



CHYŻA DURBASZKA - 20 KM

B4SPORT

Wydarzenie: PIENINY ULTRA-TRAIL®
Organizator: Fundacja Strefa Przygód
Data: 2024-04-20
Miejsce: Szczawnica
Dystans: 20.6 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką 12.4km	20.2km	Czas netto 20.6km	Czas brutto 20.6km	Różn	Tempo min/km	Tempo km/h
1	LEPIARZ Sylwester	4040	LKB RUDNIK	M30	1	MP	00:56:30	01:28:22	01:29:02.25	01:29:03.80		4:19	13.9 (100%)
2	GORZELAŃCZYK Jakub	986	MKS SIECHNICE	M30	2	MP	00:57:06	01:28:30	01:29:07.55	01:29:09.75	+00:00:05 (0.1%)	4:19	13.9 (100%)
3	KLIMCZAK Mikołaj	1141	PRZEDWOJEWSKI TEAM	M30	3	MP	00:58:51	01:32:27	01:33:06.75	01:33:08.80	+00:04:05 (4.4%)	4:31	13.3 (95.7%)
4	PAWLIK Paweł	1066	ALPIN SPORT TEAM	M30	4		00:59:35	01:33:09	01:33:51.90	01:33:54.50	+00:04:50 (5.2%)	4:33	13.2 (95.0%)
5	DULSKI Daniel	1250	STAŃCZAK TEAM	M30	5	MP	00:59:35	01:33:16	01:33:54.95	01:33:56.50	+00:04:52 (5.2%)	4:33	13.2 (95.0%)
6	JAŚTAL Piotr	1232	LKB RUDNIK/NON STOP TRAIL	M30	6	MP	01:00:51	01:35:43	01:36:27.25	01:36:29.00	+00:07:25 (7.7%)	4:40	12.8 (92.1%)
7	SYROWY Janusz	994		M30	7		01:01:52	01:36:45	01:37:32.50	01:37:35.40	+00:08:31 (8.7%)	4:44	12.7 (91.4%)
8	GABRYŚ Rafał	591	STAŃCZAK TEAM	M30	8		01:02:04	01:36:52	01:37:41.00	01:37:43.85	+00:08:40 (8.9%)	4:44	12.7 (91.4%)
9	BŁAŻ Mateusz	957	PRZEMYSKI KLUB BIEGACZA	M30	9		01:03:18	01:38:04	01:38:50.75	01:38:53.55	+00:09:49 (9.9%)	4:47	12.5 (89.9%)
10	BIEL Szymon	648	MKS ŻYWIEC	M30	10	MP	01:03:15	01:39:09	01:40:01.50	01:40:04.40	+00:11:00 (11.0%)	4:51	12.4 (89.2%)
11	KNAPIK Sebastian	1142	BUTYJANA.PL	M30	11		01:06:52	01:42:37	01:43:27.35	01:43:29.35	+00:14:25 (13.9%)	5:01	11.9 (85.6%)
12	ŚWIRGOŃ Adam	643	TRENERBIEGANIA.PL	M30	12	MP	01:04:11	01:44:09	01:44:51.55	01:44:52.95	+00:15:49 (15.1%)	5:05	11.8 (84.9%)
13	WOJNICKI Kamil	988	POWER CANVAS	M30	13		01:05:42	01:44:09	01:44:58.95	01:44:58.95	+00:15:55 (15.2%)	5:05	11.8 (84.9%)
14	BULANDA Damian	1185		M30	14	MP	01:07:57	01:45:06	01:45:54.85	01:45:57.35	+00:16:53 (15.9%)	5:08	11.7 (84.2%)
15	PAJĄK Bartłomiej	519	MARKOWI BIEGACZE	M30	15		01:07:26	01:45:18	01:45:57.65	01:45:59.70	+00:16:55 (16.0%)	5:08	11.7 (84.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto 20.6km	Czas brutto 20.6km	Różn	Tempo min/km	Tempo km/h
							12.4km	20.2km					
16	JANUSZ Jakub	1067		M30	16		01:09:42	01:46:33	01:47:22.70	01:47:26.10	+00:18:22 (17.1%)	5:12	11.5 (82.7%)
