



# CROSS KAMPINOS | MARATON KRÓL PUSZCZY 42KM

B4SPORT

**Event:** III Cross Kampinos  
**Organiser:** FUNDACJA W PODSKOKACH  
**Date:** 2024-05-25  
**Place:** Laski  
**Distance:** 42 km

**B4SPORT**  
INTELEKTNE ZAWODY SPORTOWE

Classification: M30

Place	Participant	Number	Club	Category	MCat	Drużyna 1	Net time 42km	Czas brutto 42km	Gap	Pace min/km	Pace km/h
1	<b>GORZELAŃCZYK Jakub</b>	<b>829</b>	MKS SIECHNICE	M30	1		<b>02:48:57.90</b>	<b>02:49:00.00</b>		4:01	14.9 (100%)
2	<b>BARANOWSKI Andrzej</b>	<b>802</b>	TRIWAWA	M30	2		<b>03:28:46.60</b>	<b>03:28:56.20</b>	+00:39:56 (19.1%)	4:58	12.1 (81.2%)
3	<b>JANISZEWSKI Szymon</b>	<b>836</b>		M30	3		<b>03:42:51.85</b>	<b>03:42:58.50</b>	+00:53:58 (24.2%)	5:18	11.3 (75.8%)
4	<b>ROSŁOŃSKI Maciej</b>	<b>901</b>		M30	4		<b>03:47:03.80</b>	<b>03:47:06.80</b>	+00:58:06 (25.6%)	5:24	11.1 (74.5%)
5	<b>LIPIŃSKI Bartosz</b>	<b>862</b>	LONG ISLAND ICED TEAM	M30	5	Long Island Iced Team	<b>03:49:19.40</b>	<b>03:49:24.05</b>	+01:00:24 (26.3%)	5:27	11 (73.8%)
6	<b>LIPIŃSKI Hubert</b>	<b>861</b>	LONG ISLAND ICED TEAM	M30	6	Long Island Iced Team	<b>03:54:23.45</b>	<b>03:54:28.10</b>	+01:05:28 (27.9%)	5:34	10.8 (72.5%)
7	<b>ŚWIĘTOCHOWSKI Jarosław</b>	<b>923</b>	BESTIE OCR LEGIONOWO	M30	7	Bestie OCR Legionowo	<b>03:59:35.75</b>	<b>03:59:50.55</b>	+01:10:50 (29.5%)	5:42	10.5 (70.5%)
8	<b>MISZCZUK Wojciech</b>	<b>874</b>	OFENSYWA TOMASZÓW	M30	8		<b>04:00:30.75</b>	<b>04:00:33.95</b>	+01:11:33 (29.7%)	5:43	10.5 (70.5%)
9	<b>ŁUCZYNA Grzegorz</b>	<b>863</b>	POD KOCIĄ ŁAPĄ	M30	9		<b>04:16:25.80</b>	<b>04:16:34.00</b>	+01:27:34 (34.1%)	6:06	9.8 (65.8%)
10	<b>SASIN Przemysław</b>	<b>907</b>		M30	10		<b>04:17:01.65</b>	<b>04:17:05.00</b>	+01:28:05 (34.3%)	6:07	9.8 (65.8%)
11	<b>GORCZYŃSKI Wojciech</b>	<b>828</b>		M30	11		<b>04:18:12.00</b>	<b>04:18:21.00</b>	+01:29:21 (34.6%)	6:08	9.8 (65.8%)
12	<b>MAZUREK Maciej</b>	<b>871</b>	SMERFY	M30	12		<b>04:25:50.75</b>	<b>04:26:00.00</b>	+01:37:00 (36.5%)	6:19	9.5 (63.8%)
13	<b>KACZMAREK Mateusz</b>	<b>841</b>		M30	13		<b>04:25:59.25</b>	<b>04:26:09.00</b>	+01:37:09 (36.5%)	6:19	9.5 (63.8%)
14	<b>PRZYDALSKI Wojtek</b>	<b>893</b>		M30	14		<b>04:27:51.55</b>	<b>04:27:55.00</b>	+01:38:55 (36.9%)	6:22	9.4 (63.1%)
