



# CZAPLINEK - PUCHAR POMORZA NORDIC WALKING - 5 KM

B4SPORT

**Wydarzenie:** PUCHAR POMORZA NORDIC WALKING  
**Organizator:** Polska Federacja Nordic Walking  
**Data:** 2018-06-17  
**Miejsce:** Czaplonek  
**Dystans:** 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>BRZozowski Piotr</b>	<b>105</b>	NORDIC WALKING POLAND/AKTYWNI POSTOMINO	M30-39	1			00:16:28	<b>00:33:50.10</b>		6:46	8.9 (100%)
2	<b>SANIUK Edward</b>	<b>72</b>	FACE NORDIC WALKING TEAM	M65-69	1			00:17:05	<b>00:34:30.20</b>	+00:00:40 (1.9%)	6:54	8.7 (97.8%)
3	<b>TOPOREK Rafał</b>	<b>88</b>	NWPL/LUKI	M- Niepełnosprawni(B)	1			00:16:42	<b>00:34:41.05</b>	+00:00:50 (2.4%)	6:56	8.6 (96.6%)
4	<b>FRĄCKOWIAK Roman</b>	<b>15</b>	KS METRACO POLKOWICE	M50-54	1			00:17:19	<b>00:34:49.15</b>	+00:00:59 (2.8%)	6:57	8.6 (96.6%)
5	<b>KOPCZEWSKI Dariusz</b>	<b>38</b>	FACE NORDIC WALKING TEAM	M50-54	2			00:17:21	<b>00:35:19.10</b>	+00:01:29 (4.2%)	7:03	8.5 (95.5%)
6	<b>SZYMSKA Małgorzata</b>	<b>102</b>	EKSPEDYCJA NORDIC TEAM SZCZECIN	K30-39	1			00:17:25	<b>00:35:25.50</b>	+00:01:35 (4.5%)	7:05	8.5 (95.5%)
7	<b>TRZCIŃSKI Eugeniusz</b>	<b>89</b>	SPORT I REKREACJA START CHEŁMNO	M60-64	1			00:17:16	<b>00:35:31.50</b>	+00:01:41 (4.8%)	7:06	8.4 (94.4%)
8	<b>ZDANUK Artur</b>	<b>104</b>	EKSPEDYCJA NORDIC TEAM SZCZECIN	M45-49	1			00:17:29	<b>00:36:03.00</b>	+00:02:12 (6.1%)	7:12	8.3 (93.3%)
9	<b>FRĄCKOWIAK Mateusz</b>	<b>16</b>	KS METRACO POLKOWICE	M-Jun.	1	1		00:17:24	<b>00:36:04.05</b>	+00:02:13 (6.2%)	7:12	8.3 (93.3%)
10	<b>SZYMAŃSKI Stefan</b>	<b>84</b>	XV KOŁO POLSKIEGO ZWIĄZKU EMERYTÓW W DYWITACH	M70+	1	1		00:17:23	<b>00:36:12.30</b>	+00:02:22 (6.5%)	7:14	8.3 (93.3%)
11	<b>LIPIŃSKI Karol</b>	<b>47</b>	EKSPEDYCJA NORDIC TEAM SZCZECIN	M40-44	1			00:17:46	<b>00:36:18.05</b>	+00:02:27 (6.8%)	7:15	8.3 (93.3%)
12	<b>KUŚMIEREK Mateusz</b>	<b>42</b>	BŁĘKITNI NW DZIEMIANY	M-Jun.	2			00:17:36	<b>00:36:27.90</b>	+00:02:37 (7.2%)	7:17	8.2 (92.1%)
13	<b>SZPILMAN Katarzyna</b>	<b>80</b>	FACE NORDIC WALKING TEAM	K50-54	1			00:17:57	<b>00:36:39.95</b>	+00:02:49 (7.7%)	7:20	8.2 (92.1%)
14	<b>OKRZESIK-FRĄCKOWIAK Izabela</b>	<b>58</b>	KS METRACO POLKOWICE	K50-54	2			00:18:09	<b>00:36:54.30</b>	+00:03:04 (8.3%)	7:22	8.1 (91.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 2.5km	Czas		Tempo min/km	Tempo km/h
