



CHYŻA DURBASZKA - 20 KM

B4SPORT

Event: PIENINY ULTRA-TRAIL®
Organiser: Fundacja Strefa Przygód
Date: 2023-04-22
Place: Szczawnica
Distance: 19.9 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: M30

Place	Participant	Number	Club	Category	MCat	Premia1 12.9km	Premia2 13.4km	18.8km	Net time 19.3km	Czas brutto 19.3km	Gap	Pace min/km	Pace km/h
1	TARASEK Wojciech	939	#ANDRZEJDŁUGOSZTEAM	M30	1	01:04:12	01:07:11	01:32:04	01:33:55.85	01:33:58.00		4:51	12.3 (100%)
2	BŁAŻ Mateusz	738		M30	2	01:04:56	01:08:27	01:34:15	01:35:32.10	01:35:34.35	+00:01:36 (1.7%)	4:56	12.1 (98.4%)
3	ŁUŻNY Bartłomiej	694	TRUDA BOYS 91	M30	3	01:06:20	01:09:53	01:34:25	01:35:32.65	01:35:34.50	+00:01:36 (1.7%)	4:56	12.1 (98.4%)
4	ZAMIELSKI Paweł	768	PRZEDWOJEWSKI TEAM	M30	4	01:06:28	01:10:12	01:36:13	01:37:34.15	01:37:36.20	+00:03:38 (3.7%)	5:03	11.9 (96.7%)
5	CHAJDAS Mateusz	674	ROGELLI TEAM	M30	5	01:10:36	01:14:23	01:42:16	01:43:47.45	01:43:49.90	+00:09:51 (9.5%)	5:22	11.2 (91.1%)
6	SZUKAŁA Michał	803	HIT THE TRAIL	M30	6	01:11:50	01:15:52	01:44:41	01:46:11.85	01:46:14.85	+00:12:16 (11.6%)	5:30	10.9 (88.6%)
7	GUT Jacek	895	KLUB Morsa SŁONECZKO	M30	7	01:12:26	01:16:21	01:45:58	01:47:30.10	01:47:32.75	+00:13:34 (12.6%)	5:34	10.8 (87.8%)
8	KOWAL Amadeusz	592	NAPRZÓD MŁOCINY	M30	8	01:14:29	01:18:40	01:49:01	01:50:27.85	01:50:32.25	+00:16:34 (15.0%)	5:43	10.5 (85.4%)
9	BŁASZYK Mateusz	899	BETONOWY WOJTEK	M30	9	01:16:20	01:20:25	01:49:01	01:50:36.65	01:50:41.70	+00:16:43 (15.1%)	5:43	10.5 (85.4%)
10	STAŃCO Paweł	2533	PRZEDWOJEWSKI TEAM	M30	10	01:16:34	01:20:44	01:51:34	01:53:18.35	01:53:22.05	+00:19:24 (17.1%)	5:52	10.2 (82.9%)
11	LEŚNIAK Dawid	758	LHO	M30	11	01:17:39	01:22:05	01:52:55	01:54:26.45	01:54:31.50	+00:20:33 (18.0%)	5:55	10.1 (82.1%)
12	MIERNICZAK Bartłomiej	769	WOODWARD RUNNERS	M30	12	01:18:41	01:22:47	01:54:47	01:56:18.20	01:56:33.10	+00:22:35 (19.4%)	6:01	10 (81.3%)
13	DZIOREK Tomasz	799	SPRINT GORZYCE	M30	13	01:20:05	01:24:19	01:57:11	01:58:36.00	01:58:43.75	+00:24:45 (20.9%)	6:08	9.8 (79.7%)
14	PORĘBA Andrzej	860	PLANYBIEGOWE	M30	14	01:22:04	01:26:05	01:57:51	01:59:26.85	01:59:47.00	+00:25:49 (21.6%)	6:11	9.7 (78.9%)
15	JUDASZ Leszek	698		M30	15	01:20:42	01:25:17	01:58:28	02:00:09.30	02:00:34.35	+00:26:36 (22.1%)	6:13	9.6 (78.0%)

Place	Participant	Number	Club	Category	MCat	Premia			Net	Czas	Gap	Pace min/km	Pace km/h
