



COMMANDO RACE 4KM

B4SPORT

Wydarzenie: Commando Race
Organizator: COMMANDO RACE
Data: 2019-06-08
Miejsce: Kraków
Dystans: 4 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: 14:40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 4km	Czas brutto 4km	Różn	Tempo min/km	Tempo km/h
1	KECMANIUK Rafał	4129	GEKON GO	M-Open	5	00:48:22.70	00:48:25.70		12:05	5 (100%)
2	POLAK Jakub	4163		M-Open	6	00:48:49.90	00:48:52.10	+00:00:26 (0.9%)	12:12	4.9 (98.0%)
3	DENDURA Jędrzej	4115		M-Open	7	00:50:50.40	00:50:52.50	+00:02:26 (4.8%)	12:42	4.7 (94.0%)
4	WOJTANEK Piotr	4188		M-Open	9	00:51:13.40	00:51:15.10	+00:02:49 (5.5%)	12:48	4.7 (94.0%)
5	DZIUBAŃSKA Izabela	4118		K-Open	2	00:53:31.75	00:53:37.60	+00:05:11 (9.7%)	13:23	4.5 (90.0%)
6	KROMKA Katarzyna	4132		K-Open	3	00:55:39.95	00:55:42.05	+00:07:16 (13.1%)	13:55	4.3 (86.0%)
7	WALAS Wojciech	4180		M-Open	17	01:00:22.45	01:00:31.15	+00:12:05 (20.0%)	15:05	4 (80.0%)
8	GOŁPYŚ Piotr	4123	CFNH	M-Open	20	01:01:42.90	01:01:45.20	+00:13:19 (21.6%)	15:25	3.9 (78.0%)
9	DZIADOSZ Michał	4117	OCR TEAM DĘBICA	M-Open	22	01:01:52.85	01:01:54.50	+00:13:28 (21.8%)	15:28	3.9 (78.0%)
10	KIEŁB Piotr	4130	CFNH	M-Open	23	01:02:57.25	01:03:00.05	+00:14:34 (23.1%)	15:44	3.8 (76.0%)
11	WĘCŁAWIK Anna	4181	CFNH	K-Open	11	01:02:58.00	01:03:00.50	+00:14:34 (23.1%)	15:44	3.8 (76.0%)
12	ŁOWCZYŃSKI Jakub	4141		M-Open	27	01:05:30.50	01:05:33.70	+00:17:08 (26.1%)	16:22	3.7 (74.0%)
13	KRYŚCIO Anna	4134		K-Open	19	01:05:30.25	01:05:33.75	+00:17:08 (26.1%)	16:22	3.7 (74.0%)
14	BANDURA Aleksandra	4101	EUVIC	K-Open	20	01:05:35.80	01:05:40.90	+00:17:15 (26.3%)	16:23	3.7 (74.0%)
15	KRÓL Grażyna	4133		K-Open	21	01:06:43.95	01:06:50.00	+00:18:24 (27.5%)	16:41	3.6 (72.0%)
16	BASARAB Mateusz	4103		M-Open	28	01:06:51.95	01:06:58.55	+00:18:32 (27.7%)	16:43	3.6 (72.0%)
17	BASARAB Grzegorz	4104		M-Open	29	01:06:51.95	01:06:58.95	+00:18:33 (27.7%)	16:42	3.6 (72.0%)
18	SALWIŃSKA Maria	4170		K-Open	22	01:07:12.30	01:07:15.10	+00:18:49 (28.0%)	16:48	3.6 (72.0%)
19	WILK Przemysław	4182		M-Open	31	01:08:00.40	01:08:06.95	+00:19:41 (28.9%)	17:00	3.5 (70.0%)
20	WILK Iwona	4183		K-Open	28	01:08:00.80	01:08:07.05	+00:19:41 (28.9%)	17:00	3.5 (70.0%)
21	ŻUPA Wojciech	4193		M-Open	32	01:08:07.50	01:08:12.75	+00:19:47 (29.0%)	17:01	3.5 (70.0%)
22	RZEPKA Natalia	4169		K-Open	29	01:08:27.20	01:08:31.65	+00:20:05 (29.3%)	17:06	3.5 (70.0%)
23	WILKOSZ Paweł	4185		M-Open	33	01:08:27.85	01:08:32.00	+00:20:06 (29.3%)	17:07	3.5 (70.0%)
24	ŻAK Wiktor	4192	GEKON GO	M-Open	43	01:12:14.65	01:12:17.55	+00:23:51 (33.0%)	18:03	3.3 (66.0%)
25	TKACZYK Kamil	4177		M-Open	45	01:12:55.80	01:13:00.60	+00:24:34 (33.7%)	18:14	3.3 (66.0%)
25	MYCIELSKA Marta	4148		K-Open	52	01:12:55.60	01:13:00.60	+00:24:34 (33.7%)	18:13	3.3 (66.0%)
27	BRANDYS Zbigniew	4110		M-Open	47	01:13:31.85	01:13:35.95	+00:25:10 (34.2%)	18:22	3.3 (66.0%)
28	BRANDYS Katarzyna	4109		K-Open	53	01:13:34.00	01:13:38.20	+00:25:12 (34.2%)	18:23	3.3 (66.0%)

