

CROSS CENTAURA - BIAŁY BÓR - 5 KM

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Wydarzenie: XI Cross Centaura
Organizator: Gmina Biały Bór
Data: 2023-10-14
Miejsce: Biały Bór
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	0.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	SIÓDIAK Igor	91	7PRO SIÓDIAK TEAM	M14-29	1	00:01:12	00:16:12.25		3:14	18.5 (100%)
2	WAŁDOCH Rafał	113	TEAM TERMINATORUN	M14-29	2	00:01:14	00:16:36.85	+00:00:24 (2.5%)	3:19	18.1 (97.8%)
3	CHMIELEWSKI Tomasz	11		M 40-49	1	00:01:14	00:16:51.00	+00:00:38 (3.8%)	3:22	17.8 (96.2%)
4	GAŁCZYŃSKI Mikołaj	20	7PRO SIÓDIAK TEAM	M14-29	3	00:01:12	00:16:51.30	+00:00:39 (3.9%)	3:22	17.8 (96.2%)
5	TOMKOWSKI Przemysław	107	CHRYSTUS KRÓLEM	M 30-39	1	00:01:16	00:16:53.15	+00:00:40 (4.0%)	3:22	17.8 (96.2%)
6	ZDANIUKIEWICZ Grzegorz	122		M 30-39	2	00:01:12	00:17:22.75	+00:01:10 (6.8%)	3:28	17.3 (93.5%)
7	WITKIEWICZ Eryk	116		M 40-49	2	00:01:19	00:17:33.00	+00:01:20 (7.7%)	3:30	17.1 (92.4%)
8	FOLTYNIEWICZ Hanna	19	7PRO SIÓDIAK TEAM	K14-29	1	00:01:18	00:17:43.80	+00:01:31 (8.6%)	3:32	16.9 (91.4%)
9	BILYK Zakhar	3	SKS 'SZEWCZENKO BIAŁY BÓR'	M14-29	4	00:01:13	00:17:51.45	+00:01:39 (9.3%)	3:34	16.8 (90.8%)
10	WALEŃSKI Michał	112	TKKF KOSZALIN	M 40-49	3	00:01:24	00:18:00.40	+00:01:48 (10.0%)	3:36	16.7 (90.3%)
11	POŁUBIŃSKI Paweł	80		M 40-49	4	00:01:17	00:18:12.05	+00:01:59 (11.0%)	3:38	16.5 (89.2%)
12	PŁATOSZ Marek	77		M 40-49	5	00:01:20	00:18:21.75	+00:02:09 (11.8%)	3:40	16.3 (88.1%)
13	MINCEWICZ Piotr	57	TEAM TERMINATORUN	M 40-49	6	00:01:22	00:18:36.90	+00:02:24 (13.0%)	3:43	16.1 (87.0%)
14	ZIELIŃSKI Piotr	124	TEAM TERMINATORUN	M 40-49	7	00:01:22	00:18:44.25	+00:02:32 (13.5%)	3:44	16 (86.5%)
15	STRZAŁKOWSKI Michał	100	SPORTOWY WANDZIN	M14-29	5	00:01:26	00:20:10.20	+00:03:57 (19.7%)	4:02	14.9 (80.5%)
16	GIŻYCKI Łukasz	23		M14-29	6	00:01:24	00:20:29.20	+00:04:16 (20.9%)	4:05	14.6 (78.9%)
17	KWAŚNIEWSKI Dawid	48	KLUB KAJAKOWY HUBERTUS	M14-29	7	00:01:24	00:20:37.30	+00:04:25 (21.4%)	4:07	14.6 (78.9%)
18	KULBAKA Joanna	43	7PRO SIÓDIAK TEAM	K14-29	2	00:01:24	00:20:42.15	+00:04:29 (21.7%)	4:08	14.5 (78.4%)
19	MELON Jacek	56	RUN GOKU TEAM	M 40-49	8	00:01:24	00:20:46.15	+00:04:33 (22.0%)	4:09	14.4 (77.8%)
20	SCHRAMKE Konrad	89	ZS7 BIAŁY BÓR	M14-29	8	00:01:27	00:20:54.65	+00:04:42 (22.5%)	4:10	14.4 (77.8%)
21	WIŚNIEWSKI Kimi	115	ZS7 BIAŁY BÓR	M14-29	9	00:01:34	00:20:55.95	+00:04:43 (22.6%)	4:11	14.3 (77.3%)