									netto 5km	Różn		
15	<b>TOMCZYK Edward</b>	<b>87</b>	MARSZ PO ZDROWIE POZNAŃ	M70+	2			00:17:47	<b>00:36:59.20</b>	+00:03:09 (8.5%)	7:23	8.1 (91.0%)
16	<b>POLISZCZUK Piotr</b>	<b>65</b>	PIERNIKI NA CHODZIE	M- Niepełnosprawni(A)	1			00:18:06	<b>00:37:08.05</b>	+00:03:17 (8.9%)	7:25	8.1 (91.0%)
17	<b>DALECKI Przemysław</b>	<b>10</b>	GDYNIA SPORT TEAM	M45-49	2			00:18:15	<b>00:37:12.50</b>	+00:03:22 (9.1%)	7:26	8.1 (91.0%)
18	<b>CHMIELEWSKI Marcin</b>	<b>7</b>	PROTYM REACING TEAM	M40-44	2			00:18:00	<b>00:37:14.20</b>	+00:03:24 (9.1%)	7:26	8.1 (91.0%)
19	<b>PINDRAL Piotr</b>	<b>94</b>		M45-49	3			00:18:15	<b>00:37:35.00</b>	+00:03:44 (10.0%)	7:31	8 (89.9%)
20	<b>LUBAWSKI Jerzy</b>	<b>100</b>	FACE NORDIC WALKING TEAM	M60-64	2			00:18:02	<b>00:37:39.10</b>	+00:03:49 (10.1%)	7:31	8 (89.9%)
21	<b>DOLNA Ewelina</b>	<b>12</b>	KSK ŻYJ AKTYWNIIE KOŁCZYGŁOWY	K30-39	2			00:18:56	<b>00:37:59.35</b>	+00:04:09 (10.9%)	7:35	7.9 (88.8%)
22	<b>JÓŹWIAK Marianna</b>	<b>30</b>	SERCE NORDICA WŁOCŁAWEK	K45-49	1			00:18:31	<b>00:38:05.10</b>	+00:04:15 (11.2%)	7:37	7.9 (88.8%)
23	<b>GRYGOROWICZ Bogdan</b>	<b>24</b>	KS METRACO POLKOWICE	M- Niepełnosprawni(B)	2			00:18:28	<b>00:38:06.50</b>	+00:04:16 (11.2%)	7:37	7.9 (88.8%)
24	<b>JASIŁEK Przemysław</b>	<b>27</b>		M40-44	3			00:19:02	<b>00:38:46.00</b>	+00:04:55 (12.7%)	7:45	7.7 (86.5%)
25	<b>BANACH Andrzej</b>	<b>3</b>	RUNGRYF GRYFICE	M50-54	3			00:19:05	<b>00:38:54.70</b>	+00:05:04 (13.0%)	7:47	7.7 (86.5%)
26	<b>SAMOJŁO Sławomir</b>	<b>71</b>		M55-59	1			00:19:12	<b>00:38:56.60</b>	+00:05:06 (13.1%)	7:47	7.7 (86.5%)
27	<b>KŁOS Lidia</b>	<b>35</b>	SPORT I REKREACJA START CHEŁMNO	K40-44	1			00:18:56	<b>00:38:58.55</b>	+00:05:08 (13.2%)	7:47	7.7 (86.5%)
28	<b>KOP Wiesław</b>	<b>109</b>	DAJ RADOŚĆ NIEPEŁNOSPRAWNYM	M55-59	2			00:19:17	<b>00:39:07.90</b>	+00:05:17 (13.5%)	7:49	7.7 (86.5%)
29	<b>WALECKA Romualda</b>	<b>93</b>	SPORT I REKREACJA START CHEŁMNO	K60-64	1	1		00:19:18	<b>00:39:11.55</b>	+00:05:21 (13.7%)	7:50	7.7 (86.5%)
30	<b>STOLTMANN Helena</b>	<b>77</b>	BŁĘKITNI NW DZIEMIANY	K55-59	1			00:19:12	<b>00:39:14.05</b>	+00:05:23 (13.8%)	7:50	7.6 (85.4%)
31	<b>ŁOPIŃSKI Aleksy</b>	<b>48</b>	SEALIN TEAM FERAJNA PIŁA	M70+	3			00:19:27	<b>00:39:18.50</b>	+00:05:28 (13.9%)	7:51	7.6 (85.4%)
