



Wydarzenie: Commando Race
Organizator: COMMANDO RACE
Data: 2019-06-08
Miejsce: Kraków
Dystans: 4 km

COMMANDO RACE 4KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 4km	Czas brutto 4km	Różn	Tempo min/km	Tempo km/h
1	FRANCZYK Artur	4020		M-Open	1	00:44:04.30	00:44:07.55		11:01	5.4 (100%)
2	PIĄTKOWSKI Marcin	4160		M-Open	2	00:44:23.85	00:44:27.40	+00:00:19 (0.7%)	11:06	5.4 (100%)
3	OPIAŁ Rafał	4259	GRUPA PRO	M-Open	3	00:47:13.95	00:47:17.30	+00:03:09 (6.7%)	11:48	5.1 (94.4%)
4	PYRTEK Andrzej	4071		M-Open	4	00:48:10.80	00:48:13.10	+00:04:05 (8.5%)	12:02	5 (92.6%)
5	KRYNIEWSKA Daria	4045		K-Open	1	00:48:10.85	00:48:13.35	+00:04:05 (8.5%)	12:02	5 (92.6%)
6	KECMANIUK Rafał	4129	GEKON GO	M-Open	5	00:48:22.70	00:48:25.70	+00:04:18 (8.9%)	12:05	5 (92.6%)
7	POLAK Jakub	4163		M-Open	6	00:48:49.90	00:48:52.10	+00:04:44 (9.7%)	12:12	4.9 (90.7%)
8	DENDURA Jędrzej	4115		M-Open	7	00:50:50.40	00:50:52.50	+00:06:44 (13.3%)	12:42	4.7 (87.0%)
9	ŚMIECH Jakub	4084	BAD PINCZOW	M-Open	8	00:50:44.45	00:50:53.55	+00:06:46 (13.3%)	12:41	4.7 (87.0%)
10	WOJTANEK Piotr	4188		M-Open	9	00:51:13.40	00:51:15.10	+00:07:07 (13.9%)	12:48	4.7 (87.0%)
11	OBRZUT Szymon	4258	CH'03	M-Open	10	00:51:30.90	00:51:34.00	+00:07:26 (14.4%)	12:52	4.7 (87.0%)
12	ALEKSANDROWSKI Michał	4202		M-Open	11	00:52:44.10	00:52:48.35	+00:08:40 (16.4%)	13:11	4.6 (85.2%)
13	DZIUBAŃSKA Izabela	4118		K-Open	2	00:53:31.75	00:53:37.60	+00:09:30 (17.7%)	13:23	4.5 (83.3%)
14	MAREK Wiktor	4293		M-Open	12	00:54:12.75	00:54:14.65	+00:10:07 (18.7%)	13:33	4.4 (81.5%)
15	LEPIARZ Grzegorz	4049		M-Open	13	00:54:30.20	00:54:41.50	+00:10:33 (19.3%)	13:37	4.4 (81.5%)
16	LEPIARZ Michał	4048	HUSARIA RACE TEAM	M-Open	14	00:54:36.20	00:54:47.60	+00:10:40 (19.5%)	13:39	4.4 (81.5%)
17	KROMKA Katarzyna	4132		K-Open	3	00:55:39.95	00:55:42.05	+00:11:34 (20.8%)	13:55	4.3 (79.6%)
18	CHRZANOWSKI Wiktor	4008		M-Open	15	00:56:20.35	00:56:23.30	+00:12:15 (21.7%)	14:05	4.3 (79.6%)
19	OSTROWSKI Michał	4061		M-Open	16	00:58:23.00	00:58:25.20	+00:14:17 (24.5%)	14:35	4.1 (75.9%)
20	BUREK Marta	4006		K-Open	4	00:58:51.40	00:58:57.05	+00:14:49 (25.1%)	14:43	4.1 (75.9%)
21	WOJTAROWICZ Magdalena	4091		K-Open	5	00:59:50.80	00:59:53.80	+00:15:46 (26.3%)	14:57	4 (74.1%)
22	WALAS Wojciech	4180		M-Open	17	01:00:22.45	01:00:31.15	+00:16:23 (27.1%)	15:05	4 (74.1%)
23	WÓJCIK Mateusz	4093		M-Open	18	01:00:27.50	01:00:34.70	+00:16:27 (27.2%)	15:06	4 (74.1%)
24	SERWIŃSKA Jadwiga	4075		K-Open	6	01:00:41.30	01:00:45.50	+00:16:37 (27.4%)	15:10	4 (74.1%)
25	GRZYB Maciej	4228	TRENUJĘ BY JEŚĆ	M-Open	19	01:00:41.65	01:00:47.50	+00:16:39 (27.4%)	15:10	4 (74.1%)
26	WIERZBIČKA Magdalena	4281	TRENUJĘ BY JEŚĆ	K-Open	7	01:00:51.20	01:00:58.00	+00:16:50 (27.6%)	15:13	3.9 (72.2%)
27	GOŁPYŚ Piotr	4123	CFNH	M-Open	20	01:01:42.90	01:01:45.20	+00:17:37 (28.5%)	15:25	3.9 (72.2%)
