



## CZAPLINEK - PUCHAR POMORZA NORDIC WALKING - 10KM

B4SPORT

**Organiser:** PFNW  
**Date:** 2015-06-14  
**Place:** Czaplonek  
**Distance:** 10 km



Classification: M 30-39

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	2.5km	5km	7.5km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	<b>WITCZUK Łukasz</b>	<b>184</b>	LUKI TEAM SIEDLCE	M 30-39	1			00:00:04	00:17:17	00:35:27	00:53:52	<b>01:11:48</b>	<b>01:11:52</b>		7:10	8.4 (100%)
2	<b>RACZYŃSKI Kazimierz</b>	<b>186</b>	PTTK KOSZALIN	M 30-39	2			00:00:03	00:18:04	00:36:19	00:54:21	<b>01:12:22</b>	<b>01:12:25</b>	+00:00:34 (0.8%)	7:14	8.3 (98.8%)
3	<b>JANKOWSKI Marcin</b>	<b>172</b>	KS ELBLĄSKIE WŁÓCZYKIJE	M 30-39	3			00:00:03	00:19:00	00:39:09	00:59:27	<b>01:19:56</b>	<b>01:19:59</b>	+00:08:08 (10.2%)	7:59	7.5 (89.3%)

Total 3 results.