	7:34	7.9 (54.5%)
242	GARSTKA Mariusz	1094		M30	90		01:40:42	02:35:08	02:36:08.80	02:36:21.95	+01:11:02 (45.4%)	7:34	7.9 (54.5%)
243	SULEWSKI Jakub	777		M20	26		01:41:03	02:35:31	02:36:33.25	02:37:09.35	+01:11:50 (45.7%)	7:35	7.9 (54.5%)
244	WYDRZYŃSKI Marek	598	SOCIOS SILESIA	M40	58		01:39:45	02:35:44	02:37:14.65	02:37:27.40	+01:12:08 (45.8%)	7:37	7.9 (54.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto 20.6km	Czas brutto 20.6km	Różn	Tempo min/km	Tempo km/h
							12.4km	20.2km					
245	WICINSKA-REUS Dominika	1065	PGE OBRÓT RUN	K40	15		01:41:10	02:35:38	02:36:32.75	02:37:42.30	+01:12:23 (45.9%)	7:35	7.9 (54.5%)
246	TYL Radosław	759		M40	59		01:38:17	02:35:24	02:36:36.20	02:37:43.95	+01:12:24 (45.9%)	7:36	7.9 (54.5%)
247	SZYDEK Artur	684	FERAL CATS HUCISKO TEAM	M30	91		01:42:56	02:36:19	02:37:14.15	02:37:57.70	+01:12:38 (46.0%)	7:37	7.9 (54.5%)
248	KIEROŃSKA Daria	1052		K30	22		01:40:13	02:36:15	02:37:19.20	02:38:01.45	+01:12:42 (46.0%)	7:38	7.9 (54.5%)
249	GRUBA Maria	578		K30	23		01:39:07	02:36:21	02:37:24.35	02:38:08.10	+01:12:48 (46.0%)	7:38	7.9 (54.5%)
250	PIOTROWSKA-PĘKALA Julia	562	MOUNTAIN RUNNING GUIDES / PĘKALÓWKA	K30	24		01:43:16	02:37:18	02:38:15.75	02:38:44.80	+01:13:25 (46.3%)	7:40	7.8 (53.8%)
251	GRZYMALA Sebastian	903	KB RTVEUROAGD	M40	60		01:39:52	02:37:50	02:38:39.75	02:38:52.95	+01:13:33 (46.3%)	7:42	7.8 (53.8%)
252	MARZEC Pamela	909	MOUNTAIN TOUCH	K20	18		01:41:06	02:37:43	02:38:42.00	02:39:10.95	+01:13:51 (46.4%)	7:42	7.8 (53.8%)
253	STRAK Robert	1035		M40	61		01:39:22	02:37:50	02:38:55.20	02:39:15.30	+01:13:56 (46.4%)	7:42	7.8 (53.8%)
254	STASIEWICZ Lukasz	1180	TRINITYCLUB	M40	62		01:41:00	02:37:48	02:38:42.75	02:39:25.75	+01:14:06 (46.5%)	7:42	7.8 (53.8%)
255	KUMOR Anna	817		K30	25		01:41:18	02:38:15	02:39:15.30	02:39:27.15	+01:14:08 (46.5%)	7:43	7.8 (53.8%)
256	ROGOZIŃSKA Aleksandra	507		K20	19		01:41:20	02:37:32	02:38:31.85	02:39:29.70	+01:14:10 (46.5%)	7:41	7.8 (53.8%)
257	WERBIŃSKI Tomasz	509		M30	92		01:41:08	02:37:47	02:38:58.15	02:39:36.00	+01:14:16 (46.5%)	7:43	7.8 (53.8%)
258	KIERAT Paweł	697		M40	63		01:38:08	02:37:28	02:38:51.90	02:39:52.95	+01:14:33 (46.6%)	7:42	7.8 (53.8%)
259	DZIKOWSKA Aleksandra	505	ŻÓRAWSKI TEAM	K30	26		01:42:52	02:38:36	02:39:32.80	02:39:55.15	+01:14:36 (46.6%)	7:44	7.7 (53.1%)
260	SMODEREK Robert	752		M50	15		01:41:32	02:38:32	02:39:31.20	02:39:56.60	+01:14:37 (46.7%)	7:44	7.7 (53.1%)
261	GARCZYŃSKA Ania	731		K50	1		01:42:27	02:38:06	02:39:08.20	02:40:00.30	+01:14:41 (46.7%)	7:43	7.8 (53.8%)
262	STEFAŃSKI Marcin	516		M30	93		01:41:02	02:39:07	02:40:06.30	02:40:38.65	+01:15:19 (46.9%)	7:46	7.7 (53.1%)
263	BANET Eliza	791		K40	16		01:43:59	02:39:45	02:40:40.95	02:41:03.00	+01:15:43 (47.0%)	7:47	7.7 (53.1%)
264	POREDA Daniel	723	TEAM DWA OGNIE	M40	64		01:41:17	02:39:26	02:40:38.65	02:41:39.25	+01:16:20 (47.2%)	7:47	7.7 (53.1%)
265	SABAŃSKI Bogdan	797		M20	27		01:42:44	02:39:56	02:40:59.80	02:41:48.80	+01:16:29 (47.3%)	7:48	7.7 (53.1%)
266	DĄBROWSKI Marek	822	G.O.A.T. TEAM MICHAŁOWICE	M40	65		01:40:35	02:39:46	02:40:57.75	02:41:52.65	+01:16:33 (47.3%)	7:48	7.7 (53.1%)
267	TYLIŃSKA Dagmara	1186	SŁOŃCE JURY	K40	17		01:42:44	02:40:48	02:41:53.10	02:42:01.70	+01:16:42 (47.3%)	7:51	7.6 (52.4%)
268	JARON Magda	1113		K40	18		01:43:56	02:40:51	02:41:48.75	02:42:04.35	+01:16:45 (47.4%)	7:51	7.6 (52.4%)
269	ZAWADZKI Kamil	506	FERAL CATS HUCISKO TEAM	M30	94		01:40:00	02:40:23	02:41:19.10	02:42:04.90	+01:16:45 (47.4%)	7:49	7.7 (53.1%)
270	CLEVENOT Pascal	568	PASTIS 51	M20	28		01:43:07		02:40:22.85	02:42:07.05	+01:16:47 (47.4%)	7:47	7.7 (53.1%)
271	SZULC Sebastian	593		M30	95		01:42:14	02:40:35	02:41:37.10	02:42:08.20	+01:16:49 (47.4%)	7:50	7.6 (52.4%)
272	KASZUBA Mateusz	630		M30	96		01:42:00	02:40:19	02:41:04.75	02:42:10.35	+01:16:51 (47.4%)	7:49	7.7 (53.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto 20.6km	Czas brutto 20.6km	Różn	Tempo min/km	Tempo km/h
							12.4km	20.2km					
273	SZCZEŚNIAK Barbara	771	MODELKI MODLNICA	K30	27		01:43:06	02:40:56	02:41:49.55	02:42:21.55	+01:17:02 (47.5%)	7:51	7.6 (52.4%)
274	GOLDMAN Mateusz	2102	MAD&GOLD	M30	97		01:37:25	02:40:49	02:42:01.75	02:42:22.75	+01:17:03 (47.5%)	7:51	7.6 (52.4%)
275	SLABY Jerzy	1112		M40	66		01:41:00	02:41:01	02:42:05.60	02:42:24.90	+01:17:05 (47.5%)	7:52	7.6 (52.4%)
276	TITTENBRUN Marta	632		K30	28		01:40:30	02:41:07	02:42:09.70	02:42:31.95	+01:17:12 (47.5%)	7:52	7.6 (52.4%)
277	DUDKO Adam	1011		M40	67		01:40:08	02:41:03	02:42:04.35	02:42:34.95	+01:17:15 (47.5%)	7:52	7.6 (52.4%)
278	LEŚNIAK Joanna	1058		K30	29		01:44:11	02:41:13	02:42:15.90	02:42:56.20	+01:17:37 (47.6%)	7:52	7.6 (52.4%)
279	KOPIJ Mateusz	941		M20	29		01:42:19	02:41:14	02:42:17.75	02:43:21.70	+01:18:02 (47.8%)	7:52	7.6 (52.4%)
280	ROZMUS-ORCZYK Anna	847	KOZY BIEGAJĄ, A NIE SKACZĄ!	K60	1		01:43:30	02:42:11	02:43:22.30	02:43:29.20	+01:18:10 (47.8%)	7:55	7.6 (52.4%)
281	JANICKI Tomasz	851		M20	30		01:41:29	02:41:07	02:42:33.90	02:43:39.40	+01:18:20 (47.9%)	7:53	7.6 (52.4%)
282	SADO Tomasz	501		M30	98		01:42:04	02:42:18	02:43:37.10	02:43:51.95	+01:18:32 (47.9%)	7:56	7.6 (52.4%)
283	SZUTA Maciej	1172		M30	99		01:36:12	02:42:35	02:43:45.25	02:43:59.45	+01:18:40 (48.0%)	7:56	7.5 (51.7%)
284	STELMACH Dariusz	834	BIEGANIE SZYDERCÓW	M40	68		01:44:07	02:42:28	02:43:22.90	02:44:05.00	+01:18:45 (48.0%)	7:55	7.6 (52.4%)
285	LORENZ Anna	849	#ADAMCZERWIŃSKITEAM	K40	19		01:44:06	02:42:26	02:43:26.40	02:44:05.45	+01:18:46 (48.0%)	7:56	7.6 (52.4%)
286	STEC Paweł	726		M50	16		01:40:46	02:42:07	02:43:15.15	02:44:13.00	+01:18:53 (48.0%)	7:55	7.6 (52.4%)
287	ROSOŁEK Katarzyna	628	GRUBE FREERIDY	K30	30		01:47:58	02:42:20	02:43:20.50	02:44:30.80	+01:19:11 (48.1%)	7:55	7.6 (52.4%)
288	PTAK Jacek	627	GRUBE FREERIDY	M30	100		01:47:59	02:42:16	02:43:20.85	02:44:31.25	+01:19:12 (48.1%)	7:55	7.6 (52.4%)
289	MAREK Sławomir	1135		M30	101		01:42:25	02:43:19	02:44:25.05	02:44:40.55	+01:19:21 (48.2%)	7:58	7.5 (51.7%)
290	KRZESZOWIAK Katarzyna	642	POBRYCANI	K30	31		01:43:00	02:43:14	02:44:17.05	02:44:52.40	+01:19:33 (48.3%)	7:58	7.5 (51.7%)
291	KRAKOWSKI Wojcieh	892		M40	69		01:44:07	02:43:13	02:44:21.20	02:45:02.20	+01:19:43 (48.3%)	7:58	7.5 (51.7%)
292	BLOCH Cezary	899	P23	M40	70		01:45:33	02:43:06	02:44:11.85	02:45:04.00	+01:19:44 (48.3%)	7:58	7.5 (51.7%)
293	ŻELAZNY Filip	588		M40	71		01:43:04	02:43:13	02:44:36.80	02:45:07.70	+01:19:48 (48.3%)	7:59	7.5 (51.7%)
294	HRYCIUK Robert	663	CESTAL W BIEGU	M50	17		01:41:29	02:43:37	02:44:29.50	02:45:33.30	+01:20:14 (48.5%)	7:59	7.5 (51.7%)
295	OSTROWSKI Zbigniew	1231	YULO RUN TEAM SIEDLCE	M60	5		01:44:44	02:44:22	02:45:21.50	02:45:33.90	+01:20:14 (48.5%)	8:01	7.5 (51.7%)
296	SARNA Jolanta	1138		K40	20		01:43:41	02:44:26	02:45:44.15	02:46:03.55	+01:20:44 (48.6%)	8:02	7.5 (51.7%)
