



Event: Commando Race
Organiser: Commando Race
Date: 2018-09-22
Place: Kraków
Distance: 12 km

COMMANDO RACE 12KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: M-Open

Place	Participant	Number	Club	Category	MCat	Net time 12km	Czas brutto 12km	Gap	Pace min/km	Pace km/h
1	STĘPIKOWSKI Mateusz	12097	HUSARIA RACE TEAM	M-Open	1	01:12:21.65	01:12:22.95		6:01	10 (100%)
2	MAZUR Bartłomiej	12178	TF48	M-Open	2	01:15:21.00	01:15:24.85	+00:03:01 (4.0%)	6:16	9.6 (96.0%)
3	JAROSZ Filip	12168	TF 48	M-Open	3	01:15:56.00	01:16:00.10	+00:03:37 (4.8%)	6:19	9.5 (95.0%)
4	CZACH Tobiasz	12005	HUSARIA RACE TEAM	M-Open	4	01:16:31.05	01:16:34.35	+00:04:11 (5.5%)	6:22	9.4 (94.0%)
5	BATKOWSKI Jerzy	12206		M-Open	5	01:17:40.75	01:17:44.55	+00:05:21 (6.9%)	6:28	9.3 (93.0%)
6	RAPACZ Łukasz	12205		M-Open	6	01:18:44.85	01:18:49.25	+00:06:26 (8.2%)	6:33	9.1 (91.0%)
7	ŻERDKA Michał	12110	VIKING TRAINING CENTER	M-Open	7	01:24:03.35	01:24:05.25	+00:11:42 (13.9%)	7:00	8.6 (86.0%)
8	JANAŚ Jakub	12058	HUSARIA RACE TEAM	M-Open	8	01:24:41.50	01:24:42.50	+00:12:19 (14.6%)	7:03	8.5 (85.0%)
9	SPRUTTA Mateusz	12096		M-Open	9	01:24:55.35	01:24:55.35	+00:12:32 (14.8%)	7:04	8.5 (85.0%)
10	TOMSKI Marcin	12101	HUSARIA RACE TEAM	M-Open	10	01:25:09.10	01:25:12.55	+00:12:49 (15.1%)	7:05	8.5 (85.0%)
11	WITKOWSKI Karol	12107	HUSARIA RACE TEAM	M-Open	11	01:27:21.45	01:27:23.65	+00:15:00 (17.2%)	7:16	8.2 (82.0%)
12	PIĄTEK Sebastian	12142	HUSARIA RACE TEAM	M-Open	12	01:27:24.45	01:27:25.70	+00:15:02 (17.2%)	7:17	8.2 (82.0%)
13	SERWATKA Krzysztof	12145		M-Open	13	01:28:39.65	01:28:41.45	+00:16:18 (18.4%)	7:23	8.1 (81.0%)
14	GACH Damian	12054	CF KUŹNIA DAMIANA	M-Open	14	01:30:06.30	01:30:06.30	+00:17:43 (19.7%)	7:30	8 (80.0%)
15	HOLEWA Grzegorz	12125	CROSS HEROES - OGIENI!	M-Open	15	01:31:01.85	01:31:03.45	+00:18:40 (20.5%)	7:35	7.9 (79.0%)
16	ŚMIAŁEK Robert	12148	CITY FITNESS ZAGÓRZE	M-Open	16	01:31:00.35	01:31:04.05	+00:18:41 (20.5%)	7:35	7.9 (79.0%)
17	KOŁODZIEJ Dominik	12133		M-Open	17	01:31:01.95	01:31:04.10	+00:18:41 (20.5%)	7:35	7.9 (79.0%)
18	PIERZCHAŁA Łukasz	12083		M-Open	18	01:32:08.95	01:32:12.15	+00:19:49 (21.5%)	7:40	7.8 (78.0%)
19	BAŁDYGA Daniel	12043	SOCIOS SILESIA	M-Open	19	01:32:19.60	01:32:22.45	+00:19:59 (21.6%)	7:41	7.8 (78.0%)
20	APOSTOŁ Paweł	12155		M-Open	20	01:32:39.20	01:32:42.15	+00:20:19 (21.9%)	7:43	7.8 (78.0%)