22	KUŚNIERZ Paweł	47		M14-29	10	00:01:21	00:21:09.40	+00:04:57 (23.4%)	4:13	14.2 (76.8%)
23	NOSAL Mariusz	63		M 40-49	9	00:01:44	00:21:15.05	+00:05:02 (23.7%)	4:15	14.1 (76.2%)
24	KURAS Wojciech	44	HUZIA	M 40-49	10	00:01:42	00:21:24.60	+00:05:12 (24.3%)	4:16	14 (75.7%)
25	ZGLINICKI Dariusz	123	ZS7 BIAŁY BÓR	M14-29	11	00:01:29	00:21:35.95	+00:05:23 (25.0%)	4:19	13.9 (75.1%)
26	DŁUGA Magdalena	17	TEAM TERMINATORUN	K30-39	1	00:01:33	00:21:38.10	+00:05:25 (25.1%)	4:19	13.9 (75.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	0.5km	Czas netto		Tempo min/km	Tempo km/h
							5km	Różn		
27	GIERŁOWSKI Piotr	22	ZS7 BIAŁY BÓR	M14-29	12	00:01:30	00:21:55.30	+00:05:43 (26.1%)	4:23	13.7 (74.1%)
28	PRZYBYŁOWICZ Małgorzata	81		K30-39	2	00:01:35	00:22:00.85	+00:05:48 (26.4%)	4:24	13.6 (73.5%)
29	POLACZEK Jakub	78	TEAM TERMINATORUN	M14-29	13	00:01:30	00:22:10.80	+00:05:58 (26.9%)	4:26	13.5 (73.0%)
30	GÓRKO Maja	25	KLUB KAJAKOWY HUBERTUS	K14-29	3	00:01:38	00:22:23.45	+00:06:11 (27.6%)	4:28	13.4 (72.4%)
31	NIEWIADOMSKI Wiktor	62	ZS7 BIAŁY BÓR	M14-29	14	00:01:41	00:22:29.65	+00:06:17 (28.0%)	4:29	13.3 (71.9%)
32	TOMKOWSKI Krzysztof	108		M 30-39	3	00:01:36	00:22:40.85	+00:06:28 (28.6%)	4:32	13.2 (71.4%)
33	SOŁTYS Zbigniew	95	ZS7 BIAŁY BÓR	M 40-49	11	00:01:36	00:22:46.95	+00:06:34 (28.9%)	4:33	13.2 (71.4%)
34	KURAS Zofia	45	HUZIA	K14-29	4	00:01:42	00:22:50.20	+00:06:37 (29.0%)	4:34	13.1 (70.8%)
35	ŻUCHLIŃSKI Bogdan	126		M 40-49	12	00:01:47	00:22:52.45	+00:06:40 (29.2%)	4:34	13.1 (70.8%)
36	BUSZEK Bartosz	9	BSK	M 30-39	4	00:01:42	00:22:56.40	+00:06:44 (29.4%)	4:35	13.1 (70.8%)
37	DĄBROWSKI Grzegorz	16	MNC NE	M 50-59	1	00:01:45	00:22:58.40	+00:06:46 (29.5%)	4:35	13.1 (70.8%)
38	USTJANOWSKA Katarzyna	111	SIĘ WJEŻDZA!!!	K30-39	3	00:01:33	00:23:14.75	+00:07:02 (30.3%)	4:38	12.9 (69.7%)
39	KOSIOR Krystian	12	SPORTOWY WANDZIN	M14-29	15	00:01:31	00:23:18.50	+00:07:06 (30.5%)	4:39	12.9 (69.7%)
40	PAWŁOWSKI Mariusz	70	KB BIAŁY BÓR	M 40-49	13	00:01:51	00:23:24.10	+00:07:11 (30.8%)	4:40	12.8 (69.2%)
41	NAPIERAJ Zuzanna	60	ZS7 BIAŁY BÓR	K14-29	5	00:01:32	00:23:30.05	+00:07:17 (31.0%)	4:42	12.8 (69.2%)
42	JARZYŃSKI Natan	29	SPORTOWY WANDZIN	M14-29	16	00:01:47	00:23:42.50	+00:07:30 (31.7%)	4:44	12.7 (68.6%)
43	GÓRALSKA Monika	24	BIAŁOGARD BIEGA	K 40-49	1	00:01:47	00:23:46.40	+00:07:34 (31.8%)	4:45	12.6 (68.1%)
