



Organizator:
Data:
Miejsce:
Dystans:

CROSS NA WRZOSACH - OKONEK - 5KM

Nadleśnictwo Okonek
2016-09-11
Okonek
5 km

B4SPORT



Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SIÓDMIAK Igor	131	MKP SZCZECINEK	M20	1	00:01:18	00:18:31.60	00:19:50.35		3:42	16.2 (100%)
2	RATAJCZYK Jakub	129		M20	2	00:01:19	00:20:46.30	00:22:05.35	+00:02:14 (10.8%)	4:09	14.4 (88.9%)
3	GUZAL Kamil	143		M20	3	00:01:19	00:21:04.50	00:22:23.50	+00:02:32 (12.1%)	4:12	14.2 (87.7%)
4	JAŻWIŃSKI Dawid	101	TKKF KOSZALIN	M17	1	00:01:19	00:21:56.35	00:23:15.45	+00:03:24 (15.6%)	4:23	13.7 (84.6%)
5	PODŁYSKA Tadeusz	159		M30	1	00:01:19	00:22:31.80	00:23:50.80	+00:04:00 (17.8%)	4:30	13.3 (82.1%)
6	CUBER Wojciech	89	#ZARAZQA	M30	2	00:01:19	00:22:35.30	00:23:54.60	+00:04:03 (18.0%)	4:31	13.3 (82.1%)
7	LESZCZYSZYN Paweł	150		M30	3	00:01:20	00:22:44.20	00:24:04.85	+00:04:12 (18.5%)	4:32	13.2 (81.5%)
8	ZIÓŁKOWSKI Wojciech	142	GOCH BYTÓW	M30	4	00:01:21	00:23:20.70	00:24:41.95	+00:04:49 (20.6%)	4:40	12.9 (79.6%)
9	PYREK Krzysztof	125	2 BZ	M30	5	00:01:20	00:23:39.75	00:24:59.80	+00:05:08 (21.7%)	4:43	12.7 (78.4%)
10	SKOCZYLAS Henryk	132		M40	1	00:01:20	00:23:53.40	00:25:13.75	+00:05:21 (22.5%)	4:46	12.6 (77.8%)
11	GRZEŚ Kacper	97	MKP SZCZECINEK	M17	2	00:01:20	00:24:19.90	00:25:40.45	+00:05:48 (23.9%)	4:52	12.3 (75.9%)
12	TRĘBSKI Krzysztof	137		M40	2	00:01:21	00:25:58.90	00:27:20.00	+00:07:27 (28.7%)	5:11	11.5 (71.0%)
13	RATAJCZYK Grzegorz	127	VILLAGE PUNK RUN	M45	1	00:01:22	00:26:17.75	00:27:39.85	+00:07:46 (29.5%)	5:15	11.4 (70.4%)
14	KUNA Dawid	210		M20	4	00:01:23	00:26:24.60	00:27:48.15	+00:07:53 (29.8%)	5:17	11.4 (70.4%)
15	NITA Wiesław	121	VILLAGE PUNK RUN	M45	2	00:01:21	00:27:22.80	00:28:44.65	+00:08:51 (32.3%)	5:28	11 (67.9%)
16	KOZŁOWIECKI Waldemar	108	TKKF KOSZALIN	M65	1	00:01:20	00:27:42.30	00:29:02.70	+00:09:10 (33.1%)	5:32	10.8 (66.7%)
17	BOGACKI Tomasz	86	TKKF KOSZALIN	M55	1	00:01:20	00:27:53.15	00:29:14.05	+00:09:21 (33.6%)	5:34	10.8 (66.7%)
18	IDZIAK Paweł	154	TEAM BIEGOWY SZCZECINEK	M30	6	00:02:38	00:28:18.90	00:30:57.50	+00:09:47 (34.6%)	5:39	10.6 (65.4%)
19	FELKOWSKI Tomasz	96		M30	7	00:01:24	00:28:34.80	00:29:59.00	+00:10:03 (35.2%)	5:43	10.5 (64.8%)
