



CHYŻA DURBASZKA - 20 KM

B4SPORT

Event: PIENINY ULTRA-TRAIL®
Organiser: Fundacja Strefa Przygód
Date: 2023-04-22
Place: Szczawnica
Distance: 19.9 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: K30

Place	Participant	Number	Club	Category	MCat	Premia1 12.9km	Premia2 13.4km	18.8km	Net time 19.3km	Czas brutto 19.3km	Gap	Pace min/km	Pace km/h
1	GRZYWACZEWSKA Justyna	2871		K30	1	01:17:41	01:21:57	01:53:13	01:54:42.80	01:54:45.40		5:56	10.1 (100%)
2	BOCHENEK Magdalena	689	G.O.A.T. TEAM MICHAŁOWICE	K30	2	01:21:59	01:26:52	01:59:13	02:00:57.05	02:00:59.20	+00:06:13 (5.1%)	6:16	9.6 (95.0%)
3	OBSTÓJ Karolina	938	ON RUNNING	K30	3	01:22:22	01:26:59	02:02:49	02:04:29.50	02:04:31.15	+00:09:45 (7.8%)	6:26	9.3 (92.1%)
4	DŁUGOSZ-STĘPNIAK Agnieszka	783		K30	4	01:28:47	01:33:44	02:11:20	02:13:11.60	02:13:14.70	+00:18:29 (13.9%)	6:54	8.7 (86.1%)
5	SZTORC Joanna	502		K30	5	01:31:33	01:36:48	02:14:53	02:16:45.75	02:16:56.65	+00:22:11 (16.2%)	7:05	8.5 (84.2%)
6	KONIK Diana	871		K30	6	01:36:00		02:16:52	02:18:23.80	02:18:23.80	+00:23:38 (17.1%)	7:10	8.4 (83.2%)
7	KRUK Magdalena	581		K30	7	01:32:50	01:38:00	02:16:39	02:18:35.00	02:18:38.50	+00:23:53 (17.2%)	7:10	8.4 (83.2%)
8	JACNIAK Ewa	776	EWA JACNIAK NOLIMITS	K30	8	01:36:44	01:42:28	02:21:27	02:23:02.50	02:23:10.25	+00:28:24 (19.8%)	7:24	8.1 (80.2%)
9	HURAS Monika	760	ITMBW KRAKÓW	K30	9	01:37:47	01:44:05	02:23:26	02:25:27.65	02:25:44.75	+00:30:59 (21.3%)	7:32	8 (79.2%)
10	WOŹNIAK Karolina	501	INKA TEAM	K30	10	01:39:18	01:45:27	02:25:41	02:27:25.00	02:27:51.60	+00:33:06 (22.4%)	7:38	7.9 (78.2%)
11	SIECZKA Anna	753		K30	11	01:39:26	01:45:22	02:26:00	02:27:57.25	02:28:14.85	+00:33:29 (22.6%)	7:39	7.8 (77.2%)
12	GAWLIKOWSKA Agnieszka	833		K30	12	01:42:19	01:48:11	02:28:15	02:29:54.80	02:29:59.20	+00:35:13 (23.5%)	7:46	7.7 (76.2%)
13	ÖRDÖG Ditta	837		K30	13	01:42:40	01:48:27	02:28:10	02:29:55.70	02:30:16.15	+00:35:30 (23.6%)	7:46	7.7 (76.2%)
14	SIWAK Natalia	858		K30	14	01:46:10	01:51:45	02:31:27	02:33:23.00	02:33:50.95	+00:39:05 (25.4%)	7:56	7.5 (74.3%)
15	JURCZAK Małgorzata	843		K30	15		01:47:33	02:32:41	02:34:40.50	02:34:51.70	+00:40:06 (25.9%)	8:00	7.5 (74.3%)

