



**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

## CROSS NA WRZOSACH - OKONEK - 5KM

B4SPORT



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Osoby niepełnosprawne	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KOPYCIŃSKI Łukasz	909		M-2	1		00:20:02.35	00:20:04.70		4:00	15 (100%)
2	STARSZAK Marcin	901		M-3	1		00:20:20.50	00:20:23.05	+00:00:18 (1.5%)	4:04	14.7 (98.0%)
3	GUZAL Kamil	592		M-2	2		00:20:49.20	00:20:51.55	+00:00:46 (3.7%)	4:09	14.4 (96.0%)
4	KUNCEWICZ Robert	125		M-3	2		00:20:59.55	00:21:01.90	+00:00:57 (4.5%)	4:11	14.3 (95.3%)
5	LIPIŃSKI Rafał	540		M-4	1		00:22:12.00	00:22:15.25	+00:02:10 (9.8%)	4:26	13.5 (90.0%)
6	RYCHTER Antonina	529		K-3	1		00:23:07.50	00:23:09.40	+00:03:04 (13.3%)	4:37	13 (86.7%)
7	KORCZYŃSKI Sławomir	527		M-2	3		00:23:32.20	00:23:34.25	+00:03:29 (14.8%)	4:42	12.7 (84.7%)
8	LAS Mateusz	526		M-2	4		00:23:53.10	00:23:57.00	+00:03:52 (16.2%)	4:46	12.6 (84.0%)
9	ZIÓŁKOWSKI Wojciech	527		M-3	3		00:24:07.55	00:24:11.15	+00:04:06 (17.0%)	4:49	12.4 (82.7%)
10	CUBER Wojciech	515		M-3	4		00:24:10.15	00:24:14.20	+00:04:09 (17.2%)	4:50	12.4 (82.7%)
11	KASPEROWICZ Zdzisław	531		M-4	2		00:25:05.20	00:25:07.50	+00:05:02 (20.1%)	5:01	12 (80.0%)
12	MĘDEL Marta	535		K-3	2		00:25:08.15	00:25:14.10	+00:05:09 (20.4%)	5:01	11.9 (79.3%)
13	KOZŁOWIECKI Waldek	532		M-6	1		00:25:44.15	00:25:47.00	+00:05:42 (22.1%)	5:09	11.7 (78.0%)
14	FELKOWSKI Tomasz	121		M-3	5		00:26:11.45	00:26:16.70	+00:06:12 (23.6%)	5:14	11.5 (76.7%)
15	OSIÓW Aleksandra	959		K-2	1		00:27:19.30	00:27:22.95	+00:07:18 (26.7%)	5:27	11 (73.3%)
16	NITA Wiesław	529		M-4	3		00:27:29.60	00:27:33.10	+00:07:28 (27.1%)	5:30	10.9 (72.7%)
17	MAZURKIEWICZ Grzegorz	111		M-5	1		00:28:07.35	00:28:12.35	+00:08:07 (28.8%)	5:37	10.7 (71.3%)
18	GAŁAN Joanna	126		K-4	1		00:28:40.95	00:28:45.30	+00:08:40 (30.2%)	5:44	10.5 (70.0%)
19	WISNIEWSKI Zbigniew	910		M-7	1		00:29:35.20	00:29:37.30	+00:09:32 (32.2%)	5:55	10.1 (67.3%)
20	SYPNIEWSKA Daria	523		K-2	2		00:29:33.60	00:29:39.30	+00:09:34 (32.3%)	5:54	10.1 (67.3%)
21	GAWROŃSKI Grzegorz	114		M-4	4		00:29:54.05	00:29:59.05	+00:09:54 (33.0%)	5:58	10 (66.7%)
22	HIROWICZ Agnieszka	534		K-3	3		00:29:54.85	00:30:01.05	+00:09:56 (33.1%)	5:59	10 (66.7%)
23	DRZAZGA Zbigniew	600		M-4	5		00:30:11.40	00:30:16.95	+00:10:12 (33.7%)	6:02	9.9 (66.0%)
24	NITA Katarzyna	530		K-4	2		00:30:19.40	00:30:22.35	+00:10:17 (33.9%)	6:04	9.9 (66.0%)