297	FORNALSKI Tomasz	1061		M40	72		01:42:03	02:44:18	02:45:24.85	02:46:10.05	+01:20:50 (48.7%)	8:01	7.5 (51.7%)
298	GÓRSKI Jakub	1143	RAPID RUNNERS TEAM	M40	73		01:45:37	02:44:48	02:46:04.40	02:46:43.45	+01:21:24 (48.8%)	8:03	7.4 (51.0%)
299	JOCHEMCZYK Szymon	866		M30	102		01:44:37	02:45:24	02:46:30.70	02:47:11.10	+01:21:51 (49.0%)	8:04	7.4 (51.0%)
300	MARCZEWSKA Anna	692		K30	32		01:47:04	02:46:01	02:47:05.20	02:47:13.25	+01:21:54 (49.0%)	8:06	7.4 (51.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszka		Czas netto 20.6km	Czas brutto 20.6km	Różn	Tempo min/km	Tempo km/h
							12.4km	20.2km					
301	ŚCIBOR Joanna	629		K30	33		01:44:13	02:45:29	02:46:32.15	02:47:18.50	+01:21:59 (49.0%)	8:05	7.4 (51.0%)
302	PIETRZAK Sebastian	1078		M30	103		01:46:26	02:45:32	02:46:30.00	02:47:27.30	+01:22:08 (49.0%)	8:04	7.4 (51.0%)
303	WARDAK Anna	890		K50	2		01:47:02	02:45:27	02:46:29.90	02:47:35.10	+01:22:15 (49.1%)	8:04	7.4 (51.0%)
304	WASILEWSKI Przemysław	1081		M40	74		01:45:22	02:45:46	02:47:03.50	02:47:51.85	+01:22:32 (49.2%)	8:06	7.4 (51.0%)
305	WROTNY Anna	531		K30	34		01:47:49	02:46:51	02:47:46.90	02:48:06.90	+01:22:47 (49.2%)	8:08	7.4 (51.0%)
306	GRANDYS Sara	740		K30	35		01:47:50	02:46:48	02:47:51.10	02:48:09.65	+01:22:50 (49.3%)	8:08	7.4 (51.0%)
307	MAYER Katarzyna	584		K30	36		01:47:49	02:46:52	02:47:50.80	02:48:10.10	+01:22:50 (49.3%)	8:08	7.4 (51.0%)
308	MĘCIK Adrianna	603	ING BANK ŚLĄSKI	K30	37		01:47:39	02:47:11	02:48:14.80	02:48:40.50	+01:23:21 (49.4%)	8:09	7.3 (50.3%)
309	HARAŃ Krzysztof	761	CHWILAMOMENTTEAM	M40	75		01:46:23	02:46:49	02:47:53.50	02:48:46.50	+01:23:27 (49.4%)	8:08	7.4 (51.0%)
310	KWINTA Maciej	881		M40	76		01:46:59	02:47:23	02:48:26.65	02:48:51.75	+01:23:32 (49.5%)	8:10	7.3 (50.3%)
311	ŚWIERCZYŃSKI Aleksander	856		M30	104		01:44:49	02:47:30	02:48:26.95	02:49:01.55	+01:23:42 (49.5%)	8:10	7.3 (50.3%)
312	SZULIST Marzena	910	AKTYWNI KOCIEWIACY	K50	3		01:48:25	02:47:35	02:48:45.95	02:49:07.40	+01:23:48 (49.6%)	8:11	7.3 (50.3%)
313	WILCZEWSKI Rafał	743		M30	105		01:47:30	02:47:16	02:48:12.20	02:49:11.70	+01:23:52 (49.6%)	8:09	7.3 (50.3%)
314	KRALIK Sylwia	769		K40	21		01:47:46	02:47:26	02:48:35.50	02:49:13.75	+01:23:54 (49.6%)	8:11	7.3 (50.3%)
315	PAŁĘGA Nazariusz	940		M30	106		01:44:41	02:47:01	02:48:11.55	02:49:16.30	+01:23:57 (49.6%)	8:09	7.3 (50.3%)
316	GRZYB Krzysztof	965	KLUB BIEGACZA RTV EURO AGD/SMASHING PAPKINS	M40	77		01:46:18	02:47:47	02:49:04.45	02:49:25.10	+01:24:05 (49.6%)	8:12	7.3 (50.3%)
317	KAROLAK Dominika	943		K20	20		01:47:58	02:48:22	02:49:21.90	02:49:29.45	+01:24:10 (49.7%)	8:13	7.3 (50.3%)
318	BINIECKI Jakub	738	EMBORDJU TEAM	M20	31		01:43:12	02:48:23	02:49:37.75	02:49:43.10	+01:24:23 (49.7%)	8:14	7.3 (50.3%)
319	BINIECKI Michał	737	EMBORDJU TEAM	M50	18		01:43:13	02:48:23	02:49:37.95	02:49:43.45	+01:24:24 (49.7%)	8:14	7.3 (50.3%)
320	LACH-BRZOZOWSKA Edyta	753		K40	22		01:50:11	02:48:18	02:49:19.55	02:49:44.40	+01:24:25 (49.7%)	8:13	7.3 (50.3%)
321	FAL Anita	919		K40	23		01:47:05	02:48:30	02:49:35.45	02:50:04.55	+01:24:45 (49.8%)	8:13	7.3 (50.3%)
322	SZULIST Andrzej	901	AKTYWNI KOCIEWIACY	M50	19		01:48:24	02:48:51	02:49:59.15	02:50:20.15	+01:25:01 (49.9%)	8:15	7.3 (50.3%)
323	KAWULA Adam	522	GRUBE FRIRAJDY	M30	107		01:46:35	02:48:07	02:49:09.35	02:50:20.95	+01:25:01 (49.9%)	8:12	7.3 (50.3%)
324	GUCWA Mirosław	1115	LET'S GO WILD	M40	78		01:46:26	02:49:06	02:50:07.60	02:50:21.75	+01:25:02 (49.9%)	8:15	7.3 (50.3%)
325	PIECHOWSKI Wiesiek	1049		M40	79		01:47:11	02:49:04	02:50:12.40	02:50:30.15	+01:25:11 (50.0%)	8:15	7.3 (50.3%)
326	STASIUK Arkadiusz	652	NAPĘDZANY ROSOLEM!	M30	108		01:45:38	02:49:36	02:50:30.25	02:50:43.60	+01:25:24 (50.0%)	8:16	7.2 (49.7%)
327	MATYSZCZAK Krzysztof	1184	KENKO/MASADA	M40	80		01:51:57	02:49:31	02:50:19.45	02:51:09.00	+01:25:49 (50.1%)	8:16	7.3 (50.3%)
328	FRYDA Anna	833		K30	38		01:51:33	02:49:33	02:50:33.95	02:51:33.65	+01:26:14 (50.3%)	8:16	7.2 (49.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto 20.6km	Czas brutto 20.6km	Różn	Tempo min/km	Tempo km/h
							12.4km	20.2km					
329	OCIESA Bartek	1219		M30	109		01:46:32	02:50:30	02:51:35.55	02:51:45.10	+01:26:25 (50.3%)	8:19	7.2 (49.7%)
330	DĘBOWSKI Damian	538		M30	110		01:46:16	02:50:07	02:51:15.10	02:51:51.00	+01:26:31 (50.4%)	8:18	7.2 (49.7%)
331	IWASZCZYSZYN Kinga	724		K30	39		01:48:23	02:50:39	02:51:44.40	02:51:56.80	+01:26:37 (50.4%)	8:20	7.2 (49.7%)
332	MILCZAREK Kinga	1229		K30	40		01:45:25	02:50:33	02:51:49.40	02:52:00.90	+01:26:41 (50.4%)	8:20	7.2 (49.7%)
333	SIECZKA Kazimiera	902		K50	4		01:47:11	02:50:52	02:52:05.50	02:52:05.50	+01:26:46 (50.4%)	8:21	7.2 (49.7%)
334	DYREK Andrzej	1195		M30	111		01:47:52	02:50:31	02:51:44.75	02:52:11.55	+01:26:52 (50.5%)	8:20	7.2 (49.7%)
335	KUCIŃSKA Magdalena	540		K50	5		01:48:12	02:50:21	02:51:30.50	02:52:12.20	+01:26:53 (50.5%)	8:19	7.2 (49.7%)
336	LIGĘZA Joasia	546	SMASHING PAPKINS	K30	41		01:48:32	02:50:47	02:52:00.65	02:52:16.45	+01:26:57 (50.5%)	8:20	7.2 (49.7%)
337	WÓJCIK Paulina	933	12TRI.PL	K20	21		01:46:52	02:50:36	02:51:43.65	02:52:16.75	+01:26:57 (50.5%)	8:20	7.2 (49.7%)
338	SIEMIESZ Paweł	1119	SIEMIESZ-TEAM	M30	112		01:47:25	02:50:38	02:52:02.30	02:52:30.65	+01:27:11 (50.5%)	8:21	7.2 (49.7%)
339	SOŚNICKI Jakub	711	SPARTA LUBLIN	M40	81		01:49:13	02:50:25	02:51:36.60	02:52:32.50	+01:27:13 (50.6%)	8:19	7.2 (49.7%)
340	KOZIOŁ Sylwester	1062		M60	6		01:45:32	02:51:16	02:52:27.00	02:52:33.15	+01:27:14 (50.6%)	8:22	7.2 (49.7%)
341	MARZEC Patrycja	750	MOUNTAIN TOUCH	K30	42		01:51:03	02:51:13	02:52:11.30	02:52:41.60	+01:27:22 (50.6%)	8:21	7.2 (49.7%)
342	KOPCZYŃSKI Marek	687		M50	20		01:46:31	02:51:01	02:52:26.95	02:52:51.45	+01:27:32 (50.6%)	8:22	7.2 (49.7%)
343	MISIUREWICZ Rozanna	993		K30	43		01:51:24	02:51:34	02:52:39.00	02:52:55.35	+01:27:36 (50.7%)	8:22	7.2 (49.7%)
344	TOKARSKA Julia	1082		K30	44		01:51:41	02:51:15	02:52:16.60	02:53:05.75	+01:27:46 (50.7%)	8:21	7.2 (49.7%)
345	CIEPŁA Magdalena	1070	SZMIDT I SYN	K30	45		01:52:16	02:51:44	02:52:45.95	02:53:07.10	+01:27:47 (50.7%)	8:23	7.2 (49.7%)
346	LEWANDOWSKI Marcin	1045	SPRINT GORZYCE	M30	113		01:49:22	02:52:06	02:53:00.20	02:53:10.40	+01:27:51 (50.7%)	8:23	7.1 (49.0%)
347	PIĘKOŚ Monika	662	HUNTERS OCR TEAM	K40	24		01:50:20	02:52:22	02:53:28.55	02:53:37.65	+01:28:18 (50.9%)	8:25	7.1 (49.0%)
348	MORAWSKA Jaga	677		K50	6		01:51:06	02:52:29	02:53:35.75	02:53:50.90	+01:28:31 (50.9%)	8:25	7.1 (49.0%)
349	SZCZEPANCZYK Leszek	1140	GREENLIGHTPT	M50	21		01:51:52	02:52:40	02:53:43.40	02:53:51.65	+01:28:32 (50.9%)	8:25	7.1 (49.0%)
350	LISOWSKI Paweł	968	KLUB BIEGACZA RTV EURO AGD	M50	22		01:48:45	02:52:29	02:53:37.35	02:53:57.15	+01:28:38 (51.0%)	8:25	7.1 (49.0%)
351	KUCHTA Monika	689	#HAPPYRUNNERS	K40	25		01:51:01	02:52:04	02:53:02.10	02:54:07.20	+01:28:48 (51.0%)	8:23	7.1 (49.0%)
352	BLAUT Marta	640	PLANYBIEGOWE.PL	K40	26		01:51:40	02:53:01	02:54:03.75	02:54:14.35	+01:28:55 (51.0%)	8:26	7.1 (49.0%)
