



CHYŻA DURBASZKA - 20 KM

B4SPORT

Wydarzenie: PIENINY ULTRA-TRAIL®
Organizator: Fundacja Strefa Przygód
Data: 2024-04-20
Miejsce: Szczawnica
Dystans: 20.6 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką 12.4km	20.2km	Czas netto 20.6km	Czas brutto 20.6km	Różn	Tempo min/km	Tempo km/h
1	MARCHUK Wioletta	1209	SBG SALCO NIEPOŁOMICE	K30	1	MP	01:13:54	01:53:02	01:53:48.60	01:53:53.80		5:31	10.9 (100%)
2	TOMASIAK Natalia	4041	SALOMON SUUNTO TEAM	K30	2		01:12:40	01:53:02	01:53:55.40	01:54:00.60	+00:00:06 (0.1%)	5:31	10.9 (100%)
3	NOWAKOWSKA Anna	4100		K30	3		01:12:40	01:53:53	01:54:43.90	01:54:47.90	+00:00:54 (0.8%)	5:34	10.8 (99.1%)
4	KRASZPULSKA Magdalena	819	KS PREFBET SONALOR	K30	4	MP	01:13:57	01:54:18	01:55:07.05	01:55:12.85	+00:01:19 (1.1%)	5:35	10.7 (98.2%)
5	GOLA Magda	585	TRAIL IS OUR WAY	K30	5	MP	01:16:32	01:59:08	01:59:59.85	01:59:59.85	+00:06:06 (5.1%)	5:49	10.3 (94.5%)
6	BOCHENEK Magdalena	1032	G.O.A.T. TEAM MICHAŁOWICE	K30	6		01:17:44	01:59:50	02:00:45.45	02:00:48.95	+00:06:55 (5.7%)	5:51	10.2 (93.6%)
7	MAZAN Beata	995	FINISZ RYMANÓW	K30	7	MP	01:16:18	02:01:01	02:01:56.20	02:01:59.70	+00:08:05 (6.6%)	5:55	10.1 (92.7%)
8	KOZIOŁ Weronika	1041	N/A	K30	8		01:22:40	02:07:22	02:08:16.60	02:08:20.60	+00:14:26 (11.3%)	6:13	9.6 (88.1%)
9	DŁUGOSZ-STĘPNIAK Agnieszka	1136		K30	9	MP	01:23:05	02:09:09	02:10:08.00	02:10:13.30	+00:16:19 (12.5%)	6:19	9.5 (87.2%)
10	WIEJAK Marlena	669	KOBIETY BIEGAJĄ LUBLIN	K30	10		01:22:15	02:09:32	02:10:27.10	02:10:35.15	+00:16:41 (12.8%)	6:19	9.5 (87.2%)
11	KONIK Diana	1031		K30	11		01:24:37	02:10:34	02:11:28.35	02:11:39.55	+00:17:45 (13.5%)	6:22	9.4 (86.2%)
12	HURAS Monika	521	MŁYNARCZYK ENDURANCE TEAM	K30	12		01:24:27	02:11:43	02:12:41.25	02:12:49.50	+00:18:55 (14.3%)	6:26	9.3 (85.3%)
13	SZCZĘSNA Edyta	1003		K30	13		01:25:31	02:13:01	02:13:52.10	02:13:58.25	+00:20:04 (15.0%)	6:29	9.2 (84.4%)
14	RZEPKA Maria	526		K30	14		01:29:42	02:19:11	02:20:04.65	02:20:29.90	+00:26:36 (18.9%)	6:47	8.8 (80.7%)
15	RACHWALSKA Oliwia	945		K30	15		01:32:21	02:21:10	02:22:10.20	02:22:20.70	+00:28:26 (20.0%)	6:54	8.7 (79.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto 20.6km	Czas brutto 20.6km	Różn	Tempo min/km	Tempo km/h
