

CZECHOWSKA PIĄTKA

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Organizator: Stowarzyszenie Lubelskie Towarzystwo Kolarskie
Data: 2017-05-27
Miejsce: Lublin
Dystans: 5 km

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Mieszkaniec Czechowa | Start_All 1.25km | Start_All 2.5km | Start_All 3.75km | Czas netto 5km | Czas brutto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------|-----------|------------------------------------|-----------|------|-------------------------|---------------------|--------------------|---------------------|----------------------|-----------------------|----------------------|-----------------|-----------------|
| 1 | KAWIAK Marek | 45 | | M-30 | 1 | | 00:04:12 | 00:08:26 | 00:12:51 | 00:17:16.75 | 00:17:18.20 | | 3:27 | 17.4 (100%) |
| 2 | BUJAK Maciej | 15 | TRAINING ROOM MMBUJAK FIZJOTERAPIA | M-40 | 1 | | 00:04:26 | 00:08:55 | 00:13:27 | 00:17:49.15 | 00:17:51.00 | +00:00:32 (3.1%) | 3:34 | 16.8 (96.6%) |
| 3 | RAPA Mariusz | 23 | ROZBIEGAMYBIZNES.EU | M-40 | 2 | | 00:04:25 | 00:08:54 | 00:13:26 | 00:17:49.00 | 00:17:51.20 | +00:00:33 (3.1%) | 3:33 | 16.8 (96.6%) |
| 4 | PRZECZ Marcin | 6 | SKLEP BIEGACZA LUBLIN | M-15 | 1 | | 00:04:13 | 00:08:42 | 00:13:28 | 00:18:22.60 | 00:18:24.20 | +00:01:06 (6.0%) | 3:40 | 16.3 (93.7%) |
| 5 | SZABAT Wiesław | 27 | | M-50 | 1 | | 00:04:28 | 00:09:07 | 00:13:48 | 00:18:29.00 | 00:18:30.85 | +00:01:12 (6.5%) | 3:41 | 16.2 (93.1%) |
| 6 | GAJEK Grzegorz | 36 | WIEŚ TAŃCZY I BIEGA | M-30 | 2 | | 00:04:34 | 00:09:22 | 00:14:04 | 00:18:48.40 | 00:18:50.85 | +00:01:32 (8.2%) | 3:45 | 16 (92.0%) |
| 7 | JÓŹWIAK Adrian | 34 | | M-15 | 2 | | 00:04:33 | 00:09:22 | 00:14:19 | 00:19:10.45 | 00:19:13.05 | +00:01:54 (10.0%) | 3:50 | 15.6 (89.7%) |
| 8 | FILIPOWICZ Zenek | 22 | LUBELSKIBIEGACZ.PL TEAM | M-50 | 2 | | 00:04:36 | 00:09:28 | 00:14:26 | 00:19:18.50 | 00:19:20.70 | +00:02:02 (10.6%) | 3:51 | 15.5 (89.1%) |
| 9 | DELEŻUCH Wojciech | 70 | | M-40 | 3 | | 00:04:31 | 00:09:23 | 00:14:27 | 00:19:36.00 | 00:19:38.55 | +00:02:20 (11.9%) | 3:55 | 15.3 (87.9%) |
| 10 | MARZĘTA Andrzej | 8 | LUBARTÓW BIEGA.PL | M-50 | 3 | | 00:04:44 | 00:09:47 | 00:14:55 | 00:19:56.60 | 00:19:59.35 | +00:02:41 (13.4%) | 3:59 | 15 (86.2%) |
| 11 | STECKIEWICZ Piotr | 7 | | M-15 | 3 | | 00:04:47 | 00:09:49 | 00:15:00 | 00:20:04.50 | 00:20:06.75 | +00:02:48 (14.0%) | 4:00 | 15 (86.2%) |
| 12 | GĄSZCZYK Joanna | 13 | | K-30 | 1 | Tak | 00:04:47 | 00:09:48 | 00:14:59 | 00:20:05.00 | 00:20:07.65 | +00:02:49 (14.0%) | 4:01 | 14.9 (85.6%) |
| 13 | KOBIELARZ Adrian | 16 | LUBLIN BIEGA | M-30 | 3 | | 00:04:36 | 00:09:44 | 00:15:06 | 00:20:15.60 | 00:20:17.85 | +00:02:59 (14.8%) | 4:03 | 14.8 (85.1%) |
| 14 | GAJEK Magdalena | 37 | WIEŚ TAŃCZY I BIEGA | K-40 | 1 | | 00:04:51 | 00:09:55 | 00:15:04 | 00:20:16.65 | 00:20:19.70 | +00:03:01 (14.9%) | 4:03 | 14.8 (85.1%) |
| 15 | KONOPKA Piotr | 24 | LUBELSKA GRUPA TRIATHLONU | M-30 | 4 | Tak | 00:04:56 | 00:10:13 | 00:15:43 | 00:21:02.90 | 00:21:08.00 | +00:03:49 (18.1%) | 4:12 | 14.3 (82.2%) |
