



**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

## CROSS NA WRZOSACH - OKONEK - 10KM

B4SPORT



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	WIRKUS Łukasz	525		M-2	1	00:18:54	00:38:24.10	00:39:55.90		3:50	15.6 (100%)
2	TEUSZ Bartek	73		M-2	2	00:19:08	00:40:33.40	00:42:04.95	+00:02:09 (5.1%)	4:03	14.8 (94.9%)
3	LECKI Mateusz	35		M-2	3	00:20:50	00:42:05.95	00:43:38.20	+00:03:42 (8.5%)	4:12	14.3 (91.7%)
4	GAŁAN Leszek	100		M-5	1	00:21:29	00:43:44.45	00:45:16.95	+00:05:21 (11.8%)	4:22	13.7 (87.8%)
5	MIKOŁAJCZYK Rafał	99		M-3	1	00:23:27	00:45:21.65	00:46:54.75	+00:06:58 (14.9%)	4:32	13.2 (84.6%)
6	MROZIK Daniel	47		M-3	2	00:22:18	00:45:28.95	00:47:01.50	+00:07:05 (15.1%)	4:32	13.2 (84.6%)
7	ŁOŻYŃSKI Jacek	947		M-4	1	00:22:00	00:45:47.70	00:47:19.20	+00:07:23 (15.6%)	4:34	13.1 (84.0%)
8	ŻYJEWSKI Piotr	127		M-4	2	00:22:47	00:45:55.60	00:47:28.20	+00:07:32 (15.9%)	4:35	13.1 (84.0%)
9	RADTKE Robert	58		M-4	3	00:23:15	00:47:26.25	00:48:58.40	+00:09:02 (18.5%)	4:44	12.6 (80.8%)
10	SZYMIKOWSKI Jarosław	72		M-3	3	00:24:22	00:48:40.70	00:50:16.30	+00:10:20 (20.6%)	4:52	12.3 (78.8%)
11	RUDNIK Jerzy	60		M-6	1	00:24:23	00:49:19.60	00:50:52.00	+00:10:56 (21.5%)	4:56	12.2 (78.2%)
12	SOKOŁOWSKI Maciej	63		M-3	4	00:24:19	00:49:38.45	00:51:13.45	+00:11:17 (22.0%)	4:57	12.1 (77.6%)
13	SAWICKI Eligiusz	61		M-5	2	00:24:46	00:50:03.15	00:51:37.45	+00:11:41 (22.6%)	5:00	12 (76.9%)
14	RADTKE Arkadiusz	57		M-2	4	00:24:34	00:50:11.80	00:51:43.60	+00:11:47 (22.8%)	5:01	12 (76.9%)
15	SZMAGLIŃSKA Karolina	68		K-2	1	00:24:29	00:50:12.95	00:51:45.10	+00:11:49 (22.8%)	5:01	11.9 (76.3%)
16	CIOZDA Mariusz	553		M-4	4	00:24:41	00:50:22.60	00:51:56.90	+00:12:01 (23.1%)	5:02	11.9 (76.3%)
17	BRYŁA Krzysztof	6		M-4	5	00:24:56	00:50:58.35	00:52:31.75	+00:12:35 (24.0%)	5:05	11.8 (75.6%)
18	ZIĘBA Maciej	80		M-4	6	00:25:22	00:51:46.50	00:53:19.95	+00:13:24 (25.1%)	5:10	11.6 (74.4%)
19	KOŁODZIEJCZAK Grzegorz	26		M-4	7	00:25:49	00:51:56.35	00:53:30.65	+00:13:34 (25.4%)	5:11	11.6 (74.4%)
20	BUTOWICZ Adam	119		M-5	3	00:25:51	00:52:15.50	00:53:48.50	+00:13:52 (25.8%)	5:13	11.5 (73.7%)
21	WIELGUS Paweł	75		M-3	5	00:25:45	00:52:23.55	00:53:56.25	+00:14:00 (26.0%)	5:14	11.5 (73.7%)
22	JAROSZ Dariusz	24		M-4	8	00:25:59	00:52:35.70	00:54:09.40	+00:14:13 (26.3%)	5:15	11.4 (73.1%)
23	CHODOR Martyna	8		K-3	1	00:25:59	00:52:36.60	00:54:09.80	+00:14:13 (26.3%)	5:15	11.4 (73.1%)
24	SZADZIŃSKI Kacper	67		M-1	1	00:25:23	00:53:17.30	00:54:50.65	+00:14:54 (27.2%)	5:19	11.3 (72.4%)
25	POŁĘC Wiesław	50		M-6	2	00:26:34	00:53:26.40	00:55:00.35	+00:15:04 (27.4%)	5:20	11.2 (71.8%)
26	SLOTAŁA Dariusz	62		M-5	4	00:27:10	00:53:41.35	00:55:18.40	+00:15:22 (27.8%)	5:22	11.2 (71.8%)