							12.4km	20.2km					
16	KIEŁBOŃ Ewelina	1101	PRZEWORSKA GRUPA BIEGOWA	K30	16		01:32:23	02:24:03	02:25:08.20	02:25:17.45	+00:31:23 (21.6%)	7:02	8.5 (78.0%)
17	SOBIERAJSKA Karolina	1111		K30	17		01:34:52	02:27:25	02:28:24.40	02:28:56.25	+00:35:02 (23.5%)	7:12	8.3 (76.1%)
18	NIEMASZ Aleksandra	647	100LEJKA	K30	18		01:36:58	02:30:32	02:31:30.40	02:31:30.40	+00:37:36 (24.8%)	7:21	8.2 (75.2%)
19	CZARNECKA Katarzyna	782		K30	19		01:37:43	02:30:46	02:31:49.15	02:31:58.55	+00:38:04 (25.1%)	7:22	8.1 (74.3%)
20	ADAMSKA Zofia	636	POCO LOCO ADVENTURE TEAM	K30	20		01:38:02	02:31:34	02:32:32.60	02:32:39.85	+00:38:46 (25.4%)	7:24	8.1 (74.3%)
21	ZIELIŃSKA Monika	503		K30	21		01:37:46	02:30:40	02:31:31.85	02:32:39.95	+00:38:46 (25.4%)	7:21	8.2 (75.2%)
22	KIEROŃSKA Daria	1052		K30	22		01:40:13	02:36:15	02:37:19.20	02:38:01.45	+00:44:07 (27.9%)	7:38	7.9 (72.5%)
23	GRUBA Maria	578		K30	23		01:39:07	02:36:21	02:37:24.35	02:38:08.10	+00:44:14 (28.0%)	7:38	7.9 (72.5%)
24	PIOTROWSKA- PEKALA Julia	562	MOUNTAIN RUNNING GUIDES / PEKALÓWKA	K30	24		01:43:16	02:37:18	02:38:15.75	02:38:44.80	+00:44:51 (28.3%)	7:40	7.8 (71.6%)
25	KUMOR Anna	817		K30	25		01:41:18	02:38:15	02:39:15.30	02:39:27.15	+00:45:33 (28.6%)	7:43	7.8 (71.6%)
26	DZIKOWSKA Aleksandra	505	ŻÓRAWSKI TEAM	K30	26		01:42:52	02:38:36	02:39:32.80	02:39:55.15	+00:46:01 (28.8%)	7:44	7.7 (70.6%)
27	SZCZĘŚNIAK Barbara	771	MODELKI MODLNICA	K30	27		01:43:06	02:40:56	02:41:49.55	02:42:21.55	+00:48:27 (29.8%)	7:51	7.6 (69.7%)
28	TITTENBRUN Marta	632		K30	28		01:40:30	02:41:07	02:42:09.70	02:42:31.95	+00:48:38 (29.9%)	7:52	7.6 (69.7%)
29	LEŚNIAK Joanna	1058		K30	29		01:44:11	02:41:13	02:42:15.90	02:42:56.20	+00:49:02 (30.1%)	7:52	7.6 (69.7%)
30	ROSOŁEK Katarzyna	628	GRUBE FREERIDY	K30	30		01:47:58	02:42:20	02:43:20.50	02:44:30.80	+00:50:37 (30.8%)	7:55	7.6 (69.7%)
31	KRZESZOWIAK Katarzyna	642	POBRYCANI	K30	31		01:43:00	02:43:14	02:44:17.05	02:44:52.40	+00:50:58 (30.9%)	7:58	7.5 (68.8%)
32	MARCZEWSKA Anna	692		K30	32		01:47:04	02:46:01	02:47:05.20	02:47:13.25	+00:53:19 (31.9%)	8:06	7.4 (67.9%)
33	ŚCIBOR Joanna	629		K30	33		01:44:13	02:45:29	02:46:32.15	02:47:18.50	+00:53:24 (31.9%)	8:05	7.4 (67.9%)
