



BIEGI W SZCZAWNICY

CHYŻA DURBASZKA - 20 KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: Biegi w Szczawnicy
Organizator: Fundacja Strefa Przygód
Data: 2022-04-23
Miejsce: Szczawnica
Dystans: 19.3 km

Klasyfikacja: OPEN Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 11.5km	Czas netto 19.3km	Czas brutto 19.3km	Różn	Tempo min/km	Tempo km/h
1	BAZUŁKA Aleksandra	432	HOKA GARMIN TEAM	K20	1	01:11:03	01:50:23.55	01:50:26.55		5:43	10.5 (100%)
2	DUDEK Monika	508	BIEGOWY DZIK	K30	1	01:11:04	01:50:57.30	01:51:00.40	+00:00:33 (0.5%)	5:44	10.4 (99.0%)
3	LEWANDOWSKA Magdalena	333		K20	2	01:14:59	01:56:01.30	01:56:04.50	+00:05:37 (4.9%)	6:00	10 (95.2%)
4	BOCHENEK Magdalena	666	G.O.A.T. TEAM MICHAŁOWICE	K30	2	01:15:10	01:57:40.30	01:57:42.45	+00:07:15 (6.2%)	6:05	9.8 (93.3%)
5	GÓRALIK Sylwia	685	TKKF UKLEJNA	K40	1	01:17:25	01:59:03.20	01:59:05.15	+00:08:38 (7.3%)	6:10	9.7 (92.4%)
6	HUDASZEK Magda	627		K30	3	01:17:44	02:00:44.10	02:00:46.20	+00:10:19 (8.6%)	6:15	9.6 (91.4%)
7	PACHURA Kinga	339	ULTRA BABIA	K40	2	01:17:22	02:00:55.05	02:00:57.75	+00:10:31 (8.7%)	6:15	9.6 (91.4%)
8	KRUK Emilia	797	RYKOWISKO TEAM	K20	3	01:20:18	02:04:06.70	02:04:11.85	+00:13:45 (11.1%)	6:25	9.3 (88.6%)
9	RADKOWSKA Małgorzata	430	TEAM PARSZCZYŃSKICH	K30	4	01:21:22	02:04:06.80	02:04:16.15	+00:13:49 (11.1%)	6:25	9.3 (88.6%)
10	WEGRZYNIAK Sabina	755		K30	5	01:19:54	02:06:18.00	02:06:36.90	+00:16:10 (12.8%)	6:32	9.2 (87.6%)
11	PIERZAK-WYPYCH Olga	2392		K20	4	01:23:07	02:08:34.60	02:08:39.15	+00:18:12 (14.2%)	6:39	9 (85.7%)
12	NOSAL Kamila	645		K30	6	01:23:52	02:08:44.35	02:08:49.65	+00:18:23 (14.3%)	6:40	9 (85.7%)
13	SZTORC Joanna	302		K30	7	01:24:02	02:10:13.20	02:10:27.00	+00:20:00 (15.3%)	6:44	8.9 (84.8%)
14	MAKÓWKA Justyna	749		K20	5	01:24:06	02:10:41.10	02:10:48.75	+00:20:22 (15.6%)	6:46	8.9 (84.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 11.5km	Czas netto 19.3km	Czas brutto 19.3km	Różn	Tempo min/km	Tempo km/h
15	KONIK Diana	654		K20	6	01:25:54	02:12:27.35	02:12:35.75	+00:22:09 (16.7%)	6:51	8.7 (82.9%)
16	KRUK Magdalena	789		K30	8	01:24:20	02:13:57.85	02:14:01.75	+00:23:35 (17.6%)	6:56	8.6 (81.9%)
17	JACNIAK Ewa	603	EWA JACNIAK NOLIMITS	K30	9	01:26:53	02:14:23.60	02:14:28.75	+00:24:02 (17.9%)	6:57	8.6 (81.9%)
18	SZNAJDER Joanna	398	G.O.A.T. TEAM MICHAŁOWICE	K40	3	01:25:40	02:15:38.10	02:15:46.80	+00:25:20 (18.7%)	7:01	8.5 (81.0%)
19	WEGNER Patrycja	709		K30	10	01:30:48	02:21:33.95	02:21:46.15	+00:31:19 (22.1%)	7:20	8.2 (78.1%)
20	STASZCZAK Małgorzata	534	TRI TEAM LUBAŃ	K30	11	01:31:22	02:22:05.65	02:22:23.35	+00:31:56 (22.4%)	7:21	8.2 (78.1%)
21	GROMALA Danuta	595	KW KRAKÓW	K20	7	01:31:34	02:22:21.65	02:22:24.35	+00:31:57 (22.4%)	7:22	8.1 (77.1%)
22	CIERPIAŁ Adriana	332	STOWARZYSZENIE SPORTOWE SŁOŃCA JURY	K30	12	01:32:20	02:23:09.15	02:23:09.15	+00:32:42 (22.8%)	7:25	8.1 (77.1%)
