

# CROSS - MĘŻCZYŹNI 8KM

B4SPORT

**Wydarzenie:** MISTRZOSTWA WOT W PIĘCIOBOJU WOJSKOWYM - CROSS  
**Organizator:** Centrum Szkolenia Łączności i Informatyki  
**Data:** 2024-08-25  
**Miejsce:** Zegrze  
**Dystans:** 8 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2km	4km	6km	Czas netto 8km	Różn	Tempo min/km	Tempo km/h
1	SZER. KOKOT Daniel	155	13.ŚBOT KATOWICE			00:06:31	00:13:12	00:19:54	<b>00:26:39.41</b>		3:19	18 (100%)
2	ST. SZER. PRZYDZIAŁ Jakub	151	3.PBOT RZESZÓW			00:06:45	00:13:42	00:20:34	<b>00:27:28.88</b>	+00:00:49 (3.0%)	3:26	17.5 (97.2%)
3	ST.SZER. BURZYŃSKI Aleksander	145	7.PBOT GDAŃSK			00:07:08	00:14:30	00:21:47	<b>00:29:04.57</b>	+00:02:25 (8.3%)	3:38	16.5 (91.7%)
4	ST.SZER. GADOMSKI Paweł	131	14.ZBOT SZCZECIN			00:07:21	00:14:49	00:22:23	<b>00:29:57.34</b>	+00:03:17 (11.0%)	3:44	16 (88.9%)
5	ST.SZER. RYTLEWSKI Artur	150	10.ŚBOT KIELCE			00:07:02	00:14:40	00:22:32	<b>00:30:04.34</b>	+00:03:24 (11.4%)	3:45	16 (88.9%)
6	KPR. DŁUGOSZ Jacek	158	10.ŚBOT KIELCE			00:07:36	00:15:15	00:23:00	<b>00:30:46.97</b>	+00:04:07 (13.4%)	3:50	15.6 (86.7%)
7	ST.SZER. WOSIK Wojciech	160	10.ŚBOT KIELCE			00:07:37	00:15:22	00:23:18	<b>00:31:01.58</b>	+00:04:22 (14.1%)	3:52	15.5 (86.1%)
8	SZER. MAJOWSKI Jan	135	16.DBOT WROCŁAW			00:07:50	00:15:53	00:23:40	<b>00:31:09.86</b>	+00:04:30 (14.5%)	3:53	15.4 (85.6%)
9	ST.KPR. KRUCZKOWSKI Jakub	140	8.KPBOT BYDGOSZCZ			00:07:19	00:14:59	00:23:16	<b>00:31:24.58</b>	+00:04:45 (15.1%)	3:55	15.3 (85.0%)
10	ST.SZER. ŁUCZAK Stanisław	139	3.PBOT RZESZÓW			00:07:39	00:15:36	00:23:35	<b>00:31:31.34</b>	+00:04:51 (15.4%)	3:56	15.2 (84.4%)
11	KPR. WALAT Adrian	103	3.PBOT RZESZÓW			00:07:31	00:15:33	00:23:42	<b>00:31:34.91</b>	+00:04:55 (15.6%)	3:56	15.2 (84.4%)
12	SZER. ŚWIERCZEWSKI Marcin	127	5.MBOT CIECHANÓW			00:08:12	00:16:27	00:24:43	<b>00:32:40.10</b>	+00:06:00 (18.4%)	4:05	14.7 (81.7%)
13	ST.SZER. SABELA Łukasz	132	9.ŁBOT ŁÓDŹ			00:07:53	00:16:13	00:24:40	<b>00:32:41.92</b>	+00:06:02 (18.5%)	4:05	14.7 (81.7%)
14	ST.KPR. OLEJNICZAK Adam	116	14.ZBOT SZCZECIN			00:08:26	00:16:54	00:25:18	<b>00:33:15.34</b>	+00:06:35 (19.8%)	4:09	14.4 (80.0%)