34	WROTNY Anna	531		K30	34		01:47:49	02:46:51	02:47:46.90	02:48:06.90	+00:54:13 (32.3%)	8:08	7.4 (67.9%)
35	GRANDYS Sara	740		K30	35		01:47:50	02:46:48	02:47:51.10	02:48:09.65	+00:54:15 (32.3%)	8:08	7.4 (67.9%)
36	MAYER Katarzyna	584		K30	36		01:47:49	02:46:52	02:47:50.80	02:48:10.10	+00:54:16 (32.3%)	8:08	7.4 (67.9%)
37	MĘCIK Adrianna	603	ING BANK ŚLĄSKI	K30	37		01:47:39	02:47:11	02:48:14.80	02:48:40.50	+00:54:46 (32.5%)	8:09	7.3 (67.0%)
38	FRYDA Anna	833		K30	38		01:51:33	02:49:33	02:50:33.95	02:51:33.65	+00:57:39 (33.6%)	8:16	7.2 (66.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko	20.2km	Czas netto 20.6km	Czas brutto 20.6km	Różn	Tempo min/km	Tempo km/h
							pod Durbaszką 12.4km						
39	IWASZCZYSZYN Kinga	724		K30	39		01:48:23	02:50:39	02:51:44.40	02:51:56.80	+00:58:03 (33.8%)	8:20	7.2 (66.1%)
40	MILCZAREK Kinga	1229		K30	40		01:45:25	02:50:33	02:51:49.40	02:52:00.90	+00:58:07 (33.8%)	8:20	7.2 (66.1%)
41	LIGĘZA Joasia	546	SMASHING PĄPKINS	K30	41		01:48:32	02:50:47	02:52:00.65	02:52:16.45	+00:58:22 (33.9%)	8:20	7.2 (66.1%)
42	MARZEC Patrycja	750	MOUNTAIN TOUCH	K30	42		01:51:03	02:51:13	02:52:11.30	02:52:41.60	+00:58:47 (34.0%)	8:21	7.2 (66.1%)
43	MISIUREWICZ Rozanna	993		K30	43		01:51:24	02:51:34	02:52:39.00	02:52:55.35	+00:59:01 (34.1%)	8:22	7.2 (66.1%)
44	TOKARSKA Julia	1082		K30	44		01:51:41	02:51:15	02:52:16.60	02:53:05.75	+00:59:11 (34.2%)	8:21	7.2 (66.1%)
45	CIEPŁA Magdalena	1070	SZMIDT I SYN	K30	45		01:52:16	02:51:44	02:52:45.95	02:53:07.10	+00:59:13 (34.2%)	8:23	7.2 (66.1%)
46	PIEKIELNA Angelika	904		K30	46		01:49:59	02:54:16	02:55:23.15	02:55:50.40	+01:01:56 (35.2%)	8:30	7 (64.2%)
47	DUCH Aleksandra	889		K30	47		01:52:12	02:54:22	02:55:26.10	02:56:12.75	+01:02:18 (35.4%)	8:30	7 (64.2%)
48	KOSIŃSKA Anna	600	MOUNTAIN RUNNING GUIDES	K30	48		01:56:20	02:54:52	02:55:55.85	02:56:18.05	+01:02:24 (35.4%)	8:32	7 (64.2%)
49	SEREMET Sandra	880	UKS LIDER	K30	49		01:53:13	02:56:33	02:57:30.75	02:58:01.05	+01:04:07 (36.0%)	8:36	7 (64.2%)
50	DŁUGOSZ Kasia	937	STAY INSANE	K30	50		01:54:32	02:58:12	02:59:19.85	03:00:33.30	+01:06:39 (36.9%)	8:42	6.9 (63.3%)
51	RUTA Edyta	1221		K30	51		01:55:38	02:59:41	03:00:35.25	03:00:44.75	+01:06:50 (37.0%)	8:45	6.8 (62.4%)
