



Wydarzenie: Commando Race
Organizator: COMMANDO RACE
Data: 2019-06-08
Miejsce: Kraków
Dystans: 4 km

COMMANDO RACE 4KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: 14:20

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 4km | Czas brutto 4km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------|-------|------------------------|-----------|------|----------------|-----------------|-------------------|--------------|-------------|
| 1 | FRANCZYK Artur | 4020 | | M-Open | 1 | 00:44:04.30 | 00:44:07.55 | | 11:01 | 5.4 (100%) |
| 2 | PIĄTKOWSKI Marcin | 4160 | | M-Open | 2 | 00:44:23.85 | 00:44:27.40 | +00:00:19 (0.7%) | 11:06 | 5.4 (100%) |
| 3 | PYRTEK Andrzej | 4071 | | M-Open | 4 | 00:48:10.80 | 00:48:13.10 | +00:04:05 (8.5%) | 12:02 | 5 (92.6%) |
| 4 | KRYNIEWSKA Daria | 4045 | | K-Open | 1 | 00:48:10.85 | 00:48:13.35 | +00:04:05 (8.5%) | 12:02 | 5 (92.6%) |
| 5 | ŚMIECH Jakub | 4084 | BAD PINCZOW | M-Open | 8 | 00:50:44.45 | 00:50:53.55 | +00:06:46 (13.3%) | 12:41 | 4.7 (87.0%) |
| 6 | LEPIARZ Grzegorz | 4049 | | M-Open | 13 | 00:54:30.20 | 00:54:41.50 | +00:10:33 (19.3%) | 13:37 | 4.4 (81.5%) |
| 7 | LEPIARZ Michał | 4048 | HUSARIA RACE TEAM | M-Open | 14 | 00:54:36.20 | 00:54:47.60 | +00:10:40 (19.5%) | 13:39 | 4.4 (81.5%) |
| 8 | CHRZANOWSKI Wiktor | 4008 | | M-Open | 15 | 00:56:20.35 | 00:56:23.30 | +00:12:15 (21.7%) | 14:05 | 4.3 (79.6%) |
| 9 | OSTROWSKI Michał | 4061 | | M-Open | 16 | 00:58:23.00 | 00:58:25.20 | +00:14:17 (24.5%) | 14:35 | 4.1 (75.9%) |
| 10 | BUREK Marta | 4006 | | K-Open | 4 | 00:58:51.40 | 00:58:57.05 | +00:14:49 (25.1%) | 14:43 | 4.1 (75.9%) |
| 11 | WOJTAROWICZ Magdalena | 4091 | | K-Open | 5 | 00:59:50.80 | 00:59:53.80 | +00:15:46 (26.3%) | 14:57 | 4 (74.1%) |
| 12 | WÓJCIK Mateusz | 4093 | | M-Open | 18 | 01:00:27.50 | 01:00:34.70 | +00:16:27 (27.2%) | 15:06 | 4 (74.1%) |
| 13 | SERWIŃSKA Jadwiga | 4075 | | K-Open | 6 | 01:00:41.30 | 01:00:45.50 | +00:16:37 (27.4%) | 15:10 | 4 (74.1%) |
| 14 | WĄTROBA Ewelina | 4089 | | K-Open | 8 | 01:01:49.65 | 01:01:52.35 | +00:17:44 (28.7%) | 15:27 | 3.9 (72.2%) |
| 15 | CISZEWSKI Hubert | 4009 | | M-Open | 21 | 01:01:49.90 | 01:01:52.60 | +00:17:45 (28.7%) | 15:27 | 3.9 (72.2%) |
| 16 | HOROSZKO Ewelina | 4029 | | K-Open | 9 | 01:01:51.05 | 01:01:55.05 | +00:17:47 (28.7%) | 15:27 | 3.9 (72.2%) |
| 17 | PAŁASZ Jarosław | 7325 | | M-Open | 25 | 01:03:40.40 | 01:03:45.95 | +00:19:38 (30.8%) | 15:55 | 3.8 (70.4%) |
| 18 | ODROBIŃSKA Zuzanna | 4286 | | K-Open | 13 | 01:04:30.95 | 01:04:34.35 | +00:20:26 (31.7%) | 16:07 | 3.7 (68.5%) |