23	KOWALSKA Agnieszka	651		K20	8	01:30:46	02:23:04.45	02:23:18.55	+00:32:52 (22.9%)	7:24	8.1 (77.1%)
24	TOMECKA Aleksandra	2787	LPP TEAM	K30	13	01:31:25	02:23:21.20	02:23:28.65	+00:33:02 (23.0%)	7:25	8.1 (77.1%)
25	DASZKOWSKA Olga	564	BŁĘKITNA XVII-TKA	K40	4	01:32:37	02:26:22.25	02:26:42.15	+00:36:15 (24.7%)	7:35	7.9 (75.2%)
26	SOŁTYSIAK Marta	596		K30	14	01:33:58	02:27:29.50	02:27:44.15	+00:37:17 (25.2%)	7:38	7.9 (75.2%)
27	HURAS Monika	750		K30	15	01:37:14	02:31:59.55	02:32:07.65	+00:41:41 (27.4%)	7:52	7.6 (72.4%)
28	KOWALCZYK Monika	570	LIDER UKS	K40	5	01:37:12	02:32:51.10	02:33:00.30	+00:42:33 (27.8%)	7:55	7.6 (72.4%)
29	BERNAKIEWICZ Aleksandra	682		K30	16	01:40:55	02:35:28.45	02:35:56.05	+00:45:29 (29.2%)	8:03	7.4 (70.5%)
30	MARCINIAK Edyta	756	PKB KMP KALISZ	K40	6	01:40:35	02:35:57.00	02:36:15.90	+00:45:49 (29.3%)	8:04	7.4 (70.5%)
31	ŁUGOWSKA Aleksandra	602		K30	17	01:40:29	02:35:50.35	02:36:23.05	+00:45:56 (29.4%)	8:04	7.4 (70.5%)
32	BUDZIASZEK Agnieszka	646	EFFI RUN TEAM	K20	9	01:40:42	02:37:36.90	02:37:50.45	+00:47:23 (30.0%)	8:09	7.3 (69.5%)
33	MRÓWKA Małgorzata	828		K30	18	01:40:51	02:37:58.90	02:38:07.55	+00:47:41 (30.2%)	8:11	7.3 (69.5%)
34	KURAS Olga	325	NUNEK SPITFIRE	K30	19	01:37:35	02:38:06.10	02:38:16.75	+00:47:50 (30.2%)	8:11	7.3 (69.5%)
35	RAKOWSKA Agnieszka	675		K30	20	01:38:48	02:37:35.65	02:38:19.20	+00:47:52 (30.2%)	8:09	7.3 (69.5%)
36	PIEJKO Joanna	464	BŁĘKITNA XVII-TKA	K30	21	01:42:34	02:39:59.20	02:40:19.65	+00:49:53 (31.1%)	8:17	7.2 (68.6%)
37	TARNAWSKA Anna	407	UKS LIDER SIERCZA	K30	22	01:42:21	02:40:34.80	02:40:47.75	+00:50:21 (31.3%)	8:19	7.2 (68.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						Durbaszką 11.5km	netto 19.3km	brutto 19.3km			
38	NOWAK Ewelina	639	SPARTAN TRAINING GROUP TARNÓW	K30	23	01:44:05	02:40:57.35	02:41:07.20	+00:50:40 (31.5%)	8:20	7.2 (68.6%)
39	KUKUŁKA Hanna	348	HUCISKO FERAL CATS	K20	10	01:44:09	02:40:38.75	02:41:13.15	+00:50:46 (31.5%)	8:19	7.2 (68.6%)
40	MICHNO Agata	650		K30	24	01:40:56	02:40:24.00	02:41:14.75	+00:50:48 (31.5%)	8:18	7.2 (68.6%)
41	ALEKSA Irena	503		K30	25	01:46:44	02:42:09.95	02:42:20.30	+00:51:53 (32.0%)	8:24	7.1 (67.6%)
42	WICINSKA-REUS Dominika	714	RYSIOTEAM	K40	7	01:43:46	02:42:18.85	02:42:23.40	+00:51:56 (32.0%)	8:24	7.1 (67.6%)
43	RADŁOWSKA Mariola	586	#PROSECCOTEAM	K30	26	01:43:13	02:42:32.15	02:42:55.95	+00:52:29 (32.2%)	8:25	7.1 (67.6%)
44	MACIASZ Sylwia	717		K30	27	01:44:43	02:44:32.60	02:45:03.85	+00:54:37 (33.1%)	8:31	7 (66.7%)
45	KOŁODZIEJ Justyna	377		K30	28	01:45:20	02:44:51.30	02:45:04.60	+00:54:38 (33.1%)	8:32	7 (66.7%)
46	BANDOSZ Tamara	419	BIESIADNICZO BIEGOWY KS WILANÓW	K40	8	01:45:04	02:44:52.95	02:45:14.15	+00:54:47 (33.2%)	8:32	7 (66.7%)
47	KLUBA Magdalena	720	FALSTART RUDNIKI	K20	11	01:44:46	02:44:58.35	02:45:25.55	+00:54:59 (33.2%)	8:32	7 (66.7%)
