

CROSS CENTAURA - BIAŁY BÓR - 10 KM

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Event: CROSS CENTAURA
Organiser: Gmina Biały Bór
Date: 2022-10-15
Place: Biały Bór
Distance: 10 km



Classification: All

Place	Participant	Number	Club	Category	MCat	5km	Net time 10km	Gap	Pace min/km	Pace km/h
1	MURAWSKI Paweł	54	MURAWSKI TEAM/ 12 BRYGADA ZMECHANIZOWANA	M30-39	1	00:16:31	00:33:59.05		3:23	17.7 (100%)
2	LESYK Rafał	36	7PRO SIÓDMIĄK TEAM	M30-39	2	00:17:34	00:35:40.15	+00:01:41 (4.7%)	3:34	16.8 (94.9%)
3	LASAK Konrad	34		M18-29	1	00:19:02	00:38:26.80	+00:04:27 (11.6%)	3:50	15.6 (88.1%)
4	ULDYNOWICZ Łukasz	88	MLUKS MOKASYN PŁOTY	M30-39	3	00:19:02	00:38:33.10	+00:04:34 (11.8%)	3:51	15.6 (88.1%)
5	WOJTAS Stefan	95	TRIPAKA PRZECHLEWO	M40-49	1	00:19:24	00:39:24.60	+00:05:25 (13.8%)	3:56	15.2 (85.9%)
6	KOZAK Arkadiusz	115	HERKULES	M50-59	1	00:19:37	00:39:48.75	+00:05:49 (14.6%)	3:58	15.1 (85.3%)
7	PICK Tomasz	62	BIEGOLAS / KORONA	M50-59	2	00:19:08	00:41:38.00	+00:07:38 (18.4%)	4:09	14.4 (81.4%)
8	KRUKOWSKI Adam	136		M30-39	4	00:21:17	00:42:15.40	+00:08:16 (19.6%)	4:13	14.2 (80.2%)
9	PIASZCZYŃSKI Maciej	61	ZS7 BIAŁY BÓR	M30-39	5	00:21:04	00:42:17.40	+00:08:18 (19.6%)	4:13	14.2 (80.2%)
10	MAZUR Tomasz	42	I LO SZCZECINEK	M40-49	2	00:21:30	00:43:56.95	+00:09:57 (22.7%)	4:23	13.7 (77.4%)
11	PŁATOSZ Marek	65		M40-49	3	00:22:13	00:45:18.50	+00:11:19 (25.0%)	4:31	13.2 (74.6%)
12	SZCZUKOCKI Marcin	83	TEAM TERMINATORUN	M18-29	2	00:22:41	00:47:13.30	+00:13:14 (28.0%)	4:43	12.7 (71.8%)
13	MIGALSKA STANKIEWICZ Lucyna	46	GRYFICKA SIŁA BIEGOWA	K40-49	1	00:24:43	00:50:10.35	+00:16:11 (32.3%)	5:01	12 (67.8%)
14	MONGIAŁO Marcin	141		M40-49	4	00:25:15	00:50:42.45	+00:16:43 (33.0%)	5:04	11.8 (66.7%)
15	GRZYSTEK Marcin	18		M40-49	5	00:27:06	00:53:32.05	+00:19:33 (36.5%)	5:21	11.2 (63.3%)
16	KOŁODZIEJCZAK Grzegorz	25		M40-49	6	00:27:06	00:53:32.15	+00:19:33 (36.5%)	5:21	11.2 (63.3%)
17	PŁATOSZ Magda	64		K30-39	1	00:28:42	00:55:36.20	+00:21:37 (38.9%)	5:33	10.8 (61.0%)
18	POLGUT Piotr	78		Małżeństwa	1	00:27:29	00:56:35.65	+00:22:36 (40.0%)	5:39	10.6 (59.9%)
19	SUPROŃ Izabela	82		K40-49	2	00:29:35	01:00:41.35	+00:26:42 (44.0%)	6:04	9.9 (55.9%)
20	WEROCHOWSKI Dagoz	91	ZS7 BIAŁY BÓR	Małżeństwa	2	00:31:58	01:02:17.45	+00:28:18 (45.4%)	6:13	9.6 (54.2%)
21	RUTKOWSKI Artur	71	TRIPAKA	M50-59	3	00:31:19	01:03:56.55	+00:29:57 (46.9%)	6:23	9.4 (53.1%)

Total 21 results.