



**Wydarzenie:** Cross Jarka  
**Organizator:** Brzoza Biega  
**Data:** 2021-05-15  
**Miejsce:** Brzoza  
**Dystans:** 12 km

# CROSS JARKA - BIEG

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Dyscyplina	Czas netto 12km	Różn	Tempo min/km	Tempo km/h
1	<b>PAWŁOWSKI Tomasz</b>	<b>97</b>		M-20	1	bieg	<b>00:47:10.55</b>		3:55	15.3 (100%)
2	<b>POLANSKI Tomasz</b>	<b>124</b>	NIEMCZ RUN	M-40	1		<b>00:47:33.10</b>	+00:00:22 (0.8%)	3:57	15.1 (98.7%)
3	<b>KRYSKE Bartosz</b>	<b>114</b>	SPÓJNIA BIAŁE BŁOTA	M-30	1	bieg	<b>00:48:08.35</b>	+00:00:57 (2.0%)	4:00	15 (98.0%)
4	<b>KOWALCZYK Marek</b>	<b>86</b>	BRZOZA BIEGA	M-40	2	bieg	<b>00:48:35.00</b>	+00:01:24 (2.9%)	4:02	14.8 (96.7%)
5	<b>RYCHTER Karol</b>	<b>72</b>	THE RYCHTERS	M-40	3	bieg	<b>00:48:58.60</b>	+00:01:48 (3.7%)	4:04	14.7 (96.1%)
6	<b>SENGER Michał</b>	<b>83</b>	PAŁUKI RUNNING TEAM	M-40	4	bieg	<b>00:50:34.50</b>	+00:03:23 (6.7%)	4:12	14.2 (92.8%)
7	<b>SIKUT Arkadiusz</b>	<b>59</b>	PODGÓRZ TORUŃ	M-40	5	bieg	<b>00:50:46.45</b>	+00:03:35 (7.1%)	4:13	14.2 (92.8%)
8	<b>KUŁAKOWSKI Krzysztof</b>	<b>95</b>	CORTEZ TRIATHLON TEAM	M-30	2	bieg	<b>00:51:36.95</b>	+00:04:26 (8.6%)	4:18	14 (91.5%)
9	<b>KOTULA Sławomir</b>	<b>65</b>		M-30	3	bieg	<b>00:53:01.00</b>	+00:05:50 (11.0%)	4:25	13.6 (88.9%)
10	<b>DEKA Przemysław</b>	<b>105</b>		M-30	4	bieg	<b>00:53:17.75</b>	+00:06:07 (11.5%)	4:26	13.5 (88.2%)
11	<b>CHRZAŚCZ Bartosz</b>	<b>123</b>		M-20	2		<b>00:53:34.45</b>	+00:06:23 (11.9%)	4:27	13.4 (87.6%)
12	<b>RYCHTER Marcin</b>	<b>73</b>	THE RYCHTERS	M-50	1	bieg	<b>00:53:53.15</b>	+00:06:42 (12.5%)	4:29	13.4 (87.6%)
13	<b>KRYSKE Mariusz</b>	<b>119</b>	SPÓJNIA BIAŁE BŁOTA	M-30	5	bieg	<b>00:54:01.55</b>	+00:06:51 (12.7%)	4:30	13.3 (86.9%)
14	<b>SZCZEPANIAK Cezary</b>	<b>24</b>		M-40	6	bieg	<b>00:54:11.10</b>	+00:07:00 (12.9%)	4:30	13.3 (86.9%)
15	<b>KRUPA Piotr</b>	<b>27</b>	WOODRUN	M-40	7	bieg	<b>00:54:33.65</b>	+00:07:23 (13.5%)	4:32	13.2 (86.3%)
16	<b>MENDEL Patryk</b>	<b>10</b>	SLKB/REBELIA TEAM	M-20	3	bieg	<b>00:55:27.90</b>	+00:08:17 (14.9%)	4:37	13 (85.0%)
17	<b>WIEŚLAW Stachowicz</b>	<b>120</b>	BRZOZA BIEGA	M-40	8	bieg	<b>00:55:29.75</b>	+00:08:19 (15.0%)	4:37	13 (85.0%)
18	<b>NIEDBALSKI Przemysław</b>	<b>57</b>		M-40	9	bieg	<b>00:55:36.55</b>	+00:08:26 (15.2%)	4:38	12.9 (84.3%)
