



CZAPLINEK - PUCHAR POMORZA NORDIC WALKING - 10KM

B4SPORT

Organiser: PFNW
Date: 2015-06-14
Place: Czaplinek
Distance: 10 km



Classification: M 40-49

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	2.5km	5km	7.5km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	BOGACKI Sławek	174	ENERGA NW TEAM	M 40-49	1			00:00:04	00:16:42	00:33:31	00:50:58	01:08:07	01:08:11		6:48	8.8 (100%)
2	ŚWIDEREK Ludwik	176	IMPERIAL	M 40-49	2			00:00:04	00:16:44	00:33:33	00:51:01	01:08:26	01:08:30	+00:00:19 (0.5%)	6:50	8.8 (100%)
3	NAKONIECZNY Grzegorz	189	EKSPEDYCJA	M 40-49	3			00:00:04	00:18:07	00:37:08	00:56:25	01:15:35	01:15:39	+00:07:28 (9.9%)	7:33	7.9 (89.8%)
4	SOBOLEWSKI Marek	188		M 40-49	4			00:00:05	00:20:29	00:40:59	01:01:14	01:20:28	01:20:33	+00:12:21 (15.3%)	8:02	7.5 (85.2%)
5	JÓŹWIAK Łukasz	156	WTW WŁOCŁAWEK	M 40-49	5			00:00:05	00:19:34	00:39:47	01:00:29	01:21:33	01:21:38	+00:13:26 (16.5%)	8:09	7.4 (84.1%)

Total 5 results.