28	WĄTROBA Ewelina	4089		K-Open	8	01:01:49.65	01:01:52.35	+00:17:44 (28.7%)	15:27	3.9 (72.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 4km	Czas brutto 4km	Różn	Tempo min/km	Tempo km/h
29	CISZEWSKI Hubert	4009		M-Open	21	01:01:49.90	01:01:52.60	+00:17:45 (28.7%)	15:27	3.9 (72.2%)
30	DZIADOSZ Michał	4117	OCR TEAM DĘBICA	M-Open	22	01:01:52.85	01:01:54.50	+00:17:46 (28.7%)	15:28	3.9 (72.2%)
31	HOROSZKO Ewelina	4029		K-Open	9	01:01:51.05	01:01:55.05	+00:17:47 (28.7%)	15:27	3.9 (72.2%)
32	FROSIK Małgorzata	4223		K-Open	10	01:02:14.50	01:02:16.50	+00:18:08 (29.1%)	15:33	3.9 (72.2%)
33	KIEŁB Piotr	4130	CFNH	M-Open	23	01:02:57.25	01:03:00.05	+00:18:52 (30.0%)	15:44	3.8 (70.4%)
34	WĘCŁAWIK Anna	4181	CFNH	K-Open	11	01:02:58.00	01:03:00.50	+00:18:52 (30.0%)	15:44	3.8 (70.4%)
35	KOWALSKA Kasia	4238		K-Open	12	01:03:27.15	01:03:32.95	+00:19:25 (30.6%)	15:51	3.8 (70.4%)
36	PAŁKA Grzegorz	4260		M-Open	24	01:03:29.20	01:03:34.90	+00:19:27 (30.6%)	15:52	3.8 (70.4%)
37	PAŁASZ Jarosław	7325		M-Open	25	01:03:40.40	01:03:45.95	+00:19:38 (30.8%)	15:55	3.8 (70.4%)
38	ODROBIŃSKA Zuzanna	4286		K-Open	13	01:04:30.95	01:04:34.35	+00:20:26 (31.7%)	16:07	3.7 (68.5%)
39	WOJDYŁO Monika	4282		K-Open	14	01:04:26.85	01:04:34.95	+00:20:27 (31.7%)	16:06	3.7 (68.5%)
40	ZIELINA Kasia	4095		K-Open	15	01:04:31.30	01:04:35.20	+00:20:27 (31.7%)	16:08	3.7 (68.5%)
41	BRZOZOWSKA Anna	4005		K-Open	16	01:04:31.80	01:04:35.45	+00:20:27 (31.7%)	16:08	3.7 (68.5%)
42	KROBICKA Maria	4241		K-Open	17	01:04:48.65	01:04:51.45	+00:20:43 (32.0%)	16:12	3.7 (68.5%)
42	ROZCIECHA Renata	4274		K-Open	18	01:04:48.85	01:04:51.45	+00:20:43 (32.0%)	16:12	3.7 (68.5%)
44	CAGARA Grzegorz	4207		M-Open	26	01:05:11.90	01:05:20.20	+00:21:12 (32.5%)	16:18	3.7 (68.5%)
45	ŁOWCZYŃSKI Jakub	4141		M-Open	27	01:05:30.50	01:05:33.70	+00:21:26 (32.7%)	16:22	3.7 (68.5%)
46	KRYŚCIO Anna	4134		K-Open	19	01:05:30.25	01:05:33.75	+00:21:26 (32.7%)	16:22	3.7 (68.5%)
47	BANDURA Aleksandra	4101	EUVIC	K-Open	20	01:05:35.80	01:05:40.90	+00:21:33 (32.8%)	16:23	3.7 (68.5%)
48	KRÓL Grażyna	4133		K-Open	21	01:06:43.95	01:06:50.00	+00:22:42 (34.0%)	16:41	3.6 (66.7%)
49	BASARAB Mateusz	4103		M-Open	28	01:06:51.95	01:06:58.55	+00:22:51 (34.1%)	16:43	3.6 (66.7%)
50	BASARAB Grzegorz	4104		M-Open	29	01:06:51.95	01:06:58.95	+00:22:51 (34.1%)	16:42	3.6 (66.7%)
51	SALWIŃSKA Maria	4170		K-Open	22	01:07:12.30	01:07:15.10	+00:23:07 (34.4%)	16:48	3.6 (66.7%)
52	GODFRYD Maria	4026		K-Open	23	01:07:22.05	01:07:29.75	+00:23:22 (34.6%)	16:50	3.6 (66.7%)
53	PATER Ewelina	4261		K-Open	24	01:07:28.05	01:07:34.30	+00:23:26 (34.7%)	16:52	3.6 (66.7%)
54	KOWALSKI Kamil	4239		M-Open	30	01:07:28.15	01:07:34.45	+00:23:26 (34.7%)	16:52	3.6 (66.7%)
55	SŁOTA Anna	4277		K-Open	25	01:07:41.30	01:07:46.70	+00:23:39 (34.9%)	16:55	3.5 (64.8%)
56	SZEWCZYK Dorota	4082		K-Open	26	01:07:52.95	01:08:00.35	+00:23:52 (35.1%)	16:58	3.5 (64.8%)
