



## CROSS CENTAURA - BIEG 5 KM

B4SPORT

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

XII CROSS CENTAURA  
Gmina Biały Bór  
2024-10-12  
Biały Bór  
5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	SIÓDIAK Igor	102	7PRO SIÓDIAK TEAM	M14-29	1	00:17:54.35		3:34	16.8 (100%)
2	KASIELSKI Rafał	35	TEAM TERMINATORUN	M14-29	2	00:17:55.30	+00:00:00 (0.1%)	3:35	16.7 (99.4%)
3	GAŁCZYŃSKI Mikołaj	21	7PROTEAM SZCZECINEK	M14-29	3	00:17:55.40	+00:00:01 (0.1%)	3:35	16.7 (99.4%)
4	PURGAL Hubert	94	PENTATHLON SZCZECINEK	M14-29	4	00:18:32.50	+00:00:38 (3.4%)	3:42	16.2 (96.4%)
5	HOFMAN Dariusz	28	TEAM TERMINATORUN	M40-49	1	00:18:43.50	+00:00:49 (4.4%)	3:44	16 (95.2%)
6	BŁASZCZYK Piotr	6		M40-49	2	00:18:45.75	+00:00:51 (4.6%)	3:45	16 (95.2%)
7	ZGLINICKI Dariusz	125	ZS7 BIAŁY BÓR	M14-29	5	00:19:21.75	+00:01:27 (7.5%)	3:52	15.5 (92.3%)
8	SŁUPCZEWSKI Krzysztof	104	TKKF KOSZALIN	M40-49	3	00:19:33.75	+00:01:39 (8.5%)	3:54	15.3 (91.1%)
9	MAJKOWICZ Rafał	56	BIEGOLAS	M30-39	1	00:20:03.50	+00:02:09 (10.7%)	4:00	15 (89.3%)
10	JĘDRZEJEWSKI Łukasz	33		M40-49	4	00:20:09.50	+00:02:15 (11.2%)	4:01	14.9 (88.7%)
11	OGONOWSKI Marek	69	BOJOWI AMATORZY	M50-59	1	00:20:52.55	+00:02:58 (14.2%)	4:10	14.4 (85.7%)
12	KULBAKA Joanna	48		K14-29	1	00:21:14.75	+00:03:20 (15.7%)	4:14	14.1 (83.9%)
13	KIJEWSKI Arkadiusz	25	SPORTOWY WANDZIN	M30-39	2	00:21:23.40	+00:03:29 (16.3%)	4:16	14 (83.3%)
14	DYLEWSKI Tomasz	19		M30-39	3	00:21:34.80	+00:03:40 (17.0%)	4:18	13.9 (82.7%)
15	POLACZEK Jakub	89	TEAM TERMINATORUN	M14-29	6	00:22:03.25	+00:04:08 (18.8%)	4:24	13.6 (81.0%)
16	SOKÓLSKA Oliwia	106	7PROTEAM SZCZECINEK	K14-29	2	00:23:20.85	+00:05:26 (23.3%)	4:40	12.9 (76.8%)
17	KRUKOWSKA-MIKUSZEWSKA Magdalena	45		K30-39	1	00:23:33.25	+00:05:38 (24.0%)	4:42	12.7 (75.6%)
18	KASPRZYK Bogdan	36	KS WILKI POMORSKIE	M50-59	2	00:23:38.70	+00:05:44 (24.3%)	4:43	12.7 (75.6%)
19	WINIECKI Rafał	120	BOJOWI AMATORZY	M14-29	7	00:23:47.10	+00:05:52 (24.7%)	4:45	12.6 (75.0%)
20	PELA Jan	76	LKS HUBERTUS	Drużynowa	1	00:23:48.95	+00:05:54 (24.8%)	4:45	12.6 (75.0%)
21	TOMKOWSKI Krzysztof	115		M30-39	4	00:24:09.80	+00:06:15 (25.9%)	4:49	12.4 (73.8%)
22	GRUNWALD Karolina	155		K30-39	2	00:24:15.65	+00:06:21 (26.2%)	4:51	12.4 (73.8%)