27	KRÓL Piotr	28		M-4	9	00:26:28	00:53:48.85	00:55:24.60	+00:15:28 (27.9%)	5:22	11.1 (71.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
28	<b>SZABLA Ewelina</b>	<b>66</b>		K-3	2	00:26:28	<b>00:53:57.85</b>	<b>00:55:32.75</b>	+00:15:36 (28.1%)	5:23	11.1 (71.2%)
29	<b>WILKOWSKI Krzysztof</b>	<b>77</b>		M-3	6	00:26:28	<b>00:53:58.30</b>	<b>00:55:33.15</b>	+00:15:37 (28.1%)	5:23	11.1 (71.2%)
30	<b>LINDA Jan</b>	<b>38</b>		M-3	7	00:27:19	<b>00:54:45.75</b>	<b>00:56:22.80</b>	+00:16:26 (29.2%)	5:28	11 (70.5%)
31	<b>KRÓLIKOWSKI Adndrzej</b>	<b>552</b>		M-5	5	00:27:33	<b>00:54:46.15</b>	<b>00:56:23.90</b>	+00:16:28 (29.2%)	5:28	11 (70.5%)
32	<b>GWIAZDA Mariusz</b>	<b>17</b>		M-3	8	00:27:53	<b>00:55:15.45</b>	<b>00:56:53.15</b>	+00:16:57 (29.8%)	5:31	10.9 (69.9%)
33	<b>JAŁOWIECKA Bożena</b>	<b>20</b>		K-4	1	00:27:29	<b>00:55:22.00</b>	<b>00:56:54.80</b>	+00:16:58 (29.8%)	5:32	10.8 (69.2%)
34	<b>LIPCZEWSKA Justyna</b>	<b>522</b>		K-3	3	00:27:54	<b>00:55:21.90</b>	<b>00:56:59.50</b>	+00:17:03 (29.9%)	5:32	10.8 (69.2%)
35	<b>DUDZIŃSKA Joanna</b>	<b>11</b>		K-1	1	00:27:33	<b>00:55:24.20</b>	<b>00:57:00.30</b>	+00:17:04 (30.0%)	5:32	10.8 (69.2%)
36	<b>FOSZCZ-REDA Monika</b>	<b>14</b>		K-2	2	00:27:52	<b>00:57:19.65</b>	<b>00:58:51.15</b>	+00:18:55 (32.1%)	5:44	10.5 (67.3%)
37	<b>DUDKIEWICZ Leszek</b>	<b>10</b>		M-6	3	00:28:15	<b>00:57:23.10</b>	<b>00:58:58.65</b>	+00:19:02 (32.3%)	5:44	10.5 (67.3%)
38	<b>MAZUREK Barbara</b>	<b>42</b>		K-3	4	00:27:48	<b>00:57:35.90</b>	<b>00:59:08.80</b>	+00:19:12 (32.5%)	5:45	10.4 (66.7%)
39	<b>JANKOWSKA Monika</b>	<b>21</b>		K-2	3	00:29:22	<b>00:58:39.45</b>	<b>01:00:16.45</b>	+00:20:20 (33.7%)	5:51	10.2 (65.4%)
40	<b>SZNABEL Alina</b>	<b>69</b>		K-6	1	00:28:51	<b>00:58:51.85</b>	<b>01:00:27.45</b>	+00:20:31 (34.0%)	5:53	10.2 (65.4%)
41	<b>KORBA Ewa</b>	<b>89</b>		K-4	2	00:28:51	<b>00:58:53.50</b>	<b>01:00:28.95</b>	+00:20:33 (34.0%)	5:53	10.2 (65.4%)
42	<b>PYTLARZ Waldemar</b>	<b>56</b>		M-5	6	00:28:51	<b>00:58:53.35</b>	<b>01:00:30.05</b>	+00:20:34 (34.0%)	5:53	10.2 (65.4%)
43	<b>LEWANDOWSKI Grzegorz</b>	<b>37</b>		M-3	9	00:29:58	<b>00:59:46.95</b>	<b>01:01:22.90</b>	+00:21:27 (34.9%)	5:58	10 (64.1%)
44	<b>WYSOCKA Agnieszka</b>	<b>78</b>		K-1	2	00:29:49	<b>01:00:07.90</b>	<b>01:01:44.60</b>	+00:21:48 (35.3%)	6:00	10 (64.1%)
45	<b>KUPREWICZ Grzegorz</b>	<b>29</b>		M-3	10	00:29:33	<b>01:00:19.35</b>	<b>01:01:54.50</b>	+00:21:58 (35.5%)	6:01	9.9 (63.5%)
46	<b>VON BARDELEBEN Agnieszka</b>	<b>74</b>		K-4	3	00:29:09	<b>01:00:26.15</b>	<b>01:01:59.35</b>	+00:22:03 (35.6%)	6:02	9.9 (63.5%)
47	<b>PYDYN Andrzej</b>	<b>54</b>		M-5	7	00:29:42	<b>01:00:33.70</b>	<b>01:02:10.40</b>	+00:22:14 (35.8%)	6:03	9.9 (63.5%)
47	<b>PYDYN Regina</b>	<b>53</b>		K-5	1	00:29:43	<b>01:00:33.65</b>	<b>01:02:10.40</b>	+00:22:14 (35.8%)	6:03	9.9 (63.5%)
49	<b>KARWAT Stanisław</b>	<b>551</b>		M-5	8	00:28:44	<b>01:01:13.50</b>	<b>01:02:47.55</b>	+00:22:51 (36.4%)	6:07	9.8 (62.8%)
50	<b>STOLARCZYK-RAK Agnieszka</b>	<b>81</b>		K-3	5	00:29:37	<b>01:01:26.60</b>	<b>01:03:00.40</b>	+00:23:04 (36.6%)	6:08	9.8 (62.8%)
51	<b>KARWAT Piotr</b>	<b>530</b>		M-2	5	00:30:36	<b>01:02:02.80</b>	<b>01:03:37.50</b>	+00:23:41 (37.2%)	6:12	9.7 (62.2%)
52	<b>KURŁOWICZ Krzysztof</b>	<b>31</b>		M-3	11	00:28:31	<b>01:03:05.60</b>	<b>01:04:40.35</b>	+00:24:44 (38.3%)	6:18	9.5 (60.9%)
53	<b>MINDYKOWSKI Dariusz</b>	<b>520</b>		M-4	10	00:30:57	<b>01:03:51.35</b>	<b>01:05:28.40</b>	+00:25:32 (39.0%)	6:23	9.4 (60.3%)
54	<b>BOCHEŃSKI Marcin</b>	<b>521</b>		M-4	11	00:31:38	<b>01:04:30.00</b>	<b>01:06:06.70</b>	+00:26:10 (39.6%)	6:27	9.3 (59.6%)
55	<b>SZYMAŃSKI Tomasz</b>	<b>71</b>		M-4	12	00:32:19	<b>01:04:47.55</b>	<b>01:06:23.40</b>	+00:26:27 (39.9%)	6:28	9.3 (59.6%)
56	<b>JABŁOŃSKA Renata</b>	<b>18</b>		K-3	6	00:32:25	<b>01:04:51.60</b>	<b>01:06:27.05</b>	+00:26:31 (39.9%)	6:29	9.2 (59.0%)
56	<b>FJAŁKOWSKA Małgorzata</b>	<b>13</b>		K-3	7	00:32:25	<b>01:04:51.45</b>	<b>01:06:27.05</b>	+00:26:31 (39.9%)	6:29	9.2 (59.0%)
58	<b>BARABASZ Agnieszka</b>	<b>1</b>		K-3	8	00:31:56	<b>01:05:12.40</b>	<b>01:06:46.70</b>	+00:26:50 (40.2%)	6:31	9.2 (59.0%)
59	<b>ZAWADZKA Marzena</b>	<b>79</b>		K-4	4	00:32:40	<b>01:05:37.15</b>	<b>01:07:13.60</b>	+00:27:17 (40.6%)	6:33	9.1 (58.3%)
60	<b>BRAMORSKA Mariola</b>	<b>5</b>		K-4	5	00:32:11	<b>01:05:49.85</b>	<b>01:07:25.95</b>	+00:27:30 (40.8%)	6:34	9.1 (58.3%)
61	<b>STEC Edyta</b>	<b>523</b>		K-3	9	00:32:29	<b>01:05:53.40</b>	<b>01:07:27.65</b>	+00:27:31 (40.8%)	6:35	9.1 (58.3%)
62	<b>MOŻEJKO Anna</b>	<b>524</b>		K-3	10	00:32:28	<b>01:05:54.00</b>	<b>01:07:28.00</b>	+00:27:32 (40.8%)	6:35	9.1 (58.3%)
63	<b>ZARBOCKI Krzysztof</b>	<b>518</b>		M-5	9	00:30:09	<b>01:06:34.50</b>	<b>01:08:08.30</b>	+00:28:12 (41.4%)	6:39	9 (57.7%)
64	<b>KURCZ Barbara</b>	<b>30</b>		K-4	6	00:34:13	<b>01:08:17.95</b>	<b>01:09:52.95</b>	+00:29:57 (42.9%)	6:49	8.8 (56.4%)
65	<b>PRZYBYLSKA Aneta</b>	<b>51</b>		K-3	11	00:34:09	<b>01:09:52.10</b>	<b>01:11:27.15</b>	+00:31:31 (44.1%)	6:59	8.6 (55.1%)
66	<b>DYMECKA Joanna</b>	<b>12</b>		K-3	12	00:34:53	<b>01:12:17.80</b>	<b>01:13:55.30</b>	+00:33:59 (46.0%)	7:13	8.3 (53.2%)
67	<b>KOWALCZYK Bernard</b>	<b>27</b>		M-5	10	00:34:51	<b>01:12:21.65</b>	<b>01:13:58.95</b>	+00:34:03 (46.0%)	7:14	8.3 (53.2%)

Znaleziono 67 wynik(ów)