21	TAMBORSKI Jacek	12195		M-Open	21	01:33:38.15	01:33:42.15	+00:21:19 (22.8%)	7:48	7.7 (77.0%)
22	GIERSZ Andrzej	12123	HUSARIA RACE TEAM	M-Open	22	01:33:44.45	01:33:45.95	+00:21:23 (22.8%)	7:48	7.7 (77.0%)
23	RYGOŁ Janusz	12092	CF KUŹNIA DAMIANA	M-Open	23	01:35:15.60	01:35:18.75	+00:22:55 (24.1%)	7:56	7.6 (76.0%)
24	PINKOWICZ Maciej	12085	CF KUŹNIA DAMIANA	M-Open	24	01:35:28.50	01:35:28.50	+00:23:05 (24.2%)	7:57	7.5 (75.0%)
25	GAZDA Igor	12165	#YOLOTEAMKRK	M-Open	25	01:36:19.45	01:36:23.85	+00:24:00 (24.9%)	8:01	7.5 (75.0%)
26	CZARNY Tomasz	12050		M-Open	26	01:36:50.00	01:36:53.80	+00:24:30 (25.3%)	8:04	7.4 (74.0%)
27	HURAS Michał	12057	CF KUŹNIA DAMIANA	M-Open	27	01:37:02.45	01:37:04.05	+00:24:41 (25.4%)	8:05	7.4 (74.0%)
28	PYTLIK Wojciech	12188	HEINEKEN KRAKOW RUNNING CLUB	M-Open	28	01:37:08.85	01:37:12.00	+00:24:49 (25.5%)	8:05	7.4 (74.0%)

						Net time 12km	Czas brutto 12km			Pace min/km	Pace km/h
Place	Participant	Number	Club	Category	MCat			Gap			
29	NAVARRETE Ildefonso	12179	ASSASSINS CROSS COUNTRY RUNNING CLUB	M-Open	29	01:37:08.80	01:37:12.30	+00:24:49 (25.5%)		8:05	7.4 (74.0%)
30	MIZERA Krzysztof	12076		M-Open	30	01:38:07.55	01:38:09.95	+00:25:47 (26.3%)		8:10	7.3 (73.0%)
31	CZEKAJ Adam	12118		M-Open	31	01:38:28.15	01:38:29.75	+00:26:06 (26.5%)		8:12	7.3 (73.0%)
32	SKORSKI Mariusz	12093		M-Open	32	01:38:54.45	01:38:57.65	+00:26:34 (26.9%)		8:14	7.3 (73.0%)
33	DŁUGOSZ Marcin	12052		M-Open	33	01:40:31.20	01:40:34.10	+00:28:11 (28.0%)		8:22	7.2 (72.0%)
34	PLĄDER Rafał	12086		M-Open	34	01:40:53.00	01:40:57.75	+00:28:34 (28.3%)		8:24	7.1 (71.0%)
35	LEŚNIAK Mateusz	12070		M-Open	35	01:40:53.10	01:40:58.50	+00:28:35 (28.3%)		8:24	7.1 (71.0%)
36	PIETRUCHA Piotr	12084	AKADEMIA WOJSK LĄDOWYCH	M-Open	36	01:40:53.60	01:40:58.75	+00:28:35 (28.3%)		8:24	7.1 (71.0%)
37	WOJTAS Sebastian	12108		M-Open	37	01:40:54.00	01:40:59.35	+00:28:36 (28.3%)		8:24	7.1 (71.0%)
38	GĘBCZYK Andrzej	12204		M-Open	38	01:40:54.95	01:40:59.90	+00:28:36 (28.3%)		8:24	7.1 (71.0%)
39	NIECHAJ Krzysztof	12080		M-Open	39	01:40:55.50	01:41:01.30	+00:28:38 (28.3%)		8:24	7.1 (71.0%)
40	WILCZYŃSKI Tomasz	12106		M-Open	40	01:41:13.55	01:41:17.05	+00:28:54 (28.5%)		8:26	7.1 (71.0%)
41	WCISŁO Marcin	12104		M-Open	41	01:41:15.75	01:41:20.50	+00:28:57 (28.6%)		8:26	7.1 (71.0%)