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29	BORYCZKO-PŁONKA Natalia	4108		K-Open	54	01:13:56.20	01:14:01.00	+00:25:35 (34.6%)	18:29	3.2 (64.0%)
30	PŁONKA Ryszard	4162		M-Open	48	01:13:56.80	01:14:01.75	+00:25:36 (34.6%)	18:29	3.2 (64.0%)
31	SIATKA Erwin	4171	GODZILLA TEAM	M-Open	50	01:19:16.25	01:19:19.85	+00:30:54 (39.0%)	19:49	3 (60.0%)
32	MAJEWSKI Bartosz	4144	GODZILLA TEAM	M-Open	51	01:19:16.50	01:19:19.90	+00:30:54 (39.0%)	19:49	3 (60.0%)
33	GUBERNAT Daniel	4125		M-Open	52	01:19:16.65	01:19:20.15	+00:30:54 (39.0%)	19:49	3 (60.0%)
34	BOGDANOWA Wiktoria	4107	SZYBKOSTRZAŁKI	K-Open	71	01:20:44.10	01:20:52.80	+00:32:27 (40.1%)	20:11	3 (60.0%)
35	POPELA Blanka	4164	SZYBKOSTRZAŁKI	K-Open	72	01:21:05.20	01:21:13.90	+00:32:48 (40.4%)	20:16	3 (60.0%)
36	GROCHOLA Ewelina	4124	SZYBKOSTRZAŁKI	K-Open	73	01:21:14.60	01:21:22.90	+00:32:57 (40.5%)	20:18	3 (60.0%)
37	SZYMKÓW Żaneta	4175	SZYBKOSTRZAŁKI	K-Open	82	01:22:25.10	01:22:32.40	+00:34:06 (41.3%)	20:36	2.9 (58.0%)
38	LEGIEĆ Szymon	4138		M-Open	60	01:22:25.80	01:22:33.40	+00:34:07 (41.3%)	20:36	2.9 (58.0%)
39	LOREK Elżbieta	4140		K-Open	95	01:25:33.75	01:25:37.15	+00:37:11 (43.4%)	21:23	2.8 (56.0%)
40	DUDEK Dorota	4116		K-Open	96	01:25:34.20	01:25:37.40	+00:37:11 (43.4%)	21:23	2.8 (56.0%)
41	MADEJ Monika	4143		K-Open	99	01:25:59.50	01:26:07.20	+00:37:41 (43.8%)	21:30	2.8 (56.0%)
42	MANIECKI Bartosz	4145		M-Open	66	01:26:08.55	01:26:16.65	+00:37:50 (43.9%)	21:32	2.8 (56.0%)
43	KULPA Patryk	4136		M-Open	68	01:26:17.35	01:26:20.95	+00:37:55 (43.9%)	21:34	2.8 (56.0%)
44	GLANC Krzysztof	4122		M-Open	69	01:26:17.95	01:26:22.05	+00:37:56 (43.9%)	21:34	2.8 (56.0%)
45	OWCZAREK Aleksandra	4155		K-Open	111	01:29:34.80	01:29:39.00	+00:41:13 (46.0%)	22:23	2.7 (54.0%)
46	OWCZAREK Magdalena	4156		K-Open	112	01:29:35.80	01:29:40.25	+00:41:14 (46.0%)	22:24	2.7 (54.0%)
47	BEDNARCZYK Olga	4105		K-Open	113	01:30:01.30	01:30:08.20	+00:41:42 (46.3%)	22:30	2.7 (54.0%)
48	ZAWADZKA Agnieszka	4189		K-Open	114	01:30:01.55	01:30:08.65	+00:41:42 (46.3%)	22:30	2.7 (54.0%)
49	ZAWADZKI Dawid	4190		M-Open	73	01:30:01.25	01:30:09.35	+00:41:43 (46.3%)	22:30	2.7 (54.0%)
50	MIŚKIEWICZ Tomasz	4147	MIŚKI	M-Open	74	01:30:28.10	01:30:35.60	+00:42:09 (46.5%)	22:37	2.7 (54.0%)
51	JAŚKOWIAK Sylwia	4128	MIŚKI	K-Open	117	01:30:27.95	01:30:35.65	+00:42:09 (46.5%)	22:37	2.7 (54.0%)
