



CROSS NA WRZOSACH - OKONEK - 5 KM

B4SPORT

Event: CROSS NA WRZOSACH 2018
Organiser: Nadleśnictwo Okonek
Date: 2018-08-25
Place: Okonek
Distance: 5.3 km



Classification: M-OPEN

| Place | Participant | Number | Club | Category | MCat | Net time 5km | Gap | Pace min/km | Pace km/h |
|-------|----------------------------|------------|-------------------------|----------|------|--------------------|-------------------|-------------|--------------|
| 1 | CENTKA Jakub | 61 | MAM TĘ MOC | M18-29 | 1 | 00:20:04.17 | | 4:00 | 15 (100%) |
| 2 | CZECHOWICZ Mikołaj | 65 | TRENUJ Z NAJLEPSZYMI | M14-17 | 1 | 00:20:23.63 | +00:00:19 (1.6%) | 4:04 | 14.7 (98.0%) |
| 3 | CUBER Wojciech | 64 | | M30-39 | 1 | 00:20:38.51 | +00:00:34 (2.8%) | 4:07 | 14.5 (96.7%) |
| 4 | TATYS Bartosz | 124 | - | M14-17 | 2 | 00:20:43.81 | +00:00:39 (3.2%) | 4:08 | 14.5 (96.7%) |
| 5 | KRYZEL Tomasz | 96 | | M18-29 | 2 | 00:21:51.93 | +00:01:47 (8.2%) | 4:22 | 13.7 (91.3%) |
| 6 | LEŚNIEWSKI Tomasz | 100 | | M50-59 | 1 | 00:21:53.76 | +00:01:49 (8.3%) | 4:22 | 13.7 (91.3%) |
| 7 | PYREK Krzysztof | 115 | 1 RBLOG | M30-39 | 2 | 00:22:10.88 | +00:02:06 (9.5%) | 4:26 | 13.5 (90.0%) |
| 8 | KUBIŚ Paweł | 97 | | M30-39 | 3 | 00:22:28.97 | +00:02:24 (10.7%) | 4:29 | 13.3 (88.7%) |
| 9 | KASZUBA Artur | 200 | | M40-49 | 1 | 00:22:32.95 | +00:02:28 (11.0%) | 4:30 | 13.3 (88.7%) |
| 10 | GEMZA Marcin | 74 | | M30-39 | 4 | 00:23:15.25 | +00:03:11 (13.7%) | 4:39 | 12.9 (86.0%) |
| 11 | MICERSKI Tomasz | 106 | TKKF KOSZALIN | M40-49 | 2 | 00:23:18.22 | +00:03:14 (13.9%) | 4:39 | 12.9 (86.0%) |
| 12 | TATYS Tomasz | 123 | - | M40-49 | 3 | 00:23:58.12 | +00:03:53 (16.3%) | 4:47 | 12.5 (83.3%) |
| 13 | GRZES Kacper | 76 | MKP SZCZECINEK | M14-17 | 3 | 00:24:06.54 | +00:04:02 (16.8%) | 4:49 | 12.4 (82.7%) |
| 14 | PIETRZAK Michał | 111 | | M40-49 | 4 | 00:24:33.54 | +00:04:29 (18.3%) | 4:54 | 12.2 (81.3%) |
| 15 | CHUDZIK Piotr | 130 | LZS TOBŻENICA | M50-59 | 2 | 00:24:42.89 | +00:04:38 (18.8%) | 4:56 | 12.1 (80.7%) |
| 16 | ZAKIELARZ Jan | 128 | PRECON POLSKA JASTROWIE | M50-59 | 3 | 00:25:00.79 | +00:04:56 (19.8%) | 5:00 | 12 (80.0%) |
| 17 | FIECEK Łukasz | 71 | | M18-29 | 3 | 00:25:33.62 | +00:05:29 (21.5%) | 5:06 | 11.7 (78.0%) |
| 18 | THOMAS Daniel | 125 | PRECON POLSKA JASTROWIE | M30-39 | 5 | 00:25:39.52 | +00:05:35 (21.8%) | 5:07 | 11.7 (78.0%) |
| 19 | RYBAK Krzysztof | 131 | | M14-17 | 4 | 00:26:39.94 | +00:06:35 (24.7%) | 5:20 | 11.3 (75.3%) |
| 20 | FELKOWSKI Tomasz | 70 | | M30-39 | 6 | 00:26:59.84 | +00:06:55 (25.7%) | 5:24 | 11.1 (74.0%) |
| 21 | LEŚNIEWSKI Dariusz | 101 | | M40-49 | 5 | 00:27:38.46 | +00:07:34 (27.4%) | 5:31 | 10.8 (72.0%) |
| 22 | HAŁKA Arkadiusz | 81 | TRUCHT ŁOBEZ | M40-49 | 6 | 00:27:45.85 | +00:07:41 (27.7%) | 5:33 | 10.8 (72.0%) |
| 23 | KARABASZ Krzysztof | 88 | | M40-49 | 7 | 00:28:59.11 | +00:08:54 (30.8%) | 5:47 | 10.4 (69.3%) |
| 24 | SUCHANOWSKI Zygmunt | 121 | | M50-59 | 4 | 00:29:31.47 | +00:09:27 (32.0%) | 5:54 | 10.2 (68.0%) |
| 25 | HORYŃ Robert | 82 | ZABIEGANINOĄ | M30-39 | 7 | 00:30:20.66 | +00:10:16 (33.9%) | 6:04 | 9.9 (66.0%) |
| 26 | DRZAZGA Zbigniew | 68 | SZCZECINEK | M50-59 | 5 | 00:30:31.98 | +00:10:27 (34.3%) | 6:06 | 9.8 (65.3%) |
| 27 | MISIEK Andrzej | 91 | #ZABIEGANINOĄ | M40-49 | 8 | 00:30:33.11 | +00:10:28 (34.3%) | 6:06 | 9.8 (65.3%) |