15	<b>BOSAK Hubert</b>	<b>809</b>		M30	15	Aerospace Runners	<b>04:40:13.65</b>	<b>04:40:20.00</b>	+01:51:20 (39.7%)	6:40	9 (60.4%)
16	<b>SZYMAŃSKI Ariel</b>	<b>919</b>		M30	16		<b>04:42:46.30</b>	<b>04:43:01.90</b>	+01:54:01 (40.3%)	6:43	8.9 (59.7%)
17	<b>CHYSTIKOV Artem</b>	<b>816</b>		M30	17		<b>04:45:53.05</b>	<b>04:46:04.00</b>	+01:57:04 (40.9%)	6:48	8.8 (59.1%)
18	<b>MAZLOUM Amir</b>	<b>870</b>	DAWAJ KAŁACH TEAM	M30	18		<b>04:46:10.40</b>	<b>04:46:24.00</b>	+01:57:24 (41.0%)	6:48	8.8 (59.1%)
19	<b>PAROL Piotr</b>	<b>887</b>		M30	19		<b>04:53:32.55</b>	<b>04:53:46.00</b>	+02:04:46 (42.5%)	6:59	8.6 (57.7%)
20	<b>SIEPIELSKI Damian</b>	<b>909</b>		M30	20		<b>04:57:11.55</b>	<b>04:57:18.00</b>	+02:08:18 (43.2%)	7:04	8.5 (57.0%)
21	<b>CUPRZYŃSKI Łukasz</b>	<b>818</b>	HERE WE GO AGAIN	M30	21		<b>05:00:44.25</b>	<b>05:00:52.00</b>	+02:11:52 (43.8%)	7:09	8.4 (56.4%)
22	<b>SZELAGOWSKI Michał</b>	<b>915</b>	ENDLESS PAIN	M30	22		<b>05:00:51.95</b>	<b>05:00:58.00</b>	+02:11:58 (43.8%)	7:09	8.4 (56.4%)
23	<b>RADEK Tomasz</b>	<b>895</b>		M30	23		<b>05:06:39.85</b>	<b>05:06:49.00</b>	+02:17:49 (44.9%)	7:18	8.2 (55.0%)
24	<b>RUTKOW. Michał</b>	<b>902</b>		M30	24		<b>05:10:31.20</b>	<b>05:10:40.00</b>	+02:21:40 (45.6%)	7:23	8.1 (54.4%)
25	<b>BIALORUCKI Adrian</b>	<b>804</b>		M30	25		<b>05:15:52.50</b>	<b>05:16:09.15</b>	+02:27:09 (46.5%)	7:31	8 (53.7%)
26	<b>WNUK Szymon</b>	<b>932</b>	SKPB LUBLIN	M30	26		<b>05:18:40.60</b>	<b>05:18:57.95</b>	+02:29:57 (47.0%)	7:35	7.9 (53.0%)
27	<b>SZERLE Tomasz</b>	<b>916</b>		M30	27		<b>05:43:18.85</b>	<b>05:43:30.70</b>	+02:54:30 (50.8%)	8:10	7.3 (49.0%)

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28	<b>CHILKIEWICZ Marcin</b>	<b>814</b>		M30	28		<b>05:47:02.65</b>	<b>05:47:18.25</b>	+02:58:18 (51.3%)	8:15	7.3 (49.0%)
29	<b>BOROWSKI Paweł</b>	<b>807</b>		M30	29		<b>05:52:39.35</b>	<b>05:52:52.60</b>	+03:03:52 (52.1%)	8:23	7.1 (47.7%)
30	<b>RYDEL Michał</b>	<b>903</b>		M30	30		<b>06:27:37.45</b>	<b>06:27:40.60</b>	+03:38:40 (56.4%)	9:13	6.5 (43.6%)
31	<b>KRUPIŃSKI Michał</b>	<b>855</b>		M30	31		<b>06:28:32.40</b>	<b>06:28:52.85</b>	+03:39:52 (56.5%)	9:15	6.5 (43.6%)

Total 31 results.