17	KOWAL Amadeusz	510	NAPRZÓD MŁOCINY	M30	17		01:09:32	01:46:38	01:47:29.00	01:47:34.05	+00:18:30 (17.2%)	5:13	11.5 (82.7%)
18	GRAJ Arkadiusz	971	BANDA GRUDNIA	M30	18		01:09:33	01:47:57	01:48:53.05	01:48:55.55	+00:19:51 (18.2%)	5:17	11.4 (82.0%)
19	SZKOŁA Wojciech	548	NATURAL BORN RUNNERS	M30	19		01:08:38	01:48:22	01:49:11.90	01:49:15.65	+00:20:11 (18.5%)	5:18	11.3 (81.3%)
20	CZAJKA Krzysiek	955	EAZYMUT.PL	M30	20		01:09:26	01:49:07	01:49:56.10	01:50:01.15	+00:20:57 (19.0%)	5:20	11.2 (80.6%)
21	FIRLEJ Marek	732	POWOLI DO CELU	M30	21		01:08:50	01:49:41	01:50:35.00	01:50:40.65	+00:21:36 (19.5%)	5:22	11.2 (80.6%)
22	KOMINKO Maciej	1207		M30	22		01:09:34	01:49:44	01:50:39.40	01:50:42.80	+00:21:39 (19.6%)	5:22	11.2 (80.6%)
23	CHROBACZYŃSKI Rafał	602		M30	23		01:10:54	01:49:50	01:50:40.55	01:50:49.25	+00:21:45 (19.6%)	5:22	11.2 (80.6%)
24	KIEŁBOŃ Michał	1007	PRZEWORSKA GRUPA BIEGOWA	M30	24		01:10:25	01:50:26	01:51:08.40	01:51:08.40	+00:22:04 (19.9%)	5:23	11.1 (79.9%)
25	ZAJĄC Marcin	917	MOUNTAIN RUNNING GUIDES	M30	25		01:10:14	01:50:21	01:51:13.60	01:51:18.40	+00:22:14 (20.0%)	5:23	11.1 (79.9%)
26	KUPIJAJ Marcin	589	SOCIOS SILESIA	M30	26		01:11:56	01:51:16	01:52:03.45	01:52:12.20	+00:23:08 (20.6%)	5:26	11 (79.1%)
27	CZARNOTA Dariusz	1000		M30	27		01:10:17	01:51:43	01:52:33.20	01:52:36.35	+00:23:32 (20.9%)	5:27	11 (79.1%)
28	MASTERNAK Mariusz	766	ANNA HALSKA COACHING	M30	28		01:12:35	01:52:52	01:53:37.25	01:53:37.25	+00:24:33 (21.6%)	5:30	10.9 (78.4%)
29	BŁASZYK Mateusz	1097	BETONOWY WOJTEK	M30	29		01:14:58	01:55:29	01:56:20.70	01:56:23.90	+00:27:20 (23.5%)	5:38	10.6 (76.3%)
30	PACIA Szymon	564	ZATYRANI GRATISOWNIA.PL GMINA PILCHOWICE	M30	30		01:14:42	01:56:40	01:57:25.20	01:57:31.20	+00:28:27 (24.2%)	5:41	10.5 (75.5%)
31	PIETRZAK Jacek	1015		M30	31		01:17:07	01:57:42	01:58:31.70	01:58:40.70	+00:29:36 (25.0%)	5:45	10.4 (74.8%)
32	NYKIEL Mariusz	736	SOCIOS SILESIA	M30	32		01:17:44	01:58:21	01:59:08.95	01:59:17.85	+00:30:14 (25.3%)	5:46	10.4 (74.8%)
33	TRAWKA Bartłomiej	1057	DELOITTE ADVENTURE TEAM	M30	33		01:16:33	01:58:50	01:59:34.20	01:59:44.75	+00:30:40 (25.6%)	5:48	10.3 (74.1%)
34	PĘKALA Michał	561	MOUNTAIN RUNNING GUIDES / PĘKALÓWKA	M30	34		01:16:04	01:58:52	01:59:40.55	01:59:46.85	+00:30:43 (25.6%)	5:48	10.3 (74.1%)