						12.9km	13.4km	18.8km	time 19.3km	brutto 19.3km			
16	PAPIERZ Konrad	551	KW KRAKÓW	M30	16	01:25:01	01:29:32	02:03:37	02:05:11.75	02:05:14.60	+00:31:16 (25.0%)	6:29	9.3 (75.6%)
17	JAMA Damian	678		M30	17	01:26:09	01:30:36	02:05:21	02:07:05.80	02:07:37.90	+00:33:39 (26.4%)	6:35	9.1 (74.0%)
18	ZĄBKIEWICZ Szymon	535		M30	18	01:28:56	01:33:54	02:06:10	02:07:58.35	02:08:04.10	+00:34:06 (26.6%)	6:37	9 (73.2%)
19	HORNICZAK Grzegorz	672		M30	19	01:28:38	01:33:35	02:08:35	02:10:10.05	02:10:31.45	+00:36:33 (28.0%)	6:44	8.9 (72.4%)
20	URBAŃSKI Leszek	573	POCO LOCO ADVENTURE TEAM	M30	20	01:26:44	01:32:04	02:08:53	02:10:37.40	02:10:40.60	+00:36:42 (28.1%)	6:46	8.9 (72.4%)
21	KAMYK Jakub	835	SWORDS ATHLETICS / #KUBAPIECHTEAM	M30	21	01:31:26	01:36:18	02:11:50	02:13:18.90	02:13:27.35	+00:39:29 (29.6%)	6:54	8.7 (70.7%)
22	KALISZUK Przemysław	810	BANDA GRUDNIA	M30	22	01:31:38	01:36:51	02:11:27	02:13:15.25	02:13:48.60	+00:39:50 (29.8%)	6:54	8.7 (70.7%)
23	NOWAK Filip	921	HIGHALTITUDECOUPLE	M30	23	01:28:49	01:33:48	02:12:04	02:14:03.05	02:14:12.05	+00:40:14 (30.0%)	6:56	8.6 (69.9%)
24	STEUER Jan	604	KW LUBLINIEC	M30	24	01:27:57	01:33:06	02:12:08	02:14:07.45	02:14:13.15	+00:40:15 (30.0%)	6:56	8.6 (69.9%)
25	SZEJKA Leszek	801	RUNPROGRESS.PL TEAM	M30	25	01:30:23	01:35:34	02:12:16	02:13:59.85	02:14:27.70	+00:40:29 (30.1%)	6:56	8.6 (69.9%)
26	RAINKO Jerzy	706		M30	26	01:30:52	01:36:25	02:12:50	02:14:38.10	02:14:46.30	+00:40:48 (30.3%)	6:58	8.6 (69.9%)
27	AUGUST Kajetan	824	KS SPRINT BIELSKO-BIAŁA	M30	27	01:33:30	01:39:04	02:16:30	02:18:08.45	02:18:15.65	+00:44:17 (32.0%)	7:09	8.4 (68.3%)
28	PYTEL Sergiusz	681	SEROWY	M30	28	01:32:45	01:38:06	02:15:59	02:18:02.90	02:18:20.75	+00:44:22 (32.1%)	7:09	8.4 (68.3%)
29	FRAĆKIEWICZ Mateusz	745		M30	29	01:30:31	01:35:45	02:16:43	02:18:55.60	02:19:09.90	+00:45:11 (32.5%)	7:11	8.3 (67.5%)
30	ŻUREK Kamil	798		M30	30	01:32:20	01:37:51	02:17:08	02:19:03.45	02:19:11.00	+00:45:13 (32.5%)	7:12	8.3 (67.5%)
31	WOSKOWICZ Mateusz	793		M30	31	01:36:02	01:41:24	02:20:44	02:23:05.70	02:23:30.10	+00:49:32 (34.5%)	7:24	8.1 (65.9%)
32	PIETRZAK Jacek	889		M30	32	01:36:21	01:41:57	02:21:59	02:23:53.70	02:24:30.25	+00:50:32 (35.0%)	7:27	8 (65.0%)
33	OSTAFIL Mateusz	849	FMT TARNÓW	M30	33	01:37:41	01:42:27	02:22:27	02:24:22.30	02:24:34.40	+00:50:36 (35.0%)	7:28	8 (65.0%)