| 19 | ZIELINA Kasia | 4095 | | K-Open | 15 | 01:04:31.30 | 01:04:35.20 | +00:20:27 (31.7%) | 16:08 | 3.7 (68.5%) |
| 20 | BRZOZOWSKA Anna | 4005 | | K-Open | 16 | 01:04:31.80 | 01:04:35.45 | +00:20:27 (31.7%) | 16:08 | 3.7 (68.5%) |
| 21 | GODFRYD Maria | 4026 | | K-Open | 23 | 01:07:22.05 | 01:07:29.75 | +00:23:22 (34.6%) | 16:50 | 3.6 (66.7%) |
| 22 | SZEWCZYK Dorota | 4082 | | K-Open | 26 | 01:07:52.95 | 01:08:00.35 | +00:23:52 (35.1%) | 16:58 | 3.5 (64.8%) |
| 23 | ZUBEK Kinga | 4096 | | K-Open | 27 | 01:07:54.85 | 01:08:01.55 | +00:23:54 (35.1%) | 16:58 | 3.5 (64.8%) |
| 24 | KLICH Sonia | 4036 | | K-Open | 30 | 01:08:25.40 | 01:08:31.90 | +00:24:24 (35.6%) | 17:06 | 3.5 (64.8%) |
| 24 | WALIGÓRA Agata | 4086 | CARBON OCR RACING TEAM | K-Open | 31 | 01:08:25.55 | 01:08:31.90 | +00:24:24 (35.6%) | 17:06 | 3.5 (64.8%) |
| 26 | DZIEWIT Gabriela | 4017 | | K-Open | 34 | 01:09:17.70 | 01:09:22.00 | +00:25:14 (36.4%) | 17:19 | 3.5 (64.8%) |
| 27 | SZELA Piotr | 4080 | | M-Open | 34 | 01:09:18.10 | 01:09:22.70 | +00:25:15 (36.4%) | 17:19 | 3.5 (64.8%) |
| 28 | KOZIOŁ Joanna | 4044 | | K-Open | 38 | 01:09:50.20 | 01:09:55.60 | +00:25:48 (36.9%) | 17:27 | 3.4 (63.0%) |

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|-----|-------------------------------------|-------------|-------------------|-----------|------|--------------------|--------------------|-------------------|--------------|-------------|
| 29 | GAWLAK Agnieszka | 4024 | | K-Open | 39 | 01:09:57.95 | 01:10:05.30 | +00:25:57 (37.0%) | 17:29 | 3.4 (63.0%) |
| 30 | CUPAŁ Magdalena | 4010 | | K-Open | 40 | 01:10:04.05 | 01:10:08.80 | +00:26:01 (37.1%) | 17:31 | 3.4 (63.0%) |
| 31 | LISEK Kamil | 4051 | | M-Open | 37 | 01:10:04.45 | 01:10:09.20 | +00:26:01 (37.1%) | 17:31 | 3.4 (63.0%) |
| 32 | PANNA Dariusz | 4063 | | M-Open | 39 | 01:10:19.00 | 01:10:24.10 | +00:26:16 (37.3%) | 17:34 | 3.4 (63.0%) |
| 33 | SURÓWKA Dariusz | 4077 | | M-Open | 40 | 01:10:51.75 | 01:10:55.60 | +00:26:48 (37.8%) | 17:43 | 3.4 (63.0%) |
| 34 | MIŚ Joanna | 4055 | | K-Open | 46 | 01:11:14.95 | 01:11:17.55 | +00:27:10 (38.1%) | 17:48 | 3.4 (63.0%) |
| 35 | CHODACKA Maja | 4007 | | K-Open | 47 | 01:11:17.20 | 01:11:20.30 | +00:27:12 (38.1%) | 17:49 | 3.4 (63.0%) |
| 36 | ŚMIECH Waldemar | 4085 | | M-Open | 41 | 01:11:54.15 | 01:11:57.45 | +00:27:49 (38.7%) | 17:58 | 3.3 (61.1%) |
| 37 | ZAWIŁA Agnieszka | 4094 | | K-Open | 59 | 01:18:13.15 | 01:18:22.70 | +00:34:15 (43.7%) | 19:33 | 3.1 (57.4%) |