15	SZER. ZADROGA Mariusz	106	4.WMBOT OLSZTYN			00:07:49	00:16:07	00:24:51	<b>00:33:24.64</b>	+00:06:45 (20.2%)	4:10	14.4 (80.0%)
16	ST.SZER. KRUK Stanisław	109	3.PBOT RZESZÓW			00:08:00	00:16:32	00:25:24	<b>00:33:45.26</b>	+00:07:05 (21.0%)	4:13	14.2 (78.9%)
17	PPOR. PIWOŃSKI Rafał	114	2.LBOT LUBLIN			00:08:17	00:16:53	00:25:46	<b>00:34:21.92</b>	+00:07:42 (22.4%)	4:17	14 (77.8%)
18	PPOR. WASIELEWSKI Michał	142	9.ŁBOT ŁÓDŹ			00:08:08	00:16:44	00:25:36	<b>00:34:22.50</b>	+00:07:43 (22.5%)	4:17	14 (77.8%)
19	CHOR. KLONOWSKI Artur	110	8.KPBOT BYDGOSZCZ			00:08:19	00:17:07	00:26:06	<b>00:34:44.69</b>	+00:08:05 (23.3%)	4:20	13.8 (76.7%)
20	ST.SZER. MARKIEWICZ Marcin	124	12.WBOT POZNAŃ			00:08:33	00:17:13	00:26:01	<b>00:34:46.44</b>	+00:08:07 (23.3%)	4:20	13.8 (76.7%)
21	SZER. BYCZEK Dariusz	115	20.PBOT PRZEMYŚL			00:08:45	00:17:30	00:26:13	<b>00:34:51.97</b>	+00:08:12 (23.5%)	4:21	13.8 (76.7%)
22	SZER. RZAŚA Franciszek	104	11.MBOT KRAKÓW			00:08:40	00:17:40	00:26:30	<b>00:35:01.33</b>	+00:08:21 (23.9%)	4:22	13.7 (76.1%)
23	SZER. KRZYŻANOWSKI Paweł	153	10.ŚBOT KIELCE			00:08:16	00:17:03	00:26:12	<b>00:35:11.70</b>	+00:08:32 (24.3%)	4:23	13.6 (75.6%)
24	KPR. WRÓBEL Bartłomiej	101	13.ŚBOT KATOWICE			00:08:02	00:16:58	00:26:21	<b>00:35:26.70</b>	+00:08:47 (24.8%)	4:25	13.5 (75.0%)
25	ST.SZER. RZAŚA Paweł	154	11.MBOT KRAKÓW			00:08:58	00:17:59	00:27:00	<b>00:35:59.21</b>	+00:09:19 (25.9%)	4:29	13.3 (73.9%)
26	ST.KPR. CENDROWSKI Arkadiusz	120	8.KPBOT BYDGOSZCZ			00:08:26	00:17:37	00:26:54	<b>00:35:59.31</b>	+00:09:19 (25.9%)	4:29	13.3 (73.9%)
27	ST.SZER. SYPEK Piotr	119	16.DBOT WROCŁAW			00:08:38	00:17:49	00:27:02	<b>00:36:02.15</b>	+00:09:22 (26.0%)	4:30	13.3 (73.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2km	4km	6km	Czas netto 8km	Różn	Tempo min/km	Tempo km/h
28	<b>ST.SZER. POPARDOWSKI Jacek</b>	<b>134</b>	13.ŚBOT KATOWICE			00:08:42	00:17:53	00:27:01	<b>00:36:03.62</b>	+00:09:24 (26.1%)	4:30	13.3 (73.9%)
29	<b>SZER. MIERZEJEWSKI Wiktor</b>	<b>149</b>	5.MBOT CIECHANÓW			00:08:36	00:17:52	00:27:09	<b>00:36:07.65</b>	+00:09:28 (26.2%)	4:30	13.3 (73.9%)
