



**Wydarzenie:** Commando Race  
**Organizator:** COMMANDO RACE  
**Data:** 2019-09-14  
**Miejsce:** Kraków  
**Dystans:** 4 km

## COMMANDO RACE 4KM

B4SPORT

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INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 4km	Czas brutto 4km	Różn	Tempo min/km	Tempo km/h
1	FILAS Łukasz	4018		M-Open	1	00:37:36.50	00:37:39.55		9:24	6.4 (100%)
2	WÓJCIK Mateusz	4076		M-Open	2	00:39:33.60	00:39:36.45	+00:01:56 (4.9%)	9:53	6.1 (95.3%)
3	PIĄTKOWSKI Marcin	4056		M-Open	3	00:41:49.00	00:41:50.55	+00:04:11 (10.0%)	10:27	5.7 (89.1%)
4	KOŁODZIEJCZYK Katarzyna	4033		K-Open	1	00:43:12.10	00:43:12.10	+00:05:32 (12.8%)	10:48	5.6 (87.5%)
5	GREŃ Anna	4022	PINK KOKSY	K-Open	2	00:44:08.95	00:44:11.95	+00:06:32 (14.8%)	11:02	5.4 (84.4%)
6	GREŃ Renata	4021	PINK KOKSY	K-Open	3	00:44:28.45	00:44:30.65	+00:06:51 (15.4%)	11:07	5.4 (84.4%)
7	KOTORC Mariusz	4035	PINK KOKSY	M-Open	4	00:44:33.50	00:44:35.95	+00:06:56 (15.6%)	11:08	5.4 (84.4%)
8	BIEDROŃ Marta	4005		K-Open	4	00:45:52.15	00:45:53.95	+00:08:14 (18.0%)	11:28	5.2 (81.3%)
9	BRZOZOWSKA Anna	4008		K-Open	5	00:45:53.50	00:45:54.35	+00:08:14 (18.0%)	11:28	5.2 (81.3%)
10	STACHOWICZ Oliwia	4069		K-Open	6	00:45:53.35	00:45:54.85	+00:08:15 (18.0%)	11:28	5.2 (81.3%)
11	KONIOR Marek	4034	HUSARIA RACE TEAM	M-Open	5	00:46:36.10	00:46:39.00	+00:08:59 (19.3%)	11:39	5.1 (79.7%)
12	LEWANDOWICZ Mariusz	4040		M-Open	6	00:46:48.75	00:46:50.85	+00:09:11 (19.6%)	11:42	5.1 (79.7%)
13	PAKOI Szymon	4083		M-Open	7	00:48:17.55	00:48:20.85	+00:10:41 (22.1%)	12:04	5 (78.1%)
14	MUSIOŁ Damian	4046	PINK KOKSY	M-Open	8	00:48:19.20	00:48:21.90	+00:10:42 (22.1%)	12:04	5 (78.1%)
15	GONKIEWICZ Klaudia	4020		K-Open	7	00:49:46.45	00:49:48.45	+00:12:08 (24.4%)	12:26	4.8 (75.0%)
16	BUDZIASZEK Paweł	4009		M-Open	9	00:50:14.95	00:50:19.80	+00:12:40 (25.2%)	12:33	4.8 (75.0%)
17	HOLEKSA Łukasz	4027	PINK KOKSY	M-Open	10	00:50:37.10	00:50:40.30	+00:13:00 (25.7%)	12:39	4.7 (73.4%)
18	ZBIEŻEK Paweł	4081		M-Open	11	00:50:46.25	00:50:50.50	+00:13:10 (25.9%)	12:41	4.7 (73.4%)
19	WÓJCIK Paweł	4086		M-Open	12	00:53:32.05	00:53:33.85	+00:15:54 (29.7%)	13:23	4.5 (70.3%)
20	SZĘDZIELORZ Roman	4071		M-Open	13	00:53:33.75	00:53:38.65	+00:15:59 (29.8%)	13:23	4.5 (70.3%)