| 38 | FENERT Marzena | 4018 | | K-Open | 60 | 01:18:49.65 | 01:18:55.30 | +00:34:47 (44.1%) | 19:42 | 3 (55.6%) |
| 39 | OLEJNIK Anna | 4059 | CROSS-ŚWIONY | K-Open | 61 | 01:18:47.60 | 01:18:56.40 | +00:34:48 (44.1%) | 19:42 | 3 (55.6%) |
| 40 | SZCZUREK Izabela | 4079 | CROSS-ŚWIONY | K-Open | 62 | 01:18:47.70 | 01:18:56.50 | +00:34:48 (44.1%) | 19:42 | 3 (55.6%) |
| 41 | FRĄCKOWIAK Ewa | 4022 | | K-Open | 63 | 01:19:16.50 | 01:19:21.60 | +00:35:14 (44.4%) | 19:49 | 3 (55.6%) |
| 42 | BIAŁOŃ Magdalena | 4003 | | K-Open | 64 | 01:19:16.95 | 01:19:21.70 | +00:35:14 (44.4%) | 19:49 | 3 (55.6%) |
| 43 | ZBIEŻEK Paweł | 4288 | | M-Open | 53 | 01:19:33.00 | 01:19:36.85 | +00:35:29 (44.6%) | 19:53 | 3 (55.6%) |
| 44 | GWIŹDŹ Wojciech | 4289 | | M-Open | 54 | 01:19:32.85 | 01:19:37.00 | +00:35:29 (44.6%) | 19:53 | 3 (55.6%) |
| 45 | JAKUBOWSKA Adrianna | 4030 | | K-Open | 76 | 01:21:17.80 | 01:21:25.70 | +00:37:18 (45.8%) | 20:19 | 3 (55.6%) |
| 46 | PANEK Michał | 4062 | | M-Open | 55 | 01:21:17.95 | 01:21:25.75 | +00:37:18 (45.8%) | 20:19 | 3 (55.6%) |
| 47 | JAROSZ Katarzyna | 4032 | | K-Open | 77 | 01:21:47.40 | 01:21:55.55 | +00:37:48 (46.1%) | 20:26 | 2.9 (53.7%) |
| 48 | SZAPAŁOWSKA Roksana | 4078 | | K-Open | 78 | 01:21:48.05 | 01:21:56.60 | +00:37:49 (46.2%) | 20:27 | 2.9 (53.7%) |
| 49 | RÓŻYCKI Szymon | 4072 | | M-Open | 59 | 01:22:18.70 | 01:22:28.25 | +00:38:20 (46.5%) | 20:34 | 2.9 (53.7%) |
| 50 | KUBICKA Anita | 4046 | | K-Open | 81 | 01:22:18.85 | 01:22:28.50 | +00:38:20 (46.5%) | 20:34 | 2.9 (53.7%) |
| 51 | GREGORCZYK Ula | 4027 | | K-Open | 85 | 01:23:25.95 | 01:23:32.30 | +00:39:24 (47.2%) | 20:51 | 2.9 (53.7%) |
| 52 | SAPETA Renata | 4073 | | K-Open | 86 | 01:23:34.00 | 01:23:40.00 | +00:39:32 (47.3%) | 20:53 | 2.9 (53.7%) |
| 53 | JELEŃ Teresa | 4033 | | K-Open | 87 | 01:24:10.55 | 01:24:15.45 | +00:40:07 (47.6%) | 21:02 | 2.9 (53.7%) |
| 54 | BOŻEK Katarzyna | 4004 | | K-Open | 88 | 01:24:11.05 | 01:24:15.70 | +00:40:08 (47.6%) | 21:02 | 2.9 (53.7%) |
| 55 | HELBIN Daria | 4028 | | K-Open | 89 | 01:24:23.85 | 01:24:33.50 | +00:40:25 (47.8%) | 21:06 | 2.8 (51.9%) |
| 56 | KOWALSKI Marcin | 4040 | | M-Open | 61 | 01:24:24.40 | 01:24:34.05 | +00:40:26 (47.8%) | 21:06 | 2.8 (51.9%) |
| 57 | OKARMUS Iwona | 4057 | | K-Open | 90 | 01:25:07.40 | 01:25:11.25 | +00:41:03 (48.2%) | 21:17 | 2.8 (51.9%) |
| 58 | DYDUCH Zbigniew | 4015 | | M-Open | 62 | 01:25:12.00 | 01:25:19.50 | +00:41:11 (48.3%) | 21:18 | 2.8 (51.9%) |
| 59 | DYDUCH Dominika | 4014 | | K-Open | 91 | 01:25:11.15 | 01:25:19.75 | +00:41:12 (48.3%) | 21:17 | 2.8 (51.9%) |