| 16 | ZBICIAK Adam | 31 | | M-50 | 4 | | 00:04:47 | 00:10:06 | 00:15:36 | 00:21:15.20 | 00:21:18.10 | +00:03:59 (18.8%) | 4:15 | 14.1 (81.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Mieszkaniec Czechowa | Start_All 1.25km | Start_All 2.5km | Start_All 3.75km | Czas netto 5km | Czas brutto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------|-----------|---------------------------|-----------|------|-------------------------|---------------------|--------------------|---------------------|----------------------|-----------------------|----------------------|-----------------|-----------------|
| 17 | STRUMIDŁO Mikołaj | 18 | LUBLIN BIEGA | M-15 | 4 | | 00:05:34 | 00:11:08 | 00:16:40 | 00:21:41.75 | 00:21:47.25 | +00:04:29 (20.6%) | 4:20 | 13.8 (79.3%) |
| 18 | KARWAT Robert | 42 | | M-30 | 5 | | 00:05:29 | 00:11:08 | 00:16:39 | 00:21:40.35 | 00:21:47.30 | +00:04:29 (20.6%) | 4:20 | 13.8 (79.3%) |
| 19 | STERNIK Daniel | 32 | | M-30 | 6 | | 00:05:41 | 00:11:12 | 00:17:10 | 00:23:11.15 | 00:23:19.00 | +00:06:00 (25.8%) | 4:38 | 12.9 (74.1%) |
| 20 | KOSIŃSKI Mariusz | 5 | LUBELSKA GRUPA TRIATHLONU | M-30 | 7 | Tak | 00:05:14 | 00:11:16 | 00:17:45 | 00:24:02.85 | 00:24:07.15 | +00:06:48 (28.3%) | 4:48 | 12.5 (71.8%) |
| 21 | STEFANIAK Piotr | 44 | | M-30 | 8 | | 00:05:43 | 00:12:01 | 00:18:26 | 00:24:16.90 | 00:24:23.85 | +00:07:05 (29.1%) | 4:51 | 12.4 (71.3%) |
| 22 | SKÓRA Milena | 20 | AZS UP LUBLIN | K-15 | 1 | | 00:05:50 | 00:12:04 | 00:18:29 | 00:24:26.50 | 00:24:30.05 | +00:07:11 (29.4%) | 4:53 | 12.3 (70.7%) |
| 23 | STYRNIK Marcin | 43 | | M-30 | 9 | | 00:05:40 | 00:11:51 | 00:18:18 | 00:24:47.95 | 00:24:54.40 | +00:07:36 (30.5%) | 4:57 | 12.1 (69.5%) |
| 24 | ZBICIAK Kinga | 30 | OCZKO | K-15 | 2 | | 00:06:25 | 00:12:57 | 00:19:18 | 00:25:23.25 | 00:25:27.55 | +00:08:09 (32.0%) | 5:04 | 11.8 (67.8%) |
| 25 | KULPA Joanna | 17 | | K-40 | 2 | Tak | 00:06:21 | 00:12:54 | 00:19:35 | 00:26:32.70 | 00:26:38.95 | +00:09:20 (35.1%) | 5:18 | 11.3 (64.9%) |
| 26 | RACZYŃSKA Joanna | 35 | | K-15 | 3 | | 00:05:52 | 00:12:26 | 00:20:33 | 00:26:56.15 | 00:27:02.35 | +00:09:44 (36.0%) | 5:23 | 11.1 (63.8%) |
| 27 | BURZYKOWSKA Justyna | 21 | MOBICA RUNNERS | K-15 | 4 | Tak | 00:06:25 | 00:13:06 | 00:20:06 | 00:27:21.40 | 00:27:29.35 | +00:10:11 (37.1%) | 5:28 | 11 (63.2%) |
| 28 | KROSMAN Tomasz | 3 | STUDENT UMCS | M-15 | 5 | | 00:05:04 | 00:12:32 | 00:18:34 | 00:27:37.80 | 00:27:41.25 | +00:10:23 (37.5%) | 5:31 | 10.9 (62.6%) |
| 29 | GÓRSKI Kacper | 38 | | M-15 | 6 | | 00:05:07 | 00:12:40 | 00:20:26 | 00:28:00.65 | 00:28:04.20 | +00:10:46 (38.4%) | 5:36 | 10.7 (61.5%) |
| 30 | BABIARZ Magdalena | 40 | | K-40 | 3 | | 00:06:40 | 00:13:50 | 00:21:10 | 00:28:32.05 | 00:28:35.25 | +00:11:17 (39.5%) | 5:42 | 10.5 (60.3%) |
| 31 | MATYJASZCZYK Alicja | 4 | | K-15 | 5 | | 00:06:24 | 00:14:10 | 00:23:43 | 00:30:50.05 | 00:30:53.75 | +00:13:35 (44.0%) | 6:10 | 9.7 (55.7%) |
| | WALASEK Mateusz | 46 | | M-15 | | | 00:06:29 DNF | 00:13:03 DNF | 00:20:10 DNF | DNF | DNF | | - | - (0.0%) |
| | KAMIŃSKI Łukasz | 47 | | M-30 | | Tak | 00:13:15 DNF | 00:19:33 DNF | DNF | DNF | DNF | | - | - (0.0%) |

Znaleziono 33 wynik(ów)