



CROSS NA WRZOSACH - NORDIC WALKING - 10KM

B4SPORT

Organizator: Herkules
Data: 2015-09-27
Miejsce: Okonek
Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KRZYŻANOWSKI Robert	115		M-4	1	00:04:00	00:36:14	01:13:48.60	01:17:48.85		7:22	8.1 (100%)
2	KĘPA Andrzej	63		M-6	1	00:03:59	00:36:58	01:14:52.30	01:18:51.75	+00:01:03 (1.4%)	7:29	8 (98.8%)
3	BOJAN Miro	130		M-6	2	00:03:59	00:37:41	01:15:06.40	01:19:05.90	+00:01:17 (1.7%)	7:30	8 (98.8%)
4	TORCHALA Andrzej	96		M-5	1	00:03:59	00:36:40	01:15:41.75	01:19:40.90	+00:01:53 (2.5%)	7:34	7.9 (97.5%)
5	KRZYŻANOWSKI Wojciech	95		M-4	2	00:04:02	00:39:23	01:20:00.35	01:24:02.40	+00:06:11 (7.7%)	8:00	7.5 (92.6%)
6	PUTZKA Bartłomiej	946		M-2	1	00:04:01	00:40:38	01:23:04.20	01:27:06.00	+00:09:15 (11.1%)	8:18	7.2 (88.9%)
7	LESZCZYŃSKA Katarzyna	943		K-2	1	00:04:01	00:41:23	01:23:16.80	01:27:18.10	+00:09:28 (11.4%)	8:19	7.2 (88.9%)
8	NOWAK Bartłomiej	41		M-4	3	00:04:00	00:42:04	01:23:39.45	01:27:39.60	+00:09:50 (11.8%)	8:21	7.2 (88.9%)
9	LIPIEC-BORTKIEWICZ Renata	538		K-4	1	00:03:59	00:43:04	01:25:47.25	01:29:47.10	+00:11:58 (14.0%)	8:34	7 (86.4%)
10	PUTZKA Jola	944		K-4	2	00:04:01	00:43:18	01:27:31.15	01:31:32.20	+00:13:42 (15.7%)	8:45	6.9 (85.2%)
11	URANTÓWKA Henryk	594		M-6	3	00:04:00	00:44:14	01:28:49.15	01:32:49.70	+00:15:00 (16.9%)	8:52	6.8 (84.0%)
12	ADAMIEC Bożena	596		K-3	1	00:03:59	00:44:25	01:29:03.90	01:33:03.35	+00:15:15 (17.1%)	8:54	6.7 (82.7%)
13	NOWAK Maciej	91		M-3	1	00:04:02	00:44:44	01:30:26.55	01:34:28.75	+00:16:37 (18.4%)	9:02	6.6 (81.5%)
14	STRZELECKI Sebastian	40		M-4	4	00:04:00	00:44:32	01:30:28.85	01:34:28.90	+00:16:40 (18.4%)	9:02	6.6 (81.5%)
15	GAWROŃSKA Małgorzata	117		K-3	2	00:04:01	00:46:10	01:32:13.30	01:36:14.80	+00:18:24 (20.0%)	9:13	6.5 (80.2%)
16	ADAMIEC Ewa	598		K-5	1	00:03:59	00:47:12	01:33:38.60	01:37:38.35	+00:19:50 (21.2%)	9:21	6.4 (79.0%)

Znaleziono 16 wynik(ów)