



# CROSS KAMPINOS | PÓŁMARATON LEŚNE OCZKO 21KM

B4SPORT

**Wydarzenie:** III Cross Kampinos  
**Organizator:** FUNDACJA W PODSKOKACH  
**Data:** 2024-05-26  
**Miejsce:** Laski  
**Dystans:** 21 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	STRUZIK Anna	491	MIKOŁAJ RACZYŃSKI	K40	1		02:08:12.90	02:08:15.10		6:06	9.8 (100%)
2	RACIBORSKA Ania	449	RUNTASTIC	K40	2		02:15:55.60	02:17:31.70	+00:09:16 (6.7%)	6:28	9.3 (94.9%)
3	MINER Beata	397		K40	3		02:20:46.10	02:20:51.85	+00:12:36 (9.0%)	6:42	9 (91.8%)
4	KUCHTA Monika	342	#HAPPYRUNNERS	K40	4		02:20:43.75	02:21:05.50	+00:12:50 (9.1%)	6:42	9 (91.8%)
5	SOBCZAK Magdalena	474		K40	5		02:24:55.10	02:25:03.15	+00:16:48 (11.6%)	6:54	8.7 (88.8%)
6	SWICARZ Monika	496		K40	6		02:25:44.40	02:25:51.55	+00:17:36 (12.1%)	6:56	8.6 (87.8%)
7	BOGDAŃSKA Anna	217	KSPZ SZARA WILCZYCA	K40	7		02:26:26.40	02:26:48.65	+00:18:33 (12.6%)	6:58	8.6 (87.8%)
8	PRZEŹDZIECKA Katarzyna	447	SMASHING PĄPKINS	K40	8	Smashing pĄpkins	02:27:16.15	02:27:27.10	+00:19:12 (13.0%)	7:00	8.6 (87.8%)
9	BULAVA Maryia	222	RUN_WAWA_RUN	K40	9		02:28:33.10	02:28:48.70	+00:20:33 (13.8%)	7:04	8.5 (86.7%)
10	RZEPECKA-GONTAR Anna	460		K40	10		02:29:05.65	02:29:12.00	+00:20:56 (14.0%)	7:05	8.5 (86.7%)
11	KOWALSKA Agata	329		K40	11		02:29:16.65	02:29:24.35	+00:21:09 (14.2%)	7:06	8.4 (85.7%)
12	LEWANDOWSKA Marzena	357	RUNTASTIC	K40	12	Runtastic	02:29:19.00	02:30:57.85	+00:22:42 (15.0%)	7:06	8.4 (85.7%)
13	PODAREWSKA-KACHLICKA Helena	442	WSPARCIETRENINGOWE.PL	K40	13		02:30:34.95	02:31:10.35	+00:22:55 (15.2%)	7:10	8.4 (85.7%)
14	PIOTROWSKA Edyta	437	BRACTWO BIEGOWE BGK	K40	14	Bractwo Biegowe BGK	02:31:01.20	02:31:13.95	+00:22:58 (15.2%)	7:11	8.3 (84.7%)
15	SZCZEPANIAK Paulina	498		K40	15		02:31:12.60	02:31:39.65	+00:23:24 (15.4%)	7:12	8.3 (84.7%)
16	NOWAK Magdalena	411		K40	16		02:32:28.65	02:32:47.00	+00:24:31 (16.1%)	7:15	8.3 (84.7%)
17	MADEJ Katarzyna	374	ALETEMPO	K40	17		02:33:58.85	02:34:17.00	+00:26:01 (16.9%)	7:19	8.2 (83.7%)
18	WALCZUK Magdalena	523		K40	18		02:37:09.95	02:37:28.65	+00:29:13 (18.6%)	7:29	8 (81.6%)
19	BASINSKA Joanna	211		K40	19		02:42:25.45	02:42:33.35	+00:34:18 (21.1%)	7:44	7.8 (79.6%)
20	CZERWIEC Magdalena	236		K40	20		02:42:42.90	02:43:13.30	+00:34:58 (21.4%)	7:44	7.7 (78.6%)
21	RĄCZKOWSKA Patrycja	453		K40	21		02:43:27.75	02:45:16.95	+00:37:01 (22.4%)	7:47	7.7 (78.6%)
22	PODLASINSKA Paulina	443		K40	22		02:45:01.10	02:45:23.95	+00:37:08 (22.5%)	7:51	7.6 (77.6%)
23	KOZANECKA - ŻARNECKA Anka	333		K40	23		02:47:03.00	02:47:33.50	+00:39:18 (23.5%)	7:57	7.5 (76.5%)
24	OCHOCKA Ewa	416		K40	24		02:49:46.15	02:50:08.20	+00:41:53 (24.6%)	8:05	7.4 (75.5%)
25	OLECH Anna	419		K40	25		03:19:58.95	03:20:33.50	+01:12:18 (36.1%)	9:31	6.3 (64.3%)
26	PAKULSKA Agata	425		K40	26		03:31:01.05	03:31:46.70	+01:23:31 (39.4%)	10:02	6 (61.2%)

Znaleziono 26 wynik(ów)