34	FLORIAN Adam	859		M30	34	01:37:25	01:43:42	02:22:57	02:24:46.15	02:24:53.00	+00:50:55 (35.1%)	7:30	8 (65.0%)
35	NADERA Łukasz	528	INDYWIDUALNIE	M30	35	01:35:50	01:42:07	02:24:06	02:25:59.50	02:26:11.90	+00:52:13 (35.7%)	7:33	7.9 (64.2%)
36	DYBAŁ Patryk	930	TOMICA COACHING	M30	36	01:38:22	01:43:58	02:25:15	02:27:05.60	02:27:09.70	+00:53:11 (36.1%)	7:37	7.9 (64.2%)
37	KOWALCZYK Artur	1213	BH TEAM	M30	37	01:36:49	01:42:57	02:25:07	02:26:45.65	02:27:34.90	+00:53:36 (36.3%)	7:36	7.9 (64.2%)
38	KRYNICKI Dariusz	622	MR	M30	38		01:45:44	02:25:33	02:27:07.25	02:27:38.40	+00:53:40 (36.4%)	7:37	7.9 (64.2%)

Place	Participant	Number	Club	Category	MCat	Premia			Net	Czas	Gap	Pace	Pace
						12.9km	13.4km	18.8km	time 19.3km	brutto 19.3km			
39	CYRAN Wojtek	1214		M30	39	01:40:58	01:46:51	02:27:21	02:29:15.25	02:30:04.65	+00:56:06 (37.4%)	7:43	7.8 (63.4%)
40	STALKA Krzysztof	932	STANWEX II	M30	40	01:46:01	01:51:46	02:28:54	02:30:28.55	02:31:01.10	+00:57:03 (37.8%)	7:47	7.7 (62.6%)
41	JAKUS Michał	924	OTM.B	M30	41	01:40:35	01:46:07	02:29:15	02:31:00.30	02:31:10.90	+00:57:12 (37.8%)	7:49	7.7 (62.6%)
42	BUDNY Kamil	664	ATAK TEAM	M30	42	01:42:09	01:48:40		02:31:04.15	02:31:15.80	+00:57:17 (37.9%)	7:49	7.7 (62.6%)
43	SITKO Krzysztof	518	SKPB KATOWICE	M30	43	01:40:33	01:46:43	02:29:23	02:31:15.85	02:31:22.70	+00:57:24 (37.9%)	7:50	7.7 (62.6%)
44	PACE Daniel	910		M30	44	01:46:48	01:52:30	02:31:24	02:33:04.65	02:33:17.75	+00:59:19 (38.7%)	7:55	7.6 (61.8%)
45	TOFIL Dominik	561	CHSBD	M30	45	01:45:17	01:51:21	02:31:53	02:33:39.00	02:33:39.00	+00:59:41 (38.8%)	7:57	7.5 (61.0%)
46	FIRLEJ Grzegorz	533	SKAZANI NA ZWYCIĘSTWO	M30	46	01:31:26	01:36:40	02:31:43	02:34:21.65	02:34:25.85	+01:00:27 (39.2%)	7:59	7.5 (61.0%)
47	GNIADKOWSKI Paweł	614	ODJECHANI	M30	47	01:42:39	01:48:32	02:32:48	02:35:10.15	02:35:41.50	+01:01:43 (39.6%)	8:02	7.5 (61.0%)
48	PTAK Patryk	618	CHSBD W RUCHU""	M30	48	01:45:02	01:50:59	02:33:08	02:35:47.55	02:36:08.35	+01:02:10 (39.8%)	8:04	7.4 (60.2%)
49	PAPCIAK Karol	880		M30	49	01:42:07	01:48:30	02:34:28	02:36:45.50	02:37:26.70	+01:03:28 (40.3%)	8:07	7.4 (60.2%)
50	BAŁA Marcin	712		M30	50	01:47:42	01:53:37	02:35:07	02:36:58.70	02:37:43.60	+01:03:45 (40.4%)	8:07	7.4 (60.2%)
51	KOZŁOWSKI Piotr	571		M30	51	01:46:51	01:53:05	02:36:54	02:38:55.95	02:38:59.20	+01:05:01 (40.9%)	8:14	7.3 (59.3%)