35	NOWAK Filip	1154	HIGHALTITUDECOUPLE	M30	35		01:16:41	01:59:09	01:59:59.85	02:00:02.60	+00:30:58 (25.8%)	5:49	10.3 (74.1%)
36	URBAŃSKI Leszek	605	POCO LOCO ADVENTURE TEAM	M30	36		01:15:59	01:59:11	02:00:03.00	02:00:09.95	+00:31:06 (25.9%)	5:49	10.3 (74.1%)
37	STYPKA Amadeusz	1048		M30	37		01:15:24	02:01:01	02:01:52.55	02:01:56.90	+00:32:53 (27.0%)	5:54	10.1 (72.7%)
38	BOSAK Dominik	576	GÓRKA TEAM	M30	38		01:17:53	02:02:44	02:03:35.00	02:03:43.35	+00:34:39 (28.0%)	5:59	10 (71.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa	Schronisko	Czas		Różn	Tempo min/km	Tempo km/h	
						Polski	pod Durbaszką 12.4km	netto 20.6km	brutto 20.6km				
39	PAJĄK Alan	1076	ZIELONA MANUFAKTURA TEAM	M30	39		01:17:27	02:03:32	02:04:20.30	02:04:24.05	+00:35:20 (28.4%)	6:02	9.9 (71.2%)
40	POWROŹNIK Grzegorz	610	KW KRAKÓW	M30	40		01:19:12	02:05:39	02:06:32.55	02:06:36.85	+00:37:33 (29.7%)	6:08	9.8 (70.5%)
41	POSPISZYL Jakub	754	DOBRA PALARNIA KAWY	M30	41		01:21:35	02:05:59	02:06:41.70	02:06:48.30	+00:37:44 (29.8%)	6:08	9.8 (70.5%)
42	CZELEŃ Mateusz	1021	ZAMIELSKI TEAM	M30	42		01:19:42	02:05:54	02:06:39.45	02:06:50.65	+00:37:46 (29.8%)	6:08	9.8 (70.5%)
43	SKRZYPEK Krzysztof	1039	RUN 4 FUN	M30	43		01:22:35	02:06:26	02:07:16.75	02:07:36.40	+00:38:32 (30.2%)	6:10	9.7 (69.8%)
44	ZIELIŃSKI Piotr	1086	SII RUNNING TEAM	M30	44		01:21:52	02:07:16	02:08:05.05	02:08:12.85	+00:39:09 (30.5%)	6:13	9.6 (69.1%)
45	SZCZEPAŃSKI Bartosz	690	REBELS RUNNING TEAM	M30	45		01:16:08	02:07:24	02:08:17.95	02:08:17.95	+00:39:14 (30.6%)	6:13	9.6 (69.1%)
46	CIERPIAŁEK Jakub	635	#ADAMCZERWIŃSKITEAM	M30	46		01:21:38	02:07:22	02:08:13.35	02:08:18.65	+00:39:14 (30.6%)	6:13	9.6 (69.1%)
47	JAMA Damian	1150		M30	47		01:21:26	02:08:12	02:09:05.70	02:09:29.30	+00:40:25 (31.2%)	6:15	9.6 (69.1%)
48	MRÓWKA Michał	1064	OBOZY GÓRSKIE	M30	48		01:20:46	02:08:32	02:09:33.75	02:09:37.80	+00:40:34 (31.3%)	6:17	9.5 (68.3%)
49	WĘGIEL Marcin	1105	PKO BANK POLSKI	M30	49		01:23:02	02:08:39	02:09:52.60	02:09:56.50	+00:40:52 (31.5%)	6:18	9.5 (68.3%)
50	PIETRUCHA Łukasz	539	42K PRO TEAM	M30	50		01:23:59	02:10:45	02:11:38.25	02:11:45.65	+00:42:41 (32.4%)	6:23	9.4 (67.6%)
51	RAKOCZY Krzysztof	944		M30	51		01:23:13	02:11:15	02:12:10.40	02:12:18.50	+00:43:14 (32.7%)	6:24	9.4 (67.6%)
52	IWASZCZYSZYN Tomasz	683		M30	52		01:24:32	02:11:39	02:12:37.65	02:12:48.70	+00:43:44 (32.9%)	6:26	9.3 (66.9%)
