

CROSS CENTAURA - BIAŁY BÓR - 10 KM

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Event: CROSS CENTAURA
Organiser: Gmina Biały Bór
Date: 2022-10-15
Place: Biały Bór
Distance: 10 km



Classification: M40-49

Place	Participant	Number	Club	Category	MCat	5km	Net time 10km	Gap	Pace min/km	Pace km/h
1	WOJTAS Stefan	95	TRIPAKA PRZECHEW	M40-49	1	00:19:24	00:39:24.60		3:56	15.2 (100%)
2	MAZUR Tomasz	42	I LO SZCZECINEK	M40-49	2	00:21:30	00:43:56.95	+00:04:32 (10.3%)	4:23	13.7 (90.1%)
3	PŁATOSZ Marek	65		M40-49	3	00:22:13	00:45:18.50	+00:05:53 (13.0%)	4:31	13.2 (86.8%)
4	MONGIAŁO Marcin	141		M40-49	4	00:25:15	00:50:42.45	+00:11:17 (22.3%)	5:04	11.8 (77.6%)
5	GRZYSZEK Marcin	18		M40-49	5	00:27:06	00:53:32.05	+00:14:07 (26.4%)	5:21	11.2 (73.7%)
6	KOŁODZIEJCZAK Grzegorz	25		M40-49	6	00:27:06	00:53:32.15	+00:14:07 (26.4%)	5:21	11.2 (73.7%)

Total 6 results.