



# CROSS NA WRZOSACH - OKONEK - 10 KM

B4SPORT

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

CROSS NA WRZOSACH  
Nadleśnictwo Okonek  
2017-08-27  
Okonek  
10.6 km



Klasyfikacja: M40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 5.3km	Czas netto 10.6km	Różn	Tempo min/km	Tempo km/h
1	<b>TRĘBSKI Krzysztof</b>	<b>189</b>		M40-49	1	00:22:08	<b>00:45:03.55</b>		4:30	13.3 (100%)
2	<b>PAJĄK Tomasz</b>	<b>129</b>		M40-49	2	00:23:22	<b>00:47:34.00</b>	+00:02:30 (5.3%)	4:45	12.6 (94.7%)
3	<b>PAKULSKI Marcin</b>	<b>130</b>		M40-49	3	00:23:19	<b>00:47:43.40</b>	+00:02:39 (5.6%)	4:46	12.6 (94.7%)
4	<b>MICHAŁOWSKI Dariusz</b>	<b>109</b>		M40-49	4	00:23:48	<b>00:47:59.60</b>	+00:02:56 (6.1%)	4:48	12.5 (94.0%)
5	<b>JAROSZ Dariusz</b>	<b>57</b>		M40-49	5	00:24:34	<b>00:48:43.25</b>	+00:03:39 (7.5%)	4:52	12.3 (92.5%)
6	<b>POPIEL Dariusz</b>	<b>144</b>		M40-49	6	00:23:51	<b>00:49:03.85</b>	+00:04:00 (8.2%)	4:54	12.2 (91.7%)
7	<b>RAK Adam</b>	<b>151</b>		M40-49	7	00:23:23	<b>00:49:23.30</b>	+00:04:19 (8.8%)	4:56	12.1 (91.0%)
8	<b>LOREK Karol</b>	<b>99</b>		M40-49	8	00:25:12	<b>00:51:40.10</b>	+00:06:36 (12.8%)	5:10	11.6 (87.2%)
9	<b>DUDZIAK Piotr</b>	<b>27</b>		M40-49	9	00:24:59	<b>00:52:49.80</b>	+00:07:46 (14.7%)	5:17	11.4 (85.7%)
10	<b>KOŁODZIEJCZAK Grzegorz</b>	<b>78</b>		M40-49	10	00:26:05	<b>00:54:09.30</b>	+00:09:05 (16.8%)	5:24	11.1 (83.5%)
11	<b>HAŁKA Arkadiusz</b>	<b>44</b>		M40-49	11	00:26:52	<b>00:55:12.55</b>	+00:10:09 (18.4%)	5:31	10.9 (82.0%)
12	<b>WAJDA Waldemar</b>	<b>190</b>		M40-49	12	00:27:51	<b>00:57:08.15</b>	+00:12:04 (21.1%)	5:42	10.5 (78.9%)
13	<b>PONICKI Tomasz</b>	<b>143</b>		M40-49	13	00:28:39	<b>00:58:19.65</b>	+00:13:16 (22.7%)	5:50	10.3 (77.4%)
14	<b>WIELGUS Jacek</b>	<b>196</b>		M40-49	14	00:30:07	<b>01:02:31.25</b>	+00:17:27 (27.9%)	6:15	9.6 (72.2%)
15	<b>PAWLICKI Wojciech</b>	<b>133</b>		M40-49	15	00:33:51	<b>01:08:57.50</b>	+00:23:53 (34.7%)	6:53	8.7 (65.4%)

Znaleziono 15 wynik(ów)