57	ZUBEK Kinga	4096		K-Open	27	01:07:54.85	01:08:01.55	+00:23:54 (35.1%)	16:58	3.5 (64.8%)
58	WILK Przemysław	4182		M-Open	31	01:08:00.40	01:08:06.95	+00:23:59 (35.2%)	17:00	3.5 (64.8%)
59	WILK Iwona	4183		K-Open	28	01:08:00.80	01:08:07.05	+00:23:59 (35.2%)	17:00	3.5 (64.8%)
60	ŻUPA Wojciech	4193		M-Open	32	01:08:07.50	01:08:12.75	+00:24:05 (35.3%)	17:01	3.5 (64.8%)
61	RZEPKA Natalia	4169		K-Open	29	01:08:27.20	01:08:31.65	+00:24:24 (35.6%)	17:06	3.5 (64.8%)
62	KLICH Sonia	4036		K-Open	30	01:08:25.40	01:08:31.90	+00:24:24 (35.6%)	17:06	3.5 (64.8%)
62	WALIGÓRA Agata	4086	CARBON OCR RACING TEAM	K-Open	31	01:08:25.55	01:08:31.90	+00:24:24 (35.6%)	17:06	3.5 (64.8%)
64	WILKOSZ Paweł	4185		M-Open	33	01:08:27.85	01:08:32.00	+00:24:24 (35.6%)	17:07	3.5 (64.8%)
65	ŚMIETANA Katarzyna	4279		K-Open	32	01:08:56.25	01:09:01.30	+00:24:53 (36.1%)	17:14	3.5 (64.8%)
66	MAREK Magdalena	4253		K-Open	33	01:09:09.40	01:09:15.40	+00:25:07 (36.3%)	17:17	3.5 (64.8%)
67	DZIEWIT Gabriela	4017		K-Open	34	01:09:17.70	01:09:22.00	+00:25:14 (36.4%)	17:19	3.5 (64.8%)
68	SZELA Piotr	4080		M-Open	34	01:09:18.10	01:09:22.70	+00:25:15 (36.4%)	17:19	3.5 (64.8%)
69	JASKÓLSKA Marzena	4230		K-Open	35	01:09:20.10	01:09:28.80	+00:25:21 (36.5%)	17:20	3.5 (64.8%)
70	MARCZEWSKI Tomasz	4252		M-Open	35	01:09:21.90	01:09:29.00	+00:25:21 (36.5%)	17:20	3.5 (64.8%)
71	LIGĘZA Monika	4246		K-Open	36	01:09:28.60	01:09:29.60	+00:25:22 (36.5%)	17:22	3.5 (64.8%)
72	NIEDZIELA Anna	4256		K-Open	37	01:09:23.05	01:09:29.70	+00:25:22 (36.5%)	17:20	3.5 (64.8%)

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						netto 4km	brutto 4km			
73	KOZIOŁ Joanna	4044		K-Open	38	01:09:50.20	01:09:55.60	+00:25:48 (36.9%)	17:27	3.4 (63.0%)
74	BRZOSKWINIA Paweł	4206	BOLEK I LOLEK	M-Open	36	01:09:56.00	01:09:57.20	+00:25:49 (36.9%)	17:29	3.4 (63.0%)
75	GAWLAK Agnieszka	4024		K-Open	39	01:09:57.95	01:10:05.30	+00:25:57 (37.0%)	17:29	3.4 (63.0%)
76	CUPAŁ Magdalena	4010		K-Open	40	01:10:04.05	01:10:08.80	+00:26:01 (37.1%)	17:31	3.4 (63.0%)
77	LISEK Kamil	4051		M-Open	37	01:10:04.45	01:10:09.20	+00:26:01 (37.1%)	17:31	3.4 (63.0%)
78	CAŁUSIŃSKI Mateusz	4208		M-Open	38	01:10:08.85	01:10:12.50	+00:26:04 (37.2%)	17:32	3.4 (63.0%)
79	ROMAŃSKA Monika	4273		K-Open	41	01:10:06.00	01:10:14.10	+00:26:06 (37.2%)	17:31	3.4 (63.0%)
80	BOGUCKA Izabela	4204		K-Open	42	01:10:11.40	01:10:19.30	+00:26:11 (37.3%)	17:33	3.4 (63.0%)
81	PANNA Dariusz	4063		M-Open	39	01:10:19.00	01:10:24.10	+00:26:16 (37.3%)	17:34	3.4 (63.0%)
82	SURÓWKA Dariusz	4077		M-Open	40	01:10:51.75	01:10:55.60	+00:26:48 (37.8%)	17:43	3.4 (63.0%)
83	KOWALCZYK Sylwia	4236	DZIEWCZYNY ZE SPACEROWEJ	K-Open	43	01:10:59.50	01:11:01.80	+00:26:54 (37.9%)	17:44	3.4 (63.0%)
84	DYRGA Daria	4215	DZIEWCZYNY ZE SPACEROWEJ	K-Open	44	01:11:01.70	01:11:04.50	+00:26:56 (37.9%)	17:45	3.4 (63.0%)
85	GRABIŃSKA Bernadetta	4226	DZIEWCZYNY ZE SPACEROWEJ	K-Open	45	01:11:03.60	01:11:06.00	+00:26:58 (37.9%)	17:46	3.4 (63.0%)
