



CROSS NA WRZOSACH - OKONEK - 10KM

B4SPORT

Organiser: Nadleśnictwo Okonek
Date: 2016-09-11
Place: Okonek
Distance: 10 km



Classification: M60

Place	Participant	Number	Club	Category	MCat	Start time	Start_All 5km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	RUDNIK Jerzy	55	FLORIAN	M60	1	00:02:38	00:25:40	00:52:26.40	00:55:05.35		5:14	11.4 (100%)
2	KARNICKI Zygmunt	30	TKKF KOSZALIN	M60	2	00:02:41	00:28:51	00:59:00.55	01:01:42.05	+00:06:34 (11.1%)	5:54	10.2 (89.5%)
3	HELLER Zdzisław	20	NIEZRZESZONY	M60	3	00:02:44	00:32:05	01:08:09.60	01:10:53.65	+00:15:43 (23.1%)	6:48	8.8 (77.2%)

Total 3 results.