353	CIEŚLICKI Andrzej	685		M30	114		01:49:33	02:52:21	02:53:33.00	02:54:19.70	+01:29:00 (51.1%)	8:25	7.1 (49.0%)
354	SZULFER Joanna	862	AW SZYBCIEJ TEAM	K20	22		01:52:01	02:53:02	02:54:00.30	02:54:26.20	+01:29:07 (51.1%)	8:26	7.1 (49.0%)
355	FUS Hubert	504		M30	115		01:54:31	02:52:12	02:53:15.40	02:54:30.05	+01:29:10 (51.1%)	8:24	7.1 (49.0%)
356	NARTYMAU Siarhei	793		M30	116		01:49:57	02:53:22	02:54:21.25	02:55:00.10	+01:29:40 (51.2%)	8:27	7.1 (49.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto 20.6km	Czas brutto 20.6km	Różn	Tempo min/km	Tempo km/h
							12.4km	20.2km					
357	DENYSENKO Lech	708	BDB TEAM	M60	7		01:51:04	02:52:56	02:54:04.00	02:55:22.80	+01:30:03 (51.4%)	8:26	7.1 (49.0%)
358	SZULC Damian	1089	WPISZCOKOLWIEK	M30	117		01:52:58	02:53:55	02:54:53.35	02:55:23.95	+01:30:04 (51.4%)	8:29	7.1 (49.0%)
359	TURSKI Łukasz	1203		M30	118		01:51:14	02:54:08	02:54:55.65	02:55:37.90	+01:30:18 (51.4%)	8:29	7.1 (49.0%)
360	PIEKIELNA Angelika	904		K30	46		01:49:59	02:54:16	02:55:23.15	02:55:50.40	+01:30:31 (51.5%)	8:30	7 (48.3%)
361	WOLEK Maks	961		M20	32		01:53:44	02:53:54	02:54:55.60	02:55:53.75	+01:30:34 (51.5%)	8:29	7.1 (49.0%)
362	KRÓL Marcin	557		M40	82		01:55:46	02:54:18	02:55:12.90	02:55:59.90	+01:30:40 (51.5%)	8:30	7.1 (49.0%)
363	KUTYŁA Agnieszka	1059	NIEPOŁOMICIE BIEGAJĄ	K50	7		01:51:23	02:54:18	02:55:32.85	02:56:11.50	+01:30:52 (51.6%)	8:31	7 (48.3%)
364	DUCH Aleksandra	889		K30	47		01:52:12	02:54:22	02:55:26.10	02:56:12.75	+01:30:53 (51.6%)	8:30	7 (48.3%)
365	KOSIŃSKA Anna	600	MOUNTAIN RUNNING GUIDES	K30	48		01:56:20	02:54:52	02:55:55.85	02:56:18.05	+01:30:58 (51.6%)	8:32	7 (48.3%)
366	KSIAŻEK- WOŁYNIEC Magdalena	1175		K40	27		01:51:29	02:54:53	02:56:04.10	02:56:48.00	+01:31:28 (51.7%)	8:32	7 (48.3%)
367	GECOW Marcin	765		M30	119		01:50:40	02:55:36	02:56:48.15	02:57:11.10	+01:31:51 (51.8%)	8:34	7 (48.3%)
368	MOLENDĄ Małgorzata	1093	BBKS ŁAWECZKA WILANÓW	K40	28		01:51:52	02:55:37	02:56:38.85	02:57:21.70	+01:32:02 (51.9%)	8:34	7 (48.3%)
369	ŻUROWSKI Łukasz	1092	BBKS ŁAWECZKA WILANÓW	M40	83		01:52:21	02:55:35	02:56:39.65	02:57:22.50	+01:32:03 (51.9%)	8:34	7 (48.3%)
370	GIEROBA Bartosz	980		M30	120		01:54:39	02:55:16	02:56:22.80	02:57:38.40	+01:32:19 (52.0%)	8:33	7 (48.3%)
371	DYDA Wojciech	727		M40	84		01:51:23	02:55:23	02:56:33.95	02:57:39.20	+01:32:20 (52.0%)	8:34	7 (48.3%)
372	SEREMET Sandra	880	UKS LIDER	K30	49		01:53:13	02:56:33	02:57:30.75	02:58:01.05	+01:32:41 (52.1%)	8:36	7 (48.3%)
373	MORAWSKI Szymon	560		M30	121		01:54:33	02:56:20	02:57:16.25	02:58:05.80	+01:32:46 (52.1%)	8:36	7 (48.3%)
374	PŁAWECKA Barbara	1121		K40	29		01:56:03	02:56:56	02:58:01.25	02:58:26.35	+01:33:07 (52.2%)	8:38	6.9 (47.6%)
375	LESZCZYŃSKA Agnieszka	1056		K40	30		01:54:29	02:57:21	02:58:33.15	02:58:44.50	+01:33:25 (52.3%)	8:40	6.9 (47.6%)
376	JANOWSKA Urszula	1173		K40	31		01:54:01	02:57:11	02:58:29.55	02:58:57.75	+01:33:38 (52.3%)	8:39	6.9 (47.6%)
377	SERAFIN Daniel	1197		M40	85		01:55:05	02:56:54	02:57:59.70	02:59:06.10	+01:33:46 (52.4%)	8:38	6.9 (47.6%)
378	PONIEWIERSKI Krzysiek	871	TREKKING TEAM OSTROWIEC ŚWIĘTOKRZYSKI	M40	86		01:55:15	02:57:49	02:58:56.80	02:59:17.20	+01:33:58 (52.4%)	8:41	6.9 (47.6%)
379	POPCZYK Piotr	1080	ZATYRANI GRATISOWNIA.PL GMINA PILCHOWICE	M40	87		01:54:40	02:57:49	02:58:44.90	02:59:23.15	+01:34:04 (52.4%)	8:40	6.9 (47.6%)
380	GWIOŹDZIK Sławek	1130	ING BANK ŚLĄSKI	M50	23		01:54:11	02:58:12	02:59:04.25	02:59:34.85	+01:34:15 (52.5%)	8:41	6.9 (47.6%)
381	MAŁECKI Bartosz	848		M30	122		01:53:29	02:57:27	02:58:30.75	02:59:36.35	+01:34:17 (52.5%)	8:39	6.9 (47.6%)
382	ŻUREK- KUCHARSKA Urszula	525	M.I.L.A.	K40	32		01:54:21	02:58:02	02:59:05.95	02:59:38.75	+01:34:19 (52.5%)	8:41	6.9 (47.6%)
383	ZIĘBA Grzegorz	746	DRUŻYNA BIEGOWA CANAL+	M30	123		01:57:49	02:57:57	02:58:43.70	02:59:39.70	+01:34:20 (52.5%)	8:40	6.9 (47.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto		Czas brutto		Tempo min/km	Tempo km/h
							12.4km	20.2km	20.6km	20.6km	Różn			
384	JEGER Wojtek	597	SKLEP BIEGACZA RUNNING TEAM	M50	24		01:54:52	02:58:06	02:59:09.00	02:59:43.30	+01:34:24 (52.5%)	8:41	6.9 (47.6%)	
385	STAŚKO Seweryn	885	UKS LIDER	M40	88		01:53:12	02:58:33	02:59:37.95	03:00:03.50	+01:34:44 (52.6%)	8:43	6.9 (47.6%)	
386	SZYMOT Violetta	633	PKO BIEGAJMY RAZEM	K50	8		01:51:02	02:58:36	02:59:50.80	03:00:08.70	+01:34:49 (52.6%)	8:43	6.9 (47.6%)	
387	MAKUCHOWSKA Paulina	1177	FUNDACJA RAK'N'ROLL. WYGRAJ ŻYCIE!	K40	33		01:54:14	02:58:33	02:59:29.90	03:00:15.10	+01:34:55 (52.7%)	8:42	6.9 (47.6%)	
388	SZMYD Aleksander	876		M30	124		01:51:46	02:58:23	02:59:12.50	03:00:29.45	+01:35:10 (52.7%)	8:41	6.9 (47.6%)	
389	DŁUGOSZ Kasia	937	STAY INSANE	K30	50		01:54:32	02:58:12	02:59:19.85	03:00:33.30	+01:35:14 (52.7%)	8:42	6.9 (47.6%)	
390	PIOTROWSKI Maciej	896		M40	89		01:52:21	02:58:35	02:59:50.60	03:00:38.20	+01:35:19 (52.8%)	8:43	6.9 (47.6%)	
391	KRÓL Magdalena	558		K40	34		01:55:46	02:58:59	02:59:58.15	03:00:44.05	+01:35:24 (52.8%)	8:44	6.9 (47.6%)	
392	RUTA Edyta	1221		K30	51		01:55:38	02:59:41	03:00:35.25	03:00:44.75	+01:35:25 (52.8%)	8:45	6.8 (46.9%)	
393	FERENC Stanisław	604	ZRYW	M40	90		01:53:58	02:59:38	03:00:41.40	03:00:49.05	+01:35:29 (52.8%)	8:46	6.8 (46.9%)	
394	ŁĄCKA Małgorzata	613		K40	35		01:55:56	02:58:56	02:59:49.85	03:00:52.60	+01:35:33 (52.8%)	8:43	6.9 (47.6%)	
395	SYROKA-PAWELEC Iwona	508		K30	52		01:55:10	02:59:12	03:00:14.55	03:00:54.55	+01:35:35 (52.8%)	8:44	6.9 (47.6%)	
396	WIERZBICKI Michał	1145	MORSY SWARZĘDZ	M40	91		01:58:04	02:58:54	02:59:56.00	03:01:00.05	+01:35:40 (52.9%)	8:44	6.9 (47.6%)	
397	SERAFIN Magdalena	1196		K40	36		01:55:07	02:58:53	03:00:00.95	03:01:06.80	+01:35:47 (52.9%)	8:44	6.9 (47.6%)	
398	KOZŁOWSKI Piotr	1088		M30	125		01:52:29	03:00:19	03:01:24.30	03:01:35.70	+01:36:16 (53.0%)	8:48	6.8 (46.9%)	
399	STOLARZ Marta	1208	NIEPOŁOMICIE BIEGAJĄ	K40	37		01:55:55	03:00:30	03:01:43.05	03:02:21.95	+01:37:02 (53.2%)	8:49	6.8 (46.9%)	
400	FRĄCZEK Marcin	837	IGT	M40	92		01:52:32	03:00:30	03:01:36.05	03:02:23.50	+01:37:04 (53.2%)	8:48	6.8 (46.9%)	
401	WANAT Barbara	536	FOREVER BUSINESS TEAM	K40	38		01:56:40	03:00:47	03:01:51.95	03:02:25.30	+01:37:06 (53.2%)	8:49	6.8 (46.9%)	
402	FEDOREK Weronika	1106	FEDORKI	K30	53		01:56:23	03:01:08	03:02:15.80	03:02:49.15	+01:37:30 (53.3%)	8:50	6.8 (46.9%)	
403	LEGUTKO Piotr	809		M40	93		01:52:07	03:01:14	03:02:37.80	03:03:16.25	+01:37:57 (53.4%)	8:51	6.8 (46.9%)	
404	LUBOŃ Michał	798	#GH	M40	94		01:55:49	03:01:30	03:02:48.90	03:03:34.50	+01:38:15 (53.5%)	8:52	6.8 (46.9%)	
405	GERVELE Aiste	720	WILD SOULS	K40	39		01:56:02	03:01:36	03:02:37.30	03:03:48.80	+01:38:29 (53.6%)	8:51	6.8 (46.9%)	
406	GERVELE Arvydas	721	WILD SOULS	M40	95		01:56:02	03:01:38	03:02:40.25	03:03:50.95	+01:38:31 (53.6%)	8:52	6.8 (46.9%)	