86	MIŚ Joanna	4055		K-Open	46	01:11:14.95	01:11:17.55	+00:27:10 (38.1%)	17:48	3.4 (63.0%)
87	CHODACKA Maja	4007		K-Open	47	01:11:17.20	01:11:20.30	+00:27:12 (38.1%)	17:49	3.4 (63.0%)
88	FRANIA Aleksandra	4222		K-Open	48	01:11:44.15	01:11:49.80	+00:27:42 (38.6%)	17:56	3.3 (61.1%)
89	BAK Katarzyna	4203		K-Open	49	01:11:46.95	01:11:52.80	+00:27:45 (38.6%)	17:56	3.3 (61.1%)
90	ŚMIECH Waldemar	4085		M-Open	41	01:11:54.15	01:11:57.45	+00:27:49 (38.7%)	17:58	3.3 (61.1%)
91	KLIMAS Daniel	4294	BUKÓW	M-Open	42	01:11:57.45	01:12:01.05	+00:27:53 (38.7%)	17:59	3.3 (61.1%)
92	KLIMAS Lucyna	4235		K-Open	50	01:11:57.65	01:12:01.35	+00:27:53 (38.7%)	17:59	3.3 (61.1%)
93	ŻAK Wiktor	4192	GEKON GO	M-Open	43	01:12:14.65	01:12:17.55	+00:28:10 (39.0%)	18:03	3.3 (61.1%)
94	ETTERLE Joanna	4216		K-Open	51	01:12:49.35	01:12:54.60	+00:28:47 (39.5%)	18:12	3.3 (61.1%)
95	ETTERLE Artur	4217		M-Open	44	01:12:49.70	01:12:54.65	+00:28:47 (39.5%)	18:12	3.3 (61.1%)
96	TKACZYK Kamil	4177		M-Open	45	01:12:55.80	01:13:00.60	+00:28:53 (39.6%)	18:14	3.3 (61.1%)
96	MYCIELSKA Marta	4148		K-Open	52	01:12:55.60	01:13:00.60	+00:28:53 (39.6%)	18:13	3.3 (61.1%)
98	ŁUKASIK Krzysztof	4250		M-Open	46	01:13:14.70	01:13:18.40	+00:29:10 (39.8%)	18:18	3.3 (61.1%)
99	BRANDYS Zbigniew	4110		M-Open	47	01:13:31.85	01:13:35.95	+00:29:28 (40.0%)	18:22	3.3 (61.1%)
100	BRANDYS Katarzyna	4109		K-Open	53	01:13:34.00	01:13:38.20	+00:29:30 (40.1%)	18:23	3.3 (61.1%)
101	BORYCZKO-PŁONKA Natalia	4108		K-Open	54	01:13:56.20	01:14:01.00	+00:29:53 (40.4%)	18:29	3.2 (59.3%)
102	PŁONKA Ryszard	4162		M-Open	48	01:13:56.80	01:14:01.75	+00:29:54 (40.4%)	18:29	3.2 (59.3%)
103	NAWROT Radosław	4149	SZYBKOSTRZAŁKI	M-Open	49	01:15:33.75	01:15:42.35	+00:31:34 (41.7%)	18:53	3.2 (59.3%)
104	POWĘZKA Michalina	4267		K-Open	55	01:16:23.25	01:16:26.15	+00:32:18 (42.3%)	19:06	3.1 (57.4%)
105	LORENC Anna	4247		K-Open	56	01:16:45.30	01:16:52.50	+00:32:44 (42.6%)	19:11	3.1 (57.4%)
106	GRĄŻ Anna	4227	TRENUJĘ BY JEŚĆ	K-Open	57	01:16:48.30	01:16:55.30	+00:32:47 (42.6%)	19:12	3.1 (57.4%)
107	CUDEK Małgorzata	4211		K-Open	58	01:17:16.10	01:17:23.10	+00:33:15 (43.0%)	19:19	3.1 (57.4%)
108	ZAWIŁA Agnieszka	4094		K-Open	59	01:18:13.15	01:18:22.70	+00:34:15 (43.7%)	19:33	3.1 (57.4%)
109	FENERT Marzena	4018		K-Open	60	01:18:49.65	01:18:55.30	+00:34:47 (44.1%)	19:42	3 (55.6%)
110	OLEJNIK Anna	4059	CROSS-ŚWIONY	K-Open	61	01:18:47.60	01:18:56.40	+00:34:48 (44.1%)	19:42	3 (55.6%)
111	SZCZUREK Izabela	4079	CROSS-ŚWIONY	K-Open	62	01:18:47.70	01:18:56.50	+00:34:48 (44.1%)	19:42	3 (55.6%)
112	SIATKA Erwin	4171	GODZILLA TEAM	M-Open	50	01:19:16.25	01:19:19.85	+00:35:12 (44.4%)	19:49	3 (55.6%)
113	MAJEWSKI Bartosz	4144	GODZILLA TEAM	M-Open	51	01:19:16.50	01:19:19.90	+00:35:12 (44.4%)	19:49	3 (55.6%)
114	GUBERNAT Daniel	4125		M-Open	52	01:19:16.65	01:19:20.15	+00:35:12 (44.4%)	19:49	3 (55.6%)
