



Wydarzenie: Commando Race
Organizator: COMMANDO RACE
Data: 2019-06-08
Miejsce: Kraków
Dystans: 7 km km

COMMANDO RACE 7KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: 12:20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7km	Czas brutto 7km	Różn	Tempo min/km	Tempo km/h
1	OBLIZAJEK Paweł	7321	WARCHLAKI ADELAJDY	M-Open	1	00:50:56.05	00:50:58.45		8:29	7.1 (100%)
2	HALOTA Dariusz	7301	DRUŻYNA 123	M-Open	3	00:53:20.00	00:53:25.15	+00:02:26 (4.6%)	8:53	6.8 (95.8%)
3	ZIELIŃSKI Tomasz	7350	WARCHLAKI ADELAJDY	M-Open	4	00:54:46.45	00:54:49.30	+00:03:50 (7.0%)	9:07	6.6 (93.0%)
4	MALEC Bartek	7318	WARCHLAKI ADELAJDY	M-Open	5	00:55:15.75	00:55:18.55	+00:04:20 (7.8%)	9:12	6.5 (91.5%)
5	FALKIEWICZ Michał	7290	TEAM DORIS KRAKÓW	M-Open	7	00:58:03.85	00:58:05.90	+00:07:07 (12.3%)	9:40	6.2 (87.3%)
6	ZWOLIŃSKI Michał	7351	TEAM DORIS KRAKÓW	M-Open	8	00:59:33.50	00:59:36.05	+00:08:37 (14.5%)	9:55	6 (84.5%)
7	KANIEWSKI Michał	7309		M-Open	9	00:59:40.65	00:59:46.10	+00:08:47 (14.7%)	9:56	6 (84.5%)
8	OSTAFIN Szymon	7324	HUSARIA RACE TEAM	M-Open	10	01:02:36.15	01:02:38.65	+00:11:40 (18.6%)	10:26	5.8 (81.7%)
9	DZIWIWREK Adam	7288	6BPD	M-Open	14	01:04:50.80	01:04:55.60	+00:13:57 (21.5%)	10:48	5.6 (78.9%)
10	KRAWCZYK Andrzej	7208	JW 4009	M-Open	15	01:05:34.20	01:05:39.45	+00:14:41 (22.4%)	10:55	5.5 (77.5%)
10	RAPACZ Łukasz	7332	JW 4009	M-Open	16	01:05:33.70	01:05:39.45	+00:14:41 (22.4%)	10:55	5.5 (77.5%)
12	RACHOŃ Piotr	7331	6BPD	M-Open	17	01:05:34.40	01:05:39.55	+00:14:41 (22.4%)	10:55	5.5 (77.5%)
13	WĘGRZYN Jakub	7343	DRUŻYNA 123	M-Open	18	01:05:40.90	01:05:46.20	+00:14:47 (22.5%)	10:56	5.5 (77.5%)
14	DURAJ Grzegorz	7285	DRUŻYNA 123	M-Open	19	01:05:40.95	01:05:47.00	+00:14:48 (22.5%)	10:56	5.5 (77.5%)
15	RUSSOVA Yana	7334	TEAM DORIS KRAKÓW	K-Open	2	01:06:43.95	01:06:46.50	+00:15:48 (23.7%)	11:07	5.4 (76.1%)
16	CZULAK Łukasz	7283	KROKUS	M-Open	20	01:07:30.80	01:07:34.00	+00:16:35 (24.6%)	11:15	5.3 (74.6%)
17	WILCZEWSKI Rafał	7345	WARCHLAKI ADELAJDY	M-Open	21	01:08:30.00	01:08:32.25	+00:17:33 (25.6%)	11:25	5.3 (74.6%)
18	WŁOKA Jessica	7348	WARCHLAKI ADELAJDY	K-Open	3	01:13:04.50	01:13:07.80	+00:22:09 (30.3%)	12:10	4.9 (69.0%)