48	NOWORYTA Eliza	615	ULTRA DIABŁY TEAM LUBRZA	K40	9	01:47:17	02:45:14.45	02:45:37.25	+00:55:10 (33.3%)	8:33	7 (66.7%)
49	MAJCHRZAK Agnieszka	415	NESSI TEAM	K40	10	01:46:43	02:45:07.85	02:45:45.15	+00:55:18 (33.4%)	8:33	7 (66.7%)
50	BURNUS Beata	449	PANI	K30	29	01:49:56	02:48:02.20	02:48:27.45	+00:58:00 (34.4%)	8:42	6.9 (65.7%)
51	RACZYŃSKA Gosia	313	COCA-COLA RUNNERS	K40	11	01:47:34	02:48:02.05	02:48:37.25	+00:58:10 (34.5%)	8:42	6.9 (65.7%)
52	PENCONEK Agata	536		K30	30	01:46:51	02:49:11.70	02:49:47.45	+00:59:20 (35.0%)	8:45	6.8 (64.8%)
53	NIEMASZ Aleksandra	711	100LEJKA	K20	12	01:50:40	02:49:44.50	02:50:05.10	+00:59:38 (35.1%)	8:47	6.8 (64.8%)
54	ZEJDLER Aleksandra	340	MATNER RUNNING TEAM	K20	13	01:53:06	02:49:30.45	02:50:09.25	+00:59:42 (35.1%)	8:46	6.8 (64.8%)
55	CIBOROWSKA Małgorzata Ciborowska	563	STARE BABICE BIEGAJĄ	K40	12	01:50:41	02:49:42.30	02:50:16.60	+00:59:50 (35.1%)	8:47	6.8 (64.8%)
56	SOCHA Dagmara Socha	601		K40	13	01:50:41	02:50:10.40	02:50:44.00	+01:00:17 (35.3%)	8:49	6.8 (64.8%)
57	PIÓRKOWSKA Jolanta	1239	KOŁO BIEGA	K40	14	01:49:04	02:51:10.70	02:51:36.65	+01:01:10 (35.6%)	8:52	6.8 (64.8%)
58	MICHALCZYK Anna	473	NAPRZÓD MŁOCINY	K40	15	01:51:58	02:51:50.30	02:52:30.35	+01:02:03 (36.0%)	8:54	6.7 (63.8%)
59	KRALIK Sylwia	426		K40	16	01:52:04	02:54:26.75	02:54:37.40	+01:04:10 (36.8%)	9:02	6.6 (62.9%)
60	STOLARZ Marta	782	NIEPOŁOMICE BIEGAJĄ	K40	17	01:51:17	02:55:09.95	02:55:31.20	+01:05:04 (37.1%)	9:04	6.6 (62.9%)

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61	GOŁDYN Katarzyna	588		K40	18	01:54:42	02:55:40.95	02:55:53.35	+01:05:26 (37.2%)	9:06	6.6 (62.9%)
62	PNIEWSKA Anna	736	RAK'N'ROLL	K40	19	01:53:53	02:56:13.10	02:56:23.45	+01:05:56 (37.4%)	9:07	6.6 (62.9%)
63	CHMIEL Bożena	365	DZIKIE MUSTANGI	K40	20	01:53:32	02:56:37.95	02:56:54.50	+01:06:27 (37.6%)	9:09	6.6 (62.9%)
64	KARAŚ Agnieszka	669	STARE BABICE BIEGAJĄ	K40	21	01:54:54	02:56:31.40	02:57:05.80	+01:06:39 (37.6%)	9:08	6.6 (62.9%)
65	KROSZKA Beata	509	KS STASZEWSKY	K50	1	01:54:18	02:57:46.05	02:58:19.25	+01:07:52 (38.1%)	9:12	6.5 (61.9%)
66	SOJKA Anna	341		K30	31	01:52:01	02:59:06.60	02:59:37.85	+01:09:11 (38.5%)	9:16	6.5 (61.9%)
67	GÓRECKA Katarzyna	376	LESZNOTEAM	K40	22	01:54:41	02:59:49.75	03:00:23.20	+01:09:56 (38.8%)	9:19	6.4 (61.0%)
68	RATUŚNIAK Eliza	729	SEAFORD STRIDERS	K40	23	01:54:34	03:01:13.75	03:01:23.60	+01:10:57 (39.1%)	9:23	6.4 (61.0%)
69	SAINTEMARIE Agnieszka	345		K30	32	01:56:38	03:02:04.00	03:02:34.70	+01:12:08 (39.5%)	9:26	6.4 (61.0%)
70	OLEKSIEWICZ Beata	659	SZAKALE BAŁUT ŁÓDŹ	K40	24	01:56:05	03:02:30.15	03:02:59.45	+01:12:32 (39.6%)	9:27	6.3 (60.0%)
71	JAGIEŁŁO Beata	696	PLANETA NISKO	K50	2	01:57:59	03:02:54.80	03:03:27.00	+01:13:00 (39.8%)	9:28	6.3 (60.0%)
72	KUBIAK Marta	494		K30	33	01:55:12	03:03:03.90	03:03:58.05	+01:13:31 (40.0%)	9:29	6.3 (60.0%)