19	<b>CHODKIEWICZ Tomasz</b>	<b>15</b>	GARDENFLORA MTB TEAM	M-40	10	bieg	<b>00:55:47.10</b>	+00:08:36 (15.4%)	4:38	12.9 (84.3%)
20	<b>WILLMA Jarek</b>	<b>1</b>	BRZOZA BIEGA	M-50	2	bieg	<b>00:56:42.10</b>	+00:09:31 (16.8%)	4:43	12.7 (83.0%)
21	<b>HEROLD Maciej</b>	<b>16</b>		M-30	6	bieg	<b>00:57:29.75</b>	+00:10:19 (17.9%)	4:47	12.5 (81.7%)
22	<b>MAJEWSKI Robert</b>	<b>96</b>	RUN PASJA	M-30	7	bieg	<b>00:57:42.35</b>	+00:10:31 (18.2%)	4:48	12.5 (81.7%)
23	<b>MALICKI Łukasz</b>	<b>39</b>	KLINIKA TRIATHLONU BYDGOSZCZ	M-30	8	bieg	<b>00:57:48.65</b>	+00:10:38 (18.4%)	4:49	12.5 (81.7%)
24	<b>BRZUCHALSKI Mati</b>	<b>4</b>		M-30	9	bieg	<b>00:58:03.20</b>	+00:10:52 (18.7%)	4:50	12.4 (81.0%)
25	<b>MAKOWSKI Sławomir</b>	<b>63</b>	CORTEZ TRIATHLON TEAM	M-50	3	bieg	<b>00:58:28.05</b>	+00:11:17 (19.3%)	4:52	12.3 (80.4%)
26	<b>GRZEGOCKI Piotr</b>	<b>62</b>		M-30	10	bieg	<b>00:58:37.05</b>	+00:11:26 (19.5%)	4:53	12.3 (80.4%)
27	<b>NAWROCKI Dariusz</b>	<b>36</b>		M-40	11	bieg	<b>00:58:41.05</b>	+00:11:30 (19.6%)	4:53	12.3 (80.4%)
28	<b>MUSS Aleksander</b>	<b>116</b>		M-40	12	bieg	<b>00:58:56.90</b>	+00:11:46 (20.0%)	4:54	12.2 (79.7%)
29	<b>SZKUTA Jarosław</b>	<b>14</b>	100% WITAMINY C	M-30	11	bieg	<b>00:59:08.20</b>	+00:11:57 (20.2%)	4:55	12.2 (79.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Dyscyplina	Czas netto 12km	Różn	Tempo min/km	Tempo km/h
30	<b>TOMCZYK Agata</b>	<b>8</b>	SLA POLONIA BYDGOSZCZ	K-30	1	bieg	<b>00:59:18.45</b>	+00:12:07 (20.5%)	4:56	12.1 (79.1%)
31	<b>PISARSKI Igor</b>	<b>25</b>		M-20	4	bieg	<b>00:59:33.35</b>	+00:12:22 (20.8%)	4:57	12.1 (79.1%)
32	<b>WIŚNIEWSKI Zbigniew</b>	<b>3</b>	BRZOZA BIEGA	M-50	4	bieg	<b>00:59:50.40</b>	+00:12:39 (21.2%)	4:59	12 (78.4%)
33	<b>PATYK Maciej</b>	<b>29</b>		M-30	12	bieg	<b>01:00:15.20</b>	+00:13:04 (21.7%)	5:01	12 (78.4%)
34	<b>TYJAS Magdalena</b>	<b>45</b>		K-30	2	bieg	<b>01:00:17.10</b>	+00:13:06 (21.7%)	5:01	11.9 (77.8%)
35	<b>BARSZCZEWSKI Sebastian</b>	<b>38</b>		M-40	13	bieg	<b>01:00:53.40</b>	+00:13:42 (22.5%)	5:04	11.8 (77.1%)
36	<b>PUCHACZ Marcin</b>	<b>28</b>		M-30	13	bieg	<b>01:01:05.25</b>	+00:13:54 (22.8%)	5:05	11.8 (77.1%)
37	<b>CZAJKOWSKA Sylwia</b>	<b>61</b>	#ŻÓŁTOKRÓLEWSCY	K-40	1	bieg	<b>01:01:11.00</b>	+00:14:00 (22.9%)	5:05	11.8 (77.1%)
