



CROSS NA WRZOSACH - OKONEK - 10 KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

CROSS NA WRZOSACH 2018
Nadleśnictwo Okonek
2018-08-25
Okonek
10.6 km



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Herk_All 5.3km	Czas netto 10.6km	Różn	Tempo min/km	Tempo km/h
1	WIRKUS Antonina	55	MKL SZCZECINEK	K30-39	1	00:20:48	00:41:58.42		3:57	15.1 (100%)
2	WERNER Kamila	49		K30-39	2	00:21:57	00:44:41.35	+00:02:42 (6.1%)	4:12	14.2 (94.0%)
3	TRZEPACZ Gabriela	46	100 BATALION ŁĄCZNOŚCI	K18-29	1	00:23:46	00:48:34.47	+00:06:36 (13.6%)	4:35	13.1 (86.8%)
4	FIŁONOWICZ Monika	9		K40-49	1	00:24:26	00:50:33.68	+00:08:35 (17.0%)	4:46	12.6 (83.4%)
5	ŁAWNICZAK Justyna	26		K30-39	3	00:25:01	00:51:09.61	+00:09:11 (18.0%)	4:49	12.4 (82.1%)
6	GRABOWSKA Marta	12		K18-29	2	00:25:12	00:51:40.22	+00:09:41 (18.8%)	4:52	12.3 (81.5%)
7	HAŁKA Ola	16		K18-29	3	00:26:25	00:52:45.15	+00:10:46 (20.4%)	4:58	12.1 (80.1%)
8	GUTOWSKA Dorota	15		K30-39	4	00:26:28	00:53:51.24	+00:11:52 (22.1%)	5:04	11.8 (78.1%)
9	KRZEWIŃSKA Małgorzata	24	TKKF KOSZALIN	K50-59	1	00:26:22	00:54:05.08	+00:12:06 (22.4%)	5:06	11.8 (78.1%)
10	SŁAPCZYŃSKA Marta	42		K18-29	4	00:27:39	00:56:07.66	+00:14:09 (25.2%)	5:17	11.3 (74.8%)
11	RUTKOWSKA Anna	38	WATAHA WAŁCZ	K40-49	2	00:27:21	00:56:58.96	+00:15:00 (26.3%)	5:22	11.2 (74.2%)
12	SKOCZYŁAS Bożena	41	BIEGAM BO LUBIĘ	K40-49	3	00:27:31	00:57:24.26	+00:15:25 (26.9%)	5:24	11.1 (73.5%)
13	BORKOWSKA-KOWALCZYK Daria	3		K30-39	5	00:28:54	00:59:21.83	+00:17:23 (29.3%)	5:36	10.7 (70.9%)
14	TUBICZ Beata	47		K40-49	4	00:29:21	01:00:51.50	+00:18:53 (31.0%)	5:44	10.5 (69.5%)
15	GRABOWSKA Elżbieta	11		K50-59	2	00:29:36	01:00:57.53	+00:18:59 (31.1%)	5:45	10.4 (68.9%)
16	NAWROCKA Anna	31	NIETOPERZE KOSZALIN	K18-29	5	00:31:08	01:02:59.35	+00:21:00 (33.4%)	5:56	10.1 (66.9%)
17	DEPTUŁA-BILL Bożena	7		K30-39	6	00:30:23	01:03:11.81	+00:21:13 (33.6%)	5:57	10.1 (66.9%)
18	KUBIAK Danuta	25	WK PTTK HUSARIA CZARNE	K60-69	1	00:32:12	01:05:45.80	+00:23:47 (36.2%)	6:12	9.7 (64.2%)
19	RĘBIŚ Monika	36	M&M	K18-29	6	00:32:00	01:05:59.55	+00:24:01 (36.4%)	6:13	9.6 (63.6%)
20	PACHUC Kamila	32	RAGE RUN	K18-29	7	00:33:27	01:08:25.63	+00:26:27 (38.7%)	6:27	9.3 (61.6%)
21	MAŁYSZEWICZ Teresa	29	KS BIAŁY BÓR	K50-59	3	00:34:24	01:10:08.18	+00:28:09 (40.2%)	6:36	9.1 (60.3%)

Znaleziono 21 wynik(ów)