115	FRĄCKOWIAK Ewa	4022		K-Open	63	01:19:16.50	01:19:21.60	+00:35:14 (44.4%)	19:49	3 (55.6%)
116	BIAŁOŃ Magdalena	4003		K-Open	64	01:19:16.95	01:19:21.70	+00:35:14 (44.4%)	19:49	3 (55.6%)

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						netto 4km	brutto 4km			
117	KAZNOWSKA Monika	4234	CYCKI DO GÓRY TEAM	K-Open	65	01:19:26.20	01:19:31.25	+00:35:23 (44.5%)	19:51	3 (55.6%)
118	NOWAK Dominika	4257	CYCKI DO GORY TEAM	K-Open	66	01:19:26.85	01:19:31.30	+00:35:23 (44.5%)	19:51	3 (55.6%)
119	LUTY LEGUTKO Anka	4248	CYCKI DO GÓRY TEAM	K-Open	67	01:19:26.60	01:19:31.55	+00:35:24 (44.5%)	19:51	3 (55.6%)
120	GADEK Gosia	4225	CYCKI DO GÓRY TEAM	K-Open	68	01:19:26.35	01:19:31.60	+00:35:24 (44.5%)	19:51	3 (55.6%)
121	ZBIEŻEK Paweł	4288		M-Open	53	01:19:33.00	01:19:36.85	+00:35:29 (44.6%)	19:53	3 (55.6%)
122	GWIŹDŹ Wojciech	4289		M-Open	54	01:19:32.85	01:19:37.00	+00:35:29 (44.6%)	19:53	3 (55.6%)
123	PRĘDKIEWICZ Irina	4268	CYCKI DO GÓRY TEAM	K-Open	69	01:19:53.55	01:19:58.35	+00:35:50 (44.8%)	19:58	3 (55.6%)
124	ZIOMEK Ewelina	4284		K-Open	70	01:20:02.85	01:20:10.10	+00:36:02 (45.0%)	20:00	3 (55.6%)
125	BOGDANOWA Wiktoria	4107	SZYBKOSTRZAŁKI	K-Open	71	01:20:44.10	01:20:52.80	+00:36:45 (45.4%)	20:11	3 (55.6%)
126	POPELA Blanka	4164	SZYBKOSTRZAŁKI	K-Open	72	01:21:05.20	01:21:13.90	+00:37:06 (45.7%)	20:16	3 (55.6%)
127	GROCHOLA Ewelina	4124	SZYBKOSTRZAŁKI	K-Open	73	01:21:14.60	01:21:22.90	+00:37:15 (45.8%)	20:18	3 (55.6%)
128	BOLCEK Agnieszka	4205		K-Open	74	01:21:19.55	01:21:24.30	+00:37:16 (45.8%)	20:20	3 (55.6%)
129	FILIPOWSKA Agnieszka	4220		K-Open	75	01:21:22.65	01:21:25.70	+00:37:18 (45.8%)	20:20	2.9 (53.7%)
129	JAKUBOWSKA Adrianna	4030		K-Open	76	01:21:17.80	01:21:25.70	+00:37:18 (45.8%)	20:19	3 (55.6%)
131	PANEK Michał	4062		M-Open	55	01:21:17.95	01:21:25.75	+00:37:18 (45.8%)	20:19	3 (55.6%)
132	FILIPOWSKI Grzegorz	4221		M-Open	56	01:21:23.50	01:21:27.35	+00:37:19 (45.8%)	20:21	2.9 (53.7%)
133	JAROSZ Katarzyna	4032		K-Open	77	01:21:47.40	01:21:55.55	+00:37:48 (46.1%)	20:26	2.9 (53.7%)
134	SZAPAŁOWSKA Roksana	4078		K-Open	78	01:21:48.05	01:21:56.60	+00:37:49 (46.2%)	20:27	2.9 (53.7%)
135	KASPERCZYK Piotr	4233		M-Open	57	01:22:17.35	01:22:21.80	+00:38:14 (46.4%)	20:34	2.9 (53.7%)
136	POGUDZ Karolina	4266		K-Open	79	01:22:18.50	01:22:22.40	+00:38:14 (46.4%)	20:34	2.9 (53.7%)
137	FILIPAK Mateusz	4219		M-Open	58	01:22:18.50	01:22:22.50	+00:38:14 (46.4%)	20:34	2.9 (53.7%)
138	DOMAGAŁA Anna	4214		K-Open	80	01:22:19.35	01:22:22.70	+00:38:15 (46.4%)	20:34	2.9 (53.7%)
139	RÓŻYCKI Szymon	4072		M-Open	59	01:22:18.70	01:22:28.25	+00:38:20 (46.5%)	20:34	2.9 (53.7%)
140	KUBICKA Anita	4046		K-Open	81	01:22:18.85	01:22:28.50	+00:38:20 (46.5%)	20:34	2.9 (53.7%)
141	SZYMKÓW Żaneta	4175	SZYBKOSTRZAŁKI	K-Open	82	01:22:25.10	01:22:32.40	+00:38:24 (46.5%)	20:36	2.9 (53.7%)
142	LEGIEĆ Szymon	4138		M-Open	60	01:22:25.80	01:22:33.40	+00:38:25 (46.6%)	20:36	2.9 (53.7%)
