



Wydarzenie: RUDAWY ZIMOWY FESTIWAL BIEGOWY
Organizator: Fundacja Szczyt za Szczytem
Data: 2023-02-18
Miejsce: Karpniki
Dystans: 43.5 km

CZTERDZIESTKA

B4SPORT

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INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Husyckie Skały 3.5km	4.4km	Szwajcarka 4.5km	Kolorowe Jeziora 19.5km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
1	CHOJNACKA Marta	12	OWOCBIEGA TEAM	K40	1	00:24:19	00:38:09	00:38:33		05:57:02.75	05:57:06.50		8:12	7.3 (100%)
2	KACZOROWSKA Magdalena	140		K40	2	00:24:07	00:37:16	00:37:40		06:00:15.15	06:00:18.30	+00:03:11 (0.9%)	8:16	7.2 (98.6%)
3	GRABOŚ Nina	131		K40	3	00:25:29	00:39:39	00:40:07		06:06:34.80	06:06:38.55	+00:09:32 (2.6%)	8:25	7.1 (97.3%)
4	DZIETCZYK Sylwia	51		K40	4	00:24:03	00:37:09	00:37:31		06:10:07.10	06:10:12.85	+00:13:06 (3.5%)	8:30	7.1 (97.3%)
5	PYZIK Ewa	64	MATNER RUNNING TEAM	K40	5	00:28:45	00:43:27	00:43:55		06:24:23.95	06:24:37.65	+00:27:31 (7.2%)	8:50	6.8 (93.2%)
6	ŚWIERZOWSKA Magdalena	70	FIZJOTERAPIA BIEGACZA	K40	6	00:28:07	00:43:05	00:43:36		06:52:54.50	06:53:03.15	+00:55:56 (13.5%)	9:29	6.3 (86.3%)
7	KUBIAK Karolina	87		K40	7	00:27:49	00:42:28	00:42:57		06:57:34.10	06:57:45.35	+01:00:38 (14.5%)	9:35	6.3 (86.3%)
8	MADEJ Anna	72	VEGE RUNNERS	K40	8	00:33:16	00:46:27	00:47:18		06:58:09.05	06:58:24.55	+01:01:18 (14.7%)	9:36	6.2 (84.9%)
9	QUIRINI Ewa	113		K40	9	00:29:54	00:45:36	00:46:49		07:22:15.85	07:22:32.05	+01:25:25 (19.3%)	10:10	5.9 (80.8%)
10	ŻYGIEŁO Monika	14	CH10	K40	10	00:29:41	00:46:44	00:47:18		07:29:39.35	07:29:48.15	+01:32:41 (20.6%)	10:20	5.8 (79.5%)
11	FRAĆKOWIAK Ewelina	48		K40	11	00:31:25	00:48:18	00:48:55		07:54:04.90	07:54:27.20	+01:57:20 (24.7%)	10:53	5.5 (75.3%)
12	MATUSZEWSKA Małgorzata	36	RUNNER'S POWER ŚREM	K40	12	00:35:00	00:53:39	00:54:17		08:04:03.30	08:04:21.85	+02:07:15 (26.3%)	11:07	5.4 (74.0%)
13	MARCINIAK Anna	37	BBL LEGNICA	K40	13	00:33:04	00:51:23	00:52:06		08:05:12.55	08:05:25.10	+02:08:18 (26.4%)	11:09	5.4 (74.0%)
14	BYLEWSKA Ewa	33	3:33 TEAM	K40	14	00:33:51	00:52:02	00:52:42		08:16:26.45	08:16:42.80	+02:19:36 (28.1%)	11:24	5.3 (72.6%)
15	OKONIEWSKA Agnieszka	19		K40	15	00:33:11	00:51:35	00:54:53		08:50:05.85	08:50:20.15	+02:53:13 (32.7%)	12:11	4.9 (67.1%)

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16	WIECZOREK Monika	65	PGB LEŚNE DZIKI	K40	16	00:33:16	00:52:21	00:53:11	03:29:25	08:59:47.00	08:59:52.65	+03:02:46 (33.9%)	12:24	4.8 (65.8%)
17	DUBOWIK Anna	42		K40	17	00:32:59	00:51:38	00:53:17		09:02:08.75	09:02:37.30	+03:05:30 (34.2%)	12:27	4.8 (65.8%)

Znaleziono 17 wynik(ów)