



CROSS NA WRZOSACH - OKONEK - 10 KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

CROSS NA WRZOSACH
Nadleśnictwo Okonek
2017-08-27
Okonek
10.6 km



Klasyfikacja: M30-39

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Start All 5.3km | Czas netto 10.6km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|------------|------|-----------|------|--------------------|-------------------------|-------------------|-----------------|---------------|
| 1 | RYBACZEK Sebastian | 157 | | M30-39 | 1 | 00:19:55 | 00:40:33.70 | | 4:03 | 14.8 (100%) |
| 2 | SZYŁO Michał | 182 | | M30-39 | 2 | 00:21:18 | 00:43:55.30 | +00:03:21 (7.6%) | 4:23 | 13.7 (92.6%) |
| 3 | FRĄCZEK Arkadiusz | 33 | | M30-39 | 3 | 00:22:04 | 00:44:49.15 | +00:04:15 (9.5%) | 4:28 | 13.4 (90.5%) |
| 4 | MROZIK Daniel | 114 | | M30-39 | 4 | 00:22:10 | 00:45:21.20 | +00:04:47 (10.6%) | 4:32 | 13.2 (89.2%) |
| 5 | LESZCZYSZYN Paweł | 97 | | M30-39 | 5 | 00:22:19 | 00:45:41.60 | +00:05:07 (11.2%) | 4:34 | 13.1 (88.5%) |
| 6 | BONISŁAWSKI Jarosław | 10 | | M30-39 | 6 | 00:22:23 | 00:45:50.35 | +00:05:16 (11.5%) | 4:35 | 13.1 (88.5%) |
| 7 | NAKONIECZNY Rafał | 116 | | M30-39 | 7 | 00:22:44 | 00:46:08.40 | +00:05:34 (12.1%) | 4:36 | 13 (87.8%) |
| 8 | WIELGUS Grzegorz | 195 | | M30-39 | 8 | 00:23:26 | 00:47:05.00 | +00:06:31 (13.9%) | 4:42 | 12.7 (85.8%) |
| 9 | MRÓZ Przemysław | 115 | | M30-39 | 9 | 00:24:06 | 00:49:05.00 | +00:08:31 (17.4%) | 4:54 | 12.2 (82.4%) |
| 10 | CENTKA Michał | 16 | | M30-39 | 10 | 00:24:10 | 00:49:39.20 | +00:09:05 (18.3%) | 4:57 | 12.1 (81.8%) |
| 11 | BRALSKI Andrzej | 13 | | M30-39 | 11 | 00:24:02 | 00:49:53.15 | +00:09:19 (18.7%) | 4:59 | 12 (81.1%) |
| 12 | GEMZA Marcin | 35 | | M30-39 | 12 | 00:23:48 | 00:50:24.90 | +00:09:51 (19.5%) | 5:02 | 11.9 (80.4%) |
| 13 | KOPCZAK Grzegorz | 79 | | M30-39 | 13 | 00:24:03 | 00:50:45.10 | +00:10:11 (20.1%) | 5:04 | 11.8 (79.7%) |
| 14 | GRZYSTEK Marcin | 42 | | M30-39 | 14 | 00:26:04 | 00:50:52.60 | +00:10:18 (20.3%) | 5:05 | 11.8 (79.7%) |
| 15 | GONDEK Ireneusz | 210 | | M30-39 | 15 | 00:25:13 | 00:51:34.60 | +00:11:00 (21.4%) | 5:09 | 11.6 (78.4%) |
| 16 | SOKOŁOWSKI Maciej | 169 | | M30-39 | 16 | 00:24:57 | 00:51:56.25 | +00:11:22 (21.9%) | 5:11 | 11.6 (78.4%) |
| 17 | OTTO Michał | 128 | | M30-39 | 17 | 00:25:09 | 00:52:03.85 | +00:11:30 (22.1%) | 5:12 | 11.5 (77.7%) |
| 18 | KOKOT Edward | 77 | | M30-39 | 18 | 00:25:05 | 00:52:21.60 | +00:11:47 (22.5%) | 5:14 | 11.5 (77.7%) |

Znaleziono 18 wynik(ów)