52	SYROKA-PAWELEC Iwona	508		K30	52		01:55:10	02:59:12	03:00:14.55	03:00:54.55	+01:07:00 (37.0%)	8:44	6.9 (63.3%)
53	FEDOREK Weronika	1106	FEDORKI	K30	53		01:56:23	03:01:08	03:02:15.80	03:02:49.15	+01:08:55 (37.7%)	8:50	6.8 (62.4%)
54	OSZMAŁEK Agata	644	RK ATHLETICS	K30	54	MP	02:01:51	03:03:48	03:04:47.25	03:04:58.65	+01:11:04 (38.4%)	8:58	6.7 (61.5%)
55	DROSIO Klaudia	554	KASZANKI	K30	55		02:00:49	03:05:12	03:06:14.20	03:06:52.15	+01:12:58 (39.1%)	9:02	6.6 (60.6%)
56	LEŚNIEWSKA Marta	631	DELOITTE ADVENTURE TEAM	K30	56		02:00:27	03:06:28	03:07:31.25	03:08:36.50	+01:14:42 (39.6%)	9:06	6.6 (60.6%)
57	KOŁODZIEJ Justyna	1001		K30	57		02:00:50	03:08:58	03:10:10.75	03:10:23.35	+01:16:29 (40.2%)	9:13	6.5 (59.6%)
58	TYLKA Małgorzata	784		K30	58		01:57:44	03:09:01	03:10:05.55	03:10:39.00	+01:16:45 (40.3%)	9:13	6.5 (59.6%)
59	JANIAK Paulina	682		K30	59		01:59:09	03:08:36	03:10:04.20	03:10:56.35	+01:17:02 (40.3%)	9:13	6.5 (59.6%)
60	NOWAK Paulina	1016	ADIDAS RUNNERS POZNAŃ	K30	60		02:01:24	03:09:32	03:10:40.50	03:10:57.35	+01:17:03 (40.4%)	9:15	6.5 (59.6%)
61	BAK Natalia	646		K30	61		02:00:22	03:09:40	03:10:45.70	03:11:26.70	+01:17:32 (40.5%)	9:15	6.5 (59.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto		Czas brutto		Tempo min/km	Tempo km/h
							12.4km	20.2km	20.6km	20.6km	Różn			
62	SZCZEPANIAK Sylwia	982	EURO RTV AGD	K30	62		01:58:21	03:09:53	03:11:10.40	03:11:29.15	+01:17:35 (40.5%)	9:16	6.5 (59.6%)	
63	STADNYK Maryna	1038		K30	63		02:03:04	03:10:18	03:11:29.15	03:11:56.60	+01:18:02 (40.7%)	9:17	6.5 (59.6%)	
64	ZAWIŚLAK Anna	1005		K30	64		02:03:51	03:10:30	03:11:40.05	03:12:27.25	+01:18:33 (40.8%)	9:18	6.4 (58.7%)	
65	MARCZAK Ola	867	KB HARCOWNIK JELCZ-LASKOWICE	K30	65		02:04:47	03:13:38	03:14:44.05	03:15:17.25	+01:21:23 (41.7%)	9:27	6.3 (57.8%)	
66	ZARZECKA Justyna	785		K30	66		02:04:32	03:15:37	03:16:51.75	03:17:29.10	+01:23:35 (42.3%)	9:33	6.3 (57.8%)	
67	POKROP Agnieszka	657	NATALIA TOMASIAK GÓRSKI STYL TEAM	K30	67		02:09:41	03:21:50	03:23:21.70	03:23:51.90	+01:29:58 (44.1%)	9:52	6.1 (56.0%)	
68	NIEWIAROWSKA Anna	1017	MOUNTAIN RUNNING GUIDES	K30	68		02:07:19	03:24:12	03:25:23.80	03:26:22.15	+01:32:28 (44.8%)	9:58	6 (55.0%)	
