

CROSS CENTAURA - BIAŁY BÓR - 5 KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: CROSS CENTAURA
Organizator: Gmina Biały Bór
Data: 2021-09-25
Miejsce: Biały Bór
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	SIÓDIAK Igor	47	7PRO SIÓDIAK TEAM	M16-39	1	00:18:13.96		1:49	32.9 (100%)
2	KRYZEL Tomasz	144	FOR REST RUN	M16-39	2	00:18:25.89	+00:00:11 (1.1%)	1:50	32.6 (99.1%)
3	OPIELA Paweł	158	7PRO SIÓDIAK TEAM	M16-39	3	00:18:59.73	+00:00:45 (4.0%)	1:53	31.6 (96.0%)
4	PAWŁOWICZ Roland	160	7PRO SIÓDIAK TEAM	M16-39	4	00:19:16.81	+00:01:02 (5.4%)	1:55	31.1 (94.5%)
5	PAWŁOWSKA Aleksandra	161		K16-39	1	00:21:07.13	+00:02:53 (13.7%)	2:06	28.4 (86.3%)
6	KOZŁOWSKI Bartosz	188		M16-39	5	00:21:19.84	+00:03:05 (14.5%)	2:07	28.1 (85.4%)
7	PURGAL Hubert	30	PENTATHLON SZCZECINEK	M15	1	00:21:22.33	+00:03:08 (14.7%)	2:08	28.1 (85.4%)
8	KOCZWARA Joanna	142	TEAM BIEGOWY SZCZECINEK	K40-59	1	00:21:32.64	+00:03:18 (15.4%)	2:09	27.9 (84.8%)
9	KACZOR Agnieszka	139	KUJAWSCY RUNNERS	K16-39	2	00:21:41.07	+00:03:27 (15.9%)	2:10	27.7 (84.2%)
10	NOSAL Mariusz	154		M40-59	1	00:21:41.77	+00:03:27 (16.0%)	2:10	27.7 (84.2%)
11	SKRODZKI Paweł	175		M16-39	6	00:21:43.24	+00:03:29 (16.1%)	2:10	27.6 (83.9%)
12	FIRAZA Paweł	235		M16-39	7	00:22:08.69	+00:03:54 (17.7%)	2:12	27.1 (82.4%)
13	KUŚNIERZ Paweł	146		M16-39	8	00:22:09.62	+00:03:55 (17.7%)	2:12	27.1 (82.4%)
14	ZABROCKA Izabela	184	ZETUNITEDKINGS	K40-59	2	00:22:20.55	+00:04:06 (18.4%)	2:14	26.9 (81.8%)
15	KOCZWARA Radosław	141	CROSS TEAM SZCZECINEK	M40-59	2	00:22:22.90	+00:04:08 (18.5%)	2:14	26.8 (81.5%)
16	TALKOWSKA Oliwia	236	7PRO SIÓDIAK TEAM	K16-39	3	00:22:27.42	+00:04:13 (18.8%)	2:14	26.7 (81.2%)
17	LEONIAK Łucja	147		K16-39	4	00:22:36.13	+00:04:22 (19.3%)	2:15	26.5 (80.5%)
18	MELON Jacek	152	POZYTYWNI Z PASJĄ	M40-59	3	00:22:41.80	+00:04:27 (19.7%)	2:16	26.5 (80.5%)
19	BOROWSKI Tomasz	133	HAMER	M40-59	4	00:23:04.17	+00:04:50 (21.0%)	2:18	26 (79.0%)
20	ZAKIELARZ Piotr	186	TEAM TERMINATORUN	M16-39	9	00:23:28.62	+00:05:14 (22.3%)	2:20	25.6 (77.8%)
21	NERC Patrycja	153	MKP SZCZECINEK/ 7PRO TEAM	K16-39	5	00:23:37.26	+00:05:23 (22.8%)	2:21	25.4 (77.2%)
22	WYSOKIŃSKI Paweł	183		M40-59	5	00:23:53.36	+00:05:39 (23.7%)	2:23	25.1 (76.3%)
23	PRZYBYŁOWICZ Małgorzata	168		K16-39	6	00:23:58.85	+00:05:44 (24.0%)	2:23	25 (76.0%)
24	FIRAZA Monika	233		K16-39	7	00:24:41.47	+00:06:27 (26.2%)	2:28	24.3 (73.9%)
25	KURZAWIŃSKA-JABŁOŃSKA Kasia	145		K40-59	3	00:24:43.79	+00:06:29 (26.3%)	2:28	24.3 (73.9%)
26	NOSAL Martyna	31	PENTATHLON SZCZECINEK	K15	1	00:25:25.83	+00:07:11 (28.3%)	2:32	23.6 (71.7%)