20	BLACHOWSKI Waldemar	84		M30	8	00:01:21	00:28:48.80	00:30:09.90	+00:10:17 (35.7%)	5:45	10.4 (64.2%)
21	JASKÓŁKA-STANISZ Paweł	100		M20	5	00:01:22	00:29:01.30	00:30:23.75	+00:10:29 (36.2%)	5:48	10.3 (63.6%)
22	SŁOMKA Maciej	409		M45	3	00:01:22	00:29:18.15	00:30:40.55	+00:10:46 (36.8%)	5:51	10.2 (63.0%)
23	DRZAZGA Zbigniew	151	PARKRUN SZCZECINEK	M45	4	00:01:20	00:29:48.65	00:31:09.20	+00:11:17 (37.9%)	5:57	10.1 (62.3%)
24	SAWCZUK Bogdan	145		M60	1	00:01:23	00:29:49.70	00:31:13.65	+00:11:18 (37.9%)	5:58	10.1 (62.3%)
25	KUŚ Michał	112		M17	3	00:01:21	00:30:20.35	00:31:41.65	+00:11:48 (38.9%)	6:04	9.9 (61.1%)
26	DOMAŃSKI Adam	92		M40	3	00:01:25	00:30:25.40	00:31:50.50	+00:11:53 (39.1%)	6:05	9.9 (61.1%)
27	RYBAK Krzysztof	144		M17	4	00:01:19	00:31:23.05	00:32:42.55	+00:12:51 (41.0%)	6:16	9.6 (59.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
28	LIPIŃSKI Marcin	116		M20	6	00:01:22	00:31:44.60	00:33:07.55	+00:13:13 (41.6%)	6:21	9.4 (58.0%)
29	PRZYBYLSKI Wojciech	924	RODZINKA.PL	M17	5	00:02:00	00:31:47.50	00:33:48.35	+00:13:15 (41.7%)	6:21	9.4 (58.0%)
30	PRZYBYLSKI Andrzej	124		M30	9	00:02:01	00:32:05.95	00:34:06.95	+00:13:34 (42.3%)	6:25	9.4 (58.0%)
31	JEDLECKI Kacper	103		M17	6	00:01:23	00:32:24.80	00:33:47.95	+00:13:53 (42.8%)	6:28	9.3 (57.4%)
32	DOMAŃSKI Krzysztof	93		M17	7	00:01:22	00:32:31.60	00:33:54.45	+00:14:00 (43.0%)	6:30	9.2 (56.8%)
33	ZALESKI Marek	220	MARATOŃCZYK OKONEK	M55	2	00:01:19	00:33:36.65	00:34:56.00	+00:15:05 (44.9%)	6:43	8.9 (54.9%)
34	KUŚ Andrzej	111		M17	8	00:01:21	00:33:54.40	00:35:15.95	+00:15:22 (45.4%)	6:46	8.8 (54.3%)
35	KIEŁTYKA Tomasz	105		M30	10	00:01:22	00:34:00.75	00:35:23.40	+00:15:29 (45.5%)	6:48	8.8 (54.3%)
36	DWORANOWSKI Adrian	94		M20	7	00:01:26	00:34:11.55	00:35:37.65	+00:15:39 (45.8%)	6:50	8.8 (54.3%)
37	BĄBIŃSKI Grzegorz	194		M50	1	00:01:19	00:34:54.30	00:36:14.25	+00:16:22 (46.9%)	6:59	8.6 (53.1%)
38	HAUSMAN Andrzej	98	KSR ROWERIA	M60	2	00:01:26	00:38:37.85	00:40:03.95	+00:20:06 (52.0%)	7:43	7.8 (48.1%)
39	JEDLECKI Kajetan	104		M17	9	00:01:23	00:40:22.20	00:41:45.60	+00:21:50 (54.1%)	8:04	7.4 (45.7%)

Znaleziono 39 wynik(ów)