32	<b>WIERZCHOSŁAWSKI Mateusz</b>	<b>95</b>		M18-29	1			00:19:29	<b>00:39:30.85</b>	+00:05:40 (14.4%)	7:54	7.6 (85.4%)
33	<b>LESZCZYSZYN Krystyna</b>	<b>45</b>		K60-64	2			00:19:14	<b>00:39:36.60</b>	+00:05:46 (14.6%)	7:55	7.6 (85.4%)
34	<b>NACZK Wiktoria</b>	<b>55</b>		K-Jun.	1			00:19:09	<b>00:39:37.85</b>	+00:05:47 (14.6%)	7:55	7.6 (85.4%)
35	<b>LIPIŃSKA Karolina</b>	<b>46</b>	EKSPEDYCJA NORDIC TEAM SZCZECIN	K30-39	3			00:19:35	<b>00:39:40.30</b>	+00:05:50 (14.7%)	7:56	7.6 (85.4%)
36	<b>SZYCKO Radosław</b>	<b>82</b>		M40-44	4			00:19:19	<b>00:39:46.10</b>	+00:05:56 (14.9%)	7:57	7.5 (84.3%)
37	<b>JĘDRASZKO Jacek</b>	<b>29</b>		M-Dzieci	1			00:19:12	<b>00:39:49.25</b>	+00:05:59 (15.0%)	7:57	7.5 (84.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 2.5km	Czas		Tempo min/km	Tempo km/h
									netto 5km	Różn		
38	<b>GRYGOROWICZ Teresa</b>	<b>23</b>	KS METRACO POLKOWICE	K65-69	1			00:19:11	<b>00:39:57.75</b>	+00:06:07 (15.3%)	7:59	7.5 (84.3%)
39	<b>WIERZCHOSŁAWSKA Agnieszka</b>	<b>111</b>		K18-29	1			00:19:41	<b>00:40:10.70</b>	+00:06:20 (15.8%)	8:02	7.5 (84.3%)
40	<b>GOŁĘBIEWSKI Andrzej</b>	<b>18</b>	KLUB NW PATYCZAKI GRUDZIĄDZ	M60-64	3			00:19:27	<b>00:40:11.25</b>	+00:06:21 (15.8%)	8:02	7.5 (84.3%)
41	<b>GIERSZEWSKA Magdalena</b>	<b>17</b>	KSK ŻYJ AKTYWNIĘ KOŁCZYGŁOWY	K40-44	2			00:19:43	<b>00:40:12.20</b>	+00:06:22 (15.8%)	8:02	7.5 (84.3%)
42	<b>KNITTER Monika</b>	<b>36</b>		K30-39	4			00:19:44	<b>00:40:12.75</b>	+00:06:22 (15.9%)	8:02	7.5 (84.3%)
43	<b>OSIEWICZ Dawid</b>	<b>59</b>	RUNGRYF GRYFICE	M18-29	2			00:20:03	<b>00:40:28.80</b>	+00:06:38 (16.4%)	8:05	7.4 (83.1%)
44	<b>SULECKA Gabriela</b>	<b>78</b>		K- Niepełnosprawni(A)	1			00:19:41	<b>00:40:29.50</b>	+00:06:39 (16.4%)	8:05	7.4 (83.1%)
45	<b>STOCHAJ Jan</b>	<b>76</b>	SP ROSKO	M-Jun.	3			00:19:02	<b>00:40:29.95</b>	+00:06:39 (16.5%)	8:06	7.4 (83.1%)
46	<b>SZYCKO Oliwia</b>	<b>81</b>		K-Dzieci	1			00:19:48	<b>00:40:30.65</b>	+00:06:40 (16.5%)	8:06	7.4 (83.1%)
47	<b>DANA Kazimiera</b>	<b>11</b>	KLUB NW PATYCZAKI GRUDZIĄDZ	K65-69	2			00:19:52	<b>00:40:31.45</b>	+00:06:41 (16.5%)	8:06	7.4 (83.1%)
48	<b>MAKOCCA Halina</b>	<b>101</b>	EKSPEDYCJA NORDIC TEAM SZCZECIN	K60-64	3			00:19:38	<b>00:40:43.90</b>	+00:06:53 (16.9%)	8:08	7.4 (83.1%)
49	<b>WOŹNIAK Iwona</b>	<b>97</b>		K40-44	3			00:20:05	<b>00:40:48.45</b>	+00:06:58 (17.1%)	8:09	7.3 (82.0%)