19	KAWA Łukasz	7311		M-Open	42	01:17:09.50	01:17:17.15	+00:26:18 (34.0%)	12:51	4.7 (66.2%)
20	DZIADOSZ Michał	7286	OCR TEAM DĘBICA	M-Open	43	01:18:43.65	01:18:45.80	+00:27:47 (35.3%)	13:07	4.6 (64.8%)
21	AUGUSTYNIAK Kamil	7274	WARCHLAKI ADELAJDY	M-Open	46	01:22:15.45	01:22:18.50	+00:31:20 (38.1%)	13:42	4.4 (62.0%)
22	STROJEK Katarzyna	7338		K-Open	4	01:22:39.45	01:22:43.10	+00:31:44 (38.4%)	13:46	4.4 (62.0%)
23	STOLARCZYK Aleksandra	7337		K-Open	5	01:22:39.15	01:22:43.20	+00:31:44 (38.4%)	13:46	4.4 (62.0%)
24	WICIARZ Jakub	7344		M-Open	48	01:22:46.30	01:22:55.15	+00:31:56 (38.5%)	13:47	4.3 (60.6%)
24	OGAREK Szymon	7414		M-Open	49	01:22:46.90	01:22:55.15	+00:31:56 (38.5%)	13:47	4.3 (60.6%)
26	BOBROWSKI Michał	7278		M-Open	54	01:24:16.30	01:24:21.50	+00:33:23 (39.6%)	14:02	4.3 (60.6%)
27	JANOSKA Wojtek	7305	JW 4686	M-Open	55	01:25:01.80	01:25:07.40	+00:34:08 (40.1%)	14:10	4.2 (59.2%)
28	CIEĆKIEWICZ Wiktor	7282	16BPD	M-Open	57	01:25:13.85	01:25:20.20	+00:34:21 (40.3%)	14:12	4.2 (59.2%)

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						netto 7km	brutto 7km			
29	BŁACH Miłosz	7277	COMMANDO FAMILY	M-Open	59	01:25:23.75	01:25:28.05	+00:34:29 (40.4%)	14:14	4.2 (59.2%)
30	KANDEFER Beata	7307	COMMANDO FAMILY	K-Open	10	01:25:28.40	01:25:31.45	+00:34:33 (40.4%)	14:14	4.2 (59.2%)
31	KANDEFER Wojciech	7308	COMMANDO FAMILY	M-Open	61	01:25:46.35	01:25:50.25	+00:34:51 (40.6%)	14:17	4.2 (59.2%)
32	GONET Tomasz	7296	COMMANDO FAMILY	M-Open	62	01:25:51.35	01:25:55.55	+00:34:57 (40.7%)	14:18	4.2 (59.2%)
33	KŁĘBEK Mateusz	7312		M-Open	64	01:27:07.80	01:27:12.75	+00:36:14 (41.6%)	14:31	4.1 (57.7%)
34	LEKSTON Norbert	7314		M-Open	65	01:27:08.20	01:27:13.20	+00:36:14 (41.6%)	14:31	4.1 (57.7%)
35	PASTERNAK Patryk	7326		M-Open	67	01:27:51.80	01:27:57.85	+00:36:59 (42.1%)	14:38	4.1 (57.7%)
36	PIETRZYK Piotr	7327		M-Open	68	01:28:02.30	01:28:08.40	+00:37:09 (42.2%)	14:40	4.1 (57.7%)
37	BIENIEK Kacper	7276		M-Open	69	01:28:11.95	01:28:16.30	+00:37:17 (42.3%)	14:42	4.1 (57.7%)
38	GURGUL Mateusz	7299		M-Open	70	01:28:12.00	01:28:16.60	+00:37:18 (42.3%)	14:42	4.1 (57.7%)
39	CHERNIAK Milena	7279	TEAM DORIS KRAKOW	K-Open	16	01:29:38.40	01:29:47.30	+00:38:48 (43.2%)	12:48	4.7 (66.2%)