52	MAREK Sławomir	691		M30	52	01:48:27	01:54:24	02:37:20	02:39:16.60	02:39:39.20	+01:05:41 (41.1%)	8:15	7.3 (59.3%)
53	PRZYBYLSKI Mariusz	616	BIEGNIJ Z PROSERVICE	M30	53	01:46:20	01:52:46	02:38:26	02:40:41.65	02:41:08.70	+01:07:10 (41.7%)	8:19	7.2 (58.5%)
54	WEWIÓR Przemysław	607		M30	54	01:49:11	01:55:16	02:40:17	02:42:15.30	02:42:46.75	+01:08:48 (42.3%)	8:24	7.1 (57.7%)
55	IWANOWICZ Paweł	764	SZTYWNE MORDY	M30	55	01:50:03	01:56:18	02:41:33	02:43:26.15	02:43:26.15	+01:09:28 (42.5%)	8:28	7.1 (57.7%)
56	SZYMAŃSKI Grzegorz	897		M30	56	01:53:03	01:58:56	02:44:25	02:46:25.80	02:46:35.40	+01:12:37 (43.6%)	8:37	7 (56.9%)
57	WERBIŃSKI Tomasz	679		M30	57	01:52:07	01:58:22	02:44:08	02:46:19.65	02:46:47.90	+01:12:49 (43.7%)	8:37	7 (56.9%)
58	NIKLEWSKI Michał	673		M30	58	01:49:08	01:56:02	02:46:43	02:48:53.75	02:49:01.10	+01:15:03 (44.4%)	8:45	6.9 (56.1%)
59	APOSTOLSKI Przemysław	602	ZABIERZÓW BIEGA	M30	59	01:56:35	02:03:04	02:48:12	02:49:52.45	02:50:05.30	+01:16:07 (44.8%)	8:48	6.8 (55.3%)
60	KLIMCZAK Bogdan	907	SPRINTER.	M30	60	01:49:14	01:55:22	02:47:57	02:50:02.25	02:50:10.85	+01:16:12 (44.8%)	8:48	6.8 (55.3%)
61	NOWAK Michał	789	TOOPLOOX AVERAGE RUNNERS	M30	61	01:56:24	02:02:32	02:48:35	02:50:22.85	02:50:56.35	+01:16:58 (45.0%)	8:49	6.8 (55.3%)

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						12.9km	13.4km	18.8km	time	brutto			
62	BARTASUN Patryk	596	BIEGACZE SPECJALNEJ TROSKI	M30	62	02:00:23	02:06:25	02:52:21	02:54:08.20	02:54:44.00	+01:20:46 (46.2%)	9:01	6.7 (54.5%)
63	SATAŁA Michał	516	SIMPLYRUNNER	M30	63	01:56:39	02:04:02	02:52:38	02:54:51.90	02:55:05.50	+01:21:07 (46.3%)	9:03	6.6 (53.7%)
64	MAJKOWSKI Tomasz	929	AKTYWNI KOCIEWIACY	M30	64	02:00:57	02:07:42	02:56:54	02:58:48.00	02:59:03.45	+01:25:05 (47.5%)	9:15	6.5 (52.8%)
65	GECOW Marcin	765		M30	65	02:01:57	02:09:12	03:00:09	03:02:13.55	03:02:56.10	+01:28:58 (48.6%)	9:26	6.4 (52.0%)
66	MUSIAŁEK Karol	699	NIEPOŁOMICE BIEGAJĄ	M30	66	01:56:36	02:03:44	03:00:34	03:03:08.90	03:03:32.40	+01:29:34 (48.8%)	9:29	6.3 (51.2%)
67	KAMIŃSKI Łukasz	2879		M30	67	01:57:26	02:04:17	03:00:42	03:02:47.85	03:03:35.70	+01:29:37 (48.8%)	9:28	6.3 (51.2%)
68	WOJNAR Paweł	1780		M30	68	02:03:40	02:11:52	03:02:12	03:04:00.00	03:04:47.05	+01:30:49 (49.1%)	9:32	6.3 (51.2%)
69	GALEK Michał	638		M30	69	02:00:54	02:07:33	03:02:41	03:04:51.85	03:04:54.40	+01:30:56 (49.2%)	9:34	6.3 (51.2%)