53	OLEJARNIK Łukasz	1158	ITMBW KRAKÓW	M30	53		01:24:13	02:12:00	02:12:50.50	02:13:14.05	+00:44:10 (33.2%)	6:26	9.3 (66.9%)
54	GOŁAWSKI Łukasz	846		M30	54		01:25:04	02:12:44	02:13:40.35	02:14:05.60	+00:45:01 (33.6%)	6:29	9.2 (66.2%)
55	SUCHWAŁKO Adam	1075	TRENINGDLABIEGACZY	M30	55		01:23:56	02:13:32	02:14:32.75	02:14:36.80	+00:45:33 (33.8%)	6:31	9.2 (66.2%)
56	CIĄGAŁA Wojciech	1084		M30	56		01:26:28	02:15:53	02:16:44.00	02:16:56.10	+00:47:52 (35.0%)	6:38	9 (64.7%)
57	ŚWIERCZEK Paweł	712	RAFA WINO	M30	57		01:27:13	02:16:04	02:16:53.90	02:17:28.50	+00:48:24 (35.2%)	6:38	9 (64.7%)
58	WITEK Tomasz	1037		M30	58		01:28:24	02:16:25	02:17:16.75	02:17:35.75	+00:48:31 (35.3%)	6:39	9 (64.7%)
59	GARLICKI Marek	1116	STG WARSZAWA	M30	59		01:27:08	02:17:13	02:18:04.55	02:18:16.00	+00:49:12 (35.6%)	6:42	9 (64.7%)
60	JAKUBIK Kamil	751		M30	60		01:30:37	02:18:14	02:19:02.65	02:19:09.75	+00:50:05 (36.0%)	6:44	8.9 (64.0%)
61	RÓŻYCKI Dawid	1077		M30	61		01:30:04	02:18:41	02:19:31.00	02:19:40.40	+00:50:36 (36.2%)	6:46	8.9 (64.0%)

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							12.4km	20.2km					
62	PODKUL Konrad	1029		M30	62		01:26:48	02:18:26	02:19:30.30	02:19:43.45	+00:50:39 (36.3%)	6:46	8.9 (64.0%)
63	MŁODAWSKI Maciej	1217		M30	63		01:29:22	02:18:23	02:19:14.40	02:19:45.80	+00:50:42 (36.3%)	6:45	8.9 (64.0%)
64	KOWALCZYK Artur	545	BH TEAM	M30	64		01:28:36	02:18:10	02:19:04.40	02:20:16.95	+00:51:13 (36.5%)	6:45	8.9 (64.0%)
65	PŁACZEK Miron	975	NIYWYSPORTOWANI	M30	65		01:27:27	02:19:05	02:20:10.10	02:20:18.45	+00:51:14 (36.5%)	6:48	8.8 (63.3%)
66	FIRLEJ Grzegorz	701	SKAZANI NA ZWYCIĘSTWO	M30	66		01:25:22	02:19:09	02:20:17.40	02:20:23.05	+00:51:19 (36.6%)	6:48	8.8 (63.3%)
67	ZEMLEDUCH Tomasz	691	ZEMLEDUCHY	M30	67		01:26:47	02:19:18	02:20:12.25	02:20:26.40	+00:51:22 (36.6%)	6:48	8.8 (63.3%)
68	SEPIOŁ Piotr	544	-	M30	68		01:30:26	02:19:16	02:20:15.30	02:21:05.85	+00:52:02 (36.9%)	6:48	8.8 (63.3%)
69	BIENIEK Kewin	802		M30	69		01:29:41	02:20:53	02:21:56.20	02:22:34.00	+00:53:30 (37.5%)	6:53	8.7 (62.6%)
70	KLIMCZAK Bogdan	1205	FUNDACJA SPORTU WYCZYNOWEGO	M30	70		01:28:11	02:21:32	02:22:39.80	02:22:49.50	+00:53:45 (37.6%)	6:55	8.7 (62.6%)
71	KUBIAK Robert	1040		M30	71		01:33:54	02:25:13	02:26:06.45	02:26:17.00	+00:57:13 (39.1%)	7:05	8.5 (61.2%)
72	OBRZUT Tomasz	1050		M30	72		01:34:02	02:25:29	02:26:28.45	02:26:44.80	+00:57:41 (39.3%)	7:06	8.4 (60.4%)