38	<b>MACIŃSKI Waldek</b>	<b>12</b>		M-30	14	bieg	<b>01:01:38.45</b>	+00:14:27 (23.5%)	5:08	11.7 (76.5%)
39	<b>GÓRSKI Marian</b>	<b>117</b>	BRZOZA BIEGA	M-60	1	bieg	<b>01:02:04.40</b>	+00:14:53 (24.0%)	5:10	11.6 (75.8%)
40	<b>KELER Krzysztof</b>	<b>67</b>	BBL INOWROCLAW	M-20	5	bieg	<b>01:02:06.85</b>	+00:14:56 (24.0%)	5:10	11.6 (75.8%)
41	<b>PÓŁGĘSEK Bartosz</b>	<b>91</b>	HARPAGAN RUNNERS	M-30	15	bieg	<b>01:02:10.45</b>	+00:14:59 (24.1%)	5:10	11.6 (75.8%)
42	<b>MILEWSKI Zbigniew</b>	<b>71</b>	TKKF KOLEJARZ BYDGOSZCZ	M-50	5	bieg	<b>01:02:14.95</b>	+00:15:04 (24.2%)	5:11	11.6 (75.8%)
43	<b>KAZUBOWSKI Jacek</b>	<b>76</b>	TRIDARKO	M-50	6	bieg	<b>01:02:27.35</b>	+00:15:16 (24.5%)	5:12	11.5 (75.2%)
44	<b>ŻAROŃ Maciej</b>	<b>75</b>		M-30	16	bieg	<b>01:02:30.35</b>	+00:15:19 (24.5%)	5:12	11.5 (75.2%)
45	<b>JASIULEWICZ Marcin</b>	<b>115</b>		M-40	14	bieg	<b>01:02:35.50</b>	+00:15:24 (24.6%)	5:12	11.5 (75.2%)
46	<b>BRZESKI Sebastian</b>	<b>122</b>		M-40	15		<b>01:02:47.30</b>	+00:15:36 (24.9%)	5:13	11.5 (75.2%)
47	<b>NEFF Jarosław</b>	<b>106</b>		M-30	17	bieg	<b>01:02:50.85</b>	+00:15:40 (24.9%)	5:14	11.5 (75.2%)
48	<b>KOPACZEWSKI Marcin</b>	<b>23</b>	SZKOŁA JAZDY KOPACZEWSKI	M-40	16	bieg	<b>01:03:11.85</b>	+00:16:01 (25.4%)	5:15	11.4 (74.5%)
49	<b>WERNER Michał</b>	<b>46</b>	ŁABISZYN RUNNERS	M-30	18	bieg	<b>01:03:33.05</b>	+00:16:22 (25.8%)	5:17	11.3 (73.9%)
50	<b>NIEDBALSKI Grzegorz</b>	<b>107</b>	RUN BYDGOSZCZ	M-60	2	bieg	<b>01:03:54.90</b>	+00:16:44 (26.2%)	5:19	11.3 (73.9%)
51	<b>SCHRODER Jarosław</b>	<b>69</b>		M-40	17	bieg	<b>01:03:56.90</b>	+00:16:46 (26.2%)	5:19	11.3 (73.9%)
52	<b>NOWACZYK Bartosz</b>	<b>118</b>		M-30	19	bieg	<b>01:04:05.30</b>	+00:16:54 (26.4%)	5:20	11.2 (73.2%)
53	<b>GRACZ Adam</b>	<b>48</b>		M-40	18	bieg	<b>01:04:06.80</b>	+00:16:56 (26.4%)	5:20	11.2 (73.2%)
54	<b>KWIATKOWSKI Piotr</b>	<b>60</b>		M-30	20	bieg	<b>01:05:15.60</b>	+00:18:05 (27.7%)	5:26	11 (71.9%)
55	<b>CZEPEK Aleksander</b>	<b>121</b>	BRZOZA BIEGA	M-60	3	bieg	<b>01:05:37.60</b>	+00:18:27 (28.1%)	5:28	11 (71.9%)
56	<b>RYMARKIEWICZ Małgorzata</b>	<b>82</b>	KLINIKA TRIATHLONU	K-30	3	bieg	<b>01:05:43.65</b>	+00:18:33 (28.2%)	5:28	11 (71.9%)
57	<b>BURCZYK Roman</b>	<b>66</b>		M-40	19	bieg	<b>01:05:56.10</b>	+00:18:45 (28.5%)	5:29	10.9 (71.2%)