Place	Participant	Number	Club	Category	MCat	Premia			Net time 19.3km	Czas brutto 19.3km	Gap	Pace min/km	Pace km/h
						12.9km	13.4km	18.8km					
16	KACZMARCZYK Marta	902		K30	16	01:44:49	01:50:49	02:34:50	02:36:34.25	02:36:40.80	+00:41:55 (26.8%)	8:06	7.4 (73.3%)
17	ALEKSA Irena	750		K30	17	01:48:30	01:54:47	02:38:48	02:40:46.40	02:41:10.40	+00:46:25 (28.8%)	8:19	7.2 (71.3%)
18	KRAUZE-PYRGIEL Kamila	651	DYNAMIC ŁÓDŹ	K30	18	01:49:27	01:55:40	02:40:25	02:42:19.25	02:42:33.90	+00:47:48 (29.4%)	8:24	7.1 (70.3%)
19	KUMOR Anna	775		K30	19	01:50:50	01:56:46	02:41:37	02:43:36.90	02:43:43.80	+00:48:58 (29.9%)	8:28	7.1 (70.3%)
20	MEUS Martyna	893		K30	20	01:51:41	01:59:19	02:42:17	02:44:36.00	02:44:36.00	+00:49:50 (30.3%)	8:31	7 (69.3%)
21	CELEK Katarzyna	931	RZESZOWSKIE G&G	K30	21	01:51:20	01:57:58	02:44:26	02:46:14.00	02:46:14.00	+00:51:28 (31.0%)	8:36	7 (69.3%)
22	SZELAĞIEWICZ Magdalena	700		K30	22	01:55:17	02:01:06	02:44:32	02:46:38.45	02:47:09.60	+00:52:24 (31.3%)	8:38	6.9 (68.3%)
23	PITERA Anna	633		K30	23		01:57:48	02:45:25	02:47:32.10	02:47:51.50	+00:53:06 (31.6%)	8:40	6.9 (68.3%)
24	JANIAK Paulina	164	ŁÓDŹ KOCHA SPORT	K30	24	01:55:30	02:02:17	02:49:07	02:51:03.20	02:51:38.30	+00:56:52 (33.1%)	8:51	6.8 (67.3%)
25	PŁUSA Aleksandra	782		K30	25	01:57:22	02:03:47	02:50:03	02:51:47.90	02:51:59.20	+00:57:13 (33.3%)	8:54	6.7 (66.3%)
26	MILCZAREK Kinga	686		K30	26	01:55:26	02:02:38	02:53:56	02:56:15.70	02:56:27.00	+01:01:41 (35.0%)	9:07	6.6 (65.3%)
27	MYSZKA Ewelina	597		K30	27	02:01:11	02:06:54	02:56:41	02:58:38.10	02:59:13.25	+01:04:27 (36.0%)	9:15	6.5 (64.4%)
28	CIEŚLIŃSKA Elżbieta	766		K30	28	02:05:31	02:11:39	02:58:20	03:00:33.75	03:01:12.45	+01:06:27 (36.7%)	9:21	6.4 (63.4%)
29	ISKRZYŃSKA Aleksandra	693		K30	29	02:01:43	02:07:55	03:01:44	03:03:32.05	03:03:45.95	+01:09:00 (37.6%)	9:30	6.3 (62.4%)
30	DARŁAK Joanna	828	NAPRZÓD MŁOCINY	K30	30	02:03:34	02:10:28	03:01:23	03:03:48.05	03:04:26.45	+01:09:41 (37.8%)	9:31	6.3 (62.4%)
31	KIEPIEL Agata	687	ADIDAS RUNNERS WARSAW	K30	31	02:03:48	02:11:01	03:02:15	03:04:13.35	03:04:49.30	+01:10:03 (37.9%)	9:32	6.3 (62.4%)
32	MIREK Elżbieta	883		K30	32	02:09:59	02:16:00	03:03:17	03:05:23.00	03:05:34.60	+01:10:49 (38.2%)	9:36	6.2 (61.4%)
33	PIEKIELNA Angelika	668		K30	33	02:04:11	02:11:35	03:04:07	03:06:22.70	03:06:58.30	+01:12:12 (38.6%)	9:39	6.2 (61.4%)
34	CISZEK Olga	726		K30	34	02:05:27	02:13:04	03:07:06	03:09:12.30	03:09:51.20	+01:15:05 (39.6%)	9:48	6.1 (60.4%)
35	KOCZARA Marta	876		K30	35	02:08:11	02:15:06	03:09:01	03:11:10.65	03:11:43.95	+01:16:58 (40.1%)	9:54	6.1 (60.4%)
36	SZCZYGIEŁ Joanna	742		K30	36	02:11:05	02:17:50	03:11:24	03:13:30.00	03:13:44.65	+01:18:59 (40.8%)	10:01	6 (59.4%)
37	KLAMBOROWSKA Magdalena	713		K30	37	02:11:32	02:18:29	03:12:06	03:13:59.35	03:14:35.95	+01:19:50 (41.0%)	10:03	6 (59.4%)
38	DRAGUŁA-LIS Andżelika	886		K30	38	02:10:13	02:17:16	03:12:12	03:14:23.50	03:14:49.40	+01:20:04 (41.1%)	10:04	6 (59.4%)