73	ZAGÓRSKI Marcin	655		M30	73		01:33:30	02:25:10	02:26:02.30	02:26:46.65	+00:57:42 (39.3%)	7:05	8.5 (61.2%)
74	MAJEWSKI Grzegorz	559	CIESZANÓW RUNNERS	M30	74		01:31:51	02:26:12	02:27:04.45	02:27:17.95	+00:58:14 (39.5%)	7:08	8.4 (60.4%)
75	BUŁA Adam	1110		M30	75		01:34:48	02:27:22	02:28:16.70	02:28:48.25	+00:59:44 (40.1%)	7:11	8.3 (59.7%)
76	BEŁCZĄCKI Jakub	776		M30	76		01:35:21	02:27:29	02:28:24.35	02:29:32.10	+01:00:28 (40.4%)	7:12	8.3 (59.7%)
77	SZYMACHA Paweł	686		M30	77		01:35:14	02:28:40	02:29:27.65	02:30:12.95	+01:01:09 (40.7%)	7:15	8.3 (59.7%)
78	SIEROCIUK Adrian	638		M30	78		01:34:35	02:29:16	02:30:22.85	02:30:39.90	+01:01:36 (40.9%)	7:17	8.2 (59.0%)
79	WARCHULSKI Paweł	1036		M30	79		01:36:03	02:29:09	02:30:01.25	02:30:45.85	+01:01:42 (40.9%)	7:16	8.2 (59.0%)
80	PILIPEIKA Maksim	587	CROSSFIT MOKOTÓW	M30	80		01:39:27	02:29:12	02:29:56.40	02:31:09.55	+01:02:05 (41.1%)	7:16	8.2 (59.0%)
81	DARŁAK Marek	534		M30	81		01:39:08	02:28:55	02:29:52.70	02:31:10.50	+01:02:06 (41.1%)	7:16	8.2 (59.0%)
82	OCHAŁEK Wojciech	567		M30	82		01:36:59	02:30:11	02:31:11.60	02:31:25.15	+01:02:21 (41.2%)	7:20	8.2 (59.0%)
83	CYRAN Wojtek	547		M30	83		01:34:57	02:29:12	02:30:23.50	02:31:35.80	+01:02:32 (41.2%)	7:18	8.2 (59.0%)
84	CZERNIAK Piotr	832		M30	84		01:36:34	02:30:46	02:31:46.15	02:32:46.45	+01:03:42 (41.7%)	7:22	8.1 (58.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto		Czas brutto		Różn	Tempo min/km	Tempo km/h
							12.4km	20.2km	20.6km	20.6km					
85	ANDRZEJEWSKI Martin	987		M30	85		01:41:00	02:31:22	02:32:10.45	02:32:59.70	+01:03:55 (41.8%)	7:23	8.1 (58.3%)		
86	BOJANOWSKI Piotr	894	FERAL CATS HUCISKO TEAM	M30	86		01:39:34	02:33:12	02:34:12.80	02:34:55.40	+01:05:51 (42.5%)	7:29	8 (57.6%)		
87	CIEPŁY Patryk	967	RESHAPE RUNNERS	M30	87		01:36:55	02:33:55	02:35:02.95	02:35:07.15	+01:06:03 (42.6%)	7:31	8 (57.6%)		
88	BODO Konrad	577		M30	88		01:39:07	02:33:55	02:34:41.90	02:35:25.70	+01:06:21 (42.7%)	7:30	8 (57.6%)		
89	WESOŁOWSKI Maciej	953	COKE RUNNERS	M30	89		01:39:32	02:33:59	02:35:02.05	02:35:56.35	+01:06:52 (42.9%)	7:31	8 (57.6%)		
90	GARSTKA Mariusz	1094		M30	90		01:40:42	02:35:08	02:36:08.80	02:36:21.95	+01:07:18 (43.0%)	7:34	7.9 (56.8%)		
91	SZYDEK Artur	684	FERAL CATS HUCISKO TEAM	M30	91		01:42:56	02:36:19	02:37:14.15	02:37:57.70	+01:08:53 (43.6%)	7:37	7.9 (56.8%)		
