



Wydarzenie: III Cross Kampinos
Organizator: FUNDACJA W PODSKOKACH
Data: 2024-05-25
Miejsce: Laski
Dystans: 13 km

CROSS KAMPINOS | SOBOTNI BIEG 13KM

B4SPORT

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INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Czas netto 13km	Czas brutto 13km	Różn	Tempo min/km	Tempo km/h
1	DOMINIAK Michał	1022	OBOZY GÓRSKIE	M40	1		00:58:26.30	00:58:30.60		4:29	13.3 (100%)
2	ZIELIŃSKI Marcin	1125		M40	2		01:02:31.15	01:02:31.15	+00:04:00 (6.4%)	4:48	12.5 (94.0%)
3	WYSZOMIERSKI Tomasz	1122		M40	3		01:02:50.75	01:02:50.75	+00:04:20 (6.9%)	4:50	12.4 (93.2%)
4	MATUSIK Paweł	1065	WĘGROWSCY KOWBOJE	M40	4		01:09:47.50	01:10:01.90	+00:11:31 (16.5%)	5:22	11.2 (84.2%)
5	ŁAGOWSKI Krzysztof	1062		M40	5		01:10:02.15	01:10:05.70	+00:11:35 (16.5%)	5:23	11.1 (83.5%)
6	SZELAŃGOWSKI Przemysław	1105	BLICHOWO BELFER TEAM	M40	6		01:10:14.00	01:10:14.00	+00:11:43 (16.7%)	5:24	11.1 (83.5%)
7	ZIELIŃSKI Tomasz	1124	ZALATANI 1BLTR	M40	7		01:10:13.35	01:10:25.90	+00:11:55 (16.9%)	5:24	11.1 (83.5%)
8	CYMIŃSKI Łukasz	1018	STADO PĘDZĄCYCH IMADEŁ	M40	8	Stado Pędzących Imadeł	01:12:23.95	01:12:32.75	+00:14:02 (19.3%)	5:34	10.8 (81.2%)
9	GODLEWSKI Łukasz	1029		M40	9		01:12:53.55	01:12:53.55	+00:14:22 (19.7%)	5:36	10.7 (80.5%)
10	BARGENDA Łukasz	1003		M40	10		01:16:22.25	01:16:22.25	+00:17:51 (23.4%)	5:52	10.2 (76.7%)
11	KOLMUS Krzysztof	1046		M40	11		01:16:36.75	01:16:36.75	+00:18:06 (23.6%)	5:53	10.2 (76.7%)
12	UMIASTOWSKI Marcin	1115		M40	12		01:20:22.95	01:20:33.40	+00:22:02 (27.4%)	6:10	9.7 (72.9%)
13	DEMBICKY Peter	1020		M40	13		01:20:19.85	01:20:36.00	+00:22:05 (27.4%)	6:10	9.7 (72.9%)
14	PIETRZAK Sebastian	1085	SPOTT	M40	14		01:23:43.55	01:23:43.55	+00:25:12 (30.1%)	6:26	9.3 (69.9%)
15	SZUBERT Michał	1106	MOTOSZPROTY	M40	15		01:26:08.10	01:26:08.10	+00:27:37 (32.1%)	6:37	9.1 (68.4%)
16	KOWALSKI Andrzej	1049	NAPRZÓD MŁOCINY	M40	16		01:26:59.00	01:26:59.00	+00:28:28 (32.7%)	6:41	9 (67.7%)
17	STANKIEWICZ Hubert	1099	BIEGACZE Z POWSINA	M40	17	Biegacze z Powsina	01:27:53.80	01:28:09.85	+00:29:39 (33.6%)	6:45	8.9 (66.9%)
18	RUSZCZYŃSKI Tomasz	1091		M40	18		01:30:01.50	01:30:13.25	+00:31:42 (35.1%)	6:55	8.7 (65.4%)
19	SIWIŃSKI Adam	1095		M40	19		01:36:25.00	01:36:25.00	+00:37:54 (39.3%)	7:25	8.1 (60.9%)
20	LECHOWICZ Łukasz	1057		M40	20		01:37:41.00	01:37:41.00	+00:39:10 (40.1%)	7:30	8 (60.2%)
21	JAKUBOWICZ Michał	1035	AFAP	M40	21	AFAP	01:43:20.05	01:43:37.00	+00:45:06 (43.5%)	7:56	7.5 (56.4%)
22	KALICKI Wojciech	1039		M40	22		01:57:47.55	01:57:56.00	+00:59:25 (50.4%)	9:03	6.6 (49.6%)
23	CISZEWSKI Krzysztof	1017		M40	23		02:37:31.10	02:37:45.00	+01:39:14 (62.9%)	12:07	5 (37.6%)

Znaleziono 23 wynik(ów)