50	<b>SIEMIĄTKOWSKA Janina</b>	<b>73</b>	SPORT I REKREACJA START CHEŁMNO	K50-54	3			00:20:05	<b>00:40:57.65</b>	+00:07:07 (17.4%)	8:11	7.3 (82.0%)
51	<b>MICHAŁOWSKA Joanna</b>	<b>52</b>	SPORT I REKREACJA START CHEŁMNO	K45-49	2			00:20:06	<b>00:41:18.30</b>	+00:07:28 (18.1%)	8:15	7.3 (82.0%)
52	<b>PRACKI Zbigniew</b>	<b>67</b>	SERCE NORDICA WŁOCLAWEK	M50-54	4			00:20:30	<b>00:41:46.50</b>	+00:07:56 (19.0%)	8:21	7.2 (80.9%)
53	<b>BERCZYŃSKI Henryk</b>	<b>5</b>	NADLEŚNICTWO OKONEK	M60-64	4			00:20:35	<b>00:41:58.30</b>	+00:08:08 (19.4%)	8:23	7.1 (79.8%)
54	<b>WALCZAK Grzegorz</b>	<b>92</b>	OCTOPUS SUCHY LAS	M45-49	4			00:20:47	<b>00:41:58.35</b>	+00:08:08 (19.4%)	8:23	7.1 (79.8%)
55	<b>BUJNICKA Magdalena</b>	<b>6</b>	NORDIC WALKING PASŁĘK	K-Dzieci	2			00:20:06	<b>00:41:59.20</b>	+00:08:09 (19.4%)	8:23	7.1 (79.8%)
56	<b>WYSOCKA Bernadeta</b>	<b>98</b>	BŁĘKITNI NW DZIEMIANY	K45-49	3			00:20:10	<b>00:42:06.95</b>	+00:08:16 (19.7%)	8:25	7.1 (79.8%)
57	<b>MALINOWSKA Monika</b>	<b>50</b>	LKS ZANTYR SZTUM	K30-39	5			00:20:31	<b>00:42:07.35</b>	+00:08:17 (19.7%)	8:25	7.1 (79.8%)
58	<b>PIĄTKOWSKI Józef</b>	<b>64</b>	KS METRACO POLKOWICE	M70+	4			00:20:23	<b>00:42:17.65</b>	+00:08:27 (20.0%)	8:27	7.1 (79.8%)
59	<b>ANGIELCZYK Małgorzata</b>	<b>2</b>	MARSZ PO ZDROWIE POZNAŃ	K65-69	3			00:21:01	<b>00:43:06.30</b>	+00:09:16 (21.5%)	8:37	7 (78.7%)
60	<b>LANGMESSER Regina</b>	<b>44</b>	LKS ZANTYR SZTUM	K50-54	4			00:20:07	<b>00:43:15.70</b>	+00:09:25 (21.8%)	8:39	6.9 (77.5%)

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61	<b>PILIMON Krzysztof Jan</b>	<b>113</b>		M65-69	2			00:21:10	<b>00:43:29.90</b>	+00:09:39 (22.2%)	8:42	6.9 (77.5%)
62	<b>WYSOCKI Gabriel</b>	<b>99</b>	BŁĘKITNI NW DZIEMIANY	M-Dzieci	2			00:19:51	<b>00:43:37.20</b>	+00:09:47 (22.4%)	8:43	6.9 (77.5%)
63	<b>SZYMAŃSKA Lucyna</b>	<b>83</b>	XV KOŁO POLSKIEGO ZWIĄZKU EMERYTÓW W DYWITACH	K- Niepełnosprawni(A)	2			00:21:03	<b>00:43:53.25</b>	+00:10:03 (22.9%)	8:46	6.8 (76.4%)
64	<b>WYCISŁO Damian</b>	<b>110</b>	DAJ RADOŚĆ NIEPEŁNOSPRAWNYM	M- Niepełnosprawni(B)	3	1		00:20:55	<b>00:43:55.75</b>	+00:10:05 (23.0%)	8:47	6.8 (76.4%)
65	<b>BARAN Aneta</b>	<b>4</b>		K40-44	4			00:21:30	<b>00:44:11.75</b>	+00:10:21 (23.4%)	8:50	6.8 (76.4%)
