



Organizator:
Data:
Miejsce:
Dystans:

CROSS NA WRZOSACH - OKONEK - 5KM

Nadleśnictwo Okonek
2016-09-11
Okonek
5 km

B4SPORT



Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KRAJEWSKA Hanna	109	GWDA PIŁA	K17	1	00:01:19	00:23:31.40	00:24:50.70		4:42	12.8 (100%)
2	BOGACKA Lucyna	85	TKKF KOSZALIN	K55	1	00:01:20	00:26:58.95	00:28:19.65	+00:03:27 (12.8%)	5:23	11.1 (86.7%)
3	BARANEK Aleksandra	82	MIEJSKI KLUB PŁYWACKI SZCZECINEK	K17	2	00:01:19	00:27:37.05	00:28:56.95	+00:04:05 (14.8%)	5:31	10.9 (85.2%)
4	SKROBANEK Hanna	133	MKP SZCZECINEK	K17	3	00:01:19	00:27:38.70	00:28:58.30	+00:04:07 (14.9%)	5:31	10.8 (84.4%)
5	ZARĘBA Anna	141		K20	1	00:01:22	00:28:20.90	00:29:43.85	+00:04:49 (17.0%)	5:40	10.6 (82.8%)
6	MAZUREK Barbara	149	BABECZKI KOSZALIN	K30	1	00:01:20	00:29:21.50	00:30:41.70	+00:05:50 (19.9%)	5:52	10.2 (79.7%)
7	SKOCZYLAS Bożena	146		K40	1	00:01:20	00:29:42.50	00:31:02.55	+00:06:11 (20.8%)	5:56	10.1 (78.9%)
8	NITA Katarzyna	120	VILLAGE PUNK RUN	K40	2	00:01:23	00:29:43.60	00:31:06.65	+00:06:12 (20.9%)	5:56	10.1 (78.9%)
9	PYREK Iwona	126		K30	2	00:01:20	00:30:29.15	00:31:49.40	+00:06:57 (22.8%)	6:05	9.8 (76.6%)
10	PLUTA Katarzyna	123		K20	2	00:01:19	00:31:07.85	00:32:27.65	+00:07:36 (24.4%)	6:13	9.6 (75.0%)
11	JEDLECKA Magdalena	102		K40	3	00:01:23	00:31:26.20	00:32:50.10	+00:07:54 (25.2%)	6:17	9.5 (74.2%)
12	STOCKA-PODŁYSKA Żaneta	160		K30	3	00:01:19	00:31:53.10	00:33:13.00	+00:08:21 (26.2%)	6:22	9.4 (73.4%)
13	WAWRZYNIUK-NOWACZYK Anna	138	ROZBIEGANY KOSZALIN	K30	4	00:01:21	00:32:24.45	00:33:45.90	+00:08:53 (27.4%)	6:28	9.3 (72.7%)
14	NERC Patrycja	119	MIEJSKI KLUB PŁYWACKI SZCZECINEK	K17	4	00:01:20	00:32:34.55	00:33:54.75	+00:09:03 (27.8%)	6:30	9.2 (71.9%)
15	SKROBANEK Zofia	134	MKP SZCZECINEK	K17	5	00:01:19	00:32:35.35	00:33:54.95	+00:09:03 (27.8%)	6:31	9.2 (71.9%)
16	STORCZYK Beata	198		K20	3	00:01:24	00:32:55.90	00:34:20.25	+00:09:24 (28.6%)	6:35	9.1 (71.1%)
17	ANDRUSZKIEWICZ Basia	81	PARKRUN SZCZECINEK	K17	6	00:01:22	00:33:17.85	00:34:40.50	+00:09:46 (29.4%)	6:39	9 (70.3%)
18	PIĄTEK Aneta	122		K40	4	00:01:21	00:33:31.90	00:34:53.70	+00:10:00 (29.8%)	6:42	8.9 (69.5%)
19	MOŻEJKO Anna	88	BABECZKI KOSZALIN	K30	5	00:01:25	00:33:34.45	00:34:59.45	+00:10:03 (29.9%)	6:42	8.9 (69.5%)
20	STEC Edyta	136	BABECZKI KOSZALIN	K30	6	00:01:25	00:33:34.50	00:34:59.80	+00:10:03 (29.9%)	6:42	8.9 (69.5%)
21	RZEPECKA Małgorzata	147	DPLOT 12BZ	K20	4	00:01:18	00:33:59.20	00:35:18.05	+00:10:27 (30.8%)	6:48	8.8 (68.8%)
22	DOMAŃSKA Katarzyna	91		K30	7	00:01:22	00:34:38.85	00:36:01.50	+00:11:07 (32.1%)	6:55	8.7 (68.0%)
23	MARSZAŁKOWSKA Dorota	117	TKKF KOSZALIN	K50	1	00:01:22	00:35:07.30	00:36:29.55	+00:11:35 (33.0%)	7:01	8.5 (66.4%)
24	FELKOWSKA Karolina	95		K30	8	00:01:24	00:35:21.75	00:36:45.75	+00:11:50 (33.5%)	7:04	8.5 (66.4%)
25	LABUDDA Katarzyna	113		K30	9	00:01:23	00:35:35.35	00:36:58.60	+00:12:03 (33.9%)	7:07	8.4 (65.6%)
26	CHAŁAT Dorota	87	ERA KOBIET - STOWARZYSZENIE	K50	2	00:01:25	00:35:41.35	00:37:07.05	+00:12:09 (34.1%)	7:08	8.4 (65.6%)
27	SZYMAŃSKA Joanna	758		K45	1	00:01:21	00:35:55.20	00:37:17.05	+00:12:23 (34.5%)	7:11	8.3 (64.8%)

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28	KURCZ Barbara	110		K45	2	00:01:25	00:35:58.10	00:37:23.55	+00:12:26 (34.6%)	7:11	8.3 (64.8%)
29	JABŁOŃSKA Małgorzata	99		K40	5	00:01:21	00:36:18.20	00:37:39.85	+00:12:46 (35.2%)	7:15	8.3 (64.8%)
30	DĘBOWSKA-SZCZYTKOWSKA Izabella	11	KB SPRINT ŚWIDWIN	K40	6	00:01:24	00:38:33.25	00:39:57.45	+00:15:01 (39.0%)	7:42	7.8 (60.9%)
31	LIPIŃSKA Małgorzata	115		K20	5	00:01:22	00:38:34.75	00:39:57.10	+00:15:03 (39.0%)	7:43	7.8 (60.9%)
32	KOZŁOWIECKA Małgorzata	107		K55	2	00:01:21	00:38:42.20	00:40:03.35	+00:15:10 (39.2%)	7:44	7.8 (60.9%)
33	WILKOWSKA Małgorzata	139		K30	10	00:01:22	00:40:01.30	00:41:23.95	+00:16:29 (41.2%)	8:00	7.5 (58.6%)
34	BLACHOWSKA Monika	83		K30	11	00:01:24	00:41:20.25	00:42:44.80	+00:17:48 (43.1%)	8:16	7.3 (57.0%)
35	RATAJCZYK Ewa	128	VILLAGE PUNK RUN	K45	3	00:01:23	00:41:36.15	00:43:00.05	+00:18:04 (43.5%)	8:19	7.2 (56.3%)
36	STASZEK Mariola	135	NIEZRZESZONA	K50	3	00:01:25	00:49:08.40	00:50:33.80	+00:25:37 (52.1%)	9:49	6.1 (47.7%)

Znaleziono 36 wynik(ów)