143	LEPIARZ Katarzyna	4244	UZALEŻNIENI OD ENDORFIN	K-Open	83	01:22:29.15	01:22:36.75	+00:38:29 (46.6%)	20:37	2.9 (53.7%)
143	MIROŚ Anna	4254	UZALEŻNIENI OD ENDORFIN	K-Open	84	01:22:29.05	01:22:36.75	+00:38:29 (46.6%)	20:37	2.9 (53.7%)
145	GREGORCZYK Ula	4027		K-Open	85	01:23:25.95	01:23:32.30	+00:39:24 (47.2%)	20:51	2.9 (53.7%)
146	SAPETA Renata	4073		K-Open	86	01:23:34.00	01:23:40.00	+00:39:32 (47.3%)	20:53	2.9 (53.7%)
147	JELEŃ Teresa	4033		K-Open	87	01:24:10.55	01:24:15.45	+00:40:07 (47.6%)	21:02	2.9 (53.7%)
148	BOŻEK Katarzyna	4004		K-Open	88	01:24:11.05	01:24:15.70	+00:40:08 (47.6%)	21:02	2.9 (53.7%)
149	HELBIN Daria	4028		K-Open	89	01:24:23.85	01:24:33.50	+00:40:25 (47.8%)	21:06	2.8 (51.9%)
150	KOWALSKI Marcin	4040		M-Open	61	01:24:24.40	01:24:34.05	+00:40:26 (47.8%)	21:06	2.8 (51.9%)
151	OKARMUS Iwona	4057		K-Open	90	01:25:07.40	01:25:11.25	+00:41:03 (48.2%)	21:17	2.8 (51.9%)
152	DYDUCH Zbigniew	4015		M-Open	62	01:25:12.00	01:25:19.50	+00:41:11 (48.3%)	21:18	2.8 (51.9%)
153	DYDUCH Dominika	4014		K-Open	91	01:25:11.15	01:25:19.75	+00:41:12 (48.3%)	21:17	2.8 (51.9%)
154	DYDUCH Elżbieta	4013		K-Open	92	01:25:11.40	01:25:19.90	+00:41:12 (48.3%)	21:17	2.8 (51.9%)
155	OLEŚ Rafał	4060	HUSARIA RACE TEAM	M-Open	63	01:25:09.95	01:25:20.35	+00:41:12 (48.3%)	21:17	2.8 (51.9%)
156	PIEKARZ Agata	4263		K-Open	93	01:25:12.70	01:25:20.80	+00:41:13 (48.3%)	21:18	2.8 (51.9%)
157	PAWŁOWSKA Beata	4262		K-Open	94	01:25:13.05	01:25:20.85	+00:41:13 (48.3%)	21:18	2.8 (51.9%)
158	OKARMUS Łukasz	4058		M-Open	64	01:25:19.80	01:25:24.25	+00:41:16 (48.3%)	21:20	2.8 (51.9%)
159	LOREK Elżbieta	4140		K-Open	95	01:25:33.75	01:25:37.15	+00:41:29 (48.5%)	21:23	2.8 (51.9%)
160	DUDEK Dorota	4116		K-Open	96	01:25:34.20	01:25:37.40	+00:41:29 (48.5%)	21:23	2.8 (51.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						netto 4km	brutto 4km			
161	PICHÓRZ Ewelina	4066		K-Open	97	01:25:37.35	01:25:44.15	+00:41:36 (48.5%)	21:24	2.8 (51.9%)
162	LEŚNIAK Aneta	4050		K-Open	98	01:25:37.35	01:25:44.25	+00:41:36 (48.5%)	21:24	2.8 (51.9%)
163	NIEWIADOMY Marcin	4287		M-Open	65	01:25:43.10	01:25:52.65	+00:41:45 (48.6%)	21:25	2.8 (51.9%)
164	MADEJ Monika	4143		K-Open	99	01:25:59.50	01:26:07.20	+00:41:59 (48.8%)	21:30	2.8 (51.9%)
165	DZIEDZIC-WÓJTOWICZ Agnieszka	4016		K-Open	100	01:26:06.05	01:26:14.05	+00:42:06 (48.8%)	21:31	2.8 (51.9%)
166	GAJDA Edyta	4023		K-Open	101	01:26:05.85	01:26:14.35	+00:42:06 (48.8%)	21:31	2.8 (51.9%)
166	KALICKA Paulina	4034		K-Open	102	01:26:05.90	01:26:14.35	+00:42:06 (48.8%)	21:31	2.8 (51.9%)
168	MANIECKI Bartosz	4145		M-Open	66	01:26:08.55	01:26:16.65	+00:42:09 (48.9%)	21:32	2.8 (51.9%)
169	MATYSIK Piotr	4053		M-Open	67	01:26:13.00	01:26:19.00	+00:42:11 (48.9%)	21:33	2.8 (51.9%)
170	KULPA Patryk	4136		M-Open	68	01:26:17.35	01:26:20.95	+00:42:13 (48.9%)	21:34	2.8 (51.9%)