73	TALAROWSKA Agnieszka	493		K40	25	01:57:22	03:03:57.20	03:04:13.50	+01:13:46 (40.1%)	9:31	6.3 (60.0%)
74	FABISIAK Ewa	387	ROZBIEGANY SULEJÓWEK	K50	3	01:57:37	03:05:02.35	03:05:11.40	+01:14:44 (40.4%)	9:35	6.3 (60.0%)
75	ZASKORSKA Monika	454		K40	26	01:55:32	03:04:50.80	03:05:14.65	+01:14:48 (40.4%)	9:34	6.3 (60.0%)
76	SUCHORA Anna	411		K50	4	01:59:53	03:06:03.90	03:06:29.95	+01:16:03 (40.8%)	9:38	6.2 (59.0%)
77	SIKORA Agnieszka	304	MATNER RUNNING TEAM	K50	5	02:02:31	03:06:03.15	03:06:42.35	+01:16:15 (40.8%)	9:38	6.2 (59.0%)
78	WINIARZ Ola	474		K40	27	01:57:52	03:07:05.00	03:07:18.60	+01:16:52 (41.0%)	9:41	6.2 (59.0%)
79	WINCZURA Joanna	477		K40	28	01:55:16	03:07:05.80	03:07:18.95	+01:16:52 (41.0%)	9:41	6.2 (59.0%)
80	SZLENDAK BECEK Izabela	414	BBKS ŁAWECZKA WILANÓW	K40	29	01:57:06	03:07:01.65	03:07:21.80	+01:16:55 (41.1%)	9:41	6.2 (59.0%)
81	PIOTROWSKA Anna	785		K40	30	02:00:36	03:07:27.85	03:07:27.85	+01:17:01 (41.1%)	9:42	6.2 (59.0%)
82	GAŁUS Angelika	718	NOVEMBEER RUNNING TEAM	K30	34	01:58:50	03:08:10.45	03:08:51.00	+01:18:24 (41.5%)	9:44	6.2 (59.0%)
83	ZALESKA Maja	688	STARE BABICE BIEGAJĄ	K50	6	01:57:11	03:08:51.05	03:09:04.05	+01:18:37 (41.6%)	9:47	6.1 (58.1%)

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						Durbaszką 11.5km	19.3km	19.3km			
84	WALENTA Hanna	716	DREAM RUN	K40	31	02:03:31	03:09:25.30	03:10:16.80	+01:19:50 (42.0%)	9:48	6.1 (58.1%)
85	PIWOWARSKA Kinga	543	MAŁPY SILNE RAZEM	K20	14	02:00:59	03:09:49.20	03:10:26.95	+01:20:00 (42.0%)	9:50	6.1 (58.1%)
86	KEMPISTY Anna	512	12TRI.PL	K50	7	01:58:11	03:10:17.95	03:10:41.65	+01:20:15 (42.1%)	9:51	6.1 (58.1%)
87	DARŁAK Joanna	450	NAPRZÓD MŁOCINY	K30	35	02:02:42	03:10:55.90	03:11:38.15	+01:21:11 (42.4%)	9:53	6.1 (58.1%)
88	DZIKOWSKA Aleksandra	573	ŻÓRAWSKI TEAM	K20	15	02:05:59	03:10:58.50	03:11:48.85	+01:21:22 (42.4%)	9:53	6.1 (58.1%)
89	SIKORSKA Izabela	336	MIĘDZYRZECKIE GAZELE	K40	32	02:06:09	03:11:45.55	03:12:00.70	+01:21:34 (42.5%)	9:56	6 (57.1%)
90	LARA Natalia	643	WARRIORS ŁÓDŹ	K30	36	02:05:30	03:12:11.90	03:12:43.50	+01:22:16 (42.7%)	9:57	6 (57.1%)
91	CIEŚLAK Aleksandra	337	SKPG KRAKÓW	K20	16	02:05:30	03:12:27.60	03:13:18.65	+01:22:52 (42.9%)	9:58	6 (57.1%)
92	BREMER Helena	478		K30	37	02:05:31	03:12:37.75	03:13:29.25	+01:23:02 (42.9%)	9:58	6 (57.1%)
93	ZUWAŁA Anna	331	RAGNAR TEAM	K40	33	02:04:54	03:13:59.80	03:14:17.25	+01:23:50 (43.2%)	10:03	6 (57.1%)
94	AUGUSTYŃSKA Kinga	757	BŁĘKITNA XVII-TKA	K40	34	02:00:02	03:14:08.20	03:14:29.05	+01:24:02 (43.2%)	10:03	6 (57.1%)
95	BRZESKA Agata	728	ŁOMIANKOWSKA GRUPA BIEGOWA	K40	35	02:05:28	03:14:11.35	03:14:37.00	+01:24:10 (43.3%)	10:03	6 (57.1%)
96	BRZESKA Edyta	483	ŁOMIANKOWSKA GRUPA BIEGOWA	K20	17	02:05:54	03:14:37.30	03:14:37.30	+01:24:10 (43.3%)	10:05	6 (57.1%)
97	POLSKA Martyna	471		K20	18	02:08:27	03:15:01.20	03:15:41.75	+01:25:15 (43.6%)	10:06	5.9 (56.2%)
