



CROSS NA WRZOSACH - NORDIC WALKING - 5KM

B4SPORT

Organiser: Nadleśnictwo Okonek
Date: 2016-09-11
Place: Okonek
Distance: 5 km



Classification: M40

| Place | Participant | Number | Club | Category | MCat | Start time | Net time 5km | Czas brutto 5km | Gap | Pace min/km | Pace km/h |
|-------|----------------------------|------------|-----------------|----------|------|------------|--------------------|--------------------|-------------------|-------------|-------------|
| 1 | MATUSZCZYK Sławomir | 186 | OSP MIROSŁAWIEC | M40 | 1 | 00:03:30 | 00:37:27.35 | 00:40:58.05 | | 7:29 | 8 (100%) |
| 2 | SZYCKO Radek | 200 | | M40 | 2 | 00:03:31 | 00:39:29.45 | 00:43:01.30 | +00:02:02 (5.2%) | 7:54 | 7.6 (95.0%) |
| 3 | BŁASZCZYK Łukasz | 164 | KIJANKI POZNAŃ | M40 | 3 | 00:03:39 | 00:56:51.55 | 01:00:31.45 | +00:19:24 (34.1%) | 11:22 | 5.3 (66.3%) |

Total 3 results.