70	MARCHEWKA Grzegorz	724		M30	70	02:00:56	02:06:58	03:03:17	03:05:36.25	03:05:59.85	+01:32:01 (49.5%)	9:36	6.2 (50.4%)
71	BONDAR Paweł	631		M30	71	02:04:07	02:11:56	03:04:36	03:06:47.60	03:07:17.50	+01:33:19 (49.8%)	9:40	6.2 (50.4%)
72	KLAMBOROWSKI Artur	715		M30	72	02:11:30	02:18:26	03:12:00	03:14:09.05	03:14:49.70	+01:40:51 (51.8%)	10:03	6 (48.8%)
73	JUZASZEK Maciej	688		M30	73	02:17:14	02:24:33	03:18:21	03:20:39.50	03:20:45.60	+01:46:47 (53.2%)	10:23	5.8 (47.2%)
74	STASZCZYK Michał	882		M30	74	02:16:19	02:23:19	03:20:40	03:22:41.60	03:22:41.60	+01:48:43 (53.6%)	10:30	5.7 (46.3%)
75	STAL Waldemar	790	TOOPLOOX AVERAGE RUNNERS	M30	75	02:14:49	02:22:05	03:20:26	03:23:13.40	03:23:48.40	+01:49:50 (53.9%)	10:31	5.7 (46.3%)
76	PAWLIK Wojciech	711		M30	76	02:12:07	02:19:32	03:20:54	03:23:31.35	03:24:14.95	+01:50:16 (54.0%)	10:32	5.7 (46.3%)
77	NEUMANN Piotr	2169		M30	77	02:12:06	02:19:50	03:20:57	03:23:30.70	03:24:15.10	+01:50:17 (54.0%)	10:32	5.7 (46.3%)
78	TYLMAN Radosław	546		M30	78	02:16:09	02:23:24	03:23:52	03:26:23.25	03:27:15.70	+01:53:17 (54.7%)	10:41	5.6 (45.5%)
79	ADAMKIEWICZ Łukasz	612		M30	79	02:23:25	02:31:11	03:25:57	03:28:26.40	03:29:01.80	+01:55:03 (55.0%)	10:47	5.6 (45.5%)
80	RADŁOWSKI Szymon	564		M30	80	02:20:17	02:27:54	03:31:26	03:34:10.80	03:34:37.60	+02:00:39 (56.2%)	11:05	5.4 (43.9%)
81	ZAŃ Marcin	862		M30	81	02:23:11	02:30:21	03:36:36	03:39:10.80	03:39:49.50	+02:05:51 (57.3%)	11:21	5.3 (43.1%)
82	LUTOSTAŃSKI Adam	600		M30	82	02:27:57	02:35:00	03:39:44	03:42:23.40	03:42:58.55	+02:09:00 (57.9%)	11:31	5.2 (42.3%)
83	STRAMEK Łukasz	916	HUSKY W PASKI	M30	83	02:35:02	02:43:31	03:45:21	03:47:22.50	03:47:35.50	+02:13:37 (58.7%)	11:46	5.1 (41.5%)
84	OSIPOWICZ Kamil	920		M30	84	02:37:00	02:45:22	03:47:05	03:49:44.20	03:49:53.10	+02:15:55 (59.1%)	11:54	5 (40.7%)

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85	PARANDYK Krystian	2874	NADARZYN BIEGA / MCBIEGACZE	M30	85	02:38:23	02:46:18	03:52:44	03:55:11.80	03:55:30.95	+02:21:32 (60.1%)	12:11	4.9 (39.8%)
86	POGORZELSKI Adam	752		M30	86	02:31:27	02:39:22	03:52:35	03:55:29.50	03:56:14.20	+02:22:16 (60.2%)	12:12	4.9 (39.8%)
Przekroczony limit czasu: 05:00:00													
87	MOON Saemaro	165		M30	87	04:08:59	04:21:50	05:56:20	05:58:54.60	05:59:34.40	+04:25:36 (73.9%)	18:35	3.2 (26.0%)
	BIEDA Maciej	933	#GH	M30		DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Total 88 results.