



COMMANDO RACE 7KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: Commando Race
Organizator: COMMANDO RACE
Data: 2019-09-14
Miejsce: Kraków
Dystans: 7 km

Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7km	Czas brutto 7km	Różn	Tempo min/km	Tempo km/h
1	KLIMEK Zbigniew	7119		M-Open	1	00:50:08.00	00:50:08.00		7:09	8.4 (100%)
2	ROLA Daniel	4061	SOWINY POWER	M-Open	2	00:52:56.10	00:52:57.80	+00:02:49 (5.3%)	7:33	7.9 (94.0%)
3	LESZKO Michał	7060		M-Open	3	00:58:19.20	00:58:21.10	+00:08:13 (14.1%)	8:20	7.2 (85.7%)
4	ZABDYR Rafał	7110		M-Open	4	00:59:51.80	00:59:51.80	+00:09:43 (16.3%)	8:33	7 (83.3%)
5	JAMRÓZ Andrzej	7038		M-Open	5	01:00:10.70	01:00:13.05	+00:10:05 (16.7%)	8:35	7 (83.3%)
6	MROCZKA Maciej	7117		M-Open	6	01:01:46.80	01:01:51.25	+00:11:43 (18.9%)	8:49	6.8 (81.0%)
7	SZCZEPAŃSKI Marcin	7118		M-Open	7	01:01:47.25	01:01:51.65	+00:11:43 (19.0%)	8:49	6.8 (81.0%)
8	CZAJKOWSKI Albert	7123		M-Open	8	01:02:12.85	01:02:17.40	+00:12:09 (19.5%)	8:53	6.8 (81.0%)
9	LIS Rafał	7062	JATI	M-Open	9	01:02:16.20	01:02:21.95	+00:12:13 (19.6%)	8:53	6.7 (79.8%)
10	KALICKI Rafał	7044		M-Open	10	01:02:24.55	01:02:27.05	+00:12:19 (19.7%)	8:55	6.7 (79.8%)
11	KRAMARCZYK Filip	7050		M-Open	11	01:02:40.75	01:02:42.05	+00:12:34 (20.0%)	8:57	6.7 (79.8%)
12	KRAMARCZYK Michał	7051		M-Open	12	01:02:40.80	01:02:43.05	+00:12:35 (20.1%)	8:57	6.7 (79.8%)
13	KRZYSZTOFIK Wojciech	7052		M-Open	13	01:03:44.75	01:03:46.80	+00:13:38 (21.4%)	9:06	6.6 (78.6%)
14	GAJEWSKI Kamil	7029		M-Open	14	01:04:59.85	01:05:02.40	+00:14:54 (22.9%)	9:17	6.5 (77.4%)
15	JACEK Kaczor	7037	JATI	M-Open	15	01:05:26.95	01:06:06.30	+00:15:58 (24.2%)	9:21	6.4 (76.2%)
16	ŁOPUCH Robert	7068	DZIADY OCR	M-Open	16	01:06:32.80	01:06:35.35	+00:16:27 (24.7%)	9:30	6.3 (75.0%)
17	MUNIAK Adrian	7073	JATI	M-Open	17	01:07:40.00	01:07:42.20	+00:17:34 (26.0%)	9:40	6.2 (73.8%)
18	NOWAK Paweł	7077		M-Open	18	01:07:43.70	01:07:45.50	+00:17:37 (26.0%)	9:40	6.2 (73.8%)
19	DYNOWSKI Paweł	7024	WOŁO HR TEAM	M-Open	19	01:09:11.85	01:09:14.05	+00:19:06 (27.6%)	9:53	6.1 (72.6%)
20	STAROWICZ Wojciech	7100	#DAMRADE	M-Open	20	01:09:42.60	01:09:45.15	+00:19:37 (28.1%)	9:57	6 (71.4%)
21	WARMUS Jacek	7109	JATI	M-Open	21	01:09:56.15	01:09:58.80	+00:19:50 (28.4%)	9:59	6 (71.4%)
22	KYŚ Andrzej	7055		M-Open	22	01:12:23.95	01:12:26.00	+00:22:18 (30.8%)	10:20	5.8 (69.0%)
23	KLIN Robert	7047	WATAHA	M-Open	23	01:12:28.30	01:12:30.85	+00:22:22 (30.9%)	10:21	5.8 (69.0%)
24	KULCZYCKI Wojtek	7053		M-Open	24	01:12:43.80	01:12:46.65	+00:22:38 (31.1%)	10:23	5.8 (69.0%)
25	ŚCIEŻKA Filip	7105		M-Open	25	01:13:01.95	01:13:08.05	+00:23:00 (31.5%)	10:26	5.8 (69.0%)
26	WOJDYŁO Adrian	7124		M-Open	26	01:14:03.45	01:14:05.20	+00:23:57 (32.3%)	10:34	5.7 (67.9%)
27	STĘPAŁA Wojtek	7102	JATA	M-Open	27	01:17:33.85	01:17:36.10	+00:27:28 (35.4%)	11:04	5.4 (64.3%)
28	NOWAK Mateusz	7078		M-Open	28	01:18:05.05	01:18:07.15	+00:27:59 (35.8%)	11:09	5.4 (64.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7km	Czas brutto 7km	Różn	Tempo min/km	Tempo km/h
29	POLAK Jakub	7087		M-Open	29	01:18:33.45	01:18:36.05	+00:28:28 (36.2%)	11:13	5.3 (63.1%)