42	PIDŁO Konrad	12203		M-Open	42	01:41:27.00	01:41:32.45	+00:29:09 (28.7%)		8:27	7.1 (71.0%)
43	BAC Krzysztof	12156	CROSSFIT BALICKA	M-Open	43	01:42:56.25	01:42:58.50	+00:30:35 (29.7%)		8:34	7 (70.0%)
44	KMITA Radosław	12065		M-Open	44	01:43:08.10	01:43:12.30	+00:30:49 (29.9%)		8:35	7 (70.0%)
45	SZAJEWSKI Jakub	12193		M-Open	45	01:44:15.10	01:44:17.65	+00:31:54 (30.6%)		8:41	6.9 (69.0%)
46	MAGOŃ Łukasz	12020	HUSARIA RACE TEAM	M-Open	46	01:44:34.15	01:44:38.95	+00:32:16 (30.8%)		8:42	6.9 (69.0%)
47	HANDZEL Maciek	12010	HUSARIA RACE TEAM	M-Open	47	01:44:41.40	01:44:44.50	+00:32:21 (30.9%)		8:43	6.9 (69.0%)
48	POLAŃSKI Franciszek	12089		M-Open	48	01:46:31.10	01:46:33.15	+00:34:10 (32.1%)		8:52	6.8 (68.0%)
49	MAZUR Wojciech	12021		M-Open	49	01:47:59.65	01:48:02.95	+00:35:40 (33.0%)		8:59	6.7 (67.0%)
50	KRÓLIKOWSKI Przemysław	12015	BEFIT24TEAM	M-Open	50	01:48:24.45	01:48:29.25	+00:36:06 (33.3%)		9:02	6.6 (66.0%)
51	PITALA Paweł	12185	HUSARIA RACE TEAM	M-Open	51	01:48:42.00	01:48:47.65	+00:36:24 (33.5%)		9:03	6.6 (66.0%)
52	KARWALA Jacek	12170		M-Open	52	01:50:14.80	01:50:18.35	+00:37:55 (34.4%)		9:11	6.5 (65.0%)
53	BŁĄKAŁA Damian	12114		M-Open	53	01:54:04.60	01:54:06.95	+00:41:44 (36.6%)		9:30	6.3 (63.0%)
54	CZUBASZEWSKI Kamil	12120	HUSARIA RACE TEAM	M-Open	54	01:54:12.45	01:54:14.65	+00:41:51 (36.6%)		9:31	6.3 (63.0%)
55	BUJAK Igor	12116	HUSARIA RACE TEAM	M-Open	55	01:54:25.15	01:54:29.05	+00:42:06 (36.8%)		9:32	6.3 (63.0%)
56	PESZEL Damian	12183		M-Open	56	01:54:28.50	01:54:32.30	+00:42:09 (36.8%)		9:32	6.3 (63.0%)
57	PLUCIŃSKI Jakub	12088		M-Open	57	01:53:06.50	01:55:32.70	+00:43:09 (37.4%)		9:25	6.4 (64.0%)
58	PEPEL Marcin	12182	CROSSFIT DEKERTA	M-Open	58	01:56:53.15	01:56:58.80	+00:44:35 (38.1%)		9:44	6.2 (62.0%)
59	PORĘBA Konrad	12090		M-Open	59	01:57:01.05	01:57:04.80	+00:44:41 (38.2%)		9:45	6.2 (62.0%)
60	SMORAĞ Tomasz	12094		M-Open	60	01:57:00.70	01:57:05.10	+00:44:42 (38.2%)		9:45	6.2 (62.0%)
61	ZAWIŁŁO Marcin	12153	CROSSFIT DEKERTA	M-Open	61	01:57:02.25	01:57:05.30	+00:44:42 (38.2%)		9:45	6.2 (62.0%)
62	KLEKOWSKI Szymon	12132		M-Open	62	01:57:13.25	01:57:18.85	+00:44:55 (38.3%)		9:46	6.1 (61.0%)
62	KAPUSTA Marcin	12130		M-Open	63	01:57:13.45	01:57:18.85	+00:44:55 (38.3%)		9:46	6.1 (61.0%)