52	TRENDAFILOVA Militsa	4178		K-Open	120	01:30:50.65	01:31:14.65	+00:42:48 (46.9%)	22:42	2.6 (52.0%)
53	ŚLĘCZKOWSKA Katarzyna	4176		K-Open	121	01:31:53.30	01:31:59.20	+00:43:33 (47.4%)	22:58	2.6 (52.0%)
54	KINCZKOWSKA Kaja	4291		K-Open	122	01:31:53.85	01:31:59.40	+00:43:33 (47.4%)	22:58	2.6 (52.0%)
55	ŚLĘCZKOWSKA Weronika	4290		K-Open	123	01:31:54.15	01:31:59.70	+00:43:34 (47.4%)	22:58	2.6 (52.0%)
56	KOPISZ Sebastian	4131		M-Open	75	01:32:19.90	01:32:28.65	+00:44:02 (47.6%)	23:05	2.6 (52.0%)
57	RÓŻALSKA- DYRGA Magdalena	4167	COM COM ZONE NOWA HUTA	K-Open	124	01:37:02.55	01:37:09.35	+00:48:43 (50.2%)	24:15	2.5 (50.0%)
58	CHRZANOWSKA Sara	4112	COM-COM ZONE NOWA HUTA	K-Open	125	01:37:03.10	01:37:09.40	+00:48:43 (50.2%)	24:15	2.5 (50.0%)
59	BARNAK Klaudia	4102	COM COM ZONE NOWA HUTA	K-Open	126	01:37:03.20	01:37:09.50	+00:48:43 (50.2%)	24:15	2.5 (50.0%)
60	NOWAK Renata	4153	COM COM ZONE NOWA HUTA	K-Open	127	01:37:02.95	01:37:09.80	+00:48:44 (50.2%)	24:15	2.5 (50.0%)
60	NOWAK Beata	4151	COM COM ZONE NOWA HUTA	K-Open	128	01:37:02.65	01:37:09.80	+00:48:44 (50.2%)	24:15	2.5 (50.0%)
62	NOWAK Monika	4152	COM COM ZONE NOWA HUTA	K-Open	129	01:37:03.95	01:37:09.95	+00:48:44 (50.2%)	24:15	2.5 (50.0%)
63	RYBKA Ania	4168	COM COM ZONE NOWA HUTA	K-Open	130	01:37:03.95	01:37:10.15	+00:48:44 (50.2%)	24:16	2.5 (50.0%)
64	BOGDAN Joanna	4120		K-Open	135	01:37:55.15	01:38:04.70	+00:49:39 (50.6%)	24:28	2.5 (50.0%)
65	NIEWIADOMY Katarzyna	4150		K-Open	136	01:39:54.25	01:40:04.10	+00:51:38 (51.6%)	24:58	2.4 (48.0%)
66	WISNIEWSKI Sylwester	4186		M-Open	76	01:39:54.00	01:40:04.15	+00:51:38 (51.6%)	24:58	2.4 (48.0%)
67	GĘDEK Magdalena	4121		K-Open	137	01:39:54.95	01:40:04.25	+00:51:38 (51.6%)	24:58	2.4 (48.0%)
68	SIKORA Agnieszka	4172		K-Open	138	01:39:54.60	01:40:04.30	+00:51:38 (51.6%)	24:58	2.4 (48.0%)
69	NOWAK-ROKITA Agnieszka	4154		K-Open	139	01:41:48.70	01:41:56.00	+00:53:30 (52.5%)	25:27	2.4 (48.0%)
70	MANISTA Aneta	4146	KLUB PIXELA	K-Open	140	01:41:48.95	01:41:56.45	+00:53:30 (52.5%)	25:27	2.4 (48.0%)
71	SZCZYRBA Łukasz	4174	EUVIC	M-Open	77	01:50:15.45	01:50:20.90	+01:01:55 (56.1%)	27:33	2.2 (44.0%)
72	PARTYKA Sara	4158		K-Open	146	01:50:34.75	01:50:44.90	+01:02:19 (56.3%)	27:38	2.2 (44.0%)

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73	PARTYKA Mieczysław	4159		M-Open	78	01:50:36.45	01:50:46.50	+01:02:20 (56.3%)	27:39	2.2 (44.0%)

Znaleziono 73 wynik(ów)