58	<b>WIDŹGOWSKI Przemysław</b>	<b>64</b>		M-40	20	bieg	<b>01:06:03.90</b>	+00:18:53 (28.6%)	5:30	10.9 (71.2%)
59	<b>MAŁKOWSKI Iwo</b>	<b>92</b>	ANTIDOTUM	M-30	21	bieg	<b>01:06:06.95</b>	+00:18:56 (28.6%)	5:30	10.9 (71.2%)
60	<b>GRZEGORZEWSKI Rafał</b>	<b>94</b>	BRZOZA BIEGA	M-40	21	bieg	<b>01:06:35.30</b>	+00:19:24 (29.2%)	5:32	10.8 (70.6%)
61	<b>NAWROCKI Marcin</b>	<b>99</b>	MOGILNO TEAM	M-40	22	bieg	<b>01:07:08.95</b>	+00:19:58 (29.7%)	5:35	10.7 (69.9%)
62	<b>BIERNAT Magdalena</b>	<b>11</b>	TG SOKÓŁ GNIEWKOWO	K-40	2	bieg	<b>01:07:32.20</b>	+00:20:21 (30.1%)	5:37	10.7 (69.9%)
63	<b>PODKÓWKA Zbigniew</b>	<b>20</b>		M-60	4	bieg	<b>01:09:07.60</b>	+00:21:57 (31.8%)	5:45	10.4 (68.0%)
64	<b>KRUSZYNA Adam</b>	<b>47</b>		M-50	7	bieg	<b>01:09:53.35</b>	+00:22:42 (32.5%)	5:49	10.3 (67.3%)
65	<b>STASZKIEWICZ Lucyna</b>	<b>35</b>	STASHKY TEAM	K-50	1	bieg	<b>01:10:36.50</b>	+00:23:25 (33.2%)	5:53	10.2 (66.7%)
66	<b>BIEGAŁA Agnieszka</b>	<b>42</b>		K-30	4	bieg	<b>01:10:59.80</b>	+00:23:49 (33.6%)	5:54	10.1 (66.0%)
67	<b>KOPACZEWSKA Agnieszka</b>	<b>22</b>	SZKOŁA JAZDY KOPACZEWSKI	K-40	3	bieg	<b>01:13:07.50</b>	+00:25:56 (35.5%)	6:05	9.8 (64.1%)
68	<b>MĘTEL Laura</b>	<b>37</b>	ŁABISZYN RUNNERS	K-20	1	bieg	<b>01:13:26.50</b>	+00:26:15 (35.8%)	6:07	9.8 (64.1%)
69	<b>CZYŻEWSKA Justyna</b>	<b>30</b>		K-30	5	bieg	<b>01:13:48.10</b>	+00:26:37 (36.1%)	6:09	9.8 (64.1%)
70	<b>GRUDA Mirosław</b>	<b>9</b>		M-60	5	bieg	<b>01:14:19.95</b>	+00:27:09 (36.5%)	6:11	9.7 (63.4%)
71	<b>SKRZATEK Anna</b>	<b>113</b>		K-40	4	bieg	<b>01:14:31.05</b>	+00:27:20 (36.7%)	6:12	9.7 (63.4%)
72	<b>NADRAJKOWSKA Joanna</b>	<b>26</b>		K-30	6	bieg	<b>01:14:44.95</b>	+00:27:34 (36.9%)	6:13	9.6 (62.7%)
73	<b>ADASZAK Katarzyna</b>	<b>32</b>		K-40	5	bieg	<b>01:14:54.70</b>	+00:27:44 (37.0%)	6:14	9.6 (62.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Dyscyplina	Czas netto 12km	Różn	Tempo min/km	Tempo km/h
74	<b>GIERSZEWSKA Grażyna</b>	<b>77</b>		K-50	2	bieg	<b>01:15:40.85</b>	+00:28:30 (37.7%)	6:18	9.5 (62.1%)
75	<b>ZAMIATOWSKA Kinga</b>	<b>40</b>	NARTOROLKI.PL BDG	K-40	6	bieg	<b>01:15:57.25</b>	+00:28:46 (37.9%)	6:19	9.5 (62.1%)
76	<b>PASZKIET Witold</b>	<b>54</b>	TKKF KOLEJARZ BYDGOSZCZ	M-60	6	bieg	<b>01:17:00.75</b>	+00:29:50 (38.7%)	6:25	9.4 (61.4%)
77	<b>MUSIAŁ Artur</b>	<b>50</b>		M-50	8	bieg	<b>01:17:32.45</b>	+00:30:21 (39.2%)	6:27	9.3 (60.8%)
