



## CROSS NA WRZOSACH - NORDIC WALKING - 5KM

B4SPORT

**Organiser:** Nadleśnictwo Okonek  
**Date:** 2016-09-11  
**Place:** Okonek  
**Distance:** 5 km



Classification: K50

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	<b>JASOŃ Grażyna</b>	<b>174</b>	CZARNE PANTERY	K50	1	00:03:31	<b>00:41:25.10</b>	<b>00:44:56.75</b>		8:17	7.2 (100%)
2	<b>HARASIMOWICZ Elżbieta</b>	<b>171</b>		K50	2	00:03:33	<b>00:43:09.45</b>	<b>00:46:43.35</b>	+00:01:44 (4.0%)	8:38	6.9 (95.8%)
3	<b>SZOT Krystyna</b>	<b>207</b>		K50	3	00:03:31	<b>00:45:12.15</b>	<b>00:48:43.40</b>	+00:03:47 (8.4%)	9:02	6.6 (91.7%)

Total 3 results.