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						12.9km	13.4km	18.8km					
39	MIZGAŁA Paulina	566	STOWARZYSZENIE SPORTOWE SŁOŃCA JURY	K30	39	02:10:06	02:17:09	03:12:30	03:14:48.60	03:14:56.90	+01:20:11 (41.1%)	10:05	5.9 (58.4%)
40	CEGLARSKA GRONEK Agnieszka	580		K30	40	02:12:13	02:18:41	03:13:34	03:15:54.80	03:15:54.80	+01:21:09 (41.4%)	10:09	5.9 (58.4%)
41	AUGUSTYNOWICZ Aurelia	696	RCI BYDGOSZCZ	K30	41	02:12:32	02:19:13	03:14:14	03:16:43.15	03:17:22.25	+01:22:36 (41.9%)	10:11	5.9 (58.4%)
42	SOKOŁOWSKA Małgorzata	539	ROZCHODNIACZEK TEAM	K30	42	02:10:48	02:18:15	03:14:52	03:17:25.05	03:17:53.75	+01:23:08 (42.0%)	10:13	5.9 (58.4%)
43	BAKALARSKA Urszula	646		K30	43	02:13:40	02:21:16	03:17:22	03:19:47.60	03:20:18.35	+01:25:32 (42.7%)	10:21	5.8 (57.4%)
44	KIES Iwona	520		K30	44	02:17:19	02:24:36	03:18:28	03:20:45.85	03:20:45.85	+01:26:00 (42.8%)	10:24	5.8 (57.4%)
45	STASZCZYK Ania	881		K30	45	02:16:16	02:23:13	03:20:39	03:22:37.20	03:22:42.35	+01:27:56 (43.4%)	10:29	5.7 (56.4%)
46	KOŁODZIEJ Justyna	669		K30	46	02:14:43	02:22:02	03:19:36	03:22:33.20	03:22:42.50	+01:27:57 (43.4%)	10:29	5.7 (56.4%)
47	MACIASZ Sylwia	794		K30	47	02:14:58	02:21:38	03:21:18	03:23:31.15	03:24:22.80	+01:29:37 (43.9%)	10:32	5.7 (56.4%)
48	ŚLEMP Małgorzata	729	ULTRA WYJADACZE	K30	48	02:19:41	02:27:09	03:24:50	03:26:55.90	03:27:33.40	+01:32:48 (44.7%)	10:43	5.6 (55.4%)
49	MIRKOWSKA Monika	613		K30	49	02:23:20	02:31:22	03:25:23	03:27:32.60	03:28:06.50	+01:33:21 (44.9%)	10:45	5.6 (55.4%)
50	RZĘDZIAN Beata	524	ŁĘCZNA BIEGA	K30	50	02:27:19	02:34:37	03:29:22	03:31:40.00	03:31:54.80	+01:37:09 (45.8%)	10:58	5.5 (54.5%)
51	STRZELCZYK Aleksandra	628	KLUB BIEGACZA RTV EURO AGD	K30	51	02:27:52	02:35:33	03:31:02	03:33:05.20	03:33:31.40	+01:38:46 (46.3%)	11:02	5.4 (53.5%)
52	POŹNIAK-STYCZYŃSKA Maja	906	DDC	K30	52	02:26:42	02:35:58	03:35:53	03:38:20.60	03:38:58.75	+01:44:13 (47.6%)	11:18	5.3 (52.5%)
53	MIROWSKA Agnieszka	855	FUNDACJA RAK'N'ROLL	K30	53	02:21:55	02:31:16	03:36:33	03:39:31.80	03:40:11.80	+01:45:26 (47.9%)	11:22	5.3 (52.5%)
54	NOWOSADZKA Beata	548		K30	54	02:25:11	02:32:10	03:37:17	03:40:03.80	03:40:46.80	+01:46:01 (48.0%)	11:24	5.3 (52.5%)
55	GARCZYK Agnieszka	556	KB GALOPUJĄCE ŚLIMAKI	K30	55	02:19:01	02:35:22	03:44:32	03:47:09.70	03:47:31.55	+01:52:46 (49.6%)	11:46	5.1 (50.5%)
56	MIECHOWIECKA Maja	923	HUSKY W PASKI	K30	56	02:35:05	02:43:29	03:45:23	03:47:20.55	03:47:35.50	+01:52:50 (49.6%)	11:46	5.1 (50.5%)
57	DĄBROWSKA Daria	807	NEW4YOU TEAM	K30	57	02:36:25	02:45:25	03:45:29	03:47:28.20	03:47:38.45	+01:52:53 (49.6%)	11:47	5.1 (50.5%)
58	CZERNIEJEWSKA Żaneta	805	NEW4YOU TEAM	K30	58	02:36:24	02:45:21	03:45:30	03:47:29.20	03:47:38.65	+01:52:53 (49.6%)	11:47	5.1 (50.5%)
59	TRZYNA Paula	773	POLSKIE TOWARZYSTWO STWARDNIENIA ROZSIANEGO	K30	59	02:30:20	02:39:14	03:49:30	03:52:38.10	03:53:14.95	+01:58:29 (50.8%)	12:03	5 (49.5%)
60	SZALSKA Elżbieta	846		K30	60	02:33:46	02:43:05	03:50:32	03:53:02.50	03:53:45.90	+01:59:00 (50.9%)	12:04	5 (49.5%)
61	ENDER Małgorzata	863	NAPRZÓD MŁOCINY	K30	61	02:41:35	02:50:05	03:53:46	03:56:09.80	03:56:27.80	+02:01:42 (51.5%)	12:14	4.9 (48.5%)