171	GLANC Krzysztof	4122		M-Open	69	01:26:17.95	01:26:22.05	+00:42:14 (48.9%)	21:34	2.8 (51.9%)
172	POLUS Izabela	4070		K-Open	103	01:27:21.25	01:27:26.60	+00:43:19 (49.5%)	21:50	2.7 (50.0%)
173	WDOWSKI Łukasz	4090		M-Open	70	01:27:22.15	01:27:28.50	+00:43:20 (49.6%)	21:50	2.7 (50.0%)
174	PODBIERA-MATYSIK Kinga	4265	MUDDY DOLLS	K-Open	104	01:27:34.55	01:27:39.00	+00:43:31 (49.7%)	21:53	2.7 (50.0%)
175	RAPACZ Joanna	4270	MUDDY DOLLS	K-Open	105	01:27:34.80	01:27:39.10	+00:43:31 (49.7%)	21:53	2.7 (50.0%)
176	KAMIŃSKA-BOREK Iwona	4231	MUDDY DOLLS	K-Open	106	01:27:34.15	01:27:39.20	+00:43:31 (49.7%)	21:53	2.7 (50.0%)
177	CORRIA ARIAS Iliana	4209	MUDDY DOLLS	K-Open	107	01:27:38.30	01:27:39.30	+00:43:31 (49.7%)	21:54	2.7 (50.0%)
178	FRANCZYK Kinga	4021		K-Open	108	01:27:40.95	01:27:46.65	+00:43:39 (49.7%)	21:55	2.7 (50.0%)
179	SŁOWIK Bogusława	4173		K-Open	109	01:28:37.15	01:28:44.85	+00:44:37 (50.3%)	22:09	2.7 (50.0%)
180	WALUŚ Damian	4087		M-Open	71	01:29:08.30	01:29:15.40	+00:45:07 (50.6%)	22:17	2.7 (50.0%)
181	KOZIK Justna	4043		K-Open	110	01:29:09.85	01:29:16.75	+00:45:09 (50.6%)	22:17	2.7 (50.0%)
182	KOZIK Daniel	4042		M-Open	72	01:29:09.80	01:29:17.00	+00:45:09 (50.6%)	22:17	2.7 (50.0%)
183	OWCZAREK Aleksandra	4155		K-Open	111	01:29:34.80	01:29:39.00	+00:45:31 (50.8%)	22:23	2.7 (50.0%)
184	OWCZAREK Magdalena	4156		K-Open	112	01:29:35.80	01:29:40.25	+00:45:32 (50.8%)	22:24	2.7 (50.0%)
185	BEDNARCZYK Olga	4105		K-Open	113	01:30:01.30	01:30:08.20	+00:46:00 (51.0%)	22:30	2.7 (50.0%)
186	ZAWADZKA Agnieszka	4189		K-Open	114	01:30:01.55	01:30:08.65	+00:46:01 (51.0%)	22:30	2.7 (50.0%)
187	ZAWADZKI Dawid	4190		M-Open	73	01:30:01.25	01:30:09.35	+00:46:01 (51.1%)	22:30	2.7 (50.0%)
188	DANIELCZYK Anna	4011		K-Open	115	01:30:06.25	01:30:13.20	+00:46:05 (51.1%)	22:31	2.7 (50.0%)
189	SAWICKA Agata	4074		K-Open	116	01:30:06.15	01:30:13.45	+00:46:05 (51.1%)	22:31	2.7 (50.0%)
190	MIŚKIEWICZ Tomasz	4147	MIŚKI	M-Open	74	01:30:28.10	01:30:35.60	+00:46:28 (51.3%)	22:37	2.7 (50.0%)
191	JAŚKOWIAK Sylwia	4128	MIŚKI	K-Open	117	01:30:27.95	01:30:35.65	+00:46:28 (51.3%)	22:37	2.7 (50.0%)
192	MACHLOWSKA Karolina	4251		K-Open	118	01:30:40.05	01:30:43.55	+00:46:36 (51.4%)	22:40	2.6 (48.1%)
193	RECZEK Agnieszka	4271		K-Open	119	01:30:41.85	01:30:45.20	+00:46:37 (51.4%)	22:40	2.6 (48.1%)
194	TRENDAFILOVA Militsa	4178		K-Open	120	01:30:50.65	01:31:14.65	+00:47:07 (51.6%)	22:42	2.6 (48.1%)
195	ŚLĘCZKOWSKA Katarzyna	4176		K-Open	121	01:31:53.30	01:31:59.20	+00:47:51 (52.0%)	22:58	2.6 (48.1%)
196	KINCZKOWSKA Kaja	4291		K-Open	122	01:31:53.85	01:31:59.40	+00:47:51 (52.0%)	22:58	2.6 (48.1%)
197	ŚLĘCZKOWSKA Weronika	4290		K-Open	123	01:31:54.15	01:31:59.70	+00:47:52 (52.0%)	22:58	2.6 (48.1%)
198	KOPISZ Sebastian	4131		M-Open	75	01:32:19.90	01:32:28.65	+00:48:21 (52.3%)	23:05	2.6 (48.1%)