21	OKRAJNI Maciej	4054		M-Open	14	00:53:40.70	00:53:43.60	+00:16:04 (29.9%)	13:25	4.5 (70.3%)
22	WRÓBLEWSKA Klaudia	4077		K-Open	8	00:54:31.75	00:54:32.90	+00:16:53 (31.0%)	13:37	4.4 (68.8%)
23	PIELESZ Janina	4057		K-Open	9	00:55:46.85	00:55:48.40	+00:18:08 (32.5%)	13:56	4.3 (67.2%)
24	GWIŹDŹ Wojciech	4025		M-Open	15	00:59:24.95	00:59:26.90	+00:21:47 (36.7%)	14:51	4 (62.5%)
25	NASTAŁEK Marcin	4048		M-Open	16	01:02:46.00	01:02:47.15	+00:25:07 (40.0%)	15:41	3.8 (59.4%)
26	NASTAŁEK Magdalena	4049		K-Open	10	01:02:46.55	01:02:47.60	+00:25:08 (40.0%)	15:41	3.8 (59.4%)
27	KLIN Aneta	4030		K-Open	11	01:03:04.55	01:03:08.55	+00:25:29 (40.4%)	15:46	3.8 (59.4%)
28	KLIN Martyna	4029	KOTWICA BRZEG	K-Open	12	01:03:04.30	01:03:08.95	+00:25:29 (40.4%)	15:46	3.8 (59.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 4km	Czas brutto 4km	Różn	Tempo min/km	Tempo km/h
29	<b>KLIN Robert</b>	<b>4031</b>	WATAHA	M-Open	17	<b>01:03:05.20</b>	<b>01:03:09.25</b>	+00:25:29 (40.4%)	15:46	3.8 (59.4%)
30	<b>BARAN Paweł</b>	<b>4002</b>		M-Open	18	<b>01:03:41.00</b>	<b>01:03:44.35</b>	+00:26:04 (40.9%)	15:55	3.8 (59.4%)
31	<b>ZAKRZEWSKA Katarzyna</b>	<b>4079</b>	RAMBO W SANDAŁACH	K-Open	13	<b>01:04:08.25</b>	<b>01:04:12.35</b>	+00:26:32 (41.3%)	16:02	3.7 (57.8%)
32	<b>ROMEK Sylwia</b>	<b>4062</b>	RAMBO W SANDAŁACH	K-Open	14	<b>01:04:09.20</b>	<b>01:04:12.95</b>	+00:26:33 (41.4%)	16:02	3.7 (57.8%)
33	<b>BERGIER Marek</b>	<b>4004</b>		M-Open	19	<b>01:04:09.80</b>	<b>01:04:13.25</b>	+00:26:33 (41.4%)	16:02	3.7 (57.8%)
33	<b>WAJDOWSKI Paweł</b>	<b>4074</b>		M-Open	20	<b>01:04:09.15</b>	<b>01:04:13.25</b>	+00:26:33 (41.4%)	16:02	3.7 (57.8%)
35	<b>KŁUDKA Robert</b>	<b>4032</b>	RAMBO W SANDAŁACH	M-Open	21	<b>01:04:09.05</b>	<b>01:04:13.45</b>	+00:26:33 (41.4%)	16:02	3.7 (57.8%)
36	<b>DĄBROWA Sebastian</b>	<b>4014</b>	POCZĄTKUJĄCY WYMIATACZE	M-Open	22	<b>01:04:19.30</b>	<b>01:04:25.95</b>	+00:26:46 (41.6%)	16:04	3.7 (57.8%)
37	<b>DYNDĄ Mateusz</b>	<b>4016</b>	POCZĄTKUJĄCY WYMIATACZE	M-Open	23	<b>01:04:19.95</b>	<b>01:04:26.30</b>	+00:26:46 (41.6%)	16:05	3.7 (57.8%)
38	<b>SALWIŃSKA Maria</b>	<b>4064</b>		K-Open	15	<b>01:04:58.75</b>	<b>01:05:00.95</b>	+00:27:21 (42.1%)	16:14	3.7 (57.8%)
39	<b>SĘKIEWICZ Bartosz</b>	<b>4065</b>		M-Open	24	<b>01:04:59.00</b>	<b>01:05:04.15</b>	+00:27:24 (42.1%)	16:14	3.7 (57.8%)
