



CZAPLINEK - PUCHAR POMORZA NORDIC WALKING - 5 KM

B4SPORT

Event: PUCHAR POMORZA NORDIC WALKING
Organiser: Polska Federacja Nordic Walking
Date: 2018-06-17
Place: Czaplonek
Distance: 5 km



Classification: M50-54

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start All 2.5km	Net time 5km	Gap	Pace min/km	Pace km/h
1	FRĄKOWIAK Roman	15	KS METRACO POLKOWICE	M50-54	1			00:17:19	00:34:49.15		6:57	8.6 (100%)
2	KOPCZEWSKI Dariusz	38	FACE NORDIC WALKING TEAM	M50-54	2			00:17:21	00:35:19.10	+00:00:29 (1.4%)	7:03	8.5 (98.8%)
3	BANACH Andrzej	3	RUNGRYF GRYFICE	M50-54	3			00:19:05	00:38:54.70	+00:04:05 (10.5%)	7:47	7.7 (89.5%)
4	PRACKI Zbigniew	67	SERCE NORDICA WŁOCŁAWEK	M50-54	4			00:20:30	00:41:46.50	+00:06:57 (16.7%)	8:21	7.2 (83.7%)
5	ALESZCZYK Marek	1		M50-54	5			00:22:01	00:44:38.50	+00:09:49 (22.0%)	8:55	6.7 (77.9%)

Total 5 results.