407	CUBER Michał	729		M40	96		01:55:50	03:02:02	03:03:11.05	03:04:03.75	+01:38:44 (53.6%)	8:53	6.7 (46.2%)	
408	SULEWSKI Gabriel	778		M50	25		01:54:25	03:02:21	03:03:26.40	03:04:04.05	+01:38:44 (53.6%)	8:54	6.7 (46.2%)	
409	MIKUCKI Artur	524		M40	97		01:59:53	03:02:50	03:03:47.70	03:04:25.25	+01:39:06 (53.7%)	8:55	6.7 (46.2%)	
410	FERLAK Jan	668	NA SZLAKU LUTY	M40	98		01:57:28	03:02:34	03:03:32.45	03:04:40.40	+01:39:21 (53.8%)	8:54	6.7 (46.2%)	
410	GUZENDA Weronika	666	NA SZLAKU LUTY	K20	23		01:57:28	03:02:34	03:03:32.00	03:04:40.40	+01:39:21 (53.8%)	8:54	6.7 (46.2%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto 20.6km	Czas brutto 20.6km	Tempo min/km	Tempo km/h	
							12.4km	20.2km					Różn
412	MOLEND Marcin	930	SINE PĘTO TEAM	M40	99		01:55:06	03:02:50	03:04:06.35	03:04:42.15	+01:39:23 (53.8%)	8:56	6.7 (46.2%)
413	OSZMAŁEK Agata	644	RK ATHLETICS	K30	54	MP	02:01:51	03:03:48	03:04:47.25	03:04:58.65	+01:39:39 (53.9%)	8:58	6.7 (46.2%)
414	MASTALSKI Krzysztof	747	LPP TEAM	M30	126		01:57:15	03:03:09	03:04:08.75	03:05:22.80	+01:40:03 (54.0%)	8:56	6.7 (46.2%)
415	KAWA Dariusz	863		M40	100		01:56:20	03:03:37	03:04:38.30	03:05:29.60	+01:40:10 (54.0%)	8:57	6.7 (46.2%)
416	KORNOBIS Zbigniew	875		M50	26		01:56:19	03:03:38	03:04:45.00	03:05:37.35	+01:40:18 (54.0%)	8:58	6.7 (46.2%)
417	NOWAK Konrad	1137		M30	127		01:59:45	03:03:33	03:04:44.15	03:05:51.35	+01:40:32 (54.1%)	8:58	6.7 (46.2%)
418	ABELSKI Leszek	1215		M60	8		01:57:05	03:04:20	03:05:28.95	03:05:53.15	+01:40:34 (54.1%)	9:00	6.7 (46.2%)
419	SIKORA Malgorzata	824		K40	40		01:58:10	03:04:20	03:05:36.20	03:06:03.45	+01:40:44 (54.1%)	9:00	6.7 (46.2%)
420	TEMPLER Marek	981	TEAM ZABIEGANEDNI	M40	101		01:55:41	03:04:47	03:05:50.50	03:06:49.00	+01:41:29 (54.3%)	9:01	6.7 (46.2%)
421	DROSIO Klaudia	554	KASZANKI	K30	55		02:00:49	03:05:12	03:06:14.20	03:06:52.15	+01:41:33 (54.3%)	9:02	6.6 (45.5%)
422	BACHURSKA Ewa	818	KB HARCOWNIK JELCZ-LASKOWICE	K40	41		01:59:56	03:05:19	03:06:25.85	03:06:59.20	+01:41:40 (54.4%)	9:02	6.6 (45.5%)
423	HUSIATYNSKI Maciej	549		M30	128		01:57:00	03:05:33	03:06:36.55	03:07:00.45	+01:41:41 (54.4%)	9:03	6.6 (45.5%)
424	STAŃCZAK Dominika	658	TEAM ZABIEGANEDNI	K40	42		01:57:56	03:05:04	03:06:02.10	03:07:01.75	+01:41:42 (54.4%)	9:01	6.6 (45.5%)
425	KUŹNIAK Martyna	679		K50	9		01:58:46	03:05:26	03:06:40.00	03:07:13.05	+01:41:53 (54.4%)	9:03	6.6 (45.5%)
426	KUDRA Aleksandra	861	WIELUŃ BIEGA	K40	43		01:56:48	03:05:02	03:06:11.15	03:07:18.15	+01:41:59 (54.4%)	9:02	6.6 (45.5%)
427	ZARADNA Paulina	898		K20	24		01:59:15	03:06:05	03:07:09.00	03:07:50.00	+01:42:30 (54.6%)	9:05	6.6 (45.5%)
428	PIZON Bartosz	3502	TRUTNIAWKA	M30	129		02:00:35	03:05:23	03:06:36.25	03:07:50.30	+01:42:31 (54.6%)	9:03	6.6 (45.5%)
429	CHMIELEWSKA Agata	1201		K20	25		01:59:16	03:06:06	03:07:09.80	03:07:50.70	+01:42:31 (54.6%)	9:05	6.6 (45.5%)
430	ADAMCZYK Roman	831		M30	130		01:55:24	03:06:41	03:07:55.70	03:07:55.70	+01:42:36 (54.6%)	9:07	6.6 (45.5%)
431	SKWIRA Piotr	758	CHWILAMOMENTTEAM	M30	131		01:56:06	03:05:21	03:07:07.60	03:08:01.65	+01:42:42 (54.6%)	9:05	6.6 (45.5%)
432	TYMBURSKI Michal	706	SPARTA LUBLIN	M40	102		02:00:31	03:05:47	03:07:04.95	03:08:09.05	+01:42:49 (54.7%)	9:04	6.6 (45.5%)
432	BUGAJCZYK Cezary	1182		M40	102		01:57:17	03:05:56	03:07:14.05	03:08:09.05	+01:42:49 (54.7%)	9:05	6.6 (45.5%)
434	MACIOŁEK Radosław	942	FANKLUB IGI,FRANIA I KOFIEGO	M30	132		01:57:06	03:06:01	03:07:17.80	03:08:21.00	+01:43:01 (54.7%)	9:05	6.6 (45.5%)
435	LEŚNIEWSKA Marta	631	DELOITTE ADVENTURE TEAM	K30	56		02:00:27	03:06:28	03:07:31.25	03:08:36.50	+01:43:17 (54.8%)	9:06	6.6 (45.5%)
436	PILEWSKA Anita	713	TEAM ZABIEGANEDNI	K50	10		01:58:50	03:06:48	03:07:52.45	03:08:54.40	+01:43:35 (54.8%)	9:07	6.6 (45.5%)
437	PYSSA Bartosz	911		M40	104		01:59:30	03:07:04	03:08:27.70	03:09:04.50	+01:43:45 (54.9%)	9:08	6.6 (45.5%)
438	ZYM Patrycja	582		K20	26		02:06:04	03:07:40	03:08:43.90	03:09:37.50	+01:44:18 (55.0%)	9:09	6.5 (44.8%)
439	WITKOWSKI Krzysztof	734		M40	105		01:54:39	03:08:13	03:09:23.85	03:09:45.00	+01:44:25 (55.0%)	9:11	6.5 (44.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto 20.6km	Czas brutto 20.6km	Różn	Tempo min/km	Tempo km/h
							12.4km	20.2km					
440	SZYMCZAK Michał	853	AKS WATAHA PABIANICE	M40	106		02:01:14	03:08:24	03:09:37.80	03:10:14.40	+01:44:55 (55.2%)	9:12	6.5 (44.8%)
441	KAMINSKA Joanna	733	TECHNIKAM/UKS LIDER	K40	44		01:58:09	03:08:41	03:09:48.15	03:10:16.75	+01:44:57 (55.2%)	9:12	6.5 (44.8%)
442	KOŁODZIEJ Justyna	1001		K30	57		02:00:50	03:08:58	03:10:10.75	03:10:23.35	+01:45:04 (55.2%)	9:13	6.5 (44.8%)
443	TYLKA Małgorzata	784		K30	58		01:57:44	03:09:01	03:10:05.55	03:10:39.00	+01:45:19 (55.2%)	9:13	6.5 (44.8%)
444	FRANKOWSKI Piotr	992		M40	107		02:02:16	03:08:40	03:09:45.75	03:10:40.60	+01:45:21 (55.3%)	9:12	6.5 (44.8%)
445	WOŁYNIEC Paweł	1133	BIEGACZE SPECJALNEJ TROSKI	M40	108		01:58:40	03:08:53	03:10:04.00	03:10:46.55	+01:45:27 (55.3%)	9:13	6.5 (44.8%)
446	ZARZECKI Stefan	1230		M20	33		02:04:31	03:09:32	03:10:15.00	03:10:51.60	+01:45:32 (55.3%)	9:14	6.5 (44.8%)
447	JANIAK Paulina	682		K30	59		01:59:09	03:08:36	03:10:04.20	03:10:56.35	+01:45:37 (55.3%)	9:13	6.5 (44.8%)
448	NOWAK Paulina	1016	ADIDAS RUNNERS POZNAŃ	K30	60		02:01:24	03:09:32	03:10:40.50	03:10:57.35	+01:45:38 (55.3%)	9:15	6.5 (44.8%)
449	SZALUŚ Irena	1034		K50	11		01:57:52	03:09:08	03:10:08.30	03:11:04.00	+01:45:44 (55.3%)	9:13	6.5 (44.8%)
450	MARKOWSKA Magda	583		K40	45		01:57:53	03:08:20	03:10:10.65	03:11:17.05	+01:45:57 (55.4%)	9:13	6.5 (44.8%)
451	BAK Natalia	646		K30	61		02:00:22	03:09:40	03:10:45.70	03:11:26.70	+01:46:07 (55.4%)	9:15	6.5 (44.8%)
452	FABISIAK Ewa	1012	STANWEX II	K50	12		02:01:51	03:09:58	03:11:16.15	03:11:28.15	+01:46:09 (55.4%)	9:17	6.5 (44.8%)
453	SZCZEPANIAK Sylwia	982	EURO RTV AGD	K30	62		01:58:21	03:09:53	03:11:10.40	03:11:29.15	+01:46:10 (55.4%)	9:16	6.5 (44.8%)
454	WICIŃSKA Magdalena	796		K40	46		02:00:02	03:09:51	03:10:58.00	03:11:56.05	+01:46:36 (55.5%)	9:16	6.5 (44.8%)
455	STADNYK Maryna	1038		K30	63		02:03:04	03:10:18	03:11:29.15	03:11:56.60	+01:46:37 (55.5%)	9:17	6.5 (44.8%)
456	MICHALSKI Mateusz	634	SŁOŃCA JURY	M20	34		02:00:17	03:11:02	03:12:01.20	03:12:19.95	+01:47:00 (55.6%)	9:19	6.4 (44.1%)
457	ZAWIŚLAK Anna	1005		K30	64		02:03:51	03:10:30	03:11:40.05	03:12:27.25	+01:47:08 (55.7%)	9:18	6.4 (44.1%)
458	BIENIAS Rafał	916	.	M50	27		02:06:45	03:11:02	03:12:05.00	03:12:31.00	+01:47:11 (55.7%)	9:19	6.4 (44.1%)
459	KIEŁT Katarzyna	608	#ADAMCZERWIŃSKITEAM	K40	47		02:10:00	03:13:03	03:14:10.10	03:14:31.65	+01:49:12 (56.1%)	9:25	6.4 (44.1%)
460	CHWAŁEK Anna	767	JH	K40	48		02:03:36	03:12:55	03:13:57.45	03:14:37.05	+01:49:17 (56.2%)	9:24	6.4 (44.1%)
461	ŁECKI Grzegorz	770	JH	M30	133		02:03:35	03:12:56	03:13:57.60	03:14:37.10	+01:49:17 (56.2%)	9:24	6.4 (44.1%)