66	<b>KNITTER Agata</b>	<b>37</b>	BŁĘKITNI NW DZIEMIANY	K-Jun.	2			00:21:33	<b>00:44:20.90</b>	+00:10:30 (23.7%)	8:52	6.8 (76.4%)
67	<b>MILKOWSKI Mariusz</b>	<b>53</b>		M- Niepełnosprawni(A)	2			00:21:56	<b>00:44:24.25</b>	+00:10:34 (23.8%)	8:52	6.8 (76.4%)
68	<b>PRZYDATEK Ilona</b>	<b>68</b>		K40-44	5			00:22:03	<b>00:44:29.60</b>	+00:10:39 (24.0%)	8:54	6.7 (75.3%)
69	<b>ALESZCZYK Marek</b>	<b>1</b>		M50-54	5			00:22:01	<b>00:44:38.50</b>	+00:10:48 (24.2%)	8:55	6.7 (75.3%)
70	<b>SKOWROŃSKA Genowefa</b>	<b>74</b>	SEALIN TEAM FERAJNA PIŁA	K65-69	4			00:21:30	<b>00:44:47.60</b>	+00:10:57 (24.5%)	8:57	6.7 (75.3%)
71	<b>GRUDNOWSKA Dominika</b>	<b>21</b>	BŁĘKITNI NW DZIEMIANY	K-Jun.	3			00:21:37	<b>00:45:01.55</b>	+00:11:11 (24.9%)	9:00	6.7 (75.3%)
72	<b>SZYMCZAK Urszula</b>	<b>108</b>	DAJ RADOŚĆ NIEPEŁNOSPRAWNYM	K50-54	5			00:22:32	<b>00:45:20.75</b>	+00:11:30 (25.4%)	9:04	6.6 (74.2%)
73	<b>KWIATKOWSKA Jadwiga</b>	<b>43</b>	KS METRACO POLKOWICE	K70+	1			00:22:12	<b>00:45:35.80</b>	+00:11:45 (25.8%)	9:07	6.6 (74.2%)
74	<b>CYRA Grażyna</b>	<b>9</b>	NW ZIELONY DWÓR	K60-64	4			00:22:12	<b>00:45:41.65</b>	+00:11:51 (26.0%)	9:08	6.6 (74.2%)
75	<b>SZPALERSKA Mira</b>	<b>79</b>		K65-69	5			00:22:08	<b>00:45:44.10</b>	+00:11:54 (26.0%)	9:08	6.6 (74.2%)
76	<b>CETERA Janusz</b>	<b>112</b>	EKSPEDYCJA NORDIC TEAM SZCZECIN	M- Niepełnosprawni(B)	4			00:22:26	<b>00:46:07.85</b>	+00:12:17 (26.7%)	9:13	6.5 (73.0%)
77	<b>GRABOWSKA Bożena</b>	<b>19</b>	LKS ZANTYR SZTUM	K45-49	4			00:21:42	<b>00:46:23.05</b>	+00:12:32 (27.1%)	9:16	6.5 (73.0%)
78	<b>OWCZAREK Henryka</b>	<b>61</b>	MARSZ PO ZDROWIE POZNAŃ	K70+	2			00:22:50	<b>00:46:26.95</b>	+00:12:36 (27.2%)	9:17	6.5 (73.0%)
79	<b>GRUDNOWSKI Norbert</b>	<b>22</b>	BŁĘKITNI NW DZIEMIANY	M-Dzieci	3			00:22:16	<b>00:46:34.05</b>	+00:12:43 (27.3%)	9:18	6.4 (71.9%)
80	<b>KULCZYCKI Jan</b>	<b>39</b>		M65-69	3			00:23:05	<b>00:46:39.70</b>	+00:12:49 (27.5%)	9:20	6.4 (71.9%)
81	<b>STAWNIAK Wanda</b>	<b>75</b>		K65-69	6			00:22:46	<b>00:46:57.45</b>	+00:13:07 (27.9%)	9:23	6.4 (71.9%)
82	<b>KUŚMIDER Małgorzata</b>	<b>41</b>		K60-64	5			00:23:19	<b>00:47:27.65</b>	+00:13:37 (28.7%)	9:29	6.3 (70.8%)
83	<b>ŚLIWIŃSKA Ewa</b>	<b>86</b>	KLUB NW PATYCZAKI GRUDZIĄDZ	K45-49	5			00:22:56	<b>00:47:47.55</b>	+00:13:57 (29.2%)	9:33	6.3 (70.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