69	RADZIK Paulina	681		K30	69		02:08:03	03:24:53	03:26:06.45	03:26:59.75	+01:33:05 (45.0%)	10:00	6 (55.0%)	
70	DYBEK Dagmara	960	CHSD W RUCHU	K30	70		02:09:19	03:25:19	03:26:42.20	03:27:05.15	+01:33:11 (45.0%)	10:02	6 (55.0%)	
71	ROLKA Aleksandra	1022		K30	71		02:12:19	03:27:01	03:27:58.10	03:28:39.60	+01:34:45 (45.4%)	10:05	5.9 (54.1%)	
72	OLKO Nathalie	763		K30	72		02:12:33	03:28:22	03:29:40.45	03:30:48.10	+01:36:54 (46.0%)	10:10	5.9 (54.1%)	
73	AUGUSTYNOWICZ Aurelia	757	RCI BYDGOSZCZ	K30	73		02:14:04	03:29:01	03:30:16.35	03:30:53.70	+01:36:59 (46.0%)	10:12	5.9 (54.1%)	
74	ZIAJA Aleksandr	985	RUNPROGRESS.PL TEAM	K30	74		02:13:53	03:28:56	03:29:59.15	03:30:55.75	+01:37:01 (46.0%)	10:11	5.9 (54.1%)	
75	CIEĆKIEWICZ Paulina	781		K30	75		02:12:14	03:31:24	03:33:08.30	03:33:56.85	+01:40:03 (46.8%)	10:20	5.8 (53.2%)	
76	KASPRZAK Iwona	1087	BIEGAJĄCY ŚWIDNIK	K30	76		02:15:13	03:32:30	03:33:46.40	03:34:52.00	+01:40:58 (47.0%)	10:22	5.8 (53.2%)	
77	FRANKOWSKA Weronika	1181		K30	77		02:14:39	03:33:44	03:35:06.20	03:36:03.20	+01:42:09 (47.3%)	10:26	5.7 (52.3%)	
78	GNIADKOWSKA Martyna	811	ODJECHANI	K30	78		02:10:57	03:35:31	03:36:44.35	03:37:18.10	+01:43:24 (47.6%)	10:31	5.7 (52.3%)	
79	WASZAK Celina	664	KUTERNÓŻKA DREAM TEAM	K30	79		02:20:31	03:35:38	03:36:46.35	03:37:49.40	+01:43:55 (47.7%)	10:31	5.7 (52.3%)	
80	SALTMERYTE Lina	571		K30	80		02:24:43	03:38:47	03:40:00.55	03:40:53.95	+01:47:00 (48.4%)	10:40	5.6 (51.4%)	
81	BROŻEK Anna	694		K30	81		02:23:21	03:42:25	03:43:39.20	03:44:39.30	+01:50:45 (49.3%)	10:51	5.5 (50.5%)	
82	SIEROSŁAWSKA Maja	826		K30	82		02:21:55	03:44:24	03:45:28.95	03:46:10.70	+01:52:16 (49.6%)	10:56	5.5 (50.5%)	
83	GOCHNIO Katarzyna	825		K30	83		02:21:54	03:44:25	03:45:29.00	03:46:10.75	+01:52:16 (49.6%)	10:56	5.5 (50.5%)	
84	MAJDER Marlena	927	DOMOWAENERGIA.COM.PL	K30	84		02:21:10	03:44:37	03:45:50.80	03:47:10.50	+01:53:16 (49.9%)	10:57	5.5 (50.5%)	

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							12.4km	20.2km					
85	OWCZAREK Sylwia	661	HUSARIA RACE TEAM	K30	85		02:17:00	03:47:15	03:48:39.75	03:48:53.65	+01:54:59 (50.2%)	11:05	5.4 (49.5%)