462	SZYSZ Alina	1151	GRUPA BIEGACZY SKÓRZEC BIEGA	K40	49		02:04:22	03:12:59	03:14:09.45	03:14:49.75	+01:49:30 (56.2%)	9:25	6.4 (44.1%)
463	ŁĄCKI Marcin	612		M40	109		02:08:24	03:12:48	03:13:49.95	03:14:55.35	+01:49:36 (56.2%)	9:24	6.4 (44.1%)
464	MARCZAK Ola	867	KB HARCOWNIK JELCZ-LASKOWICE	K30	65		02:04:47	03:13:38	03:14:44.05	03:15:17.25	+01:49:58 (56.3%)	9:27	6.3 (43.4%)
465	ZYCHOWICZ Tomasz	973		M40	110		01:59:52	03:13:43	03:15:00.65	03:15:23.60	+01:50:04 (56.3%)	9:27	6.3 (43.4%)
466	POCIEJKIN Jakub	907		M20	35		02:05:50	03:14:01	03:14:50.70	03:15:38.15	+01:50:19 (56.4%)	9:27	6.3 (43.4%)
467	ŁOMIAK Maciej	1004		M20	36		02:05:10	03:14:18	03:15:10.95	03:15:39.50	+01:50:20 (56.4%)	9:28	6.3 (43.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto 20.6km	Czas brutto 20.6km	Tempo min/km	Tempo km/h	
							12.4km	20.2km					Różn
468	ZHYLINA Anna	1071		K40	50		02:02:11	03:14:08	03:15:27.35	03:16:40.35	+01:51:21 (56.6%)	9:29	6.3 (43.4%)
469	BLANIK Agnieszka	920		K40	51		02:05:35	03:15:20	03:16:34.45	03:17:19.45	+01:52:00 (56.8%)	9:32	6.3 (43.4%)
470	FAL Piotr	913		M40	111		01:56:18	03:15:26	03:16:52.30	03:17:22.20	+01:52:03 (56.8%)	9:33	6.3 (43.4%)
471	GREŃ Magdalena	514		K40	52		02:03:32	03:15:09	03:16:29.15	03:17:27.90	+01:52:08 (56.8%)	9:32	6.3 (43.4%)
471	GREŃ Krzysztof	515		M50	28		02:03:33	03:15:10	03:16:29.00	03:17:27.90	+01:52:08 (56.8%)	9:32	6.3 (43.4%)
473	OSOWIECKI Przemysław	926		M40	112		02:05:09	03:15:11	03:16:30.00	03:17:28.30	+01:52:09 (56.8%)	9:32	6.3 (43.4%)
474	ZARZECKA Justyna	785		K30	66		02:04:32	03:15:37	03:16:51.75	03:17:29.10	+01:52:09 (56.8%)	9:33	6.3 (43.4%)
475	SINGER Michał	966	AKTYWNI KOCIEWIACY	M20	37		02:05:08	03:17:05	03:18:03.70	03:18:16.45	+01:52:57 (57.0%)	9:36	6.2 (42.8%)
476	WYROŚLAK Katarzyna	882		K40	53		02:04:56	03:17:06	03:18:06.10	03:18:27.55	+01:53:08 (57.0%)	9:36	6.2 (42.8%)
477	MORAWIEC Jarosław	804	GYPSY BROTHERS	M30	134		02:03:19	03:17:00	03:18:04.30	03:18:59.90	+01:53:40 (57.1%)	9:36	6.2 (42.8%)
478	SOKULSKI Marcin	671	KASZANKI	M40	113		02:05:00	03:17:44	03:19:04.10	03:19:40.85	+01:54:21 (57.3%)	9:39	6.2 (42.8%)
479	ŁOMIAK Piotr	998		M50	29		02:05:13	03:18:16	03:19:14.50	03:19:43.90	+01:54:24 (57.3%)	9:40	6.2 (42.8%)
480	SERWIK Agnieszka	1159		K40	54		02:09:13	03:17:31	03:18:41.75	03:19:46.10	+01:54:26 (57.3%)	9:38	6.2 (42.8%)
481	DĄBROWSKI Jacek	970	BWRUNNERS	M50	30		02:06:44	03:17:48	03:19:02.10	03:19:56.55	+01:54:37 (57.3%)	9:39	6.2 (42.8%)
482	PLACHIMOWICZ Natalia	897	MOCNA GRUPA CEZARA	K40	55		02:07:16	03:17:53	03:18:58.95	03:20:04.75	+01:54:45 (57.4%)	9:39	6.2 (42.8%)
483	K. Dominik	931		M20	38		02:08:45	03:20:06	03:21:08.65	03:22:00.05	+01:56:40 (57.8%)	9:45	6.1 (42.1%)
484	SZPAKOWSKI Michał	1128	ING BANK ŚLĄSKI	M50	31		02:05:12	03:20:52	03:21:58.55	03:22:22.55	+01:57:03 (57.8%)	9:48	6.1 (42.1%)
485	JAŚNIKOWSKA Agnieszka	1104	GRUPA BIEGOWA BEZGRANIC	K40	56		02:07:56	03:20:37	03:21:44.95	03:22:28.80	+01:57:09 (57.9%)	9:47	6.1 (42.1%)
486	BŁASZCZAK Wojciech	698	CHWILAMOMENTTEAM	M40	114		02:02:27	03:20:23	03:21:45.00	03:22:39.05	+01:57:19 (57.9%)	9:47	6.1 (42.1%)
487	KRAWCZYK Marcin	688	NATALIA TOMASIAK- GÓRSKI STYL TEAM	M30	135		02:09:42	03:21:51	03:23:22.20	03:23:51.80	+01:58:32 (58.1%)	9:52	6.1 (42.1%)
488	POKROP Agnieszka	657	NATALIA TOMASIAK GÓRSKI STYL TEAM	K30	67		02:09:41	03:21:50	03:23:21.70	03:23:51.90	+01:58:32 (58.1%)	9:52	6.1 (42.1%)
489	HEJMEJ Kamila	656		K40	57		02:09:31	03:22:43	03:24:02.15	03:24:19.60	+01:59:00 (58.2%)	9:54	6.1 (42.1%)
490	ŚLUBOWSKA Aleksandra	813		K20	27		02:11:19	03:23:05	03:24:11.75	03:24:49.60	+01:59:30 (58.3%)	9:54	6.1 (42.1%)
491	GUBERNAT-MAGRYŚ Małgorzata	1025		K20	28		02:08:38	03:22:36	03:24:02.00	03:25:17.65	+01:59:58 (58.4%)	9:54	6.1 (42.1%)
492	MAGRYŚ Krzysztof	1026		M30	136		02:08:38	03:22:42	03:24:01.20	03:25:17.85	+01:59:58 (58.4%)	9:54	6.1 (42.1%)
493	FRYDRYCH Dariusz	1114	KKB MOSIR KROSNO	M50	32		02:06:30	03:23:35	03:24:59.80	03:25:30.20	+02:00:11 (58.5%)	9:57	6 (41.4%)
494	KOCIK Elżbieta	921		K40	58		02:09:37	03:23:32	03:24:40.65	03:25:30.25	+02:00:11 (58.5%)	9:56	6 (41.4%)
495	PŁAŻEWSKI Paweł	1085	SII RUNNING TEAM	M40	115		02:08:30	03:23:36	03:25:20.75	03:25:48.90	+02:00:29 (58.5%)	9:58	6 (41.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto		Czas brutto		Tempo min/km	Tempo km/h
							12.4km	20.2km	20.6km	20.6km	Różn			
496	MAZGAJ Maja	874		K20	29		02:08:58	03:24:34	03:25:41.20	03:26:12.75	+02:00:53 (58.6%)	9:59	6 (41.4%)	
497	JASIŃSKI Ireneusz	951		M40	116		02:10:02	03:23:47	03:25:08.70	03:26:16.95	+02:00:57 (58.6%)	9:57	6 (41.4%)	
498	NIEWIAROWSKA Anna	1017	MOUNTAIN RUNNING GUIDES	K30	68		02:07:19	03:24:12	03:25:23.80	03:26:22.15	+02:01:03 (58.7%)	9:58	6 (41.4%)	
499	ŁUCZAK Michał	1167	RAK'N'ROLL	M40	117		02:09:07	03:23:33	03:25:32.70	03:26:29.20	+02:01:10 (58.7%)	9:58	6 (41.4%)	
500	MARIAŃSKI Marek	794	RAGGABOMBA	M40	118		02:06:55	03:23:51	03:25:28.10	03:26:30.90	+02:01:11 (58.7%)	9:58	6 (41.4%)	
501	FOTYGA Agnieszka	924	OSTROBIEC	K50	13		02:09:19	03:24:50	03:26:08.65	03:26:35.10	+02:01:15 (58.7%)	10:00	6 (41.4%)	
502	BORKOWSKI Arkadiusz	760		M30	137		02:08:04	03:25:03	03:26:16.50	03:26:49.45	+02:01:30 (58.7%)	10:00	6 (41.4%)	
503	MATUSZEWSKI Michał	845		M40	119		02:08:02	03:24:47	03:26:03.40	03:26:57.90	+02:01:38 (58.8%)	10:00	6 (41.4%)	
504	RADZIK Paulina	681		K30	69		02:08:03	03:24:53	03:26:06.45	03:26:59.75	+02:01:40 (58.8%)	10:00	6 (41.4%)	
505	JANUSZ-ZOŃ Marta	1074	BABCIA BIEGA	K50	14		02:11:30	03:25:17	03:26:13.20	03:27:02.25	+02:01:43 (58.8%)	10:00	6 (41.4%)	
506	DYBEK Dagmara	960	CHSBD W RUCHU	K30	70		02:09:19	03:25:19	03:26:42.20	03:27:05.15	+02:01:46 (58.8%)	10:02	6 (41.4%)	
507	KORZEC Weronika	1018	INIFINITY GYM ŁUKASZ SZAPORÓW	K20	30		02:10:18	03:24:58	03:26:17.20	03:27:10.65	+02:01:51 (58.8%)	10:00	6 (41.4%)	
508	STANISZ Adrian	699		M30	138		02:08:08	03:25:17	03:26:44.05	03:27:30.45	+02:02:11 (58.9%)	10:02	6 (41.4%)	
509	GRZYB Beata	787	KOBIETY BIEGAJĄ	K40	59		02:12:16	03:26:07	03:27:21.80	03:27:42.10	+02:02:22 (58.9%)	10:03	6 (41.4%)	
510	CIEPLIŃSKA Wioletta	748	NAPRZÓD MŁOCINY	K50	15		02:06:38	03:25:59	03:27:25.85	03:28:10.05	+02:02:50 (59.0%)	10:04	6 (41.4%)	
511	FIAŁKOWSKA Bożena	1225	ING BANK ŚLĄSKI	K50	16		02:15:07	03:26:55	03:28:01.60	03:28:26.70	+02:03:07 (59.1%)	10:05	5.9 (40.7%)	
512	PILUTKIEWICZ Tomasz	675	ŁOJWIELE	M30	139		02:13:57	03:26:18	03:27:25.20	03:28:37.60	+02:03:18 (59.1%)	10:04	6 (41.4%)	
513	KOPICZKO Magdalena	672		K20	31		02:13:57	03:26:18	03:27:25.50	03:28:37.70	+02:03:18 (59.1%)	10:04	6 (41.4%)	
514	ROLKA Wiktor	1023		M30	140		02:12:19	03:27:00	03:27:57.75	03:28:39.50	+02:03:20 (59.1%)	10:05	5.9 (40.7%)	
515	ROLKA Aleksandra	1022		K30	71		02:12:19	03:27:01	03:27:58.10	03:28:39.60	+02:03:20 (59.1%)	10:05	5.9 (40.7%)	
516	PACANOWSKI Artur	764		M30	141		02:12:34	03:26:49	03:27:47.55	03:28:54.65	+02:03:35 (59.2%)	10:05	5.9 (40.7%)	