98	CIEPLIŃSKA Wioletta	574	NAPRZÓD MŁOCINY	K40	36	02:07:18	03:15:21.55	03:16:01.90	+01:25:35 (43.7%)	10:07	5.9 (56.2%)
99	TOCZEK Hana	583		K30	38	02:06:36	03:15:16.50	03:16:08.65	+01:25:42 (43.7%)	10:07	5.9 (56.2%)
100	WRONA Kamila	541		K20	19	02:09:02	03:15:52.55	03:16:22.90	+01:25:56 (43.8%)	10:08	5.9 (56.2%)
101	CZAJKA Agata	499		K30	39	02:07:45	03:17:04.10	03:17:56.05	+01:27:29 (44.2%)	10:12	5.9 (56.2%)
102	WOJAS Halina	618		K40	37	02:09:18	03:17:53.00	03:17:58.75	+01:27:32 (44.2%)	10:15	5.9 (56.2%)
103	KAMINSKA Joanna	362	TECHNIKAM/UKS LIDER	K40	38	02:04:21	03:17:52.55	03:18:04.20	+01:27:37 (44.2%)	10:15	5.9 (56.2%)
104	ZIARKO Agnieszka	634	CZARNA TĘCZA	K40	39	02:01:50	03:18:18.60	03:18:26.25	+01:27:59 (44.3%)	10:16	5.8 (55.2%)
105	SPRINGER Marta	689	NIGHT RUNNERS	K30	40	02:10:12	03:18:22.85	03:18:48.00	+01:28:21 (44.4%)	10:16	5.8 (55.2%)
106	SAMBORSKA Aneta	347		K30	41	02:07:27	03:18:30.95	03:19:21.05	+01:28:54 (44.6%)	10:17	5.8 (55.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 11.5km	Czas netto 19.3km	Czas brutto 19.3km	Różn	Tempo min/km	Tempo km/h
107	MILCZAREK Marta	528		K30	42	02:05:49	03:19:20.25	03:20:13.20	+01:29:46 (44.8%)	10:19	5.8 (55.2%)
108	ŚLĘCZKA Anna	359		K40	40	02:05:32	03:19:44.55	03:20:28.30	+01:30:01 (44.9%)	10:20	5.8 (55.2%)
109	WAŚIK Patrycja	489	OSTROBIEC	K30	43	02:09:57	03:21:02.55	03:21:38.60	+01:31:12 (45.2%)	10:24	5.8 (55.2%)
110	MAJCHRZYK Aleksandra	672	JB WARSAW	K30	44	02:07:43	03:22:02.20	03:22:08.65	+01:31:42 (45.4%)	10:28	5.7 (54.3%)
111	ROMANOWSKA Ewa	664	JB WARSAW	K30	45	02:04:50	03:22:02.35	03:22:09.05	+01:31:42 (45.4%)	10:28	5.7 (54.3%)
112	NAWROCKA Natalia	498		K30	46	02:11:10	03:21:48.60	03:22:29.85	+01:32:03 (45.5%)	10:27	5.7 (54.3%)
113	KOJDER-MALICKA Olga	504	OSTROBIEC	K40	41	02:09:15	03:22:39.10	03:23:15.45	+01:32:48 (45.7%)	10:30	5.7 (54.3%)
114	WIECZOREK Monika	392		K40	42	02:09:40	03:23:15.45	03:23:26.55	+01:33:00 (45.7%)	10:31	5.7 (54.3%)
115	WIECZOREK Wioleta	373	ZABIEGANE STARACHOWICE	K30	47	02:09:39	03:23:15.65	03:23:26.60	+01:33:00 (45.7%)	10:31	5.7 (54.3%)
116	POKROP Agnieszka	317	NATALIA TOMASIAK GÓRSKI STYL TEAM	K30	48	02:10:27	03:24:21.30	03:24:40.85	+01:34:14 (46.0%)	10:35	5.7 (54.3%)
117	DĄBROWSKA Monika	730	RAK'N'ROLL	K40	43	02:15:10	03:24:01.10	03:24:46.55	+01:34:20 (46.1%)	10:34	5.7 (54.3%)
118	PERLAK Magdalena	399		K30	49	02:11:38	03:24:39.60	03:25:11.75	+01:34:45 (46.2%)	10:36	5.7 (54.3%)
119	CZECHOWSKA Magda	546		K40	44	02:15:00	03:25:16.05	03:25:28.40	+01:35:01 (46.2%)	10:38	5.6 (53.3%)
120	SŁOTWIŃSKA Sylwia	547	WYDOLNOSC.PL	K40	45	02:14:07	03:25:15.80	03:25:28.45	+01:35:01 (46.2%)	10:38	5.6 (53.3%)
121	MIROWSKA Agnieszka	734	FUNDACJA RAK'N'ROLL	K20	20	02:15:23	03:25:00.55	03:25:34.25	+01:35:07 (46.3%)	10:37	5.6 (53.3%)
122	TOMASZEWSKA Kasia	431	NAPRZÓD MŁOCINY	K40	46	02:11:56	03:25:25.65	03:25:35.60	+01:35:09 (46.3%)	10:38	5.6 (53.3%)