23	ANTONIAK Krzysztof	2	BOJOWI AMATORZY	M40-49	5	00:24:53.45	+00:06:59 (28.1%)	4:58	12.1 (72.0%)
24	GRABCZEWSKA Ewa	24	BOJOWI AMATORZY	K30-39	3	00:25:02.70	+00:07:08 (28.5%)	5:00	12 (71.4%)
25	PURGAL Dariusz	95		M40-49	6	00:25:05.65	+00:07:11 (28.6%)	5:01	12 (71.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
26	<b>KOWARA Małgorzata</b>	<b>40</b>	TEAM BIEGOWY SZCZECINEK	K30-39	4	<b>00:25:20.75</b>	+00:07:26 (29.4%)	5:04	11.8 (70.2%)
27	<b>PELA Olga</b>	<b>78</b>	BUKOWY LIŚĆ	K30-39	5	<b>00:25:34.35</b>	+00:07:40 (30.0%)	5:06	11.7 (69.6%)
28	<b>PELA Leon</b>	<b>77</b>	ZKS MIASTKO	Drużynowa	2	<b>00:25:34.55</b>	+00:07:40 (30.0%)	5:06	11.7 (69.6%)
29	<b>LERCH Kaja</b>	<b>54</b>		K40-49	1	<b>00:25:36.55</b>	+00:07:42 (30.1%)	5:07	11.7 (69.6%)
30	<b>JANICKI Paweł</b>	<b>30</b>		M30-39	5	<b>00:25:46.25</b>	+00:07:51 (30.5%)	5:09	11.6 (69.0%)
31	<b>BOGACKA Lucyna</b>	<b>7</b>	TKKF KOSZALIN	Drużynowa	3	<b>00:25:47.75</b>	+00:07:53 (30.6%)	5:09	11.6 (69.0%)
32	<b>KURAS Wojciech</b>	<b>49</b>	KS KURAS	M40-49	7	<b>00:25:59.40</b>	+00:08:05 (31.1%)	5:11	11.5 (68.5%)
33	<b>ZAKIELARZ Anna</b>	<b>123</b>	TEAM TERMINATORUN	K40-49	2	<b>00:26:08.35</b>	+00:08:14 (31.5%)	5:13	11.5 (68.5%)
34	<b>PONICHTERA Anna</b>	<b>90</b>		K40-49	3	<b>00:26:26.85</b>	+00:08:32 (32.3%)	5:17	11.3 (67.3%)
35	<b>SŁUPCZEWSKA Małgorzata</b>	<b>103</b>	AUTO STORE	K40-49	4	<b>00:26:45.30</b>	+00:08:50 (33.1%)	5:21	11.2 (66.7%)
36	<b>SUPROŃ Justyna</b>	<b>112</b>		K30-39	6	<b>00:27:30.55</b>	+00:09:36 (34.9%)	5:30	10.9 (64.9%)
37	<b>KOTOWSKA Andżelika</b>	<b>39</b>		K14-29	3	<b>00:27:33.45</b>	+00:09:39 (35.0%)	5:30	10.9 (64.9%)
38	<b>RADOTA Łukasz</b>	<b>101</b>	SPORTOWY WANDZIN	Drużynowa	4	<b>00:27:45.25</b>	+00:09:50 (35.5%)	5:33	10.8 (64.3%)
39	<b>KURAS Stanisław</b>	<b>51</b>	KS KURAS	M14-29	8	<b>00:28:07.80</b>	+00:10:13 (36.3%)	5:37	10.7 (63.7%)
40	<b>KURAS Zofia</b>	<b>52</b>	KS KURAS	K14-29	4	<b>00:28:16.65</b>	+00:10:22 (36.7%)	5:39	10.6 (63.1%)
41	<b>STALUSZKA Dariusz</b>	<b>109</b>	21.BLT	M50-59	3	<b>00:28:28.10</b>	+00:10:33 (37.1%)	5:41	10.5 (62.5%)
42	<b>SOKÓLSKI Piotr</b>	<b>107</b>		M40-49	8	<b>00:28:54.10</b>	+00:10:59 (38.0%)	5:46	10.4 (61.9%)