92	WERBIŃSKI Tomasz	509		M30	92		01:41:08	02:37:47	02:38:58.15	02:39:36.00	+01:10:32 (44.2%)	7:43	7.8 (56.1%)		
93	STEFAŃSKI Marcin	516		M30	93		01:41:02	02:39:07	02:40:06.30	02:40:38.65	+01:11:34 (44.6%)	7:46	7.7 (55.4%)		
94	ZAWADZKI Kamil	506	FERAL CATS HUCISKO TEAM	M30	94		01:40:00	02:40:23	02:41:19.10	02:42:04.90	+01:13:01 (45.1%)	7:49	7.7 (55.4%)		
95	SZULC Sebastian	593		M30	95		01:42:14	02:40:35	02:41:37.10	02:42:08.20	+01:13:04 (45.1%)	7:50	7.6 (54.7%)		
96	KASZUBA Mateusz	630		M30	96		01:42:00	02:40:19	02:41:04.75	02:42:10.35	+01:13:06 (45.1%)	7:49	7.7 (55.4%)		
97	GOLDMAN Mateusz	2102	MAD&GOLD	M30	97		01:37:25	02:40:49	02:42:01.75	02:42:22.75	+01:13:18 (45.2%)	7:51	7.6 (54.7%)		
98	SADO Tomasz	501		M30	98		01:42:04	02:42:18	02:43:37.10	02:43:51.95	+01:14:48 (45.6%)	7:56	7.6 (54.7%)		
99	SZUTA Maciej	1172		M30	99		01:36:12	02:42:35	02:43:45.25	02:43:59.45	+01:14:55 (45.7%)	7:56	7.5 (54.0%)		
100	PTAK Jacek	627	GRUBE FREERIDY	M30	100		01:47:59	02:42:16	02:43:20.85	02:44:31.25	+01:15:27 (45.9%)	7:55	7.6 (54.7%)		
101	MAREK Sławomir	1135		M30	101		01:42:25	02:43:19	02:44:25.05	02:44:40.55	+01:15:36 (45.9%)	7:58	7.5 (54.0%)		
102	JOCHEMCZYK Szymon	866		M30	102		01:44:37	02:45:24	02:46:30.70	02:47:11.10	+01:18:07 (46.7%)	8:04	7.4 (53.2%)		
103	PIETRZAK Sebastian	1078		M30	103		01:46:26	02:45:32	02:46:30.00	02:47:27.30	+01:18:23 (46.8%)	8:04	7.4 (53.2%)		
104	ŚWIERCZYŃSKI Aleksander	856		M30	104		01:44:49	02:47:30	02:48:26.95	02:49:01.55	+01:19:57 (47.3%)	8:10	7.3 (52.5%)		
105	WILCZEWSKI Rafał	743		M30	105		01:47:30	02:47:16	02:48:12.20	02:49:11.70	+01:20:07 (47.4%)	8:09	7.3 (52.5%)		
106	PAŁĘGA Nazariusz	940		M30	106		01:44:41	02:47:01	02:48:11.55	02:49:16.30	+01:20:12 (47.4%)	8:09	7.3 (52.5%)		
107	KAWULA Adam	522	GRUBE FRIRAJDY	M30	107		01:46:35	02:48:07	02:49:09.35	02:50:20.95	+01:21:17 (47.7%)	8:12	7.3 (52.5%)		

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką		Czas netto		Czas brutto		Tempo min/km	Tempo km/h
							12.4km	20.2km	20.6km	20.6km	Różn			
108	STASIUK Arkadiusz	652	NAPĘDZANY ROSOŁEM!	M30	108		01:45:38	02:49:36	02:50:30.25	02:50:43.60	+01:21:39 (47.8%)	8:16	7.2 (51.8%)	
109	OCIESA Bartek	1219		M30	109		01:46:32	02:50:30	02:51:35.55	02:51:45.10	+01:22:41 (48.1%)	8:19	7.2 (51.8%)	