25	CIEŚLIK Aneta	590		K-3	4		00:30:33.45	00:30:36.75	+00:10:32 (34.4%)	6:06	9.8 (65.3%)
26	BARCZAK Iga	517		K-1	1		00:30:58.85	00:31:02.15	+00:10:57 (35.3%)	6:11	9.7 (64.7%)
27	BARCZAK Rafał	516		M-4	6		00:30:59.60	00:31:02.75	+00:10:58 (35.3%)	6:11	9.7 (64.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Osoby niepełnosprawne	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
28	<b>KOWAL Natalia</b>	<b>118</b>		K-2	3		<b>00:31:18.15</b>	<b>00:31:23.85</b>	+00:11:19 (36.1%)	6:15	9.6 (64.0%)
29	<b>MINDYKOWSKA Ewa</b>	<b>519</b>		K-4	3		<b>00:31:26.20</b>	<b>00:31:30.60</b>	+00:11:25 (36.3%)	6:17	9.5 (63.3%)
30	<b>PRĘDKA Agnieszka</b>	<b>593</b>		K-3	5		<b>00:32:08.90</b>	<b>00:32:12.55</b>	+00:12:07 (37.7%)	6:25	9.3 (62.0%)
31	<b>WINCASZEK Maria</b>	<b>591</b>		K-4	4		<b>00:32:35.45</b>	<b>00:32:38.75</b>	+00:12:34 (38.5%)	6:31	9.2 (61.3%)
32	<b>LIPIŃSKI Antoni</b>	<b>539</b>		M-1	1		<b>00:33:22.25</b>	<b>00:33:25.10</b>	+00:13:20 (39.9%)	6:40	9 (60.0%)
33	<b>STASZEWSKA Aneta</b>	<b>597</b>		K-4	5		<b>00:34:25.20</b>	<b>00:34:29.45</b>	+00:14:24 (41.8%)	6:53	8.7 (58.0%)
34	<b>KOŁODZIEJCZAK Agnieszka</b>	<b>595</b>		K-3	6		<b>00:34:25.65</b>	<b>00:34:29.90</b>	+00:14:25 (41.8%)	6:53	8.7 (58.0%)
35	<b>PLATA Katarzyna</b>	<b>120</b>		K-3	7		<b>00:34:35.00</b>	<b>00:34:41.00</b>	+00:14:36 (42.1%)	6:55	8.7 (58.0%)
36	<b>FELKOWSKA Karolina</b>	<b>122</b>		K-3	8		<b>00:35:04.10</b>	<b>00:35:09.50</b>	+00:15:04 (42.9%)	7:00	8.6 (57.3%)
37	<b>KRÓLIKOWSKA Jadwiga</b>	<b>528</b>		K-4	6		<b>00:35:42.55</b>	<b>00:35:47.55</b>	+00:15:42 (43.9%)	7:08	8.4 (56.0%)
38	<b>MALĄG-BAIK Anna</b>	<b>513</b>		K-2	4		<b>00:36:09.50</b>	<b>00:36:15.75</b>	+00:16:11 (44.6%)	7:13	8.3 (55.3%)
39	<b>KOWALCZYK Joanna</b>	<b>942</b>		K-2	5		<b>00:37:02.25</b>	<b>00:37:06.20</b>	+00:17:01 (45.9%)	7:24	8.1 (54.0%)
40	<b>PRZYBYLSKI Wojciech</b>	<b>945</b>		M-1	2		<b>00:37:12.40</b>	<b>00:37:20.90</b>	+00:17:16 (46.2%)	7:26	8.1 (54.0%)
41	<b>PRZYBYLSKI Andrzej</b>	<b>948</b>		M-3	6		<b>00:37:13.65</b>	<b>00:37:22.10</b>	+00:17:17 (46.3%)	7:26	8.1 (54.0%)
42	<b>WILKOWSKA Małgorzata</b>	<b>116</b>		K-3	9		<b>00:37:41.75</b>	<b>00:37:45.55</b>	+00:17:40 (46.8%)	7:32	8 (53.3%)
43	<b>LEWANDOWSKA Małgorzata</b>	<b>514</b>		K-2	6		<b>00:39:37.80</b>	<b>00:39:42.75</b>	+00:19:38 (49.4%)	7:55	7.6 (50.7%)
44	<b>ŻYLIŃSKI Przemysław</b>	<b>588</b>		M-3	7		<b>00:41:01.90</b>	<b>00:41:07.55</b>	+00:21:02 (51.2%)	8:12	7.3 (48.7%)

Znaleziono 44 wynik(ów)