517	PAKULSKA Marta	728		K40	60		02:13:45	03:27:27	03:28:31.45	03:29:18.65	+02:03:59 (59.2%)	10:07	5.9 (40.7%)	
518	AUGUSTYNOWICZ Andrzej	756	RCI BYDGOSZCZ	M50	33		02:14:03	03:28:15	03:29:14.60	03:29:53.15	+02:04:34 (59.3%)	10:09	5.9 (40.7%)	
519	JACZYŃSKA Agnieszka	659		K40	61		02:14:55	03:28:10	03:29:20.40	03:30:21.30	+02:05:02 (59.4%)	10:09	5.9 (40.7%)	
520	WIECZOREK Michał	829		M40	120		02:09:57	03:28:52	03:30:10.95	03:30:28.70	+02:05:09 (59.5%)	10:12	5.9 (40.7%)	
521	OLKO Nathalie	763		K30	72		02:12:33	03:28:22	03:29:40.45	03:30:48.10	+02:05:28 (59.5%)	10:10	5.9 (40.7%)	
522	AUGUSTYNOWICZ Aurelia	757	RCI BYDGOSZCZ	K30	73		02:14:04	03:29:01	03:30:16.35	03:30:53.70	+02:05:34 (59.5%)	10:12	5.9 (40.7%)	
523	ZIAJA Aleksandr	985	RUNPROGRESS.PL TEAM	K30	74		02:13:53	03:28:56	03:29:59.15	03:30:55.75	+02:05:36 (59.6%)	10:11	5.9 (40.7%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto 20.6km	Czas brutto 20.6km	Różn	Tempo min/km	Tempo km/h
							12.4km	20.2km					
524	LUBOWIECKI Tomasz	696		M50	34		02:06:15	03:30:05	03:31:31.00	03:32:05.30	+02:06:46 (59.8%)	10:16	5.8 (40.0%)
525	CHOŁODY Łukasz	1044	SPRINT GORZYCE	M40	121		02:16:12	03:31:10	03:32:19.45	03:32:29.25	+02:07:10 (59.8%)	10:18	5.8 (40.0%)
526	BRZOSTOWSKA Kama	840		K40	62		02:21:04	03:30:55	03:32:01.85	03:32:43.80	+02:07:24 (59.9%)	10:17	5.8 (40.0%)
527	DEREŃ Aneta	842	TREKKING TEAM OSTROWIEC	K40	63		02:11:12	03:30:40	03:32:01.75	03:32:56.75	+02:07:37 (59.9%)	10:17	5.8 (40.0%)
527	DĄBROWSKA Agnieszka	999	TREKKING TEAM OSTROWIEC	K40	63		02:11:11	03:30:41	03:32:02.40	03:32:56.75	+02:07:37 (59.9%)	10:17	5.8 (40.0%)
529	KAJUT Lucyna	906	AKTYWNI KOCIEWIACY	K40	65		02:15:53	03:31:35	03:32:56.85	03:33:11.75	+02:07:52 (60.0%)	10:20	5.8 (40.0%)
530	OKOŁOWICZ Elżbieta	859	AKTYWNI KOCIEWIACY	K60	2		02:15:53	03:31:32	03:32:55.50	03:33:12.05	+02:07:52 (60.0%)	10:20	5.8 (40.0%)
531	CIEĆKIEWICZ Paulina	781		K30	75		02:12:14	03:31:24	03:33:08.30	03:33:56.85	+02:08:37 (60.1%)	10:20	5.8 (40.0%)
532	PIETRASIEWICZ Tomasz	990		M40	122		02:20:49	03:32:04	03:33:20.95	03:34:06.15	+02:08:47 (60.2%)	10:21	5.8 (40.0%)
533	ŚNIADY Piotr	1042		M30	142		02:09:43	03:32:16	03:33:15.10	03:34:12.05	+02:08:52 (60.2%)	10:21	5.8 (40.0%)
534	WOŹNIAK Oskar	641	CKS BUDOWLANI CZĘSTOCHOWA	M20	39	MP	02:13:44	03:33:00	03:33:45.40	03:34:17.75	+02:08:58 (60.2%)	10:22	5.8 (40.0%)
535	TOROŃ Małgorzata	1216		K20	32	MP	02:13:44	03:33:00	03:33:47.05	03:34:19.30	+02:09:00 (60.2%)	10:22	5.8 (40.0%)
536	JOBDA Bogna	976		K40	66		02:21:21	03:33:06	03:34:15.50	03:34:46.40	+02:09:27 (60.3%)	10:24	5.8 (40.0%)
536	FELTYNOWSKA Kasia	1108		K40	66		02:21:15	03:33:00	03:34:15.05	03:34:46.40	+02:09:27 (60.3%)	10:24	5.8 (40.0%)
538	SZUBRYT Andrzej	958		M50	35		02:03:19	03:33:17	03:34:47.85	03:34:47.85	+02:09:28 (60.3%)	10:25	5.8 (40.0%)
539	KRASNOWIECKI Łukasz	730		M40	123		02:13:23	03:32:35	03:33:53.95	03:34:48.15	+02:09:29 (60.3%)	10:22	5.8 (40.0%)
540	KASPRZAK Iwona	1087	BIEGAJĄCY ŚWIDNIK	K30	76		02:15:13	03:32:30	03:33:46.40	03:34:52.00	+02:09:32 (60.3%)	10:22	5.8 (40.0%)
541	BIELAK Sebastian	932		M40	124		02:15:12	03:32:35	03:33:45.80	03:34:52.10	+02:09:32 (60.3%)	10:22	5.8 (40.0%)
542	KABAŁA Tomasz	977		M50	36		02:13:59	03:32:50	03:34:04.50	03:35:13.40	+02:09:54 (60.4%)	10:23	5.8 (40.0%)
543	KABAŁA Iwona	978		K40	68		02:13:58	03:32:50	03:34:04.90	03:35:13.50	+02:09:54 (60.4%)	10:23	5.8 (40.0%)
544	FRANKOWSKA Weronika	1181		K30	77		02:14:39	03:33:44	03:35:06.20	03:36:03.20	+02:10:44 (60.5%)	10:26	5.7 (39.3%)
545	OLKO Weronika	517		K20	33		02:12:34	03:33:41	03:35:01.70	03:36:10.10	+02:10:50 (60.5%)	10:26	5.7 (39.3%)
546	WÓJCIK Paweł	812		M50	37		02:10:07	03:34:05	03:35:39.50	03:36:14.85	+02:10:55 (60.5%)	10:28	5.7 (39.3%)
547	SZYMCZAK Karolina	852	AKS WATAHA PABIANICE	K40	69		02:08:53	03:34:23	03:35:46.90	03:36:21.60	+02:11:02 (60.6%)	10:28	5.7 (39.3%)
548	GNIADKOWSKA Martyna	811	ODJECHANI	K30	78		02:10:57	03:35:31	03:36:44.35	03:37:18.10	+02:11:58 (60.7%)	10:31	5.7 (39.3%)
549	WASZAK Celina	664	KUTERNÓŻKA DREAM TEAM	K30	79		02:20:31	03:35:38	03:36:46.35	03:37:49.40	+02:12:30 (60.8%)	10:31	5.7 (39.3%)
550	KRZYŻANOWSKI Grzegorz	830	AKTYWNI KOCIEWIACY	M60	9		02:17:28	03:36:32	03:37:58.70	03:38:10.80	+02:12:51 (60.9%)	10:34	5.7 (39.3%)
551	ŚWIĄTEK Mateusz	935		M30	143		02:13:46	03:36:09	03:37:26.55	03:38:41.60	+02:13:22 (61.0%)	10:33	5.7 (39.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto 20.6km	Czas brutto 20.6km	Różn	Tempo min/km	Tempo km/h
							12.4km	20.2km					
552	BAJAN Piotr	4085		M30	144		02:13:47	03:36:11	03:37:27.70	03:38:42.05	+02:13:22 (61.0%)	10:33	5.7 (39.3%)
553	SZYMAŃSKA Agnieszka	1174	PKO BANK POLSKI	K40	70		02:17:51	03:37:18	03:38:38.10	03:39:18.20	+02:13:59 (61.1%)	10:36	5.7 (39.3%)
554	SZYMAŃSKI Adam	1176	WOSIR WYSZKÓW	M50	38		02:17:49	03:37:18	03:38:38.45	03:39:18.55	+02:13:59 (61.1%)	10:36	5.7 (39.3%)
555	MUSIALIK Tomasz	997		M40	125		02:17:16	03:38:03	03:39:01.25	03:39:57.55	+02:14:38 (61.2%)	10:37	5.6 (38.6%)
556	NARONOWICZ Paweł	1028	GRUPA KRECIK	M40	126		02:20:46	03:39:03	03:40:12.10	03:40:43.80	+02:15:24 (61.3%)	10:41	5.6 (38.6%)
557	SALTMERYTE Lina	571		K30	80		02:24:43	03:38:47	03:40:00.55	03:40:53.95	+02:15:34 (61.4%)	10:40	5.6 (38.6%)
558	BIČKŪNAS Juozas	616		M20	40		02:21:38	03:39:44	03:40:55.40	03:41:17.75	+02:15:58 (61.4%)	10:43	5.6 (38.6%)
559	VILKAUSKAITĖ Aušrinė	615		K20	34		02:21:37	03:39:44	03:40:55.15	03:41:17.85	+02:15:58 (61.4%)	10:43	5.6 (38.6%)
560	WYKIERSKI Patryk	884	TREKKING TEAM OSTROWIEC	M40	127		02:20:01	03:39:57	03:41:24.45	03:41:40.70	+02:16:21 (61.5%)	10:44	5.6 (38.6%)
561	WYKIERSKI Jakub	895	TREKKING TEAM OSTROWIEC	M20	41		02:19:59	03:39:56	03:41:23.50	03:41:40.85	+02:16:21 (61.5%)	10:44	5.6 (38.6%)
562	KOPCZYŃSKA Dominika	520	DZIKUR CREW	K50	17		02:15:55	03:39:26	03:40:59.60	03:41:45.70	+02:16:26 (61.5%)	10:43	5.6 (38.6%)
563	FELSKI Ireneusz	1099		M50	39		02:18:22	03:41:01	03:41:57.30	03:42:25.90	+02:17:06 (61.6%)	10:46	5.6 (38.6%)
564	FRANIA Tomasz	1009	ENDURANCE TEAM	M50	40		02:23:34	03:41:54	03:42:52.30	03:43:22.60	+02:18:03 (61.8%)	10:49	5.5 (37.9%)
565	SZYMECZKO Jolanta	709	RUNONLINE.PL	K50	18		02:23:45	03:41:48	03:43:10.25	03:43:58.30	+02:18:39 (61.9%)	10:50	5.5 (37.9%)
566	BROŻEK Anna	694		K30	81		02:23:21	03:42:25	03:43:39.20	03:44:39.30	+02:19:20 (62.0%)	10:51	5.5 (37.9%)
567	MANASSERO Anita	936	ASD PAM MONDOVI-CHIUSA PESIO	K50	19		02:18:59	03:43:27	03:44:47.25	03:45:22.25	+02:20:03 (62.1%)	10:54	5.5 (37.9%)
568	SIEROŚLAWSKA Maja	826		K30	82		02:21:55	03:44:24	03:45:28.95	03:46:10.70	+02:20:51 (62.3%)	10:56	5.5 (37.9%)
569	GOCHNIO Katarzyna	825		K30	83		02:21:54	03:44:25	03:45:29.00	03:46:10.75	+02:20:51 (62.3%)	10:56	5.5 (37.9%)
570	DROSIO Katarzyna	938		K40	71		02:26:26	03:44:43	03:45:55.65	03:46:32.40	+02:21:13 (62.3%)	10:58	5.5 (37.9%)