Place	Participant	Number	Club	Category	MCat	Premia			Net time 19.3km	Czas brutto 19.3km	Gap	Pace min/km	Pace km/h
						12.9km	13.4km	18.8km					
62	FRANCUZ Patrycja	2878	WIELKA WIEŚ BIEGA	K30	62	02:31:28	02:39:54	03:56:11	03:58:51.05	03:59:12.00	+02:04:26 (52.0%)	12:22	4.8 (47.5%)
63	FILIPOWSKA Teresa	854	RAK'N'ROLL	K30	63	02:40:46	02:50:42	03:56:25	03:58:46.75	03:59:33.70	+02:04:48 (52.1%)	12:22	4.8 (47.5%)
64	MAŃKOWSKA Natalia	727		K30	64	02:49:53	02:58:06	04:07:38	04:09:59.65	04:10:46.70	+02:16:01 (54.2%)	12:57	4.6 (45.5%)
65	FRANKOWSKA Weronika	788		K30	65	02:39:56	02:49:39	04:07:21	04:10:20.55	04:11:03.70	+02:16:18 (54.3%)	12:58	4.6 (45.5%)
66	ŚCIUBA Anita	579	AMATORUNKA	K30	66	02:59:35	03:07:58	04:10:57	04:13:50.55	04:14:30.15	+02:19:44 (54.9%)	13:09	4.6 (45.5%)
Przekroczony limit czasu: 05:00:00													
67	KRYŚ Agata	857		K30	67	04:08:58	04:21:41	05:56:21	05:58:54.10	05:59:34.00	+04:04:48 (68.1%)	18:35	3.2 (31.7%)
	HRYDZIUSZKO Agnieszka	534		K30		DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Total 68 results.