44	WRÓBEL Kalina	117	ZS7 BIAŁY BÓR	K14-29	6	00:01:31	00:23:49.20	+00:07:36 (32.0%)	4:45	12.6 (68.1%)
45	KOWALSKI Kamil	38	ZS7 BIAŁY BÓR	M14-29	17	00:01:54	00:24:33.60	+00:08:21 (34.0%)	4:54	12.2 (65.9%)
46	BŁASZKIEWICZ Mateusz	4		M 30-39	5	00:01:39	00:24:41.55	+00:08:29 (34.4%)	4:56	12.2 (65.9%)
47	JANKOWSKA Monika	28	ZS7 BIAŁY BÓR	K30-39	4	00:01:40	00:24:42.85	+00:08:30 (34.4%)	4:56	12.1 (65.4%)
48	ZAKIELARZ Anna	118	TEAM TERMINATORUN	K 40-49	2	00:01:44	00:24:54.30	+00:08:42 (34.9%)	4:58	12 (64.9%)
49	BANIA Edward	2		M 50-59	2	00:01:54	00:25:20.85	+00:09:08 (36.1%)	5:04	11.8 (63.8%)
50	SŁUPECKA Aneta	93		K30-39	5	00:02:09	00:25:24.15	+00:09:11 (36.2%)	5:04	11.8 (63.8%)
51	BUTOWICZ Adam	10		M 60-69	1	00:01:50	00:25:28.35	+00:09:16 (36.4%)	5:05	11.8 (63.8%)
52	STAŚ Adrianna	98		K14-29	7	00:01:43	00:25:33.35	+00:09:21 (36.6%)	5:06	11.7 (63.2%)
53	JAWORSKI Mateusz	30	SPORTOWY WANDZIN	M14-29	18	00:01:49	00:25:33.70	+00:09:21 (36.6%)	5:06	11.7 (63.2%)
54	OMELIANSKYI Oleh	68	SKS 'SZEWCZENKO BIAŁY BÓR'	M14-29	19	00:01:15	00:25:59.05	+00:09:46 (37.6%)	5:11	11.5 (62.2%)
55	LENARTOWICZ Stanisław	51		M 60-69	2	00:01:55	00:26:17.85	+00:10:05 (38.4%)	5:15	11.4 (61.6%)
56	KILINOWSKI Łukasz	35		M 40-49	14	00:01:51	00:26:27.50	+00:10:15 (38.8%)	5:17	11.3 (61.1%)
57	MYSZEWSKI Sebastian	59	SPORTOWY WANDZIN	M 30-39	6	00:01:45	00:27:19.85	+00:11:07 (40.7%)	5:27	11 (59.5%)
58	DĄBROWSKA Katarzyna	15		K 40-49	3	00:01:55	00:27:27.15	+00:11:14 (41.0%)	5:29	10.9 (58.9%)
59	SUCHANOWSKA Anna	101	RESPECT LOTYŃ	K 50-59	1	00:02:04	00:27:43.65	+00:11:31 (41.6%)	5:32	10.8 (58.4%)
60	BORDUN Nikodem	5	KLUB KAJAKOWY HUBERTUS	M14-29	20	00:01:50	00:28:08.15	+00:11:55 (42.4%)	5:37	10.7 (57.8%)
61	PIEKARSKI Wiktor	31	SPORTOWY WANDZIN	M14-29	21	00:02:06	00:28:27.10	+00:12:14 (43.0%)	5:41	10.5 (56.8%)
62	SŁUPECKI Maciej	94		M 30-39	7	00:02:08	00:28:30.70	+00:12:18 (43.2%)	5:42	10.5 (56.8%)
63	POLANOWSKA Angelika	79		K30-39	6	00:01:51	00:28:34.85	+00:12:22 (43.3%)	5:42	10.5 (56.8%)
64	CZEREŚNIAK Iwona	13		K 50-59	2	00:02:05	00:28:59.50	+00:12:47 (44.1%)	5:47	10.4 (56.2%)
65	KURAS Katarzyna	46	HUZIA	K 40-49	4	00:01:59	00:29:10.80	+00:12:58 (44.5%)	5:50	10.3 (55.7%)
66	FELSKA Katarzyna	18		K30-39	7	00:02:17	00:30:00.60	+00:13:48 (46.0%)	6:00	10 (54.1%)
67	KOZIOŁ Magdalena	40		K30-39	8	00:02:16	00:30:00.70	+00:13:48 (46.0%)	6:00	10 (54.1%)
68	PEEK Paulina	37	SPORTOWY WANDZIN	K14-29	8	00:02:06	00:33:59.30	+00:17:47 (52.3%)	6:47	8.8 (47.6%)