



# CZAPLINEK - PUCHAR POMORZA NORDIC WALKING - 10 KM

B4SPORT

**Organizator:** PFNW  
**Data:** 2016-06-19  
**Miejsce:** Czaplonek  
**Dystans:** 10 km



Klasyfikacja: K40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	2.5km	5km	7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>GOLEC Dorota</b>	<b>520</b>		K40-49	1			00:02:41	00:19:09	00:38:18	00:58:00	<b>01:18:00.85</b>	<b>01:20:42.25</b>		7:48	7.7 (100%)
2	<b>BANASZKIEWICZ Katarzyna</b>	<b>504</b>	JEZIORKI-AKTYWNA WIEŚ	K40-49	2			00:02:40	00:18:48	00:38:24	00:58:06	<b>01:18:13.75</b>	<b>01:20:54.50</b>	+00:00:12 (0.3%)	7:49	7.7 (100%)
3	<b>BRZOZOWSKA Renata</b>	<b>507</b>	PENDOLINO	K40-49	3			00:02:39	00:18:56	00:38:34	00:58:51	<b>01:19:47.15</b>	<b>01:22:26.20</b>	+00:01:46 (2.2%)	7:58	7.5 (97.4%)
4	<b>PALIWODA Kasia</b>	<b>540</b>	EKSPEDYCJA NORDIC TEAM SZCZECIN	K40-49	4			00:02:39	00:18:39	00:38:37	00:59:13	<b>01:20:17.05</b>	<b>01:22:56.15</b>	+00:02:16 (2.8%)	8:01	7.5 (97.4%)
5	<b>HINC Iwona</b>	<b>522</b>	FACE NORDIC WALKING TEAM	K40-49	5			00:02:39	00:19:31	00:39:55	01:00:10	<b>01:20:19.55</b>	<b>01:22:59.40</b>	+00:02:18 (2.9%)	8:02	7.5 (97.4%)
6	<b>KOZŁOWSKA Agnieszka</b>	<b>561</b>	FACE NORDIC WALKING TEAM	K40-49	6			00:02:40	00:19:16	00:39:41	01:00:47	<b>01:22:25.15</b>	<b>01:25:05.60</b>	+00:04:24 (5.3%)	8:14	7.3 (94.8%)
7	<b>WACHOWIAK Sylwia</b>	<b>555</b>		K40-49	7			00:02:42	00:20:46	00:41:37	01:02:43	<b>01:23:42.05</b>	<b>01:26:24.10</b>	+00:05:41 (6.8%)	8:22	7.2 (93.5%)
8	<b>SOBECKA Marzena</b>	<b>547</b>		K40-49	8			00:02:41	00:20:40	00:42:00	01:03:11	<b>01:24:27.20</b>	<b>01:27:08.70</b>	+00:06:26 (7.6%)	8:26	7.1 (92.2%)
9	<b>LANGMESSER Regina</b>	<b>532</b>	LKS ZANTYR	K40-49	9			00:02:40	00:20:14	00:41:33	01:03:51	<b>01:25:33.80</b>	<b>01:28:14.00</b>	+00:07:32 (8.8%)	8:33	7 (90.9%)
10	<b>DUSZA Anna</b>	<b>514</b>		K40-49	10			00:02:39	00:20:35	00:42:33	01:04:56	<b>01:28:18.00</b>	<b>01:30:57.35</b>	+00:10:17 (11.6%)	8:49	6.8 (88.3%)
11	<b>GIERSZENDORF Monika</b>	<b>519</b>	FACE NORDIC WALKING TEAM	K40-49	11			00:02:40	00:21:50	00:44:28	01:07:38	<b>01:31:24.20</b>	<b>01:34:05.15</b>	+00:13:23 (14.6%)	9:08	6.6 (85.7%)
12	<b>KOWALCZUK Maria</b>	<b>526</b>		K40-49	12			00:02:40	00:22:25	00:45:25	01:08:35	<b>01:31:27.85</b>	<b>01:34:08.30</b>	+00:13:27 (14.7%)	9:08	6.6 (85.7%)
13	<b>ABRAMOWICZ Ewa</b>	<b>501</b>		K40-49	13			00:02:40	00:22:26	00:45:24	01:08:32	<b>01:31:31.15</b>	<b>01:34:11.90</b>	+00:13:30 (14.8%)	9:09	6.6 (85.7%)
14	<b>DROZDOWICZ Dorota</b>	<b>513</b>	CZARNE PANTERY	K40-49	14			00:02:39	00:22:00	00:44:54	01:08:46	<b>01:31:50.55</b>	<b>01:34:30.10</b>	+00:13:49 (15.1%)	9:11	6.5 (84.4%)

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15	<b>ŁASECKA Katarzyna</b>	<b>536</b>	CZARNE PANTERY	K40-49	15			00:02:42	00:20:46	00:41:38				+00:03:21	8:19	7.2 (93.5%)
	<b>WALASEK Julitta</b>	<b>556</b>	FACE NORDIC WALKING TEAM	K40-49				DNF	00:23:47 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 16 wynik(ów)