43	<b>PAWŁOWSKI Mariusz</b>	<b>74</b>	CENTAUR BIAŁY BÓR	M40-49	9	<b>00:29:16.85</b>	+00:11:22 (38.8%)	5:51	10.3 (61.3%)
44	<b>ORLIK Grzegorz</b>	<b>70</b>		M40-49	10	<b>00:29:38.25</b>	+00:11:43 (39.6%)	5:55	10.1 (60.1%)
45	<b>ORLIK Iza</b>	<b>71</b>		K30-39	7	<b>00:29:38.30</b>	+00:11:43 (39.6%)	5:55	10.1 (60.1%)
46	<b>BUTOWICZ Adam</b>	<b>12</b>		M60-69	1	<b>00:30:11.10</b>	+00:12:16 (40.7%)	6:02	9.9 (58.9%)
47	<b>POSPIESZNA Sandra</b>	<b>92</b>		K30-39	8	<b>00:30:13.00</b>	+00:12:18 (40.7%)	6:02	9.9 (58.9%)
48	<b>BRUSKI Beniamin</b>	<b>11</b>	S&B	M40-49	11	<b>00:30:13.15</b>	+00:12:18 (40.7%)	6:02	9.9 (58.9%)
49	<b>JĘDRZEJEWSKA Justyna</b>	<b>32</b>		K30-39	9	<b>00:30:52.10</b>	+00:12:57 (42.0%)	6:10	9.7 (57.7%)
50	<b>PIETRZYCKI Andrzej</b>	<b>83</b>		Drużynowa	5	<b>00:31:16.10</b>	+00:13:21 (42.7%)	6:15	9.6 (57.1%)
51	<b>KURAS Katarzyna</b>	<b>53</b>	KS KURAS	K40-49	5	<b>00:32:27.10</b>	+00:14:32 (44.8%)	6:29	9.2 (54.8%)
52	<b>CZEREŚNIAK Iwona</b>	<b>13</b>	RUNDORFINA	K50-59	1	<b>00:32:34.65</b>	+00:14:40 (45.0%)	6:30	9.2 (54.8%)
53	<b>BUKALSKI Radosław</b>	<b>91</b>	SPORTOWY WANDZIN	M14-29	9	<b>00:34:42.60</b>	+00:16:48 (48.4%)	6:56	8.6 (51.2%)
54	<b>KAMIŃSKI Paweł</b>	<b>98</b>	SPORTOWY WANDZIN	M30-39	6	<b>00:34:42.90</b>	+00:16:48 (48.4%)	6:56	8.6 (51.2%)
55	<b>JASTROWSKA Alicja</b>	<b>31</b>		K30-39	10	<b>00:35:19.40</b>	+00:17:25 (49.3%)	7:03	8.5 (50.6%)
56	<b>MICHAŁKIEWICZ Kamila</b>	<b>62</b>		K30-39	11	<b>00:35:20.20</b>	+00:17:25 (49.3%)	7:04	8.5 (50.6%)
57	<b>KOZIOŁ Magdalena</b>	<b>41</b>		K30-39	12	<b>00:35:28.75</b>	+00:17:34 (49.5%)	7:05	8.5 (50.6%)
58	<b>KURAS Hanna</b>	<b>50</b>	KS KURAS	K14-29	5	<b>00:35:29.10</b>	+00:17:34 (49.5%)	7:05	8.5 (50.6%)
59	<b>PASEK Karolina</b>	<b>73</b>		K30-39	13	<b>00:35:37.10</b>	+00:17:42 (49.7%)	7:07	8.4 (50.0%)
60	<b>PIETRZYCKA Edyta</b>	<b>81</b>		K40-49	6	<b>00:37:37.35</b>	+00:19:43 (52.4%)	7:31	8 (47.6%)
61	<b>PIETRZYCKI Dariusz</b>	<b>82</b>		M40-49	12	<b>00:37:37.45</b>	+00:19:43 (52.4%)	7:31	8 (47.6%)
62	<b>SZOFER Bartosz</b>	<b>114</b>	SPORTOWY WANDZIN	M14-29	10	<b>00:43:26.90</b>	+00:25:32 (58.8%)	8:41	6.9 (41.1%)
63	<b>PEEK Paulina</b>	<b>75</b>	SPORTOWY WANDZIN	K14-29	6	<b>00:43:27.00</b>	+00:25:32 (58.8%)	8:41	6.9 (41.1%)

Znaleziono 63 wynik(ów)