30	MULLER Wojciech	7072	JATI	M-Open	30	01:21:16.00	01:21:18.50	+00:31:10 (38.3%)	11:36	5.2 (61.9%)
31	SZCZĘŚNIAK Janusz	7104	BEFIT24TEAM	M-Open	31	01:21:18.00	01:21:21.75	+00:31:13 (38.4%)	11:36	5.2 (61.9%)
32	CIEPIELEWSKI Mateusz	7017		M-Open	32	01:21:24.05	01:21:27.35	+00:31:19 (38.5%)	11:37	5.2 (61.9%)
33	STĘPIEŃ Paweł	7103		M-Open	33	01:21:26.20	01:21:29.55	+00:31:21 (38.5%)	11:38	5.2 (61.9%)
34	BEDNARSKI Mateusz	7003	JATI	M-Open	34	01:22:21.60	01:22:25.05	+00:32:17 (39.2%)	11:46	5.1 (60.7%)
35	SKALSKI Marek	7098		M-Open	35	01:22:23.50	01:22:26.40	+00:32:18 (39.2%)	11:46	5.1 (60.7%)
36	SKALSKI Wiktor	7099		M-Open	36	01:22:24.05	01:22:27.80	+00:32:19 (39.2%)	11:46	5.1 (60.7%)
37	BUDZIK Konrad	7014	JATI	M-Open	37	01:22:29.50	01:22:31.70	+00:32:23 (39.3%)	11:47	5.1 (60.7%)
38	ZIEMIANIN Bartosz	7113		M-Open	38	01:22:30.20	01:22:33.35	+00:32:25 (39.3%)	11:47	5.1 (60.7%)
39	ĆWIRLEJ Andrzej	7022	HUSARIA RACE TEAM	M-Open	39	01:22:53.60	01:22:57.75	+00:32:49 (39.6%)	11:50	5.1 (60.7%)
40	KAŁUCKI Krzysztof	7045		M-Open	40	01:23:05.95	01:23:10.40	+00:33:02 (39.7%)	11:52	5.1 (60.7%)
41	KLISIEWICZ Wojciech	7048		M-Open	41	01:23:33.90	01:23:38.55	+00:33:30 (40.1%)	11:56	5 (59.5%)
42	SARAD Zbigniew	7092	SPARTAŃSKA DZICZ	M-Open	42	01:24:30.45	01:24:33.35	+00:34:25 (40.7%)	12:04	5 (59.5%)
43	LEPIARZ Grzegorz	7059		M-Open	43	01:25:32.70	01:25:39.50	+00:35:31 (41.5%)	12:13	4.9 (58.3%)
44	GALAS Damian	7031	SPARTAŃSKA DZICZ	M-Open	44	01:25:47.65	01:25:51.70	+00:35:43 (41.6%)	12:15	4.9 (58.3%)
45	ROKITA Radosław	7091	OŚWIECENIA TEAM HAJIME	M-Open	45	01:27:03.70	01:27:08.95	+00:37:00 (42.5%)	12:26	4.8 (57.1%)
46	JAROSZ Tomasz	7040	OSTATNI NA MECIE	M-Open	46	01:27:11.15	01:27:16.75	+00:37:08 (42.6%)	12:27	4.8 (57.1%)
47	LEWICKI Jakub	7061	OSTATNI NA MECIE	M-Open	47	01:27:13.55	01:27:19.15	+00:37:11 (42.6%)	12:27	4.8 (57.1%)
48	NOWAK Dariusz	7076		M-Open	48	01:27:33.80	01:27:38.25	+00:37:30 (42.8%)	12:30	4.8 (57.1%)
49	NOWAK Damian	7075		M-Open	49	01:27:33.50	01:27:38.30	+00:37:30 (42.8%)	12:30	4.8 (57.1%)
50	DĄBROWSKI Piotr	7116		M-Open	50	01:29:38.10	01:29:41.75	+00:39:33 (44.1%)	12:48	4.7 (56.0%)
51	CZECHURA Maciej	7020	OSTATNI NA MECIE	M-Open	51	01:29:45.25	01:29:45.25	+00:39:37 (44.1%)	12:49	4.7 (56.0%)
52	PŁAZA Karol	7086	OSTATNI NA MECIE	M-Open	52	01:29:39.35	01:29:45.75	+00:39:37 (44.1%)	12:48	4.7 (56.0%)
53	WYKURZ Damian	7115		M-Open	53	01:29:42.35	01:29:46.15	+00:39:38 (44.2%)	12:49	4.7 (56.0%)
54	DUDZIK Daniel	7023	JATI	M-Open	54	01:32:14.25	01:32:16.90	+00:42:08 (45.7%)	13:10	4.6 (54.8%)
55	REGIEC Paweł	7089	SPARTAŃSKA DZICZ	M-Open	55	01:35:57.70	01:36:01.00	+00:45:53 (47.8%)	13:42	4.4 (52.4%)
56	BURDA Michał	7015	HUSARIA RACE TEAM	M-Open	56	01:41:00.25	01:41:01.85	+00:50:53 (50.4%)	14:25	4.2 (50.0%)
57	BOBROWSKI Michał	7011		M-Open	57	01:41:33.90	01:41:37.95	+00:51:29 (50.7%)	14:30	4.1 (48.8%)
58	OSTROGÓRSKI Paweł	7083	NATURSZCZYCY	M-Open	58	01:41:52.30	01:41:57.60	+00:51:49 (50.8%)	14:33	4.1 (48.8%)
59	PAŁCZYŃSKI Piotr	7084	JATI	M-Open	59					(0.0%)

Znaleziono 59 wynik(ów)