199	RÓŻAŁSKA- DYRGA Magdalena	4167	COM COM ZONE NOWA HUTA	K-Open	124	01:37:02.55	01:37:09.35	+00:53:01 (54.6%)	24:15	2.5 (46.3%)
200	CHRZANOWSKA Sara	4112	COM-COM ZONE NOWA HUTA	K-Open	125	01:37:03.10	01:37:09.40	+00:53:01 (54.6%)	24:15	2.5 (46.3%)
201	BARNAK Klaudia	4102	COM COM ZONE NOWA HUTA	K-Open	126	01:37:03.20	01:37:09.50	+00:53:01 (54.6%)	24:15	2.5 (46.3%)
202	NOWAK Renata	4153	COM COM ZONE NOWA HUTA	K-Open	127	01:37:02.95	01:37:09.80	+00:53:02 (54.6%)	24:15	2.5 (46.3%)
202	NOWAK Beata	4151	COM COM ZONE NOWA HUTA	K-Open	128	01:37:02.65	01:37:09.80	+00:53:02 (54.6%)	24:15	2.5 (46.3%)
204	NOWAK Monika	4152	COM COM ZONE NOWA HUTA	K-Open	129	01:37:03.95	01:37:09.95	+00:53:02 (54.6%)	24:15	2.5 (46.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 4km	Czas brutto 4km	Różn	Tempo min/km	Tempo km/h
205	RYBKA Ania	4168	COM COM ZONE NOWA HUTA	K-Open	130	01:37:03.95	01:37:10.15	+00:53:02 (54.6%)	24:16	2.5 (46.3%)
206	KURT Sylwia	4242		K-Open	131	01:37:49.60	01:37:56.70	+00:53:49 (54.9%)	24:27	2.5 (46.3%)
207	TAISNER Aleksandra	4280	EKIPA NA KIJACH	K-Open	132	01:37:51.30	01:37:57.30	+00:53:49 (55.0%)	24:27	2.5 (46.3%)
208	MISZCZAK Kasia	4255	EKIPA NA KIJACH	K-Open	133	01:37:51.05	01:37:57.75	+00:53:50 (55.0%)	24:27	2.5 (46.3%)
209	DENKA Agnieszka	4212		K-Open	134	01:37:51.85	01:37:57.90	+00:53:50 (55.0%)	24:27	2.5 (46.3%)
210	BOGDAN Joanna	4120		K-Open	135	01:37:55.15	01:38:04.70	+00:53:57 (55.0%)	24:28	2.5 (46.3%)
211	NIEWIADOMY Katarzyna	4150		K-Open	136	01:39:54.25	01:40:04.10	+00:55:56 (55.9%)	24:58	2.4 (44.4%)
212	WISNIEWSKI Sylwester	4186		M-Open	76	01:39:54.00	01:40:04.15	+00:55:56 (55.9%)	24:58	2.4 (44.4%)
213	GĘDEK Magdalena	4121		K-Open	137	01:39:54.95	01:40:04.25	+00:55:56 (55.9%)	24:58	2.4 (44.4%)
214	SIKORA Agnieszka	4172		K-Open	138	01:39:54.60	01:40:04.30	+00:55:56 (55.9%)	24:58	2.4 (44.4%)
215	NOWAK-ROKITA Agnieszka	4154		K-Open	139	01:41:48.70	01:41:56.00	+00:57:48 (56.7%)	25:27	2.4 (44.4%)
216	MANISTA Aneta	4146	KLUB PIXELA	K-Open	140	01:41:48.95	01:41:56.45	+00:57:48 (56.7%)	25:27	2.4 (44.4%)
217	HAWRYSZKO Barbara	4126		K-Open	141	01:42:16.85	01:42:19.55	+00:58:12 (56.9%)	25:34	2.3 (42.6%)
218	HAWRYSZKO Kasia	4127	HAWRANKOWIE	K-Open	142	01:42:17.05	01:42:19.75	+00:58:12 (56.9%)	25:34	2.3 (42.6%)
219	PIORUNEK Ewa	4264		K-Open	143	01:42:20.35	01:42:25.85	+00:58:18 (56.9%)	25:35	2.3 (42.6%)
220	RADO Katarzyna	4269		K-Open	144	01:42:19.65	01:42:26.00	+00:58:18 (56.9%)	25:35	2.3 (42.6%)
221	ZIELINSKA Katarzyna	4283		K-Open	145	01:42:19.70	01:42:26.05	+00:58:18 (56.9%)	25:35	2.3 (42.6%)
222	SZCZYRBA Łukasz	4174	EUVIC	M-Open	77	01:50:15.45	01:50:20.90	+01:06:13 (60.0%)	27:33	2.2 (40.7%)
223	PARTYKA Sara	4158		K-Open	146	01:50:34.75	01:50:44.90	+01:06:37 (60.2%)	27:38	2.2 (40.7%)
224	PARTYKA Mieczysław	4159		M-Open	78	01:50:36.45	01:50:46.50	+01:06:38 (60.2%)	27:39	2.2 (40.7%)
	KOWAL Sabina	4038		K-Open		DNF	DNF	-	-	- (0.0%)

Znaleziono 225 wynik(ów)