123	GRZYB Beata	264	KOBIETY BIEGAJĄ	K40	47	02:16:51	03:25:24.30	03:25:50.40	+01:35:23 (46.3%)	10:38	5.6 (53.3%)
124	MENZEL Zofia	566	ULTRA DIABŁY TEAM LUBRZA	K60	1	02:09:25	03:25:49.50	03:26:13.15	+01:35:46 (46.4%)	10:39	5.6 (53.3%)
125	WISZNIOWSKA Małgorzata	738		K40	48	02:15:22	03:26:22.75	03:26:58.00	+01:36:31 (46.6%)	10:41	5.6 (53.3%)
126	RZĘDZIAN Beata	390	ŁĘCZNA BIEGA	K30	50	02:15:05	03:27:42.45	03:28:27.05	+01:38:00 (47.0%)	10:45	5.6 (53.3%)
127	OCHREMIAK Aleksandra	381	MOKOBIEGACZE	K30	51	02:12:32	03:28:09.55	03:28:56.60	+01:38:30 (47.1%)	10:47	5.6 (53.3%)
128	WAŚOWSKA Jagoda	770	KS PEGAZ PIASECZNO	K50	8	02:17:41	03:28:35.45	03:29:24.55	+01:38:58 (47.3%)	10:48	5.6 (53.3%)
129	KSIĄŻEK Danuta	526		K40	49	02:17:45	03:29:32.90	03:30:09.05	+01:39:42 (47.4%)	10:51	5.5 (52.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 11.5km	Czas netto 19.3km	Czas brutto 19.3km	Różn	Tempo min/km	Tempo km/h
130	STANOSZEK Agnieszka	346	COCA-COLA RUNNERS	K50	9	02:14:06	03:30:46.00	03:31:21.25	+01:40:54 (47.7%)	10:55	5.5 (52.4%)
131	SIWEK Ola	315		K40	50	02:14:05	03:30:45.10	03:31:21.35	+01:40:54 (47.7%)	10:55	5.5 (52.4%)
132	ŁECHTAŃSKA Grażyna	520	KB WARTKO	K50	10	02:12:40	03:30:44.30	03:31:23.10	+01:40:56 (47.8%)	10:55	5.5 (52.4%)
133	OSTASZEWSKA Karolina	598		K30	52	02:16:01	03:31:52.35	03:32:40.20	+01:42:13 (48.1%)	10:58	5.5 (52.4%)
134	WIŚNIEWSKA Anna	463	STREFA FIT	K30	53	02:18:24	03:34:30.50	03:35:23.75	+01:44:57 (48.7%)	11:06	5.4 (51.4%)
135	KLAJA Agnieszka	700		K30	54	02:18:16	03:35:16.50	03:35:31.25	+01:45:04 (48.8%)	11:09	5.4 (51.4%)
136	PAWLAK Ewa	788	EWARMED	K40	51	02:19:40	03:35:25.75	03:36:20.90	+01:45:54 (49.0%)	11:09	5.4 (51.4%)
137	ZWIERZCHOWSKA Katarzyna	783		K40	52	02:19:19	03:36:22.30	03:36:49.65	+01:46:23 (49.1%)	11:12	5.4 (51.4%)
138	MALUHA Anna	684	JZDL	K40	53	02:21:56	03:36:48.90	03:37:15.95	+01:46:49 (49.2%)	11:13	5.3 (50.5%)
139	MAŁGORZATA Zdunek Małgorzata	446		K40	54	02:20:52	03:37:12.00	03:37:27.75	+01:47:01 (49.2%)	11:15	5.3 (50.5%)
140	MANIAKOWSKA Agnieszka	581	WYBIEGAJ SIEBIE	K40	55	02:34:23	03:41:14.15	03:41:27.75	+01:51:01 (50.1%)	11:27	5.2 (49.5%)
141	SZELAĞIEWICZ Magdalena	334		K30	55	02:30:07	03:40:40.40	03:41:30.55	+01:51:04 (50.1%)	11:26	5.2 (49.5%)
142	PECYNA Katarzyna	857		K40	56	02:23:35	03:41:00.55	03:41:45.25	+01:51:18 (50.2%)	11:27	5.2 (49.5%)
143	RÓŻAŃSKA Renata	409		K40	57	02:33:50	03:41:42.55	03:41:54.55	+01:51:28 (50.2%)	11:29	5.2 (49.5%)
144	FRAIS-LIGAJ Agnieszka	606	NOLIMITS	K50	11	02:20:53	03:42:20.30	03:42:34.40	+01:52:07 (50.4%)	11:31	5.2 (49.5%)
145	MADEJ Katarzyna	626		K40	58	02:22:28	03:42:15.50	03:42:40.25	+01:52:13 (50.4%)	11:30	5.2 (49.5%)
146	KSIĄŻEK-WOŁYNIEC Magdalena	525		K40	59	02:24:32	03:42:11.80	03:42:45.45	+01:52:18 (50.4%)	11:30	5.2 (49.5%)
147	MALMON Agnieszka	733		K40	60	02:18:02	03:42:35.15	03:43:06.80	+01:52:40 (50.5%)	11:31	5.2 (49.5%)
