



CZAPLINEK - PUCHAR POMORZA NORDIC WALKING - 5 KM

B4SPORT

Organiser: PFNW
Date: 2016-06-19
Place: Czaplonek
Distance: 5 km



Classification: K65-69

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	2.5km	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	GRZYWOCZ Irena	649		K65-69	1			00:12:41	00:20:11	00:41:17.20	00:53:59.05		8:15	7.3 (100%)
2	JANKOWSKA-GONDEK Danuta	656	ALS SZCZECIN	K65-69	2			00:12:42	00:21:13	00:43:07.55	00:55:50.00	+00:01:50 (4.3%)	8:37	7 (95.9%)
3	SZPALERSKA Mirosława	746		K65-69	3			00:12:41	00:21:01	00:43:07.75	00:55:49.05	+00:01:50 (4.3%)	8:37	7 (95.9%)
4	DEMSKA Halina	626	ZANTYR SZTUM	K65-69	4			00:12:42	00:22:31	00:45:37.00	00:58:19.00	+00:04:19 (9.5%)	9:07	6.6 (90.4%)
5	GRUSZKA Barbara	648	LKS ZANTYR	K65-69	5			00:12:42	00:22:37	00:46:03.10	00:58:45.50	+00:04:45 (10.3%)	9:12	6.5 (89.0%)
6	PANKIEWICZ-DMOWSKA Cecylia	722		K65-69	6			00:12:43	00:22:46	00:46:11.75	00:58:55.15	+00:04:54 (10.6%)	9:14	6.5 (89.0%)
7	WIADERSKA Grażyna	756		K65-69	7			00:12:41	00:22:42	00:46:22.95	00:59:04.45	+00:05:05 (11.0%)	9:16	6.5 (89.0%)
8	MALINOWSKA Grażyna	704	LKS ZANTYR	K65-69	8			00:12:42	00:23:36	00:48:31.20	01:01:13.30	+00:07:14 (14.9%)	9:42	6.2 (84.9%)
9	CHUDZIŃSKA Grażyna	614	ELBLĄSKIE WŁÓCZY-KIJE	K65-69	9			00:12:43	00:28:40	00:59:42.90	01:12:26.10	+00:18:25 (30.9%)	11:56	5 (68.5%)

Total 9 results.