| Place | Participant | Number | Club | Category | MCat | Net time 5km | Gap | Pace min/km | Pace km/h |
|-------|------------------------------|------------|------------------------|----------|------|--------------------|-------------------|-------------|-------------|
| 28 | DREWNOWSKI Adam | 67 | ZASAPANI | M40-49 | 9 | 00:30:33.93 | +00:10:29 (34.3%) | 6:06 | 9.8 (65.3%) |
| 29 | BYSTRZYŃSKI Jan | 59 | | M40-49 | 10 | 00:30:49.65 | +00:10:45 (34.9%) | 6:10 | 9.7 (64.7%) |
| 30 | RYNKIEWICZ Piotr | 119 | TEAM BIEGOWY WALDEK | M30-39 | 8 | 00:31:05.57 | +00:11:01 (35.5%) | 6:13 | 9.7 (64.7%) |
| 31 | MAZURKIEWICZ Grzegorz | 105 | | M50-59 | 6 | 00:31:10.91 | +00:11:06 (35.6%) | 6:14 | 9.6 (64.0%) |
| 32 | BUTOWICZ Adam | 58 | | M50-59 | 7 | 00:31:22.46 | +00:11:18 (36.0%) | 6:16 | 9.6 (64.0%) |
| 33 | MAZUR Arkadiusz | 104 | | M40-49 | 11 | 00:31:44.13 | +00:11:39 (36.8%) | 6:20 | 9.5 (63.3%) |
| 34 | TOMCZYK Artur | 51 | | M30-39 | 9 | 00:32:11.91 | +00:12:07 (37.7%) | 6:26 | 9.3 (62.0%) |
| 35 | BUCHOWSKI Marek | 57 | PARKRUN | M60-69 | 1 | 00:32:21.92 | +00:12:17 (38.0%) | 6:28 | 9.3 (62.0%) |
| 36 | BĄBIŃSKI Grzegorz | 56 | | M50-59 | 8 | 00:32:22.43 | +00:12:18 (38.0%) | 6:28 | 9.3 (62.0%) |
| 37 | IWANIAK Dariusz | 84 | | M40-49 | 12 | 00:32:31.77 | +00:12:27 (38.3%) | 6:30 | 9.2 (61.3%) |
| 38 | KOWALIK Mirosław | 94 | | M50-59 | 9 | 00:32:39.42 | +00:12:35 (38.5%) | 6:31 | 9.2 (61.3%) |
| 39 | PACHUTA Marcin | 196 | | M40-49 | 13 | 00:35:51.93 | +00:15:47 (44.0%) | 7:10 | 8.4 (56.0%) |
| 40 | MAŁYSZEWICZ Tomasz | 103 | #TEAMDKMS,KS BIAŁY BÓR | M18-29 | 4 | 00:38:07.25 | +00:18:03 (47.4%) | 7:37 | 7.9 (52.7%) |

Total 40 results.