84	<b>PRACKA Katarzyna</b>	<b>66</b>	SERCE NORDICA WŁOCŁAWEK	K50-54	6			00:23:35	<b>00:48:00.95</b>	+00:14:10 (29.5%)	9:36	6.2 (69.7%)
85	<b>PANKIEWICZ-DMOWSKA Cecylia</b>	<b>62</b>		K70+	3			00:23:29	<b>00:48:02.50</b>	+00:14:12 (29.6%)	9:36	6.2 (69.7%)
86	<b>WYCISŁO Romuald</b>	<b>107</b>	DAJ RADOŚĆ NIEPEŁNOSPRAWNYM	M55-59	3			00:23:43	<b>00:48:07.65</b>	+00:14:17 (29.7%)	9:37	6.2 (69.7%)
87	<b>WALCZAK Henryk</b>	<b>91</b>	OCTOPUS SUCHY LAS	M70+	5			00:23:49	<b>00:48:14.45</b>	+00:14:24 (29.9%)	9:38	6.2 (69.7%)
88	<b>OGONOWSKA Edyta</b>	<b>57</b>	KLUB NW PATY CZAKI GRUDZIĄDZ	K55-59	2			00:23:57	<b>00:48:55.65</b>	+00:15:05 (30.8%)	9:47	6.1 (68.5%)
89	<b>HINEBORG Bogumiła</b>	<b>25</b>	KLUB NW PATY CZAKI GRUDZIĄDZ	K50-54	7			00:24:03	<b>00:49:17.55</b>	+00:15:27 (31.4%)	9:51	6.1 (68.5%)
90	<b>TUROWSKA Ewa</b>	<b>90</b>		K55-59	3			00:24:17	<b>00:49:40.35</b>	+00:15:50 (31.9%)	9:56	6 (67.4%)
91	<b>MALINOWSKA Grażyna</b>	<b>49</b>	LKS ZANTYR SZTUM	K65-69	7			00:23:44	<b>00:50:10.85</b>	+00:16:20 (32.6%)	10:02	6 (67.4%)
92	<b>SADŁOS Helena</b>	<b>70</b>	LKS ZANTYR SZTUM	K65-69	8			00:23:49	<b>00:50:11.50</b>	+00:16:21 (32.6%)	10:02	6 (67.4%)
93	<b>JÓŻWIAK Dominik</b>	<b>31</b>	SERCE NORDICA WŁOCŁAWEK	M18-29	3			00:25:48	<b>00:50:32.25</b>	+00:16:42 (33.0%)	10:06	5.9 (66.3%)
94	<b>GRUDNOWSKA Wiktoria</b>	<b>20</b>	BŁĘKITNI NW DZIEMIANY	K-Dzieci	3			00:23:40	<b>00:50:47.30</b>	+00:16:57 (33.4%)	10:09	5.9 (66.3%)
95	<b>KUŚMIDER Katarzyna</b>	<b>40</b>	RUNDORFINA CZAPLINEK	K30-39	6			00:26:07	<b>00:52:32.10</b>	+00:18:42 (35.6%)	10:30	5.7 (64.0%)
96	<b>FIURST Marcin</b>	<b>13</b>	DREPTAJĄCE HIPCIE	M40-44	5			00:25:38	<b>00:54:03.75</b>	+00:20:13 (37.4%)	10:48	5.5 (61.8%)
97	<b>CYRA Zbigniew</b>	<b>8</b>	NW ZIELONY DWÓR	M65-69	4			00:26:36	<b>00:55:09.85</b>	+00:21:19 (38.7%)	11:02	5.4 (60.7%)
98	<b>MOCZARSKI Adam</b>	<b>54</b>	FOR...	M- Niepełnosprawni(A)	3			00:26:19	<b>00:58:58.05</b>	+00:25:07 (42.6%)	11:47	5.1 (57.3%)
99	<b>FIURST-STECENKO Irena</b>	<b>14</b>		K30-39	7			00:31:36	<b>01:00:02.85</b>	+00:26:12 (43.7%)	12:00	5 (56.2%)
100	<b>JADWIŻYC Izabela</b>	<b>26</b>		K45-49	6			00:30:36	<b>01:00:23.15</b>	+00:26:33 (44.0%)	12:04	5 (56.2%)
101	<b>KASPEREK Anna</b>	<b>106</b>		K60-64	6			00:30:33	<b>01:02:06.65</b>	+00:28:16 (45.5%)	12:25	4.8 (53.9%)

Znaleziono 101 wynik(ów)