



CZAPLINEK - PUCHAR POMORZA NORDIC WALKING - 5 KM

B4SPORT

Organizator: PFNW
Data: 2016-06-19
Miejsce: Czaplonek
Dystans: 5 km



Klasyfikacja: K30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	RUDNIK Janina Ewa	739	DWA KIJE SŁUPSK	K30-39	1			00:10:02	00:17:53	00:36:41.60	00:46:44.40		7:20	8.2 (100%)
2	DOLNA Ewelina	627	AKTYWNE KOŁCZYGŁOWY	K30-39	2			00:10:03	00:18:57	00:38:03.20	00:48:06.30	+00:01:21 (3.6%)	7:36	7.9 (96.3%)
3	BŁASZCZYK Karolina	609	CHODZEZKIJAMI.PL	K30-39	3			00:10:03	00:18:46	00:38:11.50	00:48:15.25	+00:01:29 (3.9%)	7:38	7.9 (96.3%)
4	KORNIOWSKA Magdalena	775		K30-39	4			00:10:04	00:18:57	00:38:42.20	00:48:46.75	+00:02:00 (5.2%)	7:44	7.8 (95.1%)
5	LABUDDA Katarzyna	690		K30-39	5			00:10:03	00:19:59	00:40:58.10	00:51:01.40	+00:04:16 (10.4%)	8:11	7.3 (89.0%)
6	BONZEL Dorota	611	JEZIORKI - AKTYWNA WIEŚ	K30-39	6			00:10:03	00:20:05	00:41:02.00	00:51:05.75	+00:04:20 (10.6%)	8:12	7.3 (89.0%)
7	DE VOS Sabina	777		K30-39	7			00:10:05	00:20:29	00:41:40.90	00:51:46.35	+00:04:59 (12.0%)	8:20	7.2 (87.8%)
8	MECH Katarzyna	708		K30-39	8			00:10:04	00:20:32	00:42:09.95	00:52:14.05	+00:05:28 (13.0%)	8:26	7.1 (86.6%)
9	BANACH-MAZUR Paulina	602		K30-39	9			00:10:04	00:21:18	00:43:37.10	00:53:41.45	+00:06:55 (15.9%)	8:43	6.9 (84.1%)
10	ROSZMAN Agata	738	PENDOLINO	K30-39	10			00:10:03	00:21:23	00:44:27.95	00:54:31.45	+00:07:46 (17.5%)	8:53	6.7 (81.7%)
11	LACHOWICZ Joanna	691	K. Z. SŁAWNO	K30-39	11			00:10:03	00:21:49	00:44:38.20	00:54:41.80	+00:07:56 (17.8%)	8:55	6.7 (81.7%)
12	TOKARSKA Joanna	770	KLUB NW 'PATYCZAKI' GRUDZIĄDZ	K30-39	12			00:10:05	00:23:42	00:47:58.65	00:58:03.75	+00:11:17 (23.5%)	9:35	6.3 (76.8%)
13	KWIATKOWSKA Izabela	689	RUCH PO ZDROWIE WŁOCŁAWEK	K30-39	13			00:10:04	00:23:37	00:48:25.95	00:58:30.30	+00:11:44 (24.2%)	9:41	6.2 (75.6%)
14	MAJEWSKA Anna	781		K30-39	14			00:10:04	00:24:17	00:51:31.00	01:01:35.65	+00:14:49 (28.8%)	10:18	5.8 (70.7%)

Znaleziono 14 wynik(ów)