



CZAPLINEK - PUCHAR POMORZA NORDIC WALKING - 5 KM

B4SPORT

Organizator: PFNW
Data: 2016-06-19
Miejsce: Czaplonek
Dystans: 5 km



Klasyfikacja: K55-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	STOLTMANN Helena	743	BŁĘKITNI NW DZIEMIANY	K55-59	1			00:12:11	00:18:29	00:37:30.95	00:49:42.60		7:30	8 (100%)
2	WILKOŁEK-SZUDARSKA Saturnina	757	DWA KIJE SŁUPSK	K55-59	2			00:12:11	00:18:27	00:37:47.20	00:49:58.30	+00:00:16 (0.7%)	7:33	7.9 (98.8%)
3	KRAWCZYK Dorota	681	CZARNE PANTERY	K55-59	3			00:12:13	00:19:50	00:40:32.80	00:52:46.50	+00:03:01 (7.5%)	8:06	7.4 (92.5%)
4	ŻAMOJCIN Małgorzata	766		K55-59	4			00:12:12	00:20:24	00:41:00.25	00:53:13.00	+00:03:29 (8.5%)	8:12	7.3 (91.3%)
5	FOLWARSKA Małgorzata	630	FACE NORDIC WALKING TEAM	K55-59	5			00:12:13	00:20:45	00:41:28.35	00:53:41.90	+00:03:57 (9.5%)	8:17	7.2 (90.0%)
6	CIBOROWSKA-LIPKO Bożena	616	LIPKO TEAM	K55-59	6			00:12:11	00:20:35	00:41:32.75	00:53:43.95	+00:04:01 (9.7%)	8:18	7.2 (90.0%)
7	BARTON Krystyna	603		K55-59	7			00:12:11	00:20:39	00:41:35.45	00:53:47.15	+00:04:04 (9.8%)	8:19	7.2 (90.0%)
8	SOLAK Ewa	741	CZARNE PANTERY	K55-59	8			00:12:12	00:22:19	00:45:11.40	00:57:24.20	+00:07:40 (17.0%)	9:02	6.6 (82.5%)
9	MIELEWCZYK Aleksandra	710		K55-59	9			00:12:11	00:22:41	00:46:02.80	00:58:14.45	+00:08:31 (18.5%)	9:12	6.5 (81.3%)
10	FRELICH Barbara	634	NASZA WIEŚ	K55-59	10			00:12:12	00:23:42	00:47:23.00	00:59:35.60	+00:09:52 (20.8%)	9:28	6.3 (78.8%)
11	KIEŁPIŃSKA Maria	668	NASZA WIEŚ	K55-59	11			00:12:11	00:23:57	00:48:23.45	01:00:35.25	+00:10:52 (22.5%)	9:40	6.2 (77.5%)
12	FUTERSKA Jadwiga	636	-	K55-59	12			00:12:13	00:24:46	00:51:11.75	01:03:25.40	+00:13:40 (26.7%)	10:14	5.9 (73.8%)
13	ORLIKOWSKA Barbara	720	'NASZA WIEŚ'	K55-59	13			00:12:14	00:25:04	00:53:11.10	01:05:25.75	+00:15:40 (29.5%)	10:38	5.6 (70.0%)
14	WIŚNIEWSKA Grażyna	759	RUCH PO ZDROWIE WŁOCLAWEK	K55-59	14			00:12:12	00:26:53	00:54:39.00	01:06:51.45	+00:17:08 (31.4%)	10:55	5.5 (68.8%)

Znaleziono 14 wynik(ów)