110	DĘBOWSKI Damian	538		M30	110		01:46:16	02:50:07	02:51:15.10	02:51:51.00	+01:22:47 (48.2%)	8:18	7.2 (51.8%)	
111	DYREK Andrzej	1195		M30	111		01:47:52	02:50:31	02:51:44.75	02:52:11.55	+01:23:07 (48.3%)	8:20	7.2 (51.8%)	
112	SIEMIESZ Paweł	1119	SIEMIESZ-TEAM	M30	112		01:47:25	02:50:38	02:52:02.30	02:52:30.65	+01:23:26 (48.4%)	8:21	7.2 (51.8%)	
113	LEWANDOWSKI Marcin	1045	SPRINT GORZYCE	M30	113		01:49:22	02:52:06	02:53:00.20	02:53:10.40	+01:24:06 (48.6%)	8:23	7.1 (51.1%)	
114	CIEŚLICKI Andrzej	685		M30	114		01:49:33	02:52:21	02:53:33.00	02:54:19.70	+01:25:15 (48.9%)	8:25	7.1 (51.1%)	
115	FUS Hubert	504		M30	115		01:54:31	02:52:12	02:53:15.40	02:54:30.05	+01:25:26 (49.0%)	8:24	7.1 (51.1%)	
116	NARTYMAU Siarhei	793		M30	116		01:49:57	02:53:22	02:54:21.25	02:55:00.10	+01:25:56 (49.1%)	8:27	7.1 (51.1%)	
117	SZULC Damian	1089	WPISZCOKOLWIEK	M30	117		01:52:58	02:53:55	02:54:53.35	02:55:23.95	+01:26:20 (49.2%)	8:29	7.1 (51.1%)	
118	TURSKI Łukasz	1203		M30	118		01:51:14	02:54:08	02:54:55.65	02:55:37.90	+01:26:34 (49.3%)	8:29	7.1 (51.1%)	
119	GECOW Marcin	765		M30	119		01:50:40	02:55:36	02:56:48.15	02:57:11.10	+01:28:07 (49.7%)	8:34	7 (50.4%)	
120	GIEROBA Bartosz	980		M30	120		01:54:39	02:55:16	02:56:22.80	02:57:38.40	+01:28:34 (49.9%)	8:33	7 (50.4%)	
121	MORAWSKI Szymon	560		M30	121		01:54:33	02:56:20	02:57:16.25	02:58:05.80	+01:29:02 (50.0%)	8:36	7 (50.4%)	
122	MAŁECKI Bartosz	848		M30	122		01:53:29	02:57:27	02:58:30.75	02:59:36.35	+01:30:32 (50.4%)	8:39	6.9 (49.6%)	
123	ZIĘBA Grzegorz	746	DRUŻYNA BIEGOWA CANAL+	M30	123		01:57:49	02:57:57	02:58:43.70	02:59:39.70	+01:30:35 (50.4%)	8:40	6.9 (49.6%)	
124	SZMYD Aleksander	876		M30	124		01:51:46	02:58:23	02:59:12.50	03:00:29.45	+01:31:25 (50.7%)	8:41	6.9 (49.6%)	
125	KOZŁOWSKI Piotr	1088		M30	125		01:52:29	03:00:19	03:01:24.30	03:01:35.70	+01:32:31 (51.0%)	8:48	6.8 (48.9%)	
126	MASTALSKI Krzysztof	747	LPP TEAM	M30	126		01:57:15	03:03:09	03:04:08.75	03:05:22.80	+01:36:19 (52.0%)	8:56	6.7 (48.2%)	
127	NOWAK Konrad	1137		M30	127		01:59:45	03:03:33	03:04:44.15	03:05:51.35	+01:36:47 (52.1%)	8:58	6.7 (48.2%)	
128	HUSIATYNSKI Maciej	549		M30	128		01:57:00	03:05:33	03:06:36.55	03:07:00.45	+01:37:56 (52.4%)	9:03	6.6 (47.5%)	
129	PIZON Bartosz	3502	TRUTNIAWKA	M30	129		02:00:35	03:05:23	03:06:36.25	03:07:50.30	+01:38:46 (52.6%)	9:03	6.6 (47.5%)	