148	ŚWIERAD-NOWAK Karolina	486		K30	56		03:43:16.00	03:43:16.00	+01:52:49 (50.5%)	11:34	5.2 (49.5%)
149	DROZDOWSKA Aneta	485		K40	61	02:21:35	03:42:46.70	03:43:16.15	+01:52:49 (50.5%)	11:32	5.2 (49.5%)
150	JARKIEWICZ-JANIK Małgorzata	653	WKURW_TEAM	K40	62	02:25:34	03:43:19.80	03:43:42.55	+01:53:16 (50.6%)	11:34	5.2 (49.5%)
151	GANDECKA Beata	459	MIĘDZYRZECKIE GAZELE	K40	63	02:29:11	03:43:38.90	03:43:54.45	+01:53:27 (50.7%)	11:35	5.2 (49.5%)
152	JOŃCZYK Emilia	637		K50	12	02:26:16	03:44:02.75	03:44:12.55	+01:53:46 (50.7%)	11:36	5.2 (49.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 11.5km	Czas netto 19.3km	Czas brutto 19.3km	Różn	Tempo min/km	Tempo km/h
153	ZABORSKA-JÓZEFIK Izabela	611		K50	13	02:26:12	03:44:03.45	03:44:12.65	+01:53:46 (50.7%)	11:36	5.2 (49.5%)
154	NOWAK Paulina	350	EPIC TEAM	K30	57	02:21:46	03:44:10.40	03:44:19.85	+01:53:53 (50.8%)	11:36	5.2 (49.5%)
155	HEJMEJ Kamila	308		K40	64	02:21:46	03:44:10.90	03:44:20.05	+01:53:53 (50.8%)	11:36	5.2 (49.5%)
156	SZELAĞ Iwona	698		K30	58	02:23:01	03:44:37.85	03:44:50.85	+01:54:24 (50.9%)	11:38	5.2 (49.5%)
157	SZULENCKA Aleksandra	516	ZABIEGANI PO USZY	K30	59	02:25:10	03:44:54.30	03:45:12.30	+01:54:45 (51.0%)	11:39	5.1 (48.6%)
158	SADLOWSKA Magda	511	BIEGACZE SPECJALNEJ TROSKI	K40	65	02:24:32	03:44:39.35	03:45:13.00	+01:54:46 (51.0%)	11:38	5.2 (49.5%)
159	LEWANDOWSKA Monika	406		K40	66	02:33:47	03:47:38.25	03:47:51.70	+01:57:25 (51.5%)	11:47	5.1 (48.6%)
160	DUDA Justyna	383		K30	60	02:39:42	03:48:22.85	03:48:22.85	+01:57:56 (51.6%)	11:49	5.1 (48.6%)
161	WŁODARCZYK Anna	769	SPARTA LUBLIN	K30	61	02:21:52	03:48:54.60	03:49:25.35	+01:58:58 (51.9%)	11:51	5.1 (48.6%)
162	BIENIEWSKA Agnieszka	401	WYBIEGAJ SIEBIE	K40	67	02:34:24	03:54:02.00	03:54:13.65	+02:03:47 (52.8%)	12:07	4.9 (46.7%)
163	CIBIOR Ewelina	421		K30	62	02:33:09	03:54:17.20	03:54:45.30	+02:04:18 (53.0%)	12:08	4.9 (46.7%)
164	POŹNIAK-STYCZYŃSKA Maja	706	DDC	K30	63	02:24:19	03:55:45.80	03:56:18.20	+02:05:51 (53.3%)	12:12	4.9 (46.7%)
165	MARYNIAK Katarzyna	758	WYBIEGAJ SIEBIE	K40	68	02:34:46	03:56:17.20	03:56:31.05	+02:06:04 (53.3%)	12:14	4.9 (46.7%)
166	SZELAĞIEWICZ Małgorzata	352		K40	69	02:30:06	03:55:56.50	03:56:46.95	+02:06:20 (53.4%)	12:13	4.9 (46.7%)
167	CZARNECKA Ilona	443	ŁOMIANKOWSKA GRUPA BIEGOWA	K40	70	02:36:38	03:59:10.00	03:59:38.25	+02:09:11 (53.9%)	12:23	4.8 (45.7%)
168	JAWORSKA Agnieszka	748		K40	71	02:38:37	03:59:46.35	03:59:58.35	+02:09:31 (54.0%)	12:25	4.8 (45.7%)
169	GASIK Wiola	395	STOWARZYSZENIE SPORTOWE SŁOŃCA JURY	K40	72	02:28:41	04:01:12.15	04:01:36.80	+02:11:10 (54.3%)	12:29	4.8 (45.7%)
170	WŁOSZCZYK-ŁOMIAK Magdalena	896		K50	14	02:34:33	04:04:13.90	04:04:56.50	+02:14:29 (54.9%)	12:39	4.7 (44.8%)
171	JUSZKO Monika	580		K40	73	02:36:11	04:05:51.30	04:06:40.70	+02:16:14 (55.2%)	12:44	4.7 (44.8%)