40	<b>SĘKIEWICZ Joanna</b>	<b>4066</b>		K-Open	16	<b>01:05:03.20</b>	<b>01:05:08.80</b>	+00:27:29 (42.2%)	16:15	3.7 (57.8%)
41	<b>PLISKO Robert</b>	<b>4059</b>		M-Open	25	<b>01:05:03.20</b>	<b>01:05:09.55</b>	+00:27:30 (42.2%)	16:15	3.7 (57.8%)
42	<b>RZEPA Aleksandra</b>	<b>4063</b>		K-Open	17	<b>01:05:39.05</b>	<b>01:05:42.85</b>	+00:28:03 (42.7%)	16:24	3.7 (57.8%)
43	<b>OZIMKIEWICZ Emil</b>	<b>4055</b>		M-Open	26	<b>01:08:31.35</b>	<b>01:08:36.85</b>	+00:30:57 (45.1%)	17:07	3.5 (54.7%)
44	<b>LUBAS Anna</b>	<b>4042</b>		K-Open	18	<b>01:08:44.15</b>	<b>01:08:49.30</b>	+00:31:09 (45.3%)	17:11	3.5 (54.7%)
45	<b>LUBAS Aleksander</b>	<b>4041</b>		M-Open	27	<b>01:08:44.15</b>	<b>01:08:50.10</b>	+00:31:10 (45.3%)	17:11	3.5 (54.7%)
46	<b>KRUCHYK Nataliia</b>	<b>4036</b>		K-Open	19	<b>01:10:25.45</b>	<b>01:10:26.75</b>	+00:32:47 (46.5%)	17:36	3.4 (53.1%)
47	<b>SHKARINA Olena</b>	<b>4067</b>		K-Open	20	<b>01:10:26.00</b>	<b>01:10:28.10</b>	+00:32:48 (46.6%)	17:36	3.4 (53.1%)
48	<b>BUSHUIEVA Maryna</b>	<b>4010</b>		K-Open	21	<b>01:10:26.05</b>	<b>01:10:28.30</b>	+00:32:48 (46.6%)	17:36	3.4 (53.1%)
49	<b>GRZELEC Marzena</b>	<b>4024</b>	DRUŻYNA BARTKA	K-Open	22	<b>01:11:08.75</b>	<b>01:11:11.00</b>	+00:33:31 (47.1%)	17:47	3.4 (53.1%)
50	<b>SNOPEK Arkadiusz</b>	<b>4068</b>	DRUŻYNA BARTKA	M-Open	28	<b>01:11:12.00</b>	<b>01:11:15.05</b>	+00:33:35 (47.1%)	17:48	3.4 (53.1%)
51	<b>NIEMIEC Izabela</b>	<b>4050</b>	DRUŻYNA BARTKA	K-Open	23	<b>01:11:15.80</b>	<b>01:11:18.35</b>	+00:33:38 (47.2%)	17:49	3.4 (53.1%)
52	<b>NIEMIEC Urszula</b>	<b>4051</b>	DRUŻYNA BARTKA	K-Open	24	<b>01:11:16.50</b>	<b>01:11:18.90</b>	+00:33:39 (47.2%)	17:49	3.4 (53.1%)
53	<b>DARGIEL Konrad</b>	<b>4013</b>	DRUŻYNA BARTKA	M-Open	29	<b>01:11:15.95</b>	<b>01:11:19.25</b>	+00:33:39 (47.2%)	17:49	3.4 (53.1%)
54	<b>BOROWIEC Robert</b>	<b>4007</b>	DRUŻYNA BARTKA	M-Open	30	<b>01:11:17.40</b>	<b>01:11:20.70</b>	+00:33:41 (47.2%)	17:49	3.4 (53.1%)
55	<b>THEVENIN Elodie</b>	<b>4073</b>		K-Open	25	<b>01:12:48.10</b>	<b>01:12:49.85</b>	+00:35:10 (48.3%)	18:12	3.3 (51.6%)
56	<b>SUCHCITZ Marysia</b>	<b>4070</b>		K-Open	26	<b>01:12:48.45</b>	<b>01:12:50.10</b>	+00:35:10 (48.3%)	18:12	3.3 (51.6%)
57	<b>POLUS Izabela</b>	<b>4060</b>		K-Open	27	<b>01:15:11.45</b>	<b>01:15:16.00</b>	+00:37:36 (50.0%)	18:48	3.2 (50.0%)