130	ADAMCZYK Roman	831		M30	130		01:55:24	03:06:41	03:07:55.70	03:07:55.70	+01:38:51 (52.6%)	9:07	6.6 (47.5%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mistrzostwa Polski	Schronisko pod Durbaszką 12.4km	20.2km	Czas netto 20.6km	Czas brutto 20.6km	Różn	Tempo min/km	Tempo km/h
131	SKWIRA Piotr	758	CHWILAMOMENTTEAM	M30	131		01:56:06	03:05:21	03:07:07.60	03:08:01.65	+01:38:57 (52.6%)	9:05	6.6 (47.5%)
132	MACIOŁEK Radosław	942	FANKLUB IGI,FRANIA I KOFIEGO	M30	132		01:57:06	03:06:01	03:07:17.80	03:08:21.00	+01:39:17 (52.7%)	9:05	6.6 (47.5%)
133	ŁECKI Grzegorz	770	JH	M30	133		02:03:35	03:12:56	03:13:57.60	03:14:37.10	+01:45:33 (54.2%)	9:24	6.4 (46.0%)
134	MORAWIEC Jarosław	804	GYPSY BROTHERS	M30	134		02:03:19	03:17:00	03:18:04.30	03:18:59.90	+01:49:56 (55.2%)	9:36	6.2 (44.6%)
135	KRAWCZYK Marcin	688	NATALIA TOMASIAK- GÓRSKI STYL TEAM	M30	135		02:09:42	03:21:51	03:23:22.20	03:23:51.80	+01:54:48 (56.3%)	9:52	6.1 (43.9%)
136	MAGRYŚ Krzysztof	1026		M30	136		02:08:38	03:22:42	03:24:01.20	03:25:17.85	+01:56:14 (56.6%)	9:54	6.1 (43.9%)
137	BORKOWSKI Arkadiusz	760		M30	137		02:08:04	03:25:03	03:26:16.50	03:26:49.45	+01:57:45 (56.9%)	10:00	6 (43.2%)
138	STANISZ Adrian	699		M30	138		02:08:08	03:25:17	03:26:44.05	03:27:30.45	+01:58:26 (57.1%)	10:02	6 (43.2%)
139	PILUTKIEWICZ Tomasz	675	ŁOJWIELE	M30	139		02:13:57	03:26:18	03:27:25.20	03:28:37.60	+01:59:33 (57.3%)	10:04	6 (43.2%)
140	ROLKA Wiktor	1023		M30	140		02:12:19	03:27:00	03:27:57.75	03:28:39.50	+01:59:35 (57.3%)	10:05	5.9 (42.4%)
141	PACANOWSKI Artur	764		M30	141		02:12:34	03:26:49	03:27:47.55	03:28:54.65	+01:59:50 (57.4%)	10:05	5.9 (42.4%)
142	ŚNIADY Piotr	1042		M30	142		02:09:43	03:32:16	03:33:15.10	03:34:12.05	+02:05:08 (58.4%)	10:21	5.8 (41.7%)
143	ŚWIĄTEK Mateusz	935		M30	143		02:13:46	03:36:09	03:37:26.55	03:38:41.60	+02:09:37 (59.3%)	10:33	5.7 (41.0%)
144	BAJAN Piotr	4085		M30	144		02:13:47	03:36:11	03:37:27.70	03:38:42.05	+02:09:38 (59.3%)	10:33	5.7 (41.0%)
145	SWAT Damian	552		M30	145		02:27:55	03:45:56	03:47:01.85	03:47:28.20	+02:18:24 (60.8%)	11:01	5.4 (38.8%)
146	PAWLIK Tomasz	1161	JB WARSAW	M30	146		02:24:49	03:52:03	03:53:15.05	03:53:55.45	+02:24:51 (61.9%)	11:19	5.3 (38.1%)
Przekroczony limit czasu: 05:00:00													
147	TYCZYNSKI Krzysztof	839	AKTYWNI KOCIEWIACY	M30	147		03:29:03	05:46:49	05:49:29.75	05:49:43.25	+04:20:39 (74.5%)	16:57	3.5 (25.2%)

Znaleziono 147 wynik(ów)