

CROSS-COUNTRY DAY IN SŁUPSK

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator:

Fundacja "Sub ventum" w Słupsku

Data:

2023-04-15

Miejsce:

Słupsk

Dystans:

5 km



Klasyfikacja: Bieg -K (A)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	DOMARUS Kamila	25		Bieg -K (A)	1	00:32:33.66		6:30	9.2 (100%)
2	RACZYŃSKA Anna	88	7BOW	Bieg -K (A)	2	00:35:38.43	+00:03:04 (8.6%)	7:07	8.4 (91.3%)
3	ZAWIEROWSKA Ewelina	123		Bieg -K (A)	3	00:36:11.70	+00:03:38 (10.0%)	7:14	8.3 (90.2%)
4	GAWEŁ Iza	33	ANANASY Z 3 FAL	Bieg -K (A)	4	00:38:25.67	+00:05:52 (15.3%)	7:41	7.8 (84.8%)
5	GRABOWSKA Kinga	36		Bieg -K (A)	5	00:38:58.93	+00:06:25 (16.5%)	7:47	7.7 (83.7%)
6	SZYBUT Wioleta	108	ŻÓŁWIK	Bieg -K (A)	6	00:39:05.41	+00:06:31 (16.7%)	7:49	7.7 (83.7%)
7	KĘSIK Agnieszka	49	ŚWIAT PŁYTEK U KRYSPINA	Bieg -K (A)	7	00:39:44.00	+00:07:10 (18.1%)	7:56	7.6 (82.6%)
8	OSOWSKA Magdalena	79		Bieg -K (A)	8	00:41:15.73	+00:08:42 (21.1%)	8:15	7.3 (79.3%)
9	NAZARKO Małgorzata	70		Bieg -K (A)	9	00:42:47.88	+00:10:14 (23.9%)	8:33	7 (76.1%)
10	KOSIOR Julia	56		Bieg -K (A)	10	00:44:21.15	+00:11:47 (26.6%)	8:52	6.8 (73.9%)
11	RZECZKOWSKA Edyta	92	KB SPOKO SŁAWNO	Bieg -K (A)	11	00:45:17.86	+00:12:44 (28.1%)	9:03	6.6 (71.7%)
12	WILKOWSKA Marta	119		Bieg -K (A)	12	00:45:30.15	+00:12:56 (28.4%)	9:06	6.6 (71.7%)
13	BORODZIUK Aneta	12		Bieg -K (A)	13	00:46:22.03	+00:13:48 (29.8%)	9:16	6.5 (70.7%)
14	SHURYHA Karina	95		Bieg -K (A)	14	00:46:33.25	+00:13:59 (30.1%)	9:18	6.4 (69.6%)
15	KLEJDYSZ Beata	50		Bieg -K (A)	15	00:46:33.59	+00:13:59 (30.1%)	9:18	6.4 (69.6%)
16	CHYLEWSKA-MUCHA Aleksandra	20		Bieg -K (A)	16	00:46:56.63	+00:14:22 (30.6%)	9:23	6.4 (69.6%)
17	CHYLEWSKA Aleksandra	19		Bieg -K (A)	17	00:46:59.67	+00:14:26 (30.7%)	9:23	6.4 (69.6%)
18	FRUBA Karina	31	STOPA SŁUPSK	Bieg -K (A)	18	00:47:43.98	+00:15:10 (31.8%)	9:32	6.3 (68.5%)
19	TRUSIAK Agnieszka	112	NIGHT WOLVES ULTRA RUNNERS	Bieg -K (A)	19	00:49:10.52	+00:16:36 (33.8%)	9:50	6.1 (66.3%)
20	SZYBILSKA Martyna	106		Bieg -K (A)	20	00:52:34.97	+00:20:01 (38.1%)	10:30	5.7 (62.0%)
21	ZABORSKA Magdalena	122		Bieg -K (A)	21	00:53:24.81	+00:20:51 (39.0%)	10:40	5.6 (60.9%)
22	WIŚNIEWSKA Dorota	120		Bieg -K (A)	22	00:53:25.40	+00:20:51 (39.1%)	10:41	5.6 (60.9%)
23	SZYBILSKA Monika	104		Bieg -K (A)	23	00:54:19.52	+00:21:45 (40.1%)	10:51	5.5 (59.8%)
24	PŁODZIEN Karolina	85		Bieg -K (A)	24	00:54:24.08	+00:21:50 (40.1%)	10:52	5.5 (59.8%)
25	ZIĘBA Agnieszka	126		Bieg -K (A)	25	00:55:48.48	+00:23:14 (41.7%)	11:09	5.4 (58.7%)
26	DROŻDŻ Zuzanna	26	WILKI Z ZAGÓRZYCY	Bieg -K (A)	26	00:56:00.81	+00:23:27 (41.9%)	11:12	5.4 (58.7%)

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27	PAŁUCKA Lena	80	WILKI Z ZAGÓRZYCY	Bieg -K (A)	27	00:56:05.98	+00:23:32 (42.0%)	11:13	5.3 (57.6%)
28	MARCZAK Małgorzata	66	WPK SŁOŃ TEAM	Bieg -K (A)	28	00:56:22.11	+00:23:48 (42.2%)	11:16	5.3 (57.6%)
29	MAJKOWSKA Anita	64	ŻÓŁWIK	Bieg -K (A)	29	00:56:23.67	+00:23:50 (42.3%)	11:16	5.3 (57.6%)
30	KAPCZYŃSKI Kacper	45	WILKI Z ZAGÓRZYCY	Bieg -K (A)	30	00:56:38.43	+00:24:04 (42.5%)	11:19	5.3 (57.6%)
31	LEWANDOWSKA Agata	60		Bieg -K (A)	31	00:59:06.03	+00:26:32 (44.9%)	11:49	5.1 (55.4%)
32	STOLARCZYK Nikola	102		Bieg -K (A)	32	00:59:11.28	+00:26:37 (45.0%)	11:50	5.1 (55.4%)
33	DALIDOWICZ Natalia	23		Bieg -K (A)	33	01:00:07.51	+00:27:33 (45.8%)	12:01	5 (54.3%)
34	JASKULSKA Maja	44		Bieg -K (A)	34	01:00:07.70	+00:27:34 (45.8%)	12:01	5 (54.3%)
35	FELIŃSKA Anna	29	RUCH TO ŻYCIE	Bieg -K (A)	35	01:01:21.27	+00:28:47 (46.9%)	12:16	4.9 (53.3%)
36	BORKOWSKA Ewa	10		Bieg -K (A)	36	01:01:21.99	+00:28:48 (46.9%)	12:16	4.9 (53.3%)
37	BIELICZ Justyna	8		Bieg -K (A)	37	01:06:53.20	+00:34:19 (51.3%)	13:22	4.5 (48.9%)
38	OLIINYK Mariia	74		Bieg -K (A)	38	01:09:46.31	+00:37:12 (53.3%)	13:57	4.3 (46.7%)
39	ŁACHUT Sabina	61		Bieg -K (A)	39	01:10:55.11	+00:38:21 (54.1%)	14:11	4.2 (45.7%)

Znaleziono 39 wynik(ów)