58	<b>FRANCZYK Kinga</b>	<b>4019</b>		K-Open	28	<b>01:15:23.90</b>	<b>01:15:28.10</b>	+00:37:48 (50.1%)	18:51	3.2 (50.0%)
59	<b>KOZIOK Kamil</b>	<b>4085</b>		M-Open	31	<b>01:16:44.20</b>	<b>01:16:48.55</b>	+00:39:09 (51.0%)	19:11	3.1 (48.4%)
60	<b>MALARA Dalia</b>	<b>4044</b>	CARBON OCR RACING TEAM	K-Open	29	<b>01:16:45.05</b>	<b>01:16:48.85</b>	+00:39:09 (51.0%)	19:11	3.1 (48.4%)
61	<b>ROŻEK Sandra</b>	<b>4084</b>	HUSARIA RACE TEAM	K-Open	30	<b>01:16:45.65</b>	<b>01:16:48.95</b>	+00:39:09 (51.0%)	19:11	3.1 (48.4%)
62	<b>NAJDUCHOWSKA Angelika</b>	<b>4047</b>		K-Open	31	<b>01:17:57.20</b>	<b>01:17:58.75</b>	+00:40:19 (51.7%)	19:29	3.1 (48.4%)
63	<b>ZAWADZKA Aga</b>	<b>4080</b>		K-Open	32	<b>01:18:05.25</b>	<b>01:18:07.05</b>	+00:40:27 (51.8%)	19:31	3.1 (48.4%)
64	<b>BEDNARCZYK Olga</b>	<b>4003</b>		K-Open	33	<b>01:18:05.55</b>	<b>01:18:07.35</b>	+00:40:27 (51.8%)	19:31	3.1 (48.4%)
65	<b>GROCHOT Anna</b>	<b>4023</b>		K-Open	34	<b>01:18:22.10</b>	<b>01:18:26.05</b>	+00:40:46 (52.0%)	19:35	3.1 (48.4%)
66	<b>TALAGA Marcin</b>	<b>4072</b>		M-Open	32	<b>01:18:23.50</b>	<b>01:18:27.45</b>	+00:40:47 (52.0%)	19:36	3.1 (48.4%)
67	<b>DOMINIĄK Patryk</b>	<b>4015</b>	POCZĄTKUJĄCY WYMIATACZE	M-Open	33	<b>01:21:12.10</b>	<b>01:21:18.85</b>	+00:43:39 (53.7%)	20:18	3 (46.9%)
68	<b>CIENCIAŁA Michalina</b>	<b>4012</b>		K-Open	35	<b>01:21:36.70</b>	<b>01:21:39.75</b>	+00:44:00 (53.9%)	20:24	2.9 (45.3%)
69	<b>KUBIS Anna</b>	<b>4037</b>		K-Open	36	<b>01:21:37.10</b>	<b>01:21:40.80</b>	+00:44:01 (53.9%)	20:24	2.9 (45.3%)
70	<b>BORKOWSKA Joanna</b>	<b>4006</b>		K-Open	37	<b>01:21:38.65</b>	<b>01:21:41.25</b>	+00:44:01 (53.9%)	20:24	2.9 (45.3%)
71	<b>CHYŁA Karolina</b>	<b>4011</b>		K-Open	38	<b>01:21:48.20</b>	<b>01:21:53.45</b>	+00:44:13 (54.0%)	20:27	2.9 (45.3%)
72	<b>WIELGOSZ-BARTOSZEK Eliza</b>	<b>4075</b>		K-Open	39	<b>01:28:23.90</b>	<b>01:28:29.80</b>	+00:50:50 (57.4%)	22:06	2.7 (42.2%)

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73	<b>MAŁEK-ŁUKASIEWICZ Katarzyna</b>	<b>4045</b>		K-Open	40	<b>01:28:24.35</b>	<b>01:28:30.30</b>	+00:50:50 (57.4%)	22:06	2.7 (42.2%)
74	<b>MARKOWICZ Marcin</b>	<b>4082</b>		M-Open	34	<b>01:30:46.95</b>	<b>01:30:49.70</b>	+00:53:10 (58.5%)	22:41	2.6 (40.6%)

Znaleziono 74 wynik(ów)