



# COMMANDO RACE 11KM

B4SPORT

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INTELIGENTNE ZAWODY SPORTOWE

**Wydarzenie:** Commando Race  
**Organizator:** COMMANDO RACE  
**Data:** 2019-06-08  
**Miejsce:** Kraków  
**Dystans:** 11 km

Klasyfikacja: 09:20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 11km	Czas brutto 11km	Różn	Tempo min/km	Tempo km/h
1	SERAFIN Rafał	11324		M-Open	4	01:19:23.85	01:19:26.80		7:13	8.3 (100%)
2	SOKOŁOWSKI Piotr	11308	CROSS HEROES - OGIEN!	M-Open	14	01:26:50.45	01:26:51.90	+00:07:25 (8.5%)	7:53	7.6 (91.6%)
3	ZUGAJ Marek	11313	CROSS HEROES - OGIEN!	M-Open	16	01:27:31.30	01:27:33.05	+00:08:06 (9.3%)	7:57	7.5 (90.4%)
4	DZADOSZ Michał	11288	OCR TEAM DĘBICA	M-Open	20	01:30:15.10	01:30:16.45	+00:10:49 (12.0%)	8:12	7.3 (88.0%)
5	NOWAK Maciej	11299	SERWUJEMYEMOCJE	M-Open	23	01:34:13.45	01:34:15.15	+00:14:48 (15.7%)	8:34	7 (84.3%)
6	BOGUSZ Adam	11323	CROSS HEROES - OGIEN!CROSS HEROES - OGIEN!	M-Open	27	01:39:19.65	01:39:20.75	+00:19:53 (20.0%)	9:01	6.6 (79.5%)
7	PISKORSKA Iwona	11303		K-Open	1	01:40:24.35	01:40:25.75	+00:20:58 (20.9%)	9:07	6.6 (79.5%)
8	PISKORSKI Adam	11304	PISKUŚ TEAM	M-Open	31	01:40:24.70	01:40:25.95	+00:20:59 (20.9%)	9:07	6.6 (79.5%)
9	ZONTEK Paweł	11312		M-Open	35	01:41:46.35	01:41:49.65	+00:22:22 (22.0%)	9:15	6.5 (78.3%)
10	BODNIAK Tomasz	11283		M-Open	36	01:41:46.40	01:41:49.80	+00:22:23 (22.0%)	9:15	6.5 (78.3%)
10	BILSKI Marcin	11281		M-Open	37	01:41:46.00	01:41:49.80	+00:22:23 (22.0%)	9:15	6.5 (78.3%)
12	PIELA Dorota	11301		K-Open	2	01:43:38.45	01:43:40.15	+00:24:13 (23.4%)	9:25	6.4 (77.1%)
13	RYBAK Łukasz	11306	CROSS HEROES - OGIEN!	M-Open	40	01:43:57.35	01:43:59.00	+00:24:32 (23.6%)	9:27	6.3 (75.9%)
14	HOLEWA Michał	11292		M-Open	47	01:50:50.90	01:50:53.55	+00:31:26 (28.4%)	10:04	6 (72.3%)
15	CYTRYCKI Aleksander	11286		M-Open	50	01:51:20.00	01:51:23.20	+00:31:56 (28.7%)	10:07	5.9 (71.1%)
16	GLASMAN Arkadiusz	11290		M-Open	52	01:53:01.25	01:53:04.45	+00:33:37 (29.7%)	10:16	5.8 (69.9%)
17	HOLEWA Grzegorz	11293	CROSS HEROES - OGIEN!	M-Open	56	02:00:25.40	02:00:28.00	+00:41:01 (34.1%)	10:56	5.5 (66.3%)
18	KILARSKA Barbara	11295	CROSS HEROES - OGIEN!	K-Open	6	02:00:26.30	02:00:28.60	+00:41:01 (34.1%)	10:56	5.5 (66.3%)
19	BŁOŃSKI Maciej	11282		M-Open	59	02:05:17.60	02:05:20.80	+00:45:54 (36.6%)	11:23	5.3 (63.9%)
20	PACEK Cezary	11300		M-Open	72	02:16:06.90	02:16:09.20	+00:56:42 (41.6%)	12:22	4.8 (57.8%)
21	SOKOŁOWSKA Monika	11307	CROSS HEROES - OGIEN!	K-Open	18	02:16:07.05	02:16:09.35	+00:56:42 (41.7%)	12:22	4.8 (57.8%)
22	ĆWIRLEJ Andrzej	11287	HUSARIA RACE TEAM	M-Open	74	02:17:37.15	02:17:40.25	+00:58:13 (42.3%)	12:30	4.8 (57.8%)
23	ŚWIĘCIAK Wojciech	11311		M-Open	77	02:17:48.85	02:17:51.15	+00:58:24 (42.4%)	12:31	4.8 (57.8%)
24	PIETRASZEK Sebastian	11302	KOMPANIA BRACI	M-Open	79	02:23:28.00	02:23:32.10	+01:04:05 (44.6%)	13:02	4.6 (55.4%)
25	KUMALA Łukasz	11298	KOMPANIA BRACI	M-Open	80	02:23:33.05	02:23:37.35	+01:04:10 (44.7%)	13:03	4.6 (55.4%)
26	GRUBA Mirosław	11291	KOMPANIA BRACI	M-Open	81	02:23:36.75	02:23:40.40	+01:04:13 (44.7%)	13:03	4.6 (55.4%)
27	ILNICKI Michał	11294		M-Open	92	02:47:25.75	02:47:30.05	+01:28:03 (52.6%)	15:13	3.9 (47.0%)
28	KOT Katarzyna	11296	HUSARIA RACE TEAM	K-Open	27	02:47:58.80	02:48:02.75	+01:28:35 (52.7%)	15:16	3.9 (47.0%)

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29	<b>KOT Sebastian</b>	<b>11297</b>	HUSARIA RACE TEAM	M-Open	93	<b>02:47:58.30</b>	<b>02:48:03.05</b>	+01:28:36 (52.7%)	15:16	3.9 (47.0%)
30	<b>SUKIENNIK Aleksandra</b>	<b>11309</b>	VIKING TRAINING CENTER	K-Open	28	<b>02:47:58.85</b>	<b>02:48:03.30</b>	+01:28:36 (52.7%)	15:16	3.9 (47.0%)
31	<b>PYĆ Dominika</b>	<b>11305</b>	VIKING TRAINING CENTER	K-Open	29	<b>02:47:59.65</b>	<b>02:48:03.45</b>	+01:28:36 (52.7%)	15:16	3.9 (47.0%)
31	<b>FIGIEL Agnieszka</b>	<b>11289</b>		K-Open	30	<b>02:47:58.70</b>	<b>02:48:03.45</b>	+01:28:36 (52.7%)	15:16	3.9 (47.0%)
33	<b>SZOJDA Paulina</b>	<b>11310</b>	VIKING TRAINING CENTER	K-Open	31	<b>02:48:05.00</b>	<b>02:48:05.00</b>	+01:28:38 (52.7%)	15:16	3.9 (47.0%)
34	<b>BUTYN Bartek</b>	<b>11285</b>		M-Open	95	<b>02:56:31.70</b>	<b>02:56:34.05</b>	+01:37:07 (55.0%)	16:02	3.7 (44.6%)

Znaleziono 34 wynik(ów)