64	PORĘBNY Dominik	12143	SWD TEAM	M-Open	64	01:57:48.20	01:57:51.75	+00:45:28 (38.6%)		9:49	6.1 (61.0%)
65	POLISZAK Kamil	12187		M-Open	65	01:58:03.80	01:58:11.30	+00:45:48 (38.8%)		9:50	6.1 (61.0%)
66	BŁĘDOWSKI Bartosz	12045		M-Open	66	01:58:12.45	01:58:16.25	+00:45:53 (38.8%)		9:51	6.1 (61.0%)
67	HOLONA Marcin	12056	SWD TEAM	M-Open	67	01:58:37.35	01:58:41.40	+00:46:18 (39.0%)		9:53	6.1 (61.0%)
68	GAWENDA Michał	12164		M-Open	68	01:58:57.15	01:58:57.15	+00:46:34 (39.2%)		9:54	6.1 (61.0%)
69	POGORZELSKI Mariusz	12186		M-Open	69	01:59:36.45	01:59:41.35	+00:47:18 (39.5%)		9:58	6 (60.0%)
70	KABAJ Przemysław	12129	SWD TEAM	M-Open	70	01:59:39.95	01:59:42.35	+00:47:19 (39.5%)		9:58	6 (60.0%)
71	ŚWIATŁOŃ Damian	12149	SWD TEAM	M-Open	71	01:59:39.70	01:59:42.95	+00:47:20 (39.5%)		9:58	6 (60.0%)
72	ANTOSIEWICZ Robert	12154		M-Open	72	01:59:41.10	01:59:46.40	+00:47:23 (39.6%)		9:58	6 (60.0%)

Place	Participant	Number	Club	Category	MCat	Net time 12km	Czas brutto 12km	Gap	Pace min/km	Pace km/h
73	MAŚLANKA Wojtek	12075		M-Open	73	02:00:52.85	02:00:56.50	+00:48:33 (40.2%)	10:04	6 (60.0%)
74	MATŁOKA Bartłomiej	12177		M-Open	74	02:01:48.55	02:01:48.55	+00:49:25 (40.6%)	10:09	5.9 (59.0%)
75	LATA Lukasz	12174		M-Open	75	02:02:39.80	02:02:42.10	+00:50:19 (41.0%)	10:13	5.9 (59.0%)
76	ŁYŚ Adam	12175		M-Open	76	02:02:40.55	02:02:43.15	+00:50:20 (41.0%)	10:13	5.9 (59.0%)
77	BEDYCHAJ Andrzej	12044		M-Open	77	02:03:09.45	02:03:16.10	+00:50:53 (41.3%)	10:15	5.8 (58.0%)
78	SOLA Jacek	12191		M-Open	78	02:03:23.50	02:03:27.30	+00:51:04 (41.4%)	10:17	5.8 (58.0%)
79	KRAMARCZYK Paweł	12172		M-Open	79	02:03:30.30	02:03:33.90	+00:51:10 (41.4%)	10:17	5.8 (58.0%)
80	OLEJAK Paweł	12140		M-Open	80	02:04:41.25	02:04:45.15	+00:52:22 (42.0%)	10:23	5.8 (58.0%)
81	KACZMARCZYK Grzegorz	12062	NDE	M-Open	81	02:05:26.45	02:05:30.85	+00:53:07 (42.3%)	10:27	5.7 (57.0%)
82	TROJAK Jacek	12150		M-Open	82	02:05:38.00	02:05:38.00	+00:53:15 (42.4%)	10:28	5.7 (57.0%)
83	CZYŻEWSKI Jakub	12121		M-Open	83	02:05:35.75	02:05:39.90	+00:53:16 (42.4%)	10:27	5.7 (57.0%)
84	MENDYKA Mariusz	12139	BRZOZOVIA	M-Open	84	02:05:42.25	02:05:45.85	+00:53:22 (42.4%)	10:28	5.7 (57.0%)
85	CHRZĄSTEK Maciek	12003		M-Open	85	02:06:14.60	02:06:18.80	+00:53:55 (42.7%)	10:31	5.7 (57.0%)
86	TROJAN Grzegorz	12038		M-Open	86	02:06:20.30	02:06:24.75	+00:54:01 (42.7%)	10:31	5.7 (57.0%)