| 60 | DYDUCH Elżbieta | 4013 | | K-Open | 92 | 01:25:11.40 | 01:25:19.90 | +00:41:12 (48.3%) | 21:17 | 2.8 (51.9%) |
| 61 | OLEŚ Rafał | 4060 | HUSARIA RACE TEAM | M-Open | 63 | 01:25:09.95 | 01:25:20.35 | +00:41:12 (48.3%) | 21:17 | 2.8 (51.9%) |
| 62 | OKARMUS Łukasz | 4058 | | M-Open | 64 | 01:25:19.80 | 01:25:24.25 | +00:41:16 (48.3%) | 21:20 | 2.8 (51.9%) |
| 63 | PICHÓRZ Ewelina | 4066 | | K-Open | 97 | 01:25:37.35 | 01:25:44.15 | +00:41:36 (48.5%) | 21:24 | 2.8 (51.9%) |
| 64 | LEŚNIAK Aneta | 4050 | | K-Open | 98 | 01:25:37.35 | 01:25:44.25 | +00:41:36 (48.5%) | 21:24 | 2.8 (51.9%) |
| 65 | NIEWIADOMY Marcin | 4287 | | M-Open | 65 | 01:25:43.10 | 01:25:52.65 | +00:41:45 (48.6%) | 21:25 | 2.8 (51.9%) |
| 66 | DZIEDZIC-WÓJTOWICZ Agnieszka | 4016 | | K-Open | 100 | 01:26:06.05 | 01:26:14.05 | +00:42:06 (48.8%) | 21:31 | 2.8 (51.9%) |
| 67 | GAJDA Edyta | 4023 | | K-Open | 101 | 01:26:05.85 | 01:26:14.35 | +00:42:06 (48.8%) | 21:31 | 2.8 (51.9%) |
| 67 | KALICKA Paulina | 4034 | | K-Open | 102 | 01:26:05.90 | 01:26:14.35 | +00:42:06 (48.8%) | 21:31 | 2.8 (51.9%) |
| 69 | MATYSIK Piotr | 4053 | | M-Open | 67 | 01:26:13.00 | 01:26:19.00 | +00:42:11 (48.9%) | 21:33 | 2.8 (51.9%) |
| 70 | POLUS Izabela | 4070 | | K-Open | 103 | 01:27:21.25 | 01:27:26.60 | +00:43:19 (49.5%) | 21:50 | 2.7 (50.0%) |
| 71 | WDOWSKI Łukasz | 4090 | | M-Open | 70 | 01:27:22.15 | 01:27:28.50 | +00:43:20 (49.6%) | 21:50 | 2.7 (50.0%) |
| 72 | FRANCZYK Kinga | 4021 | | K-Open | 108 | 01:27:40.95 | 01:27:46.65 | +00:43:39 (49.7%) | 21:55 | 2.7 (50.0%) |

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|-----|-------------------------|-------------|------|-----------|------|--------------------|--------------------|-------------------|--------------|-------------|
| 73 | SŁOWIK Bogusława | 4173 | | K-Open | 109 | 01:28:37.15 | 01:28:44.85 | +00:44:37 (50.3%) | 22:09 | 2.7 (50.0%) |
| 74 | WALUŚ Damian | 4087 | | M-Open | 71 | 01:29:08.30 | 01:29:15.40 | +00:45:07 (50.6%) | 22:17 | 2.7 (50.0%) |
| 75 | KOZIK Justna | 4043 | | K-Open | 110 | 01:29:09.85 | 01:29:16.75 | +00:45:09 (50.6%) | 22:17 | 2.7 (50.0%) |
| 76 | KOZIK Daniel | 4042 | | M-Open | 72 | 01:29:09.80 | 01:29:17.00 | +00:45:09 (50.6%) | 22:17 | 2.7 (50.0%) |
| 77 | DANIELCZYK Anna | 4011 | | K-Open | 115 | 01:30:06.25 | 01:30:13.20 | +00:46:05 (51.1%) | 22:31 | 2.7 (50.0%) |
| 78 | SAWICKA Agata | 4074 | | K-Open | 116 | 01:30:06.15 | 01:30:13.45 | +00:46:05 (51.1%) | 22:31 | 2.7 (50.0%) |
| | KOWAL Sabina | 4038 | | K-Open | | DNF | DNF | - | - | - (0.0%) |

Znaleziono 79 wynik(ów)