30	<b>KPR. CZEMPIŃSKI Eryk</b>	<b>105</b>	1.PBOT BIAŁYSTOK			00:08:33	00:17:26	00:26:49	<b>00:36:07.94</b>	+00:09:28 (26.2%)	4:30	13.3 (73.9%)
31	<b>SZER. PAĆZEK Wojciech</b>	<b>138</b>	11.MBOT KRAKÓW			00:08:33	00:17:50	00:27:27	<b>00:36:15.33</b>	+00:09:35 (26.5%)	4:31	13.2 (73.3%)
32	<b>SZER. GRZYB Kamil</b>	<b>112</b>	14.ZBOT SZCZECIN			00:08:32	00:17:44	00:27:13	<b>00:36:29.23</b>	+00:09:49 (26.9%)	4:33	13.2 (73.3%)
33	<b>ST.SZER. ANDRYSZCZYK Krystian</b>	<b>143</b>	6.MBOT RADOM			00:08:40	00:17:45	00:27:06	<b>00:36:32.97</b>	+00:09:53 (27.1%)	4:34	13.1 (72.8%)
34	<b>PPOR. WIŚNIEWSKI Hubert</b>	<b>148</b>	2.LBOT LUBLIN			00:08:54	00:17:59	00:27:23	<b>00:36:33.30</b>	+00:09:53 (27.1%)	4:34	13.1 (72.8%)
35	<b>PPOR. BORODACZ Norbert</b>	<b>126</b>	16.DBOT WROCŁAW			00:09:04	00:18:24	00:27:53	<b>00:36:53.19</b>	+00:10:13 (27.7%)	4:36	13 (72.2%)
36	<b>ST.KPR. PAWŁOS Jakub</b>	<b>125</b>	20.PBOT PRZEMYŚL			00:08:25	00:17:41	00:27:15	<b>00:36:55.18</b>	+00:10:15 (27.8%)	4:36	13 (72.2%)
37	<b>ST.SZER.SPEC. MAŚLANKA Michał</b>	<b>130</b>	11.MBOT KRAKÓW			00:08:30	00:17:13	00:26:39	<b>00:36:56.68</b>	+00:10:17 (27.8%)	4:37	13 (72.2%)
38	<b>KPR. PSUT Kamil</b>	<b>113</b>	16.DBOT WROCŁAW			00:08:45	00:18:04	00:27:52	<b>00:37:07.42</b>	+00:10:28 (28.2%)	4:38	12.9 (71.7%)
39	<b>ST.SIERŻ. FRĄCKIEWICZ Michał</b>	<b>157</b>	1.PBOT BIAŁYSTOK			00:08:50	00:18:05	00:27:48	<b>00:37:24.76</b>	+00:10:45 (28.7%)	4:40	12.8 (71.1%)
40	<b>ST.SZER. HILARSKI Jacek</b>	<b>107</b>	1.PBOT BIAŁYSTOK			00:09:25	00:19:03	00:28:29	<b>00:37:29.76</b>	+00:10:50 (28.9%)	4:41	12.8 (71.1%)
41	<b>ST.KPR. MASIUL Łukasz</b>	<b>121</b>	4.WMBOT OLSZTYN			00:09:10	00:18:41	00:28:29	<b>00:37:34.89</b>	+00:10:55 (29.1%)	4:41	12.8 (71.1%)
42	<b>MŁ.CHOR. LAŃDUCH Mieszko</b>	<b>152</b>	12.WBOT POZNAŃ			00:08:22	00:17:22	00:27:29	<b>00:37:41.32</b>	+00:11:01 (29.3%)	4:42	12.7 (70.6%)
43	<b>SZER. KORSAK Michał</b>	<b>128</b>	5.MBOT CIECHANÓW			00:08:28	00:17:47	00:28:03	<b>00:38:01.60</b>	+00:11:22 (29.9%)	4:45	12.6 (70.0%)