40	ZAWADA Mikołaj	7349		M-Open	75	01:29:42.25	01:29:49.60	+00:38:51 (43.3%)	12:48	4.7 (66.2%)
41	SZPAKOWSKA Malgorzata	7342	ŁAJZY	K-Open	28	01:34:55.55	01:35:00.70	+00:44:02 (46.3%)	13:33	4.4 (62.0%)
42	DZIUBA Tomasz	7287	ŁAJZY TEAM	M-Open	88	01:34:57.85	01:35:02.55	+00:44:04 (46.4%)	13:34	4.4 (62.0%)
43	JAZGAR Mateusz	7306	KRÓTKA PIŁKA	M-Open	89	01:35:46.60	01:35:49.90	+00:44:51 (46.8%)	13:40	4.4 (62.0%)
44	SZCZEPANIK Sebastian	7340	KRÓTKA PIŁKA	M-Open	90	01:35:47.00	01:35:50.05	+00:44:51 (46.8%)	13:41	4.4 (62.0%)
45	SOKOŁOWSKI Władysław	7336		M-Open	119	01:42:02.25	01:42:05.20	+00:51:06 (50.1%)	14:34	4.1 (57.7%)
46	KASIŃSKA Sonia	7310		K-Open	39	01:42:02.90	01:42:05.30	+00:51:06 (50.1%)	14:34	4.1 (57.7%)
47	HAS Marcin	7417		M-Open	120	01:42:01.30	01:42:09.60	+00:51:11 (50.1%)	14:34	4.1 (57.7%)
48	SIMIŃSKI Rafał	7418		M-Open	121	01:42:10.45	01:42:18.70	+00:51:20 (50.2%)	14:35	4.1 (57.7%)
49	HYRA Michał	7303		M-Open	123	01:43:12.40	01:43:21.40	+00:52:22 (50.7%)	14:44	4.1 (57.7%)
50	LEŚNIEWSKA Izabela	7315		K-Open	40	01:43:12.60	01:43:21.60	+00:52:23 (50.7%)	14:44	4.1 (57.7%)
51	PŁAZIŃSKA Justyna	7328	SKAWINA BIEGA	K-Open	45	01:45:57.05	01:46:03.40	+00:55:04 (51.9%)	15:08	4 (56.3%)
52	SZEMRAJ Anna	7341	SKAWINA BIEGA	K-Open	46	01:45:58.35	01:46:03.95	+00:55:05 (51.9%)	15:08	4 (56.3%)
53	WILKOSZ Wojciech	7346	SKAWINA BIEGA	M-Open	130	01:45:58.55	01:46:04.30	+00:55:05 (51.9%)	15:08	4 (56.3%)
54	NAZIM Paweł	7320	SKAWINA BIEGA	M-Open	131	01:45:58.30	01:46:04.70	+00:55:06 (51.9%)	15:08	4 (56.3%)
55	ADAMCZYK Aneta	7271	GIRLS POWER	K-Open	56	01:51:30.50	01:51:34.60	+01:00:36 (54.3%)	15:55	3.8 (53.5%)
56	ADAMCZYK Zuzanna	7272	GIRLS POWER	K-Open	57	01:51:39.10	01:51:43.10	+01:00:44 (54.4%)	15:57	3.8 (53.5%)
57	MOSTOWIK-WLACH Joanna	7319		K-Open	59	01:52:01.50	01:52:05.00	+01:01:06 (54.5%)	16:00	3.7 (52.1%)
57	KURBIEL Katarzyna	7313		K-Open	60	01:52:01.35	01:52:05.00	+01:01:06 (54.5%)	16:00	3.7 (52.1%)
59	RAJ Tomasz	7236	HUSARIA RACE TEAM	M-Open	143	01:52:34.65	01:52:42.90	+01:01:44 (54.8%)	16:04	3.7 (52.1%)
59	GŁOWACKA Katarzyna	7192	HUSARIA RACE TEAM	K-Open	62	01:52:34.50	01:52:42.90	+01:01:44 (54.8%)	16:04	3.7 (52.1%)