172	JUSZKO Aleksandra	549		K20	21	02:36:23	04:06:32.60	04:07:21.65	+02:16:55 (55.4%)	12:46	4.7 (44.8%)
173	KAPAŁKA Bożena	545	GROMNIK RUN TEAM	K50	15	02:38:34	04:07:28.65	04:07:46.70	+02:17:20 (55.4%)	12:49	4.7 (44.8%)
174	BARRON Anna Lea	658		K30	64	02:34:22	04:07:44.60	04:08:06.90	+02:17:40 (55.5%)	12:50	4.7 (44.8%)
175	MYSZYWODA Monika	726		K30	65	02:38:55	04:11:54.25	04:12:32.45	+02:22:05 (56.3%)	13:03	4.6 (43.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko pod Durbaszką 11.5km	Czas netto 19.3km	Czas brutto 19.3km	Różn	Tempo min/km	Tempo km/h
176	RÓŻAŃSKA Katarzyna	462		K40	74	02:45:09	04:14:01.05	04:14:56.15	+02:24:29 (56.7%)	13:09	4.6 (43.8%)
177	BRZOSTOWSKA Jolanta	705		K50	16	02:45:10	04:14:01.35	04:14:56.25	+02:24:29 (56.7%)	13:09	4.6 (43.8%)
178	KASPRZAK Iwona	893	BIEGAJĄCY ŚWIDNIK	K30	66	02:38:17	04:15:06.90	04:15:47.95	+02:25:21 (56.8%)	13:13	4.5 (42.9%)
179	SKARBOWSKA Izabela	737	RAK'N'ROLL TEAM	K40	75	02:47:15	04:20:17.60	04:20:50.05	+02:30:23 (57.7%)	13:29	4.4 (41.9%)
180	WARDA Agnieszka	680	SPARTA LUBLIN	K40	76	02:57:26	04:21:09.50	04:21:40.65	+02:31:14 (57.8%)	13:31	4.4 (41.9%)
181	MALEC Basia	515	SPARTA LUBLIN	K50	17	02:57:27	04:21:11.50	04:21:41.45	+02:31:14 (57.8%)	13:31	4.4 (41.9%)
182	DROSIO Katarzyna	358		K40	77	02:43:58	04:21:35.00	04:22:27.10	+02:32:00 (57.9%)	13:33	4.4 (41.9%)
183	MICHALCZEWSKA Weronika	794		K30	67	02:44:37	04:22:28.60	04:22:39.10	+02:32:12 (58.0%)	13:35	4.4 (41.9%)
184	BIJAK Agnieszka	787		K40	78	02:47:16	04:23:00.15	04:23:30.40	+02:33:03 (58.1%)	13:37	4.4 (41.9%)
185	OLCZYK Anna	329		K50	18	02:50:10	04:23:22.20	04:23:42.95	+02:33:16 (58.1%)	13:38	4.4 (41.9%)
186	DĄBROWSKA Daria	519	NEW4YOU TEAM	K30	68	02:48:23	04:27:52.80	04:28:20.50	+02:37:53 (58.8%)	13:52	4.3 (41.0%)
187	JANKOWSKA Magdalena	753	KOŁO BIEGA	K30	69	02:48:20	04:27:52.55	04:28:20.85	+02:37:54 (58.8%)	13:52	4.3 (41.0%)
188	KOBYŁKA Małgorzata	487	SUPERMARATON KALISZ	K50	19	02:55:12	04:28:11.35	04:28:33.35	+02:38:06 (58.9%)	13:53	4.3 (41.0%)
189	KUNA Aleksandra	1888		K30	70	02:50:42	04:29:03.40	04:29:48.70	+02:39:22 (59.1%)	13:56	4.3 (41.0%)
190	MYŚLIŃSKA Olga	735	RAK'N'ROLL	K40	79	02:50:37	04:29:03.95	04:29:50.10	+02:39:23 (59.1%)	13:56	4.3 (41.0%)
191	WOLNIEWICZ Joanna	404	BRODEX TEAM SWARZĘDZ / MORSY SWARZĘDZ	K50	20	02:53:53	04:34:34.20	04:35:20.75	+02:44:54 (59.9%)	14:13	4.2 (40.0%)
192	DRATWICKA Agnieszka	560	12TRI.PL	K50	21	02:49:34	04:37:09.25	04:37:39.20	+02:47:12 (60.2%)	14:21	4.2 (40.0%)
193	KARASIŃSKA Elżbieta	328	WYBIEGAJ SIEBIE	K50	22	03:00:02	04:39:34.40	04:39:48.50	+02:49:21 (60.5%)	14:29	4.1 (39.0%)
194	CIEŚLIKOWSKA Barbara	665	WYBIEGAJ SIEBIE	K40	80	02:59:53	04:41:08.35	04:41:20.10	+02:50:53 (60.7%)	14:33	4.1 (39.0%)
195	GNIADKOWSKA Elżbieta	455	WYBIEGAJ SIEBIE	K30	71	02:59:51	04:41:33.55	04:41:44.05	+02:51:17 (60.8%)	14:35	4.1 (39.0%)

Znaleziono 195 wynik(ów)