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27	PAWŁOWSKI Mariusz	162		M16-39	10	00:25:40.81	+00:07:26 (29.0%)	2:34	23.4 (71.1%)
28	RYNKIEWICZ Piotr	171	TB WALDEK	M16-39	11	00:25:45.69	+00:07:31 (29.2%)	2:34	23.3 (70.8%)
29	RYNKIEWICZ Aleksandra	173	TEAM WALDEK	K16-39	8	00:25:47.86	+00:07:33 (29.3%)	2:34	23.3 (70.8%)
30	ŁUCZEJKO Sławomir	148	TEAM BIEGOWY SZCZECINEK	M40-59	6	00:25:47.92	+00:07:33 (29.3%)	2:34	23.3 (70.8%)
31	BODZIONY Amelia	131		K16-39	9	00:25:50.76	+00:07:36 (29.5%)	2:35	23.2 (70.5%)
32	OGONOWSKI Marek	157	OGON TEAM	M40-59	7	00:26:35.92	+00:08:21 (31.5%)	2:39	22.6 (68.7%)
33	OGONOWSKA Anna	155	OGON TEAM	K15	2	00:26:37.44	+00:08:23 (31.5%)	2:39	22.5 (68.4%)
34	SŁUPECKA Aneta	176		K16-39	10	00:27:03.44	+00:08:49 (32.6%)	2:42	22.2 (67.5%)
35	WAWRZYNIAK Michał	182		M40-59	8	00:27:24.14	+00:09:10 (33.5%)	2:44	21.9 (66.6%)
36	RADZIMSKI Marcel	169		M16-39	12	00:27:45.32	+00:09:31 (34.3%)	2:46	21.6 (65.7%)
37	CZYGIER Tomasz	136		M40-59	9	00:27:48.39	+00:09:34 (34.4%)	2:46	21.6 (65.7%)
38	ZAKIELARZ Adriana	185	TEAM TERMINATORUN	K16-39	11	00:27:53.16	+00:09:39 (34.6%)	2:47	21.5 (65.3%)
39	OGONOWSKA Renata	156	OGON TEAM	K15	3	00:28:57.37	+00:10:43 (37.0%)	2:53	20.7 (62.9%)
40	SUPROŃ Izabela	178	BIĄŁOBORSKIE KUNY	K40-59	4	00:29:08.19	+00:10:54 (37.4%)	2:54	20.6 (62.6%)
41	BUTOWICZ Adam	77		M60+	1	00:29:30.59	+00:11:16 (38.2%)	2:57	20.3 (61.7%)
42	SZOPA Łukasz	179		M16-39	13	00:29:33.34	+00:11:19 (38.3%)	2:57	20.3 (61.7%)
43	CZEREŚNIAK Iwona	135		K40-59	5	00:29:39.73	+00:11:25 (38.5%)	2:57	20.2 (61.4%)
44	PIETRZYCKI Andrzej	165	NIEZRZESZONY	M60+	2	00:29:41.81	+00:11:27 (38.6%)	2:58	20.2 (61.4%)
45	SIKORA Anna	174	BOJANO BIEGA	K40-59	6	00:29:44.33	+00:11:30 (38.7%)	2:58	20.2 (61.4%)
46	SZTECHMILER Katarzyna	180	KLUB SPORTOWY HUSARIA SZCZECINEK	K16-39	12	00:30:14.97	+00:12:01 (39.7%)	3:01	19.8 (60.2%)
47	GRZYTEK Kasia	138		K40-59	7	00:30:29.53	+00:12:15 (40.2%)	3:02	19.7 (59.9%)
48	PAWLUŚ Kamilla	159		K40-59	8	00:30:38.07	+00:12:24 (40.5%)	3:03	19.6 (59.6%)
49	PODGÓRSKA Agata	167	KS HUSARIA SZCZECINEK	K40-59	9	00:31:03.54	+00:12:49 (41.3%)	3:06	19.3 (58.7%)
50	MAZUR Tomasz	151		M40-59	10	00:31:30.70	+00:13:16 (42.1%)	3:09	19 (57.8%)
51	MAZUR Anna	150	POZYTYWNI Z PASJĄ	K40-59	10	00:31:30.79	+00:13:16 (42.1%)	3:09	19 (57.8%)
52	MAGDA Magdalena	3		K40-59	11	00:31:53.93	+00:13:39 (42.8%)	3:11	18.8 (57.1%)
53	FIRLEJ Agnieszka	137		K40-59	12	00:31:58.69	+00:13:44 (43.0%)	3:11	18.8 (57.1%)
54	ŚWIGOŃ Izabela	181	SZWLA STARGARD	K40-59	13	00:32:39.16	+00:14:25 (44.2%)	3:15	18.4 (55.9%)
55	PIETRZYCKI Dariusz	164		M40-59	11	00:34:55.44	+00:16:41 (47.8%)	3:29	17.2 (52.3%)
56	PIETRZYCKA Edytka	163		K40-59	14	00:34:55.48	+00:16:41 (47.8%)	3:29	17.2 (52.3%)
57	SUCHANOWSKA Anna	177	RESPECT LOTYŃ	K40-59	15	00:36:48.10	+00:18:34 (50.5%)	3:40	16.3 (49.5%)

Znaleziono 57 wynik(ów)