61	GRABIAŃSKA Katarzyna	7297	VIKING TRAINING CENTER	K-Open	63	01:52:48.75	01:52:55.45	+01:01:57 (54.9%)	16:07	3.7 (52.1%)
62	HANDZLIK Artur	7302		M-Open	144	01:52:49.50	01:52:56.35	+01:01:57 (54.9%)	16:07	3.7 (52.1%)
63	RUDZKI Marcin	7333		M-Open	148	01:56:56.95	01:57:04.30	+01:06:05 (56.5%)	16:42	3.6 (50.7%)
64	DOROŻKO Marcin	7284		M-Open	149	01:56:56.65	01:57:04.40	+01:06:05 (56.5%)	16:42	3.6 (50.7%)
65	NIEBRZYDOWSKI Raymond	7402		M-Open	151	01:58:37.70	01:58:42.20	+01:07:43 (57.1%)	16:56	3.5 (49.3%)
66	CHERNOVA Iuliia	7280		K-Open	66	01:58:37.75	01:58:42.45	+01:07:44 (57.1%)	16:56	3.5 (49.3%)
67	FISCHER Monika	7291		K-Open	77	02:02:41.65	02:02:49.30	+01:11:50 (58.5%)	17:31	3.4 (47.9%)
68	OLSZAŃSKI Paweł	7323		M-Open	157	02:02:42.05	02:02:49.60	+01:11:51 (58.5%)	17:31	3.4 (47.9%)
69	FISCHER Ola	7292		K-Open	78	02:02:42.45	02:02:50.20	+01:11:51 (58.5%)	17:31	3.4 (47.9%)
70	BERNARD Dorota	7275	KROKUS	K-Open	79	02:02:46.55	02:02:50.60	+01:11:52 (58.5%)	17:32	3.4 (47.9%)
71	PSZCZOLA Joanna	7330	TEAM DORIS KRAKÓW	K-Open	87	02:09:10.05	02:09:19.90	+01:18:21 (60.6%)	18:27	3.3 (46.5%)
72	OLKUSKA Anna	7322	TEAM DORIS KRAKÓW	K-Open	88	02:09:10.20	02:09:20.05	+01:18:21 (60.6%)	18:27	3.3 (46.5%)

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72	GAWLIK Anita	7295	TEAM DORIS KRAKÓW	K-Open	89	02:09:10.25	02:09:20.05	+01:18:21 (60.6%)	18:27	3.3 (46.5%)
74	FALKIEWICZ Sylwia	7289	TEAM DORIS KRAKÓW	K-Open	90	02:09:10.60	02:09:20.20	+01:18:21 (60.6%)	18:27	3.3 (46.5%)
75	PRUCIA Katarzyna	7329	TEAM DORIS KRAKÓW	K-Open	91	02:09:10.25	02:09:20.35	+01:18:21 (60.6%)	18:27	3.3 (46.5%)
76	SZCZEPANIK Dorota	7339	TEAM DORIS KRAKÓW	K-Open	92	02:09:10.95	02:09:20.55	+01:18:22 (60.6%)	18:27	3.3 (46.5%)
77	LISEK Anna	7316	GRUPA GRILLOWA	K-Open	95	02:11:35.70	02:11:42.40	+01:20:43 (61.3%)	18:48	3.2 (45.1%)
78	LISEK Lechosław	7317	GRUPA GRILLOWA	M-Open	162	02:11:35.55	02:11:42.70	+01:20:44 (61.3%)	18:47	3.2 (45.1%)
79	ADAMSKI Marek	7273		M-Open	168	02:41:17.60	02:41:24.55	+01:50:26 (68.4%)	23:02	2.6 (36.6%)
80	JACEWICZ Martyna	7304		K-Open	101	02:41:17.90	02:41:24.85	+01:50:26 (68.4%)	23:02	2.6 (36.6%)

Znaleziono 80 wynik(ów)