86	SŁAWEK Claudia	551		K30	86		02:27:52	03:48:32	03:49:50.45	03:50:16.90	+01:56:23 (50.5%)	11:09	5.4 (49.5%)
87	BARCIKOWSKA Olga	900		K30	87		02:29:03	03:49:51	03:51:04.60	03:52:13.95	+01:58:20 (51.0%)	11:13	5.3 (48.6%)
88	PLUSKOTA Ewa	928		K30	88		02:23:11	03:52:47	03:54:06.25	03:55:10.50	+02:01:16 (51.6%)	11:21	5.3 (48.6%)
89	ŁUKACZ Aleksandra	962		K30	89		02:25:52	03:55:44	03:57:32.60	03:58:35.80	+02:04:42 (52.3%)	11:31	5.2 (47.7%)
90	MIKUCKA Marzena	1126	ING BANK ŚLĄSKI	K30	90		02:22:42	03:57:42	03:59:03.50	03:59:30.50	+02:05:36 (52.4%)	11:36	5.2 (47.7%)
91	STRZELICHOWSKA Beata	939		K30	91		02:32:46	03:58:07	03:59:27.65	03:59:50.50	+02:05:56 (52.5%)	11:37	5.2 (47.7%)
92	FRANCUZ Patrycja	1153	WIELKA WIEŚ BIEGA	K30	92		02:29:10	03:58:18	03:59:38.40	04:00:49.80	+02:06:56 (52.7%)	11:37	5.2 (47.7%)
93	URBAŚ Katarzyna	1144	DOMINTEAM	K30	93		02:34:40	03:59:46	04:01:07.00	04:01:48.10	+02:07:54 (52.9%)	11:42	5.1 (46.8%)
94	WRONKOWSKA Katarzyna	676		K30	94		02:33:39	04:05:56	04:07:15.10	04:07:50.30	+02:13:56 (54.0%)	12:00	5 (45.9%)
95	SZOTOWICZ Ewa	855		K30	95		02:43:15	04:13:50	04:15:16.05	04:16:23.05	+02:22:29 (55.6%)	12:23	4.8 (44.0%)
96	KOSTULSKA Olga	1157		K30	96		02:40:45	04:16:05	04:17:50.10	04:18:13.15	+02:24:19 (55.9%)	12:30	4.8 (44.0%)
97	SZKODZIAK Agnieszka	1107		K30	97		02:43:38	04:17:36	04:19:07.20	04:19:26.85	+02:25:33 (56.1%)	12:34	4.8 (44.0%)
98	SOSNOWSKA Justyna	606	POWER TRAINING	K30	98		02:43:08	04:17:21	04:18:54.40	04:19:28.40	+02:25:34 (56.1%)	12:34	4.8 (44.0%)
99	RYSZ - JĘCZKOWSKA Katarzyna	1226	MAMUŚKI AKTIV PRO	K30	99		02:48:04	04:22:53	04:24:13.60	04:24:13.60	+02:30:19 (56.9%)	12:49	4.7 (43.1%)
100	KNAP Elżbieta	1202	GACEK TEAM	K30	100		02:42:09	04:22:54	04:24:40.05	04:25:13.25	+02:31:19 (57.1%)	12:50	4.7 (43.1%)
101	GLIWKA Małgorzata	1227	SPARTA LUBLIN	K30	101		02:44:26	04:35:38	04:37:27.15	04:38:21.35	+02:44:27 (59.1%)	13:28	4.5 (41.3%)
102	KREFT Agata	621		K30	102		03:01:54	04:39:12	04:40:41.25	04:41:37.85	+02:47:44 (59.6%)	13:37	4.4 (40.4%)
Przekroczony limit czasu: 05:00:00													
103	KOWALSKA Kamila	1163		K30	103		03:40:38	05:56:03	05:58:05.95	05:58:54.60	+04:05:00 (68.3%)	17:22	3.5 (32.1%)

Znaleziono 103 wynik(ów)