78	<b>NIEDBALSKA Anna</b>	<b>56</b>		K-50	3	bieg	<b>01:19:16.40</b>	+00:32:05 (40.5%)	6:36	9.1 (59.5%)
79	<b>SZAFKOWSKI Arkadiusz</b>	<b>41</b>		M-40	23	bieg	<b>01:19:42.95</b>	+00:32:32 (40.8%)	6:38	9 (58.8%)
80	<b>ANDRZEJEWSKI Ryszard</b>	<b>125</b>		M-70	1		<b>01:21:21.80</b>	+00:34:11 (42.0%)	6:46	8.9 (58.2%)
81	<b>WERNER Maja</b>	<b>68</b>	ŁABISZYN RUNNERS	K-20	2	bieg	<b>01:21:31.00</b>	+00:34:20 (42.1%)	6:47	8.8 (57.5%)
82	<b>WALEWSKI Andrzej</b>	<b>112</b>	STOWARZYSZENIE KRWIODAWCOW FARA	M-30	22	bieg	<b>01:22:14.10</b>	+00:35:03 (42.6%)	6:51	8.8 (57.5%)
83	<b>GROBELNA Monika</b>	<b>7</b>		K-30	7	bieg	<b>01:22:23.80</b>	+00:35:13 (42.7%)	6:51	8.7 (56.9%)
84	<b>PÓŁGĘSEK Rafał</b>	<b>85</b>		M-40	24	bieg	<b>01:22:46.70</b>	+00:35:36 (43.0%)	6:53	8.7 (56.9%)
85	<b>SIERANT Marian</b>	<b>31</b>		M-60	7	bieg	<b>01:23:28.30</b>	+00:36:17 (43.5%)	6:57	8.6 (56.2%)
86	<b>BADOWSKI Krzysztof</b>	<b>88</b>	KSN ŁUCZNICZKA OCULUS BYDGOSZCZ	M-50	9	bieg	<b>01:25:17.25</b>	+00:38:06 (44.7%)	7:06	8.4 (54.9%)
87	<b>PIONTEK Elżbieta</b>	<b>21</b>		K-60	1	bieg	<b>01:27:05.05</b>	+00:39:54 (45.8%)	7:15	8.3 (54.2%)
88	<b>PISKORSKA Marta</b>	<b>43</b>		K-40	7	bieg	<b>01:35:36.55</b>	+00:48:26 (50.7%)	7:58	7.5 (49.0%)
89	<b>ZI Justyna</b>	<b>44</b>		K-40	8	bieg	<b>01:35:37.05</b>	+00:48:26 (50.7%)	7:58	7.5 (49.0%)
90	<b>GRACZYKOWSKA Anna</b>	<b>108</b>	BBKTS	K-30	8	bieg	<b>01:38:23.00</b>	+00:51:12 (52.0%)	8:11	7.3 (47.7%)
91	<b>LENC Janusz</b>	<b>51</b>	TKKF KOLEJARZ BYDGOSZCZ	M-60	8	bieg	<b>01:39:02.35</b>	+00:51:51 (52.4%)	8:15	7.3 (47.7%)
92	<b>ANGIEL Władysław</b>	<b>52</b>	TKKF KOLEJARZ BYDGOSZCZ	M-70	2	bieg	<b>01:39:09.10</b>	+00:51:58 (52.4%)	8:15	7.3 (47.7%)
93	<b>AWIŻEŃ Antoni</b>	<b>53</b>	TKKF KOLEJARZ BYDGOSZCZ	M-70	3	bieg	<b>01:47:07.75</b>	+00:59:57 (56.0%)	8:55	6.7 (43.8%)
94	<b>NOWAK - WIECZOREK Elwira</b>	<b>101</b>	ELWIRA & SEBASTIAN	K-30	9	bieg	<b>02:02:54.10</b>	+01:15:43 (61.6%)	10:14	5.9 (38.6%)
95	<b>WIECZOREK Sebastian</b>	<b>102</b>	ELWIRA & SEBASTIAN	M-30	23	bieg	<b>02:02:55.10</b>	+01:15:44 (61.6%)	10:14	5.9 (38.6%)
96	<b>SOKOŁOWSKI Tomasz</b>	<b>5</b>	KLINIKA TRIATHLONU	M-30	24	bieg				(0.0%)
97	<b>LUTOWSKI Wojciech</b>	<b>34</b>	TKKF KOLEJARZ BYDGOSZCZ	M-30	25	bieg				(0.0%)

Znaleziono 97 wynik(ów)