44	<b>KPR. GRUSZECKI Piotr</b>	<b>144</b>	6.MBOT RADOM			00:08:33	00:17:52	00:28:04	<b>00:38:11.42</b>	+00:11:32 (30.2%)	4:46	12.6 (70.0%)
45	<b>ST.SZER. BARDZIAK Piotr</b>	<b>122</b>	6.MBOT RADOM			00:08:58	00:18:23	00:28:23	<b>00:38:47.09</b>	+00:12:07 (31.3%)	4:50	12.4 (68.9%)
46	<b>ST.SZER. JANIKOWSKI Dominik</b>	<b>111</b>	7.PBOT GDAŃSK			00:08:48	00:19:05	00:29:09	<b>00:38:54.82</b>	+00:12:15 (31.5%)	4:51	12.3 (68.3%)
47	<b>PPOR. GRABAS Paweł</b>	<b>102</b>	20.PBOT PRZEMYŚL			00:09:08	00:19:04	00:29:30	<b>00:39:26.90</b>	+00:12:47 (32.4%)	4:55	12.2 (67.8%)
48	<b>ST.KPR. WILAMOWSKI Rafał</b>	<b>123</b>	5.MBOT CIECHANÓW			00:09:02	00:18:53	00:29:17	<b>00:39:33.14</b>	+00:12:53 (32.6%)	4:56	12.1 (67.2%)
49	<b>SZER. MIELCZAREK Michał</b>	<b>146</b>	18.SBOT WARSZAWA			00:09:23	00:19:30	00:30:02	<b>00:39:56.44</b>	+00:13:17 (33.3%)	4:59	12 (66.7%)
50	<b>ST.SZER. JANIKOWSKI Damian</b>	<b>117</b>	7.PBOT GDAŃSK			00:09:12	00:19:12	00:29:41	<b>00:39:56.69</b>	+00:13:17 (33.3%)	4:59	12 (66.7%)
51	<b>SZER. PEŃKOWSKI Jakub</b>	<b>136</b>	20.PBOT PRZEMYŚL			00:09:14	00:19:35	00:30:32	<b>00:41:30.71</b>	+00:14:51 (35.8%)	5:11	11.6 (64.4%)
52	<b>SZER. SZECÓWKA Łukasz</b>	<b>141</b>	13.ŚBOT KATOWICE			00:09:18	00:19:54	00:31:23	<b>00:42:24.56</b>	+00:15:45 (37.1%)	5:18	11.3 (62.8%)
53	<b>ST.SZER. PIJANOWSKI Maciej</b>	<b>137</b>	4.WMBOT OLSZTYN			00:09:21	00:20:10	00:31:28	<b>00:42:45.71</b>	+00:16:06 (37.7%)	5:20	11.2 (62.2%)
54	<b>SZER. MUREK Marcin</b>	<b>159</b>	12.WBOT POZNAŃ			00:09:43	00:20:40	00:32:52	<b>00:45:19.40</b>	+00:18:39 (41.2%)	5:39	10.6 (58.9%)
55	<b>SZER. JAWOROWSKI Adam</b>	<b>129</b>	18.SBOT WARSZAWA			00:10:23	00:21:54	00:33:53	<b>00:45:42.32</b>	+00:19:02 (41.7%)	5:42	10.5 (58.3%)
56	<b>KPR. WŁÓDARSKI Maciej</b>	<b>133</b>	8.KPBOT BYDGOSZCZ			00:10:21	00:22:25	00:34:40	<b>00:46:01.53</b>	+00:19:22 (42.1%)	5:45	10.4 (57.8%)
57	<b>SZER. ROJEK Tomasz</b>	<b>161</b>	12.WBOT POZNAŃ			00:09:58	00:22:05	00:34:51	<b>00:47:28.63</b>	+00:20:49 (43.9%)	5:56	10.1 (56.1%)
	<b>PPOR. ŻURAWSKI Michał</b>	<b>147</b>	18.SBOT WARSZAWA			00:10:55 DNF	DNF	DNF	<b>DNF</b>	-	-	-(0.0%)

Znaleziono 58 wynik(ów)