571	KUCZERA Beata	844	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	K40	72		02:25:35	03:44:29	03:45:36.00	03:46:33.60	+02:21:14 (62.3%)	10:57	5.5 (37.9%)
572	GANDECKA Beata	1206	MIĘDZYRZECKIE GAZELE	K50	20		02:29:21	03:40:18	03:46:02.30	03:47:01.70	+02:21:42 (62.4%)	10:58	5.5 (37.9%)
573	TKACZYK - GAWRYŁKOWICZ Agnieszka	1100	MIĘDZYRZECKIE GAZELE	K40	73		02:29:19	03:44:48	03:46:01.85	03:47:01.90	+02:21:42 (62.4%)	10:58	5.5 (37.9%)
574	MAJDER Marlena	927	DOMOWAENERGIA.COM.PL	K30	84		02:21:10	03:44:37	03:45:50.80	03:47:10.50	+02:21:51 (62.4%)	10:57	5.5 (37.9%)
575	KUCZERA Łukasz	843		M40	128		02:25:34	03:45:04	03:46:12.60	03:47:11.55	+02:21:52 (62.4%)	10:58	5.5 (37.9%)
576	KRUSZYNA Agnieszka	762		K40	74		02:22:03	03:45:34	03:46:57.70	03:47:26.65	+02:22:07 (62.5%)	11:01	5.4 (37.2%)
577	SWAT Damian	552		M30	145		02:27:55	03:45:56	03:47:01.85	03:47:28.20	+02:22:09 (62.5%)	11:01	5.4 (37.2%)
578	MORAWSKA Anna	786	BEZ KONDYCJI	K70	1		02:22:31	03:46:40	03:48:14.50	03:48:26.45	+02:23:07 (62.7%)	11:04	5.4 (37.2%)
579	CZERWIK Patrycja	667		K40	75		02:20:44	03:46:25	03:48:02.35	03:48:32.05	+02:23:12 (62.7%)	11:04	5.4 (37.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto		Czas brutto		Tempo min/km	Tempo km/h
							12.4km	20.2km	20.6km	20.6km	Różn			
580	PIETRASIEWICZ Agnieszka	989		K40	76		02:20:47	03:46:15	03:47:50.15	03:48:36.15	+02:23:17 (62.7%)	11:03	5.4 (37.2%)	
581	WELKIER Monika	710		K50	21		02:26:56	03:46:13	03:47:32.90	03:48:42.50	+02:23:23 (62.7%)	11:02	5.4 (37.2%)	
582	OWCZAREK Sylwia	661	HUSARIA RACE TEAM	K30	85		02:17:00	03:47:15	03:48:39.75	03:48:53.65	+02:23:34 (62.7%)	11:05	5.4 (37.2%)	
583	ROWIŃSKA Marta	542	BRAK	K40	77		02:23:59	03:47:13	03:48:31.90	03:48:58.25	+02:23:39 (62.7%)	11:05	5.4 (37.2%)	
584	SŁAWEK Claudia	551		K30	86		02:27:52	03:48:32	03:49:50.45	03:50:16.90	+02:24:57 (63.0%)	11:09	5.4 (37.2%)	
585	WIĘCEK Małgorzata	1127	BANK ING ŚLĄSKI	K40	78		02:23:27	03:47:51	03:49:55.85	03:50:24.10	+02:25:04 (63.0%)	11:09	5.4 (37.2%)	
586	MROZOWSKA Magdalena	594	KINGURRNER	K40	79		02:23:55	03:47:54	03:49:17.55	03:50:31.45	+02:25:12 (63.0%)	11:07	5.4 (37.2%)	
587	JANIK Tomasz	595	ORANGE POLSKA	M50	41		02:25:22		03:51:01.00	03:51:01.00	+02:25:41 (63.1%)	11:12	5.4 (37.2%)	
588	REIMUS Ewa	803	AKTYWNI KOCIEWIACY	K40	80		02:28:09	03:49:41	03:51:05.05	03:51:21.10	+02:26:01 (63.1%)	11:13	5.3 (36.6%)	
589	SOLECKA Katarzyna	805	AKTYWNI KOCIEWIACY	K40	81		02:28:10	03:49:41	03:51:05.55	03:51:21.15	+02:26:02 (63.1%)	11:13	5.3 (36.6%)	
590	SŁOWIŃSKA Małgorzata	934	BST	K40	82		02:22:46	03:50:00	03:51:14.75	03:51:57.20	+02:26:38 (63.2%)	11:13	5.3 (36.6%)	
591	BARCIKOWSKA Olga	900		K30	87		02:29:03	03:49:51	03:51:04.60	03:52:13.95	+02:26:54 (63.3%)	11:13	5.3 (36.6%)	
592	POLITOWSKA Marta	773	ŻYWCEM ZABIEGANI 2.0	K40	83		02:30:39	03:49:57	03:51:40.95	03:52:18.00	+02:26:58 (63.3%)	11:14	5.3 (36.6%)	
593	KOWALSKI Damian	772	ŻYWCEM ZABIEGANI 2.0	M20	42		02:30:39	03:49:58	03:51:41.65	03:52:18.10	+02:26:58 (63.3%)	11:14	5.3 (36.6%)	
594	KANIOS Beata	529	KGW LESZNOWOLA	K40	84		02:24:48	03:47:02	03:52:18.50	03:52:43.30	+02:27:24 (63.3%)	11:16	5.3 (36.6%)	
595	GOS Marta	511	KGW LESZNOWOLA	K40	85		02:24:52	03:51:08	03:52:22.10	03:52:43.40	+02:27:24 (63.3%)	11:16	5.3 (36.6%)	
595	GOŁĘBIEWSKA Justyna	879	KGW LESZNOWOLA	K50	22		02:24:48	03:47:03	03:52:19.50	03:52:43.40	+02:27:24 (63.3%)	11:16	5.3 (36.6%)	
597	PAWLIK Tomasz	1161	JB WARSAW	M30	146		02:24:49	03:52:03	03:53:15.05	03:53:55.45	+02:28:36 (63.5%)	11:19	5.3 (36.6%)	
598	PLUSKOTA Ewa	928		K30	88		02:23:11	03:52:47	03:54:06.25	03:55:10.50	+02:29:51 (63.7%)	11:21	5.3 (36.6%)	
599	WINDER Agnieszka	1183	KENKO/MASADA	K40	86		02:30:59	03:53:07	03:54:26.40	03:55:17.20	+02:29:58 (63.7%)	11:22	5.3 (36.6%)	
600	WIELICZKO Regina	891		K40	87		02:25:21	03:54:34	03:55:58.75	03:57:07.60	+02:31:48 (64.0%)	11:27	5.2 (35.9%)	
601	SAGAN Sebastian	1190	SŁOŃCA JURY	M20	43		02:33:14	03:55:14	03:56:32.90	03:57:24.00	+02:32:04 (64.1%)	11:28	5.2 (35.9%)	
602	ŁUKACZ Aleksandra	962		K30	89		02:25:52	03:55:44	03:57:32.60	03:58:35.80	+02:33:16 (64.2%)	11:31	5.2 (35.9%)	
603	WOLEK Marcin	963		M40	129		02:25:59	03:54:58	03:57:38.20	03:58:36.95	+02:33:17 (64.2%)	11:32	5.2 (35.9%)	
604	ZAMBRZYCKA Magadalena	626		K40	88		02:28:29	03:56:38	03:58:13.10	03:59:02.80	+02:33:43 (64.3%)	11:33	5.2 (35.9%)	
605	PNIEWSKA Anna	625	RAK'N'ROLL	K40	89		02:28:51	03:56:38	03:58:14.55	03:59:04.15	+02:33:45 (64.3%)	11:33	5.2 (35.9%)	
606	MIKUCKA Marzena	1126	ING BANK ŚLĄSKI	K30	90		02:22:42	03:57:42	03:59:03.50	03:59:30.50	+02:34:11 (64.4%)	11:36	5.2 (35.9%)	
607	GRZYWINSKA Monika	1083	SPARTA	K40	90		02:34:24	03:57:35	03:58:39.10	03:59:31.80	+02:34:12 (64.4%)	11:35	5.2 (35.9%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto 20.6km	Czas brutto 20.6km	Różn	Tempo min/km	Tempo km/h
							12.4km	20.2km					
608	MAZUR-ZYCH Aleksandra	1224		K40	91		02:28:25	03:57:57	03:59:16.30	03:59:35.65	+02:34:16 (64.4%)	11:36	5.2 (35.9%)
609	NOGA Szymon	816		M20	44		02:29:24	03:58:09	03:59:18.60	03:59:39.30	+02:34:20 (64.4%)	11:36	5.2 (35.9%)
610	SERZYSKO Weronika	887		K20	35		02:28:53	03:57:38	03:58:48.10	03:59:39.50	+02:34:20 (64.4%)	11:35	5.2 (35.9%)
611	STRZELICHOWSKA Beata	939		K30	91		02:32:46	03:58:07	03:59:27.65	03:59:50.50	+02:34:31 (64.4%)	11:37	5.2 (35.9%)
612	FRANCUZ Patrycja	1153	WIELKA WIEŚ BIEGA	K30	92		02:29:10	03:58:18	03:59:38.40	04:00:49.80	+02:35:30 (64.6%)	11:37	5.2 (35.9%)
613	FRĄCZEK Gosia	838		K40	92		02:28:53	03:59:02	04:00:29.95	04:01:16.80	+02:35:57 (64.6%)	11:40	5.1 (35.2%)
614	SZYMAŃSKA Dorota	611		K40	93		02:32:02	03:59:37	04:01:02.90	04:01:28.60	+02:36:09 (64.7%)	11:42	5.1 (35.2%)
615	URBAŚ Katarzyna	1144	DOMINTEAM	K30	93		02:34:40	03:59:46	04:01:07.00	04:01:48.10	+02:36:28 (64.7%)	11:42	5.1 (35.2%)
616	DYŁO Agnieszka	1132		K40	94		02:34:50	03:59:59	04:01:33.10	04:02:40.55	+02:37:21 (64.8%)	11:43	5.1 (35.2%)
617	CUDZIŁO Joanna	596	PKO BANK POLSKI	K50	23		02:34:49	04:00:06	04:01:34.40	04:02:41.30	+02:37:22 (64.8%)	11:43	5.1 (35.2%)
618	JEZIERSKA Karina	1199	TEAM ZABIEGANEDNI / KN PACE	K40	95		02:37:03	04:01:54	04:03:04.90	04:04:06.80	+02:38:47 (65.0%)	11:47	5.1 (35.2%)
619	KOWALSKA Kinga	749	KB PACE	K40	96		02:37:05	04:01:56	04:03:06.20	04:04:06.90	+02:38:47 (65.0%)	11:48	5.1 (35.2%)
620	ROKITA Julia	792		K20	36		02:41:39	04:02:06	04:03:20.95	04:04:33.65	+02:39:14 (65.1%)	11:48	5.1 (35.2%)
621	BADURA Katarzyna	533	KJ PROFIT ORZESZE	K40	97		02:28:52	04:02:35	04:04:11.25	04:05:12.75	+02:39:53 (65.2%)	11:51	5.1 (35.2%)
622	BADURA Adam	532	KJ PROFIT ORZESZE	M40	130		02:28:51	04:02:35	04:04:10.85	04:05:12.85	+02:39:53 (65.2%)	11:51	5.1 (35.2%)
623	WÓJCIK Urszula	814		K50	24		02:34:44	04:04:43	04:06:14.95	04:06:50.45	+02:41:31 (65.4%)	11:57	5 (34.5%)
624	LUDYNIA Krzysztof	828	STG WARSZAWA	M40	131		02:12:54	04:04:16	04:06:11.80	04:06:59.75	+02:41:40 (65.5%)	11:57	5 (34.5%)