87	SKALSKI Marek	12189		M-Open	87	02:07:48.95	02:07:51.40	+00:55:28 (43.4%)	10:39	5.6 (56.0%)
88	ŁOPUCH Robert	12136	DZIADY OCR	M-Open	88	02:09:36.30	02:09:40.95	+00:57:18 (44.2%)	10:48	5.6 (56.0%)
89	ŚWIERCZYNSKI Jacek	12194		M-Open	89	02:11:16.10	02:11:17.75	+00:58:54 (44.9%)	10:56	5.5 (55.0%)
90	PAŹDZIERKO Paweł	12029	HUSARIA RACE TEAM	M-Open	90	02:11:34.55	02:11:38.55	+00:59:15 (45.0%)	10:57	5.5 (55.0%)
91	HENZEL Przemysław	12124		M-Open	91	02:11:56.75	02:12:00.60	+00:59:37 (45.2%)	10:59	5.5 (55.0%)
92	SZPUNAR Daniel	12147		M-Open	92	02:12:03.30	02:12:07.90	+00:59:44 (45.2%)	11:00	5.5 (55.0%)
93	RADWAŃSKI Patryk	12144	CITY-FITNESS ZAGÓRZE	M-Open	93	02:13:07.45	02:13:10.70	+01:00:47 (45.6%)	11:05	5.4 (54.0%)
94	BERKOWICZ Adrian	12001		M-Open	94	02:14:27.40	02:14:31.15	+01:02:08 (46.2%)	11:12	5.4 (54.0%)
95	MACIEJAS Daniel	12072	HUSARIA RACE TEAM	M-Open	95	02:18:27.65	02:18:27.65	+01:06:04 (47.7%)	11:32	5.2 (52.0%)
96	BUGARA Krzysztof	12158	GANG SZELTUSIÓW	M-Open	96	02:20:04.45	02:20:07.45	+01:07:44 (48.3%)	11:40	5.1 (51.0%)
97	JEZIORSKI Jerzy	12059	AWESOME TEAM	M-Open	97	02:23:49.55	02:23:54.30	+01:11:31 (49.7%)	11:59	5 (50.0%)
98	CIEPIELEWSKI Mateusz	12049		M-Open	98	02:27:59.65	02:28:05.45	+01:15:42 (51.1%)	12:20	4.9 (49.0%)
99	KRUSZONA Adam	12173		M-Open	99	02:30:10.75	02:30:15.35	+01:17:52 (51.8%)	12:30	4.8 (48.0%)
100	MISIAK Wiesław	12023	BEFIT24TEAM	M-Open	100	02:31:41.15	02:31:46.25	+01:19:23 (52.3%)	12:38	4.7 (47.0%)
101	KLYMCHUK Vladyslav	12064		M-Open	101	02:35:20.55	02:35:25.35	+01:23:02 (53.4%)	12:56	4.6 (46.0%)
102	GRZESŁO Grzegorz	12055		M-Open	102	02:38:35.45	02:38:41.95	+01:26:19 (54.4%)	13:12	4.5 (45.0%)
103	TRZECIAK Piotr	12102		M-Open	103	02:38:36.35	02:38:42.15	+01:26:19 (54.4%)	13:13	4.5 (45.0%)
104	BRANKIEWICZ Piotr	12046		M-Open	104	02:38:34.95	02:38:42.35	+01:26:19 (54.4%)	13:12	4.5 (45.0%)
105	KORNAŚ Tomasz	12066		M-Open	105	02:38:36.90	02:38:43.90	+01:26:20 (54.4%)	13:13	4.5 (45.0%)
106	FABIAN Robert	12053		M-Open	106	02:38:38.50	02:38:44.70	+01:26:21 (54.4%)	13:13	4.5 (45.0%)
107	SOWA Krzysztof	12095	—_ (?) _—	M-Open	107	02:38:38.60	02:38:45.15	+01:26:22 (54.4%)	13:13	4.5 (45.0%)
108	ORZECHOWSKI Grzegorz	12081		M-Open	108	02:38:46.05	02:38:48.35	+01:26:25 (54.4%)	13:13	4.5 (45.0%)
	TUREK Marcin	12103		M-Open		DNF	DNF	-	-	- (0.0%)