



CZAPLINEK - PUCHAR POMORZA NORDIC WALKING - 5KM

B4SPORT

Organiser: PFNW
Date: 2015-06-14
Place: Czaplinek
Distance: 5 km



Classification: K 45-49

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	2.5km	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	SZPILMAN Katarzyna	36	GDYNIA MOJE MIASTO	K 45-49	1			00:10:28	00:19:20	00:39:10	00:49:38		7:50	7.7 (100%)
2	ŚWIERCZYŃSKA Joanna	3	KS ELBLĄSKIE WŁÓCZY-KIJE	K 45-49	2			00:10:28	00:19:39	00:39:42	00:50:10	+00:00:32 (1.3%)	7:56	7.6 (98.7%)
3	PODLEWSKA Alicja	61	LKS ZANTYR SZTUM	K 45-49	3			00:10:28	00:21:34	00:43:15	00:53:43	+00:04:05 (9.4%)	8:39	6.9 (89.6%)
4	ŁOZIŃSKA Wioletta	7		K 45-49	4			00:10:29	00:21:37	00:44:17	00:54:46	+00:05:07 (11.6%)	8:51	6.8 (88.3%)
5	MATUSZAK Ksawera	48	FUNDACJANASZA WIES	K 45-49	5			00:10:29	00:27:13	00:56:22	01:06:51	+00:17:12 (30.5%)	11:16	5.3 (68.8%)

Total 5 results.