625	WRONKOWSKA Katarzyna	676		K30	94		02:33:39	04:05:56	04:07:15.10	04:07:50.30	+02:42:31 (65.6%)	12:00	5 (34.5%)
626	TWARDOWSKI Wojciech	883	RUN BYDGOSZCZ	M50	42		02:31:23	04:11:36	04:13:41.15	04:14:35.15	+02:49:16 (66.5%)	12:18	4.9 (33.8%)
627	SKORUPKA Anna	768	GRUPA BIEGACZY SKÓRZEC BIEGA	K40	98		02:44:35	04:13:35	04:14:47.50	04:16:03.70	+02:50:44 (66.7%)	12:22	4.9 (33.8%)
628	SZOTOWICZ Ewa	855		K30	95		02:43:15	04:13:50	04:15:16.05	04:16:23.05	+02:51:03 (66.7%)	12:23	4.8 (33.1%)
629	SZAJNA Agata	622		K60	3		02:37:58	04:14:09	04:15:46.20	04:16:30.70	+02:51:11 (66.7%)	12:24	4.8 (33.1%)
630	MANIAKOWSKA Agnieszka	952	WYBIEGAJ SIEBIE	K40	99		02:48:47	04:15:58	04:17:30.25	04:17:56.75	+02:52:37 (66.9%)	12:30	4.8 (33.1%)
631	KOSTULSKA Olga	1157		K30	96		02:40:45	04:16:05	04:17:50.10	04:18:13.15	+02:52:54 (67.0%)	12:30	4.8 (33.1%)
632	PODLEWSKI Wojciech	715	KS SPORTIVA	M50	43		02:40:33	04:17:00	04:18:30.55	04:18:48.30	+02:53:29 (67.0%)	12:32	4.8 (33.1%)
633	JANKA Radek	714		M50	44		02:40:28	04:16:55	04:18:30.45	04:18:48.40	+02:53:29 (67.0%)	12:32	4.8 (33.1%)
634	KARASIŃSKA Elżbieta	660	WYBIEGAJ SIEBIE	K50	25		02:48:48	04:17:32	04:18:48.05	04:19:15.75	+02:53:56 (67.1%)	12:33	4.8 (33.1%)
635	SZKODZIAK Agnieszka	1107		K30	97		02:43:38	04:17:36	04:19:07.20	04:19:26.85	+02:54:07 (67.1%)	12:34	4.8 (33.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto		Czas brutto		Tempo min/km	Tempo km/h
							12.4km	20.2km	20.6km	20.6km	Różn			
636	ZABORSKA-JÓZEFIK Izabela	527		K50	26		02:43:06	04:17:21	04:18:52.25	04:19:28.25	+02:54:09 (67.1%)	12:33	4.8 (33.1%)	
637	SOSNOWSKA Justyna	606	POWER TRAINING	K30	98		02:43:08	04:17:21	04:18:54.40	04:19:28.40	+02:54:09 (67.1%)	12:34	4.8 (33.1%)	
638	PURGAL Magdalena	1214	SŁOŃCA JURY	K40	100		02:36:08	04:18:06	04:20:23.90	04:21:14.45	+02:55:55 (67.3%)	12:38	4.7 (32.4%)	
639	GASIK Wiola	1213	STOWARZYSZENIE SPORTOWE SŁOŃCA JURY	K40	101		02:36:10	04:18:06	04:20:24.30	04:21:14.70	+02:55:55 (67.3%)	12:38	4.7 (32.4%)	
640	KAWA Jacek	1010	TTO OSTRWOWIEC ŚWIĘTOKRZYSKI	M40	132		02:44:37	04:20:06	04:21:35.45	04:22:51.10	+02:57:31 (67.5%)	12:41	4.7 (32.4%)	
641	SKOCZYŁAS Bartosz	905	SPARTA LUBLIN	M40	133		02:39:50	04:21:09	04:22:27.65	04:23:23.50	+02:58:04 (67.6%)	12:44	4.7 (32.4%)	
642	RYSZ - JEŃCZKOWSKA Katarzyna	1226	MAMUŚKI AKTIV PRO	K30	99		02:48:04	04:22:53	04:24:13.60	04:24:13.60	+02:58:54 (67.7%)	12:49	4.7 (32.4%)	
643	BIJAK Agnieszka	1179	FUNDACJA RAK'N'ROLL	K40	102		02:44:21	04:22:27	04:23:56.70	04:24:34.65	+02:59:15 (67.8%)	12:48	4.7 (32.4%)	
644	KNAP Elżbieta	1202	GACEK TEAM	K30	100		02:42:09	04:22:54	04:24:40.05	04:25:13.25	+02:59:54 (67.8%)	12:50	4.7 (32.4%)	
645	WYSOCKA Zuzanna	1124	BIAŁYSTOK BIEGA TEAM				02:42:43	04:23:09	04:24:20.40	04:25:25.30	+03:00:06 (67.9%)	12:49	4.7 (32.4%)	
646	MICHALIK Wiktoria	1187	SŁOŃCA JURY	K20	37		02:50:10	04:25:45	04:27:01.90	04:27:54.25	+03:02:35 (68.2%)	12:57	4.6 (31.7%)	
647	MICHALIK Kornelia	1189	SŁOŃCA JURY	K20	38		02:50:14	04:25:46	04:27:03.95	04:27:54.45	+03:02:35 (68.2%)	12:57	4.6 (31.7%)	
648	KASZTELAN Agata	1191	SŁOŃCA JURY	K40	103		02:50:29	04:30:02	04:31:43.15	04:32:34.70	+03:07:15 (68.7%)	13:11	4.5 (31.0%)	
649	MICHALIK Agnieszka	1188	SŁOŃCA JURY	K40	104		02:51:00	04:30:22	04:31:48.60	04:32:40.00	+03:07:20 (68.7%)	13:11	4.5 (31.0%)	
650	WOLNIEWICZ Joanna	870	PARKRUN JEZIORO SWARZĘDZKIE	K50	27		02:54:31	04:31:29	04:33:00.05	04:34:02.35	+03:08:43 (68.9%)	13:15	4.5 (31.0%)	
651	SKUBISZA Andrzej	869	PARKRUN JEZIORO SWARZĘDZKIE	M50	45		02:57:08	04:31:29	04:33:00.15	04:34:03.20	+03:08:44 (68.9%)	13:15	4.5 (31.0%)	
652	GLIWKA Małgorzata	1227	SPARTA LUBLIN	K30	101		02:44:26	04:35:38	04:37:27.15	04:38:21.35	+03:13:02 (69.3%)	13:28	4.5 (31.0%)	
653	MARCZYŃSKA Katarzyna	614	RAK'N'ROLL TEAM	K50	28		03:01:53	04:39:11	04:40:40.20	04:41:37.75	+03:16:18 (69.7%)	13:37	4.4 (30.3%)	
654	KREFT Agata	621		K30	102		03:01:54	04:39:12	04:40:41.25	04:41:37.85	+03:16:18 (69.7%)	13:37	4.4 (30.3%)	
655	KAWA Monika	908	TREKKING TEAM OSTROWIEC	K40	105		02:50:52	04:39:44	04:41:37.75	04:42:59.65	+03:17:40 (69.9%)	13:40	4.4 (30.3%)	
656	SZCZEBEL Justyna	617	RAK AND ROLL	K40	106		02:58:24	04:41:49	04:43:06.00	04:43:57.70	+03:18:38 (70.0%)	13:44	4.4 (30.3%)	
657	CZARNECKA Ilona	1223	ŁOMIANKOWSKA GRUPA BIEGOWA	K50	29		02:58:53	04:41:28	04:45:06.65	04:45:45.90	+03:20:26 (70.1%)	13:50	4.3 (29.7%)	
658	WIĘCKOWSKA Paulina	1054	ŁOMIANKOWSKA GRUPA BIEGOWA	K40	107		02:58:51	04:43:29	04:45:06.45	04:45:46.05	+03:20:26 (70.1%)	13:50	4.3 (29.7%)	
659	STOPA Anna	878	KGW LESZNOWOLA	K50	30		03:04:34	04:44:39	04:46:12.80	04:46:34.85	+03:21:15 (70.2%)	13:53	4.3 (29.7%)	
660	WIŚNIEWSKA Maria	1169		K50	31		03:05:26	04:47:05	04:49:10.95	04:50:05.75	+03:24:46 (70.6%)	14:02	4.3 (29.7%)	
661	MACIEJEWSKI Jacek	624	RAK'N'ROLL	M50	46		02:57:29	04:47:54	04:49:30.85	04:50:14.80	+03:24:55 (70.6%)	14:03	4.3 (29.7%)	
662	SKARBOWSKA Izabela	620	RAK'N'ROLL TEAM	K40	108		03:05:25	04:48:13	04:49:28.90	04:50:19.20	+03:25:00 (70.6%)	14:03	4.3 (29.7%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto 20.6km	Czas brutto 20.6km	Różn	Tempo min/km	Tempo km/h
							12.4km	20.2km					
663	IDZIKOWSKA- TRZECIAK Małgorzata	1178		K40	109		03:05:30	04:50:32	04:52:12.30	04:53:00.40	+03:27:41 (70.9%)	14:11	4.2 (29.0%)
664	DREWIN Małgorzata	735		K40	110		02:56:25	04:56:05	04:57:47.25	04:58:36.70	+03:33:17 (71.4%)	14:27	4.2 (29.0%)
Przekroczony limit czasu: 05:00:00													
665	TYBUŚ Edyta	1193	RAK'N'ROLL	K50	32		03:07:12	05:08:55	05:10:59.50	05:11:40.20	+03:46:21 (72.6%)	15:05	4 (27.6%)
666	ŁUGOWSKI Paweł Ryszard	1165	RAK&ROLL	M60	10		03:29:59	05:10:23	05:12:07.45	05:12:54.10	+03:47:34 (72.7%)	15:09	4 (27.6%)
667	CHUCHAŁA Andrzej	821	TREKKING TEAM OSTROWIEC ŚWIĘTOKRZYSKI	M50	47		03:37:57	05:38:42	05:42:05.45	05:42:41.25	+04:17:22 (75.1%)	16:36	3.6 (24.8%)
668	CHUCHAŁA Iwona	820	TREKKING TEAM OSTROWIEC ŚWIĘTOKRZYSKI	K40	111		03:37:55	05:38:44	05:42:06.70	05:42:41.50	+04:17:22 (75.1%)	16:36	3.6 (24.8%)
669	TYCZYNSKI Krzysztof	839	AKTYWNI KOCIEWIACY	M30	147		03:29:03	05:46:49	05:49:29.75	05:49:43.25	+04:24:24 (75.6%)	16:57	3.5 (24.1%)
670	MYKOWSKI Tadeusz	959	AKTYWNI KOCIEWIACY	M40	134		03:29:01	05:46:52	05:49:31.30	05:49:44.15	+04:24:25 (75.6%)	16:58	3.5 (24.1%)
671	KOWALSKA Kamila	1163		K30	103		03:40:38	05:56:03	05:58:05.95	05:58:54.60	+04:33:35 (76.2%)	17:22	3.5 (24.1%)
672	ŁUGOWSKA Maria	618	RAK&ROLL	K60	4		03:40:41	05:56:08	05:58:11.75	05:58:54.95	+04:33:35 (76.2%)	17:23	3.5 (24.1%)
673	MARCINIEC Łukasz	1164	RAK'N'ROLL	M50	48		03:40:34	06:02:32	06:05:19.70	06:06:11.10	+04:40:51 (76.7%)	17:44	3.4 (23.4%)
	FLORYN Iwona	1162	RAKNROLL	K60			DNF	DNF	DNF	DNF	-	-	(0.0%)
	BALIGA Cezary	649	HOKA GARMIN TEAM	M20		MP	DNF	DNF	DNF	DNF	-	-	(0.0%)
	BOREK Anna	623		K50			DNF	DNF	DNF	DNF	-	-	(0.0%)

Znaleziono 676 wynik(ów)