



Organizator: Nadleśnictwo Okonek
Data: 2016-09-11
Miejsce: Okonek
Dystans: 10 km

CROSS NA WRZOSACH - OKONEK - 10KM

B4SPORT



Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KONKEL Agnieszka	34		K30	1	00:02:42	00:24:11	00:49:03.15	00:51:45.30		4:54	12.2 (100%)
2	WERNER Kamila	68	WERNER END WERNER SZCZECINEK	K30	2	00:02:37	00:23:44	00:49:26.50	00:52:04.25	+00:00:23 (0.8%)	4:56	12.1 (99.2%)
3	CHODOR Martyna	152	TKKF KOSZALIN	K30	3	00:02:39	00:24:37	00:51:39.30	00:54:19.05	+00:02:36 (5.0%)	5:10	11.6 (95.1%)
4	SZABLA Ewelina	60		K30	4	00:02:39	00:25:49	00:52:20.75	00:55:00.00	+00:03:17 (6.3%)	5:14	11.5 (94.3%)
5	STORCZYK-RAK Agnieszka	184		K30	5	00:02:41	00:25:40	00:52:55.10	00:55:36.50	+00:03:51 (7.3%)	5:17	11.3 (92.6%)
6	FIŁONOWICZ Monika	156		K30	6	00:02:42	00:25:45	00:53:48.70	00:56:31.10	+00:04:45 (8.8%)	5:22	11.1 (91.0%)
7	GÓRA Agnieszka	72		K30	7	00:02:40	00:27:18	00:56:17.80	00:58:58.40	+00:07:14 (12.9%)	5:37	10.7 (87.7%)
8	CHODOR Izabela	7		K30	8	00:02:41	00:28:33	00:59:01.20	01:01:42.70	+00:09:58 (16.9%)	5:54	10.2 (83.6%)
9	TYLUŚ Sylwia	67	TEAM BIEGOWY SZCZECINEK	K30	9	00:02:43	00:28:38	00:59:15.25	01:01:59.20	+00:10:12 (17.2%)	5:55	10.1 (82.8%)
10	DYMECKA Joanna	14	PARKRUN SZCZECINEK	K30	10	00:02:39	00:29:55	01:03:01.75	01:05:41.45	+00:13:58 (22.2%)	6:18	9.5 (77.9%)
11	BARABASZ Agnieszka	2	TYGODNIK NOWY	K30	11	00:02:45	00:30:49	01:03:23.30	01:06:09.10	+00:14:20 (22.6%)	6:20	9.5 (77.9%)
12	RZYWUCKA Jolanta	57	4RUN TEAM PIŁA	K30	12	00:02:40	00:29:34	01:03:38.75	01:06:19.05	+00:14:35 (22.9%)	6:21	9.4 (77.0%)
13	MRÓZ Sylwia	46		K30	13	00:02:46	00:28:48	01:03:44.50	01:06:30.60	+00:14:41 (23.0%)	6:22	9.4 (77.0%)
14	STIPPA Marzena	153		K30	14	00:02:45	00:30:55	01:04:05.75	01:06:51.40	+00:15:02 (23.5%)	6:24	9.4 (77.0%)
15	POLIWKA-KISIEL Małgorzata	51		K30	15	00:02:44	00:31:50	01:04:47.45	01:07:31.50	+00:15:44 (24.3%)	6:28	9.3 (76.2%)
16	WOLF Beata	73	BIG YELLOW FOOT ADVENTURE TEAM	K30	16	00:02:40	00:33:44	01:07:55.40	01:10:36.35	+00:18:52 (27.8%)	6:47	8.8 (72.1%)
17	NOWAK Sylwia	49	CZARNE BIEGA	K30	17	00:02:44	00:33:06	01:09:16.30	01:12:00.90	+00:20:13 (29.2%)	6:55	8.7 (71.3%)
18	FIJAŁKOWSKA Małgorzata	15	TEAM BIEGOWY SZCZECINEK	K30	18	00:02:44	00:34:27	01:11:01.65	01:13:46.10	+00:21:58 (30.9%)	7:06	8.4 (68.9%)
19	RZESZOTKA Sonia	56		K30	19	00:02:42	00:34:44	01:11:07.80	01:13:50.60	+00:22:04 (31.0%)	7:06	8.4 (68.9%)
20	FLAK Magdalena	17	LOLEK TEAM	K30	20	00:02:43	00:34:42	01:11:08.70	01:13:51.75	+00:22:05 (31.1%)	7:06	8.4 (68.9%)
21	JABŁOŃSKA Renata	74	TEAM BIEGOWY SZCZECINEK	K30	21	00:02:44	00:34:56			+00:10